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East Boston
Times-Free Press

Wednesday, September 2, 2026

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EBHS sports season begins next week

By Patrick O'Connor

With the start of the new school year next week, the East Boston High sports season will get underway too. The Boys Soccer team, led Jayson Smith (6th season) will open the season at the home field on Friday, September 11 in a clash with Chelsea. Last year the boys ended at 12-4-3 and hope for another good season

See SPORTS Page 3



PHOTO BY PATRICK O'CONNOR

Ready to lead the East Boston High School boys soccer team are captains Jeronimo Perez Arteaga and Ronaldo Palma.

TRASH DELAY
Due to the Labor Day holiday on Monday, September 7, 2026 Trash will be delayed by one day
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MONDAY, SEPT. 7
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DEADLINES FOR ADVERTISING AND NEWS ARE
FRI, SEPT. 4 @ 12 PM
FOR NEXT WEEK'S ISSUE

The Field of Education

Former East Boston sports star Powers is the new principal at the Bradley School

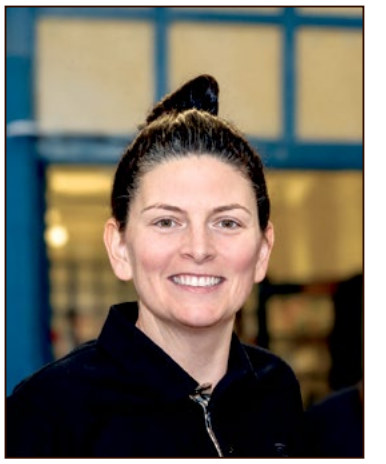
By Cary Shuman

McKenzie Powers, arguably one of the greatest all-around female athletes in East Boston history, is the new principal of the Manassah E. Bradley Elementary School.

Powers, 36, who has been a teacher at the school for 13 years and served as the instructional coach for the last two years, officially started in her new position Aug. 10.. She succeeds Claire Carney, who was appointed as the new Boston Region 1 School Superintendent.

In preparation for the 2026-27 academic year that begins next week, Powers attended a new school leaders' professional development program and the August Leadership Institute which was held for all principals in the Boston school district.

"I've been in the school building setting it up and getting everything ready for staff and students," said Powers. "I've held a few 'Meet the Principal' events to connect with families. I'm working very closely with our new Region 1 superintendent, Claire Carney, who is our former principal, and she's been a huge help supporting me in this transition process."



McKenzie Powers

See POWERS Page 4

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East Boston Times-Free Press

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EDITOR: Cary Shuman ***PUBLISHER EMERITUS***: John A. Torrone



Forum

ENJOY THE GREAT WEATHER ON LABOR DAY WEEKEND

With the weatherman predicting a great Labor Day weekend from Friday through Monday, we hope that all of our readers will have a chance to make the most of the final weekend of the summer season.

The Summer of '26 overall has been just the way we like it -- hot and humid -- with just enough rainfall (until recently) that our gardens did very well. This has been a banner year for vegetables and flowers of all types -- we have had more tomatoes than we know what to do with, as well as lots of basil and cucumbers.

Our petunias, marigolds, sunflowers, and other annuals burst into a riotous display of color all summer-long, and both ours and our neighbors' hydrangeas gave us blooms that were profuse and stunning.

This summer also has been an unusually calm one. We belong to a rowing club on the South Shore that ventures a couple of miles out into the ocean beyond Minot's Light (our readers who are boaters no doubt are familiar with it, as are those who have taken the ferry to Provincetown, which passes close to it) and we experienced many "flat water" days for our early morning rows.

But the summer also has been great for sailors. The winds usually picked up in the late afternoons, just in time for the evening races hosted by the area yacht clubs.

The weekends were generally sunny, providing us with plenty of perfect summer days that created memories that will last a lifetime for our friends, families, and ourselves. The promise of a dry and sunny Labor Day weekend gives us one final opportunity to enjoy a last taste of summer.

However, as always, we urge our readers to do so safely, not only for ourselves, but also for our family members, friends, and loved ones, whether we are on land or on the water.

None of us wants to be a tragic statistic, and that means making sure that both we and those around us do not overindulge in alcohol. Yes, accidents do happen even under the best of circumstances, but generally speaking, no one ever becomes a victim if they are sober. It's when "a couple of beers" become four or more that the chances for a tragedy increase exponentially, whether behind the wheel of a car, at the helm of a boat, or riding a bicycle.

We wish all of our readers a happy -- and safe -- Labor Day weekend.

East Boston Branch Library News

Library Happenings:

Baby Lapsit, Mondays: 11:15 AM and Tuesdays at 10:30 AM

Join us for bounces, rhymes, stories, songs, and activities. We will have the same program on Monday and Tuesday. We ask that you choose one time to attend. For ages 0-24 months.

All Ages Storytime: Wednesday, Sept. 9th-Cancelled

Career Counseling Drop-in Hours: Thursdays, 12-2:30 pm

During drop-in hours, the BPL career counselor can answer job questions, connect you to services and make a follow-up plan

ESOL Conversation Group: Thursdays from 7-8 pm

Practice speaking English with other adult learners in an informal and friendly group setting. The group is led every Thursday by a volunteer teacher and will take place in-person. This is a drop-in program. No registration is required.

Your opinions, please

The East Boston Times-Free Press welcomes letters to the editor. Our address is 385 Broadway, Revere, MA 02151. Letters may also be e-mailed to editor@eastietimes.com. Letters must be signed. We reserve the right to edit for length and content.

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The next Harbor View Neighborhood Association meeting is scheduled for Sept. 8

The next meeting of the Harbor View Neighborhood Association will be on September 8, at 6pm. The meeting is In Person only but will be streamed via Facebook for archival purposes. Attendance on Facebook does not qualify for voting. The meeting will be held in the Salesian Boys and Girls Club cafeteria, across from the Brooke Charter School on Byron Street. You can access the meeting from the front door on Byron Street which is also handicap accessible and an elevator is available for your convenience if needed. which is the handicap entry, to avoid the stairs.

La proxima reunion de Harbor View Neighborhood Association esta en ocho de septiembre a las 6pm. La reunion esta en persona y via Facebook. La asistencia en Facebook no califica para vota. Llega a la cafeteria del Salesian Boys y Girls Club por la calle Byron al otro lado de Brooke Charter School. Puede entrar a la junta por la entrrada principal en la calle Byron la cual puede ser utilizada por personas con discapacidades y tiene un elevador si es que es necesario para evitar las escaleras.

Agenda

Welcome/Introduction (5min)

Station 7 Police Report (15min) Officers Curtis Mosley and Dave Hale, and Sgt. Cintolo.

Announcements: September 2, 2026, the last M.E.W. Greenway concert with BIG BAND NIGHT, Kristi Scaccia and her 10-piece ensemble, from 6pm-8pm Bremen Street Park. Free Monthly Community Dinner at Sacred Heart Parish, September 9, 2026, 5pm -7pm. 25th Anniversary of 9/11/01, Memorial Service Sunday September 13, 2026, 1pm at Piers Park. The Bennington/ Saratoga Safety Project will conduct a workshop on September 30, 2026, at YMCA on Ashley Street. Please remember Grace Church Food Pantry for any donations of food or money. The McLean Park project has started construction. DID YOU KNOW?? 33.5% of East Boston households had 0 vehicles. October 4, 2026, St. Vincent de Paul at Sacred Heart will have a Comedy Night Fundraiser at Giggles. The St. Vincent de Paul Clothing Drive is scheduled for October 17 and 18 at St. Lazarus Parking Lot. Contact Information, Carlos Garcia, East Boston Liaison, Office of Neighborhood Services, ONS, carlos.garcia@boston.gov or 617-308-5725.

Boston Data Explorer (10min) Toni Noble, a neighbor from Wordsworth Street, will present updated access to information provided by this website.

555 Bennington Street (30min) This is the 2nd presentation and VOTE by Attorney Richard Lynds for owner Olsian Sasa. The proposal is to erect an addition and change occupancy from a two-family dwelling to a five-family dwelling and erect a third-floor deck. Zoning concerns include roof structure restrictions, ground floor unit use, insufficient front yard and insufficient rear yard. An abutter's meeting was held on June 24, 2026, for this project.

691 Saratoga Street (30min) This is the 1st presentation by Attorney Richard Lynds representing Blackstone Holdings, LLC. The proposal is to Amend ALT1663517 to include a roof deck. Zoning concerns Roof Structure Restrictions.

Italian Heritage Day Parade (5min) Mike McCormack will share up to date information on the planned Sunday, October 11, 2026, parade.

Please note that September 7, 2026, is Labor Day so HVNA will not meet, but instead will meet on Tuesday, September 8, 2026. We hope this works for all.

The next meeting of the HVNA will be on October 5,2026. Visit us at http://www.facebook.com/groups/harborviewna or check our website at harborvieweastboston.com or board@harborviewna.org

Sports // CONTINUED FROM PAGE 1

with ten seniors on board. The girls soccer team will open the season on Monday, September 14 at the home field in a clash with Everett. The girls volleyball team, led by Coach Clarita Prudencio, will open the season at home on Tuesday, September 8 with Malden.

East Boston Boys Soccer

09/11	Chelsea (H)
09/15	Tech Boston Academy
09/17	Latin Academy (H)
09/19	New Mission
09/29	Boston International (Almont)
10/01	Tech Boston (H)
10/05	Latan Academy (Carter)
10/07	Rockland
10/09	Dearborn (H)
101/3	Brighton (H)
10/15	Boston International (H)
10/21	Swampscott
10/23	Northeast Tech (H)
10/24	Nantucket (H)

East Boston Girls Soccer

09/14	Everett (H)
09/16	O'Bryant (H)
09/28	Cathedral
09/30	Latin Academy (Moakley)
10/02	O'Bryant
10/06	Cathedral (Rotch)
10/08	Pioneer Charter
10/14	Latin Academy (H)
1016	Chelsea
10/20	Dearborn (Clifford)
10/22	Boston International (H)

East Boston Volleyball

09/08	Malden (H)
09/10	Charlestown (H)
09/15	New Mission
09/17	O'Bryant (H)
09/29	Latin Academy
0/01	New Mision (H)
10/02	Cathedral
10/06	O'Bryant
10/08	Muniz (H)
10/09	Malden
10/13	Madison Park
10/15	Latin Academy (H)
10/19	Charlestown
10/20	Ruth Batson (H)
10/23	Cathedral (H)

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Powers // CONTINUED FROM PAGE 1

During their years as professional colleagues at the school, Carney and Powers, working with former Region 1 Supt. Dr. Tommy Welch, helped elevate the Bradley into a national award-winning school, one of the top performing schools in the City of Boston, and a model for urban education.

Carney congratulated Powers on her new position, praising her leadership potential and local roots.

"McKenzie is an incredible school leader and she's ready to hit the ground running," said Carney. "She is a lifelong East Boston resident and brings incredible passion to this work. She's very competitive, so she's going to make sure that the school stays competitive, does really well, and continues to grow. She has a real passion for special education and supporting all students in thriving and being welcomed into a school community. I can't wait to see all the great things that she does with the Bradley, both now as her regional school superintendent and also a parent of that community."

Aimee Galego succeeds Powers as the instructional coach at the Bradley School which has 310 students in grades K-6.

Strong ties to Eastie

McKenzie is the daughter of Patricia Powers and the late Stephen Powers, who passed away in February, 2025.

"They were definitely a big part of me getting into education," said McKenzie.

Born and raised in East Boston, Powers attended the Patrick J. Kennedy Elementary School, the Umana Barnes School, and East Boston High School, graduating in 2008.

She excelled as a youth in ice hockey, Little League baseball and soccer before becoming a standout in the East Boston Girls Softball League led by Robyn and Richard DiMeo. Powers became a three-sport captain and Boston City League All-Star at East Boston High School for the girls' soccer and softball teams and the boys' ice hockey team.

Upon her graduation, Powers received the Boston Public High School Scholarship to attend Northeastern University, where she was a four-time All-American in women's club hockey.

She received her Bachelor's Degree in Psychology and Education from Northeastern and her Master's Degree in Special Education at UMass Boston.

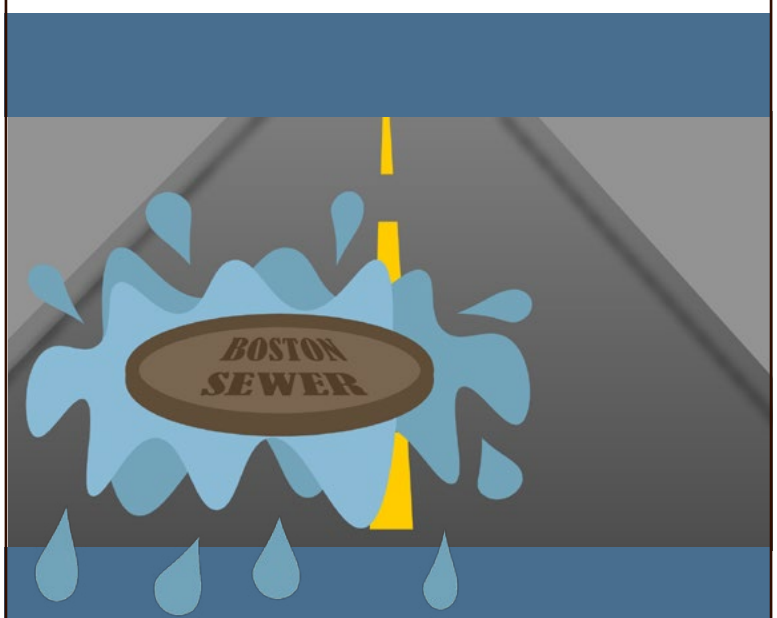
"I did my student teaching at the Bradley, and once I did that, I loved the school so much that I wanted to remain a part of it," said Powers. "I became a substitute teacher, and I quickly got a job as the technology teacher. Shortly after that, I became a classroom teacher and remained there until now."

Powers said she is excited to be the leader of the Bradley School.

"I'm extremely excited to be the principal," said Powers. "I've been a part of the Bradley community for 13 years now, and it's my home. Claire has done an incredible job with our school, and we're excited to continue with the work she's done here, just to continue to think through how we can grow and improve and support our families as much as possible. I'm also excited to work with an amazing staff who is very dedicated to its work, extremely supportive, and always focused on doing what's best for the students in East Boston."

Report SSOs

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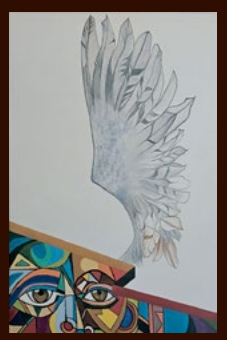
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PRESENTS


Renato Viganego
Cubismo Kirk


Diane Teubner
Reverie


X Bonnie Woods
Move

September 4 – 26, 2026
Opening Reception: Friday, September 4, 4:00-7:00 pm
Third Thursday Reception: September 17, 6:00-9:00 pm
Open Friday and Saturday, 2:00-6:00 pm
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SEND US YOUR NEWS

The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com

Fresh and Local

Salads score despite recalls

By Penny & Ed Cherubino

This is a great time of year to add salads to your menu. However, with the recent recalls of lettuce, some of you might be dodging this option. Let us remind you that there are salads from all over the world that never come close to lettuce or other greens.

So step away from those wiltable side salads and skip the salad green mixed bag. Now is your opportunity to explore salads that can be made in large batches, enjoyed for more than one meal, plus do a better job of supplying a wide range of nutrients.

Seasonal Produce in the Spotlight

With local tomatoes at their best right now, you can start by making a vinaigrette and pouring it over a mixture of tomatoes with a few of your favorite tomato companions. For a traditional Greek salad, add cucumber and feta cheese. For a Middle Eastern version, make a chunky chop of tomato, cucumber, kalamata olives, and feta crumbles.

Another great base for a leafless salad is beets. These earthy roots can stand up to strong flavors like onion and goat cheese. For a snack or a quick supper, we often arrange a selection of sliced vegetables on a plate and dip them in hummus, cottage cheese, or any spread or dressing in the refrigerator.

For a heartier meal, head to the south of France for Salade Niçoise with tomatoes, hard-boiled eggs, Niçoise olives, tuna, and potatoes arranged on a plate and drizzled with dressing.

Start with Beans and Legumes

Beans and legumes are a perfect springboard for a salad that

See SALADS Page 6



Our bean salad enthusiasm began with Cowboy Caviar.

RUNWAY 9-27 SAFETY IMPROVEMENTS TAKING PLACE THIS FALL

Beginning August 31, Boston Logan will undertake the final phase of an FAA-required runway safety improvement project on Runway 9-27, with completion expected before Thanksgiving. While this important work is underway, travelers may experience temporary flight delays and nearby communities may notice changes in aircraft activity.

The project does not extend the runway or increase airport capacity. It's an investment in safe operations for every passenger, every crew, and every flight. Please check your flight status with your airline before heading to Boston Logan.

Thank you for your patience as we complete this important work.

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Boston Logan reserves the right to open the runway for limited use if operationally feasible.

News in Brief

SWING FORE KIDS CLASSIC" GOLF TOURNAMENT

We're excited to invite you to the 8th Annual "Swing FORE Kids Classic" Golf Tournament on Monday, October 5, at 9 a.m. at Winthrop Golf Club.

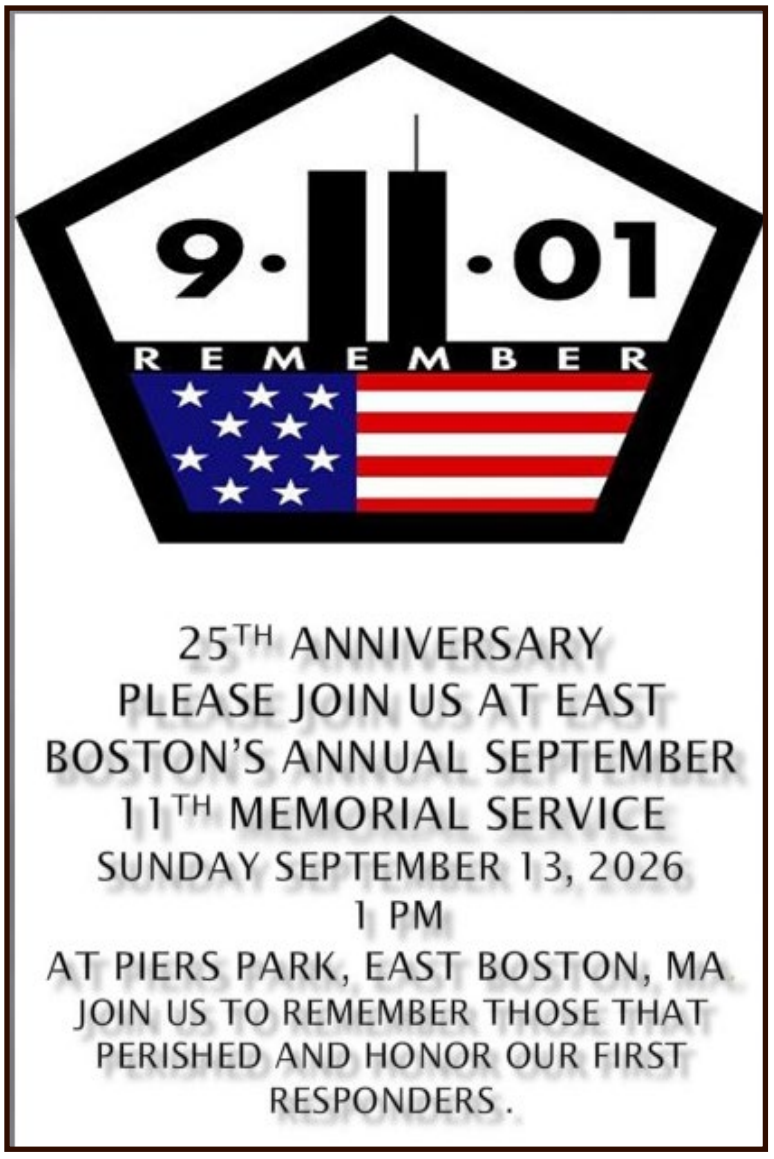
This special event brings together friends, supporters, and community leaders for a fun day on the course while helping make a meaningful difference in the lives of children and families.

For more details on registration, sponsorship opportunities, and ways to support the event, please see the attachment or visit www.salesianclub.com.

We hope you'll join us for a great day of golf, fellowship, and giving back. We look forward to seeing you on the course!

EAST BOSTON CENTRAL CATHOLIC SCHOOL OFFERS MEALS AT NO COST FOR STUDENTS

EBCCS participates in the National School Lunch Program and the School Breakfast Program. As part of this program, all schools offer healthy meals every school day at NO COST to the students due to the implementation of the Community Eligibility Provision for school year 2025-2026. Students receive breakfast and lunch at school without having to pay a fee or submit a household application.



Atlantic Works Gallery's next exhibit 'MOVE" starts Sept. 4

For its September exhibitions, Atlantic Works Gallery (AWG) invites the public to MOVE by X Bonnie Woods, Reverie by Diane Teubner, and Cubismo Kirk by Renato Viganego.

X Bonnie Woods makes paper objects that tell a story about what is happening in her life. She is presently in the middle of a big move, and ideas about home, disruption, and relocation are big. So, the "MOVE" story becomes a map. Folded paper and ink are her materials. She likes to make objects that push these materials in new graphic directions, which include unusual tools and techniques. Whenever possible, she uses rainfall in her process. The rain pictures are a way to connect a person with the sky and the ground, bringing a natural sense of home and adventure. Woods is based between Boston and Berlin, Germany.

In "Reverie," Diane Teubner shows a series of works on paper in which the paper itself provides her with a new means of exploration, of thinking about color and movement, division of space and the relationship within and between parts in the overall structure of a painting, on a rectangle, a 30"x22" sheet of paper.

Of his exhibition "Cubismo Kirk," Renato Viganego writes: "I am not afraid of spontaneous drawing. I am not afraid of romanticism. I paint organically, seeking an imprecise drawing, the kind that begins without knowing how it will end. I pulled from the whole of my Latin spirit while looking at the drawings of Raphael and Michelangelo - works that are the least contemporary things in the world, yet they provided the visual resource I used to create Cubismo Kirk. And I discovered:

- That the line is infinite.
- That drawing is a language in itself.
- That drawing is a faithful response to what the mind dictates.
- That nothing could be more faithful.
- That without emotion, there is no reason to create a work of art.

And Picasso was my inspiration."

The exhibitions run September 4 - September 26, 2026 at Atlantic Works Gallery, 80 Border Street, East Boston, MA, open 2:00-6:00 pm, Fridays and Saturdays. The opening reception is on September 4, from 4:00-7:00 pm, and the Third Thursday reception is on September 17, from 6:00-9:00 pm. For details, visit atlanticworks.org.

Atlantic Works Gallery is a collaborative space for art and ideas.

Salads // CONTINUED FROM PAGE 5

will improve over time. Our bean salad enthusiasm began with Cowboy Caviar. Jeanine Donofrio of Love and Lemons explains.

"Cowboy caviar is a fresh black-eyed pea dip typically made with black beans, corn, tomatoes, peppers, and a tangy vinaigrette dressing. Also called Texas caviar, it was developed by dietician Helen Corbitt in the 1940s, reflecting West African and Mexican influences."

She may call it a dip, but we make a giant bowl of it and use it to spark up simple meals as a side dish, tucked into a sandwich (try falafel) or as a topping for tacos.

In his book, "Cool Beans," food writer Joe Yonan has a diversity of intriguing salad and snack recipes that begin with beans. We plan to try his "Indian Chickpea and Fruit Salad" and "Three Bean Salad With Feta and Parsley."

Add Grains

Today we speak of grain bowls, which to us are simply a salad with grain added or used as a base. The one we make most often is Tabbouli. This is another salad that can be made ahead and will work well in other ways. Our Tabbouli always has a bean or legume added to make a complete protein.

Of course, you can add more traditional proteins to any salad. It can be as simple as serving it with a piece of grilled meat or fish or adding a can of one of the delicious canned fish that are so available these days. We love the Fishwife brand smoked rainbow trout and often have it on top of or alongside a salad when we haven't met our protein goal for the day.

Finally, for those of you who love your lettuce and want to buy it without fear, go to local producers. Join a CSA or attend a farmers market. Buy hydroponic lettuce and greens, or grow your own outdoors in a vertical planter or hydroponic indoor garden.

Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.

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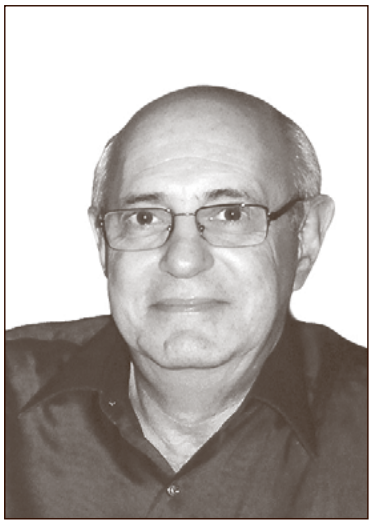
OBITUARIES

John L. Cacicio

Grew up in East Boston

John L. Cacicio, 79, passed away July 29, 2026, in Fort Myers, Fla., with his beloved wife by his side. Though born in Winthrop, John grew up in East Boston, grounded in family values and Sunday pasta dinners. Following graduation from Newman Prep and Boston English, he proudly served in the U.S. Navy during the Vietnam War. His service took him from the shores of NAVFAC Ramey to the sea as a Radioman aboard the ocean minesweeper USS Vital, and a deployment with the Second Marine Division. He later graduated from Newbury Junior College (1976) and studied at UMass.

John was old-school, deeply valuing personal, face-to-face connections and bringing people together with his music and wit. He is predeceased by his parents, Carmella (Millie) and Leo, and his brother, Robert. John's legacy of love lives on



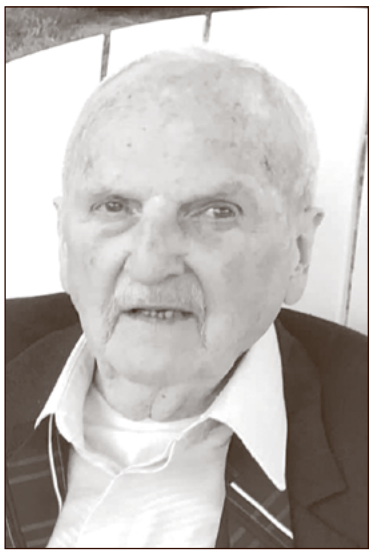
through his devoted wife of 40 years, Rosemarie; his sister, Janice Servideo; his children, Lisa (Mark) Belliveau, Joseph (Florinda) Cacicio, and Jennifer Taylor; and six grandchildren.

Private cremation and services have been held. In Johnny's (Vito's) memory, donations may be made to St. Jude Children's Research Hospital or the ASPCA. To view the full obituary and share memories, please visit Legacy.com."

David C. Taft

Head of the maintenance department at East Boston High School for over 40 years

David C. Taft, a lifelong resident of East Boston and a longtime Boston Public School employee, passed away peacefully in his home on Thursday, August 20, 2026. He was 86 years old.



David was born in Boston on December 3, 1939. He was the son of the late Harold and Marie (Clark) Taft. David was raised and educated in East Boston and was a graduate of East Boston High School, Class of 1957.

An honorably discharged veteran, David proudly served his country as a member the United States Air Force during the Vietnam War and was assigned to the 102nd Air Police.

Following his time in the service, David began his career at East Boston High School where he became head of the maintenance department for over 40 years, until the time of his retirement.

David loved being outdoors. He enjoyed fishing and always had a green thumb, taking great pride in his garden. He enjoyed going out to eat and was a longtime patron of Jeveli's in East Boston.

David was always very active and an avid health enthusiast.

He was also known for being an eclectic collector. He was always full of life and joy. He was a loving son, brother, uncle, cousin and friend who will be missed by all who knew him.

He was the dear brother of Patricia Colbert of North Reading and Dennis "Apple" Taft of Wakefield, NH, the beloved uncle of Leslie Audet, Laurie Colbert, Derek Taft, Deanna Taft, Jake Taft and the late Dennis Taft; and the cherished great uncle of Jason, Zachary and Gabrielle. He is also lovingly survived by many cousins and extended family members.

A memorial service for David will be announced at a later date.

To send online condolences, please visit www.vertucciosmithvazza.com. Funeral arrangements entrusted to the care and direction of the Vertuccio Smith & Vazza, Beechwood Home for Funerals.

The East Boston Times-Free Press reserves the right to edit letters for space, accuracy and clarity. We regret that we cannot publish unsigned letters. Please include your street and telephone number with your submission. The East Boston Times-Free Press publishes columns, viewpoints and letters to the editor as a forum for readers to express their opinions and to encourage debate. Please note that the opinions expressed are not necessarily those of The East Boston Times-Free Press. Text or attachments emailed to editor@eastietimes.com are preferred.

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East Boston Italian American Heritage Parade Committee holds fundraiser

Special to the Times-Free Press

The East Boston Italian American Heritage Parade Committee held a fundraiser Sunday, Aug. 30 at the Beachmont VFW in Revere.

The guests enjoyed a delicious barbecue luncheon buffet and desserts along with music by DJ Jimbo.

Joseph Ruggiero Sr., chairperson of the committee, thanked the many guests for supporting the event whose proceeds go toward the parade (formerly the Columbus Day Parade named in honor of the famous Italian explorer Christopher Columbus who is credited with discovering America in 1492).

Ruggiero said the parade will be held on Sunday, Oct. 11 beginning at Suffolk Downs at 1 p.m.

"We will have 40 antique cars and the fire department to start the parade, and then we'll come out of Suffolk Downs and head to Saratoga Street through Day Square, stay on Chelsea Street, and then take a right around Maverick Square and proceed to the bandstand across from the post office," said Ruggiero.

Ruggiero is being assisted on the parade committee by Nick Moulaison and John Zirpolo.

"Buddy Mangini, Jim Kearney, and I were coordinating this parade for years," said Ruggiero. "When Buddy and Jim passed away, I felt we had to give those two gentlemen a

See FUNDRAISER Page 9



Lisa D'Amato Capo helps serve a delicious lunch.



Candidate for Massachusetts Governor Brian Shortsleeve and East Boston Chamber of Commerce President Shirley Fabbo.



Alberta and John Verrengia with Lillian, Riley, Paul and Nick Restuccia.



Chairman Joe Ruggiero with volunteers, Marie Zinna, Rosalie Petralia and Colette D'Amico.



Andrea DiBatista with her event tee shirt helps serve lunch.



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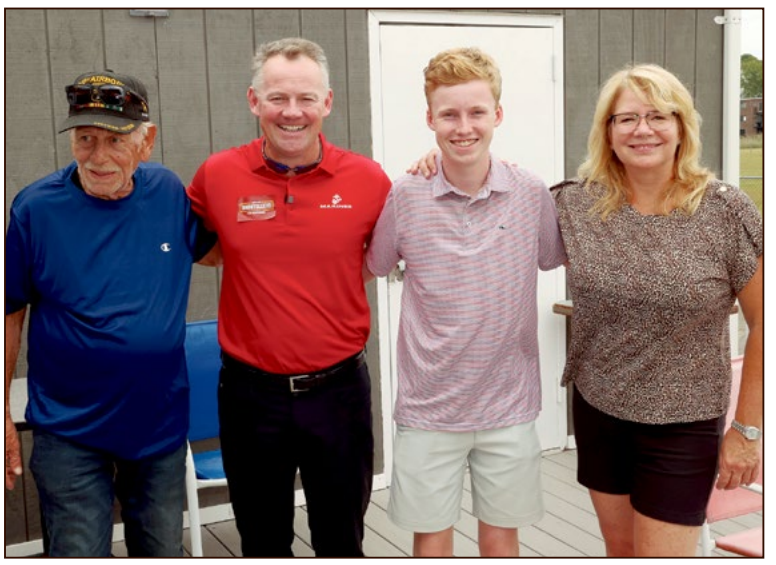
CONTINUED FROM PAGE 8

tribute one more time, so there will be banners on the parade route honoring these two outstanding community leaders."

East Boston High School Principal Phil Brangiforte is the grand marshal. The parade will also recognize veteran George Gambale, who is the honorary grand marshal.

Nine bands will perform in the parade, while the world renowned international vocal group, The Platters, will make a special appearance.

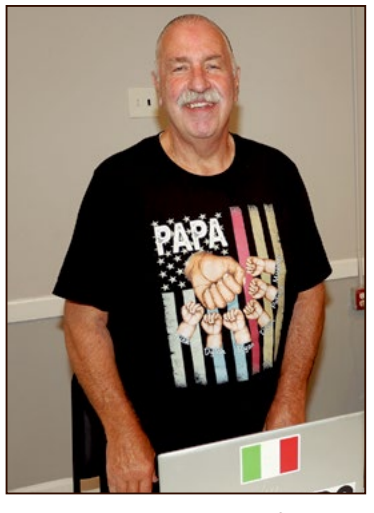
The last Columbus Day Parade was held in 2019 before the COVID-19 global pandemic forced officials to cancel the event in 2020.



VFW Commander Ken Holgersen, Candidate for Massachusetts Governor Brian Shortsleeve, Teddy Shortsleeve, and Republican State Committeewoman Vera Carducci.



Parade Committee Chairman Joe Ruggiero with Alberta and John Verrengia, Catie and Josephine Ruggiero, and Karen Pastore.



DJ Jimbo kept the music festive for the afternoon.

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Boston recognizes International Overdose Awareness Day

Special to the Times-Free Press

Mayor Michelle Wu and Boston Public Health Commission (BPHC) joined loved ones, families, friends, advocates, and survivors to remember the lives lost to the opioid epidemic. The Overdose Awareness Day was held on Monday, August 31. Since 2015, nearly 3,000 Boston residents have lost their lives to the opioid crisis that has touched every corner of our city. Mayor Wu and BPHC have invested in programming, including pathways to treatment and crucial harm reduction services that have contributed to a 29% drop in deadly overdoses in 2025 compared to the previous year. 2025 also saw the fewest deadly overdoses in Boston in a decade.

To mark International Overdose Awareness Day, BPHC and the Boston Parks and Recreation Department also supported volunteers and our State and local partners in planting more than 20,000 purple flags on Boston Common. For the first time ever, this event will fell directly on International Overdose Awareness Day, occurring on the morning of August 31. These flags memorialize the lives lost to overdoses in the past decade across our State. Later that night Boston City Hall will also be lit in purple to honor the lives lost.

"Too many families and friends have lost a loved one to an overdose, and today we remember and honor their lives," said Mayor Michelle Wu. "Overdose deaths are preventable and all of us can play a part by knowing how to respond and checking in on our neighbors. Through our work with the Boston Public Health Commission, City departments, and our community and faith partners, we will continue expanding access to treatment, services and lifesaving support to those who need it."

"As we honor the lives lost and reflect on the devastating impact of the opioid crisis on Boston's families and communities, we must remember that every overdose death is preventable," said Dr. Bisola Ojikutu, Commissioner of Public Health for the City of Boston. "We are making progress, but our work is far from over. By putting naloxone within reach, expanding access to evidence-based treatment, and strengthening trusted, community-based harm reduction services, we are saving lives. We will continue working with urgency, compassion, and without stigma to ensure that every person living with substance use disorder has the opportunity to recover."

BPHC and partners have events throughout September centered on celebrating and uplifting individuals in recovery. Upcoming events include:

• Nubian Square Recovery Day is September 17, at the Roxbury Branch of the Boston Public Library (BPL). The event is a collaboration between BPHC, the Nubian Square Task Force, BPL, and the Mayor's Office of Arts and Culture. There will be a showcase of art created by individuals in recovery, and there will also be food, entertainment, and health resources.

• Recovery Month Celebration Day is September 24, at the Parkman Bandstand on the Boston Common. BPHC and the Massachusetts Organization for Addiction Recovery (MOAR) partner for this event, which uplifts recovery stories and vital services.

"Every overdose is preventable, and every life is worth saving. As we recognize International Overdose Awareness Day, we are proud to partner with the Boston Public Health Commission to expand access to lifesaving resources and connect people to care and services they need to get healthy and well," said Desiree Millett, LICSW, Clinical Administrative Director, NeighborHealth Recovery Services. "Our 24/7 Public Health Vending Machine helps prevent overdose and demonstrates how community partnerships can save lives."

BPHC offers a number of programs and services for people in recovery and is one of the largest providers of Transitional Support Services for people living with substance use disorder in the region. BPHC's Mattapan Recovery Campus offers inpatient treatment and services to 850 people per year. The short-term treatment programming at the Recovery Campus focuses on relapse prevention and behavior modification. Clients are offered access to additional mental health care through a partnership with The Joseph Nee Collaborative Center. In partnership with Boston Health Care for the Homeless, BPHC also operates medical clinics on the Mattapan Recovery Campus, and in the Finland Building, that help meet the basic medical needs of clients. By providing access to stable housing, medical care, and mental health care, BPHC takes a holistic approach to supporting people wherever they are on their recovery journey.

In addition to the Mattapan Recovery Campus, BPHC also provides walk-in treatment referrals through the AHOPE and PAATHS programs. AHOPE offers lifesaving harm reduction services, including syringe exchange, drug checking to identify the presence of fentanyl and xylazine, naloxone distribution, and screening for HIV, hepatitis, and other bloodborne illnesses that can be spread through intravenous drug use. The PAATHS program connects people to a variety of treatment services, including Withdrawal Management Services ("detox"), medication for opioid use disorder, and outpatient treatment programs. Individuals can visit both programs at 774 Albany Street during business hours and walk-ins are welcome. For support with substance use disorders, contact the PAATHS program at 1-855-494-4057 or 3-1-1. For more information, visit boston.gov/recovery.

As part of year-round efforts to combat the opioid crisis, BPHC announced $600,000

See AWARENESS Page 15

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BOSTON HARBOR CITY CRUISES - 100TH ANNIVERSARY DOCKSIDE OPEN HOUSE - AUGUST 26

PHOTOS COURTESY BOSTON HARBOR CITY CRUISES

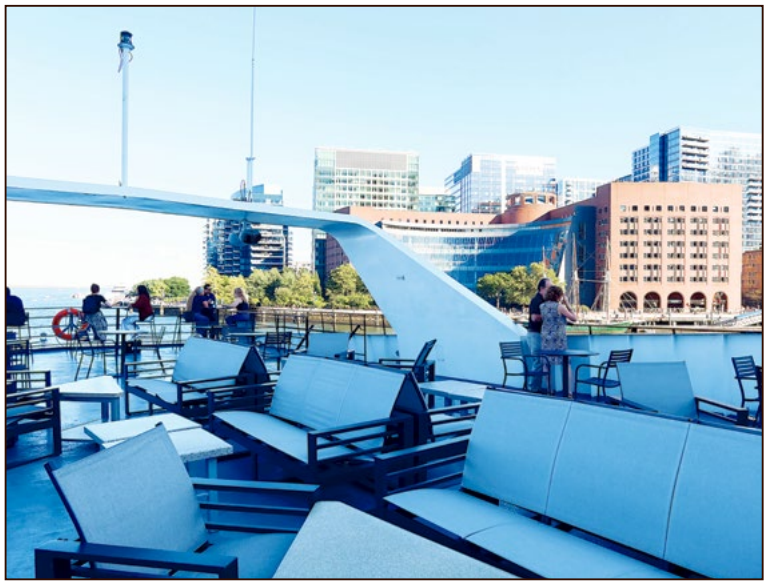
Boston Harbor City Cruises marked its 100th anniversary on Wednesday, August 26, with a special Dockside Showcase aboard the Odyssey, bringing together guests and members of the Boston community to celebrate a century of experiences on Boston Harbor.

As part of the milestone celebration, Boston Mayor Michelle Wu officially proclaimed August 26, 2026, "Boston Harbor City Cruises Day" in the City of Boston, recognizing the company's century-long contributions to Boston's waterfront, tourism, hospitality and maritime industries. The proclamation also honors Boston Harbor City Cruises for welcoming generations of residents and visitors aboard its vessels and strengthening the city's connection to its historic harbor.

Founded in 1926, Boston Harbor Cruises began when Matthew "Matty" Hughes -- then the youngest licensed captain in the Port of Boston -- launched 30-minute cruises for just 10 cents, giving Bostonians an opportunity to escape the summer heat on the water.

One hundred years later, Boston Harbor City Cruises welcomes more than 2 million passengers annually and offers an expansive range of experiences connecting residents and visitors to Boston Harbor, including dining cruises aboard the Odyssey and Spirit of Boston, whale watches, ferry services, the Codzilla thrill-boat ride and more.

The August 26 Dockside Showcase aboard the Odyssey celebrated that history while looking ahead to Boston Harbor City Cruises' next century on the waterfront.



Shown are scenes from the 100th anniversary celebration of the Boston Harbor City Cruises.







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City and Boston Public Schools launch inaugural cohort of BPS AI Educator Ambassadors

Special to the Times-Free Press

Mayor Michelle Wu and Boston Public Schools Superintendent Mary Skipper launched the first cohort of BPS AI Educator Ambassadors following a Summer Institute held August 24–28. Twenty-five secondary school educators received training in innovative and responsible artificial intelligence practices and will lead AI learning projects in their schools.

The inaugural cohort is among the first district-wide AI educator ambassador programs in the nation and a core component of the BPS AI Literacy Initiative, a major public-private effort launched in March 2026 by Mayor Michelle Wu, Superintendent Skipper, Paul English and UMass Boston. The initiative brings together government, academia, and private industry to advance AI literacy across BPS, with the goal of ensuring students graduate prepared to understand and use AI responsibly. Technology and civic entrepreneur Paul English seeded the initiative with a $1 million gift. A portion of the funding supports initiative partners Day of AI and TWG Education Labs, which led the Summer Institute and will provide educators year-long support.

"Five months ago we launched a program for every Boston Public School student to graduate with the fluency and knowledge to thrive in an AI-enabled world," said Mayor Michelle Wu. "This past week, educators from every school across our district came together to put that goal into action–equipping teachers to use AI responsibly in the classroom and preparing students to navigate this technology with confidence, creativity and care. Thanks to Paul English and to our BPS educators for connecting our students to the skills and opportunities that will shape their future."

Over five days, the Educator Ambassadors, representing 25 different BPS schools across nearly every subject area, worked alongside Day of AI, an AI curriculum and professional development organization originally incubated through MIT's RAISE ("Responsible AI for Social Empowerment and Education") initiative, along with the BPS Tech Digital Learning Team and Office of Teaching and Learning. The week moved deliberately from foundations to practice: teachers first examined how AI systems actually work, to understand their risks and opportunities, before turning to explore how AI tools could support their own classrooms.

Each Ambassador left the week with a defined Problem of Practice, a clear classroom challenge, from building student voice and confidence in discussions to strengthening feedback and engagement. Throughout the year, the AI Educator Ambassadors will develop and test these with their own students, with the work shared openly across the district by June.

"Preparing our students for the future means making sure our educators have the tools, knowledge, and support to prepare them for what's ahead," said Boston Public Schools Superintendent Mary Skipper. "AI is changing the way we learn, work, and live, and our educators play an important role in helping students understand and navigate those changes thoughtfully and responsibly. This initiative gives our teachers the opportunity to learn together, ask important questions, and bring new ideas back to their classrooms and school communities. We are excited to continue building on this work throughout the year and to learn from our educators as we work to ensure every BPS student has the knowledge and skills to navigate a rapidly changing technology landscape."

Traci Walker Griffith, founder and CEO of TWG Education Labs and former Executive Director of the Eliot K-8 Innovation School, serves as the initiative's Project Lead. The work builds on AI integration already underway at the Eliot, where Walker Griffith and other educators have spent years developing AI-integrated instruction. It also draws on BPS's AI Fellows program, which piloted AI-enabled practices in schools and across the central office during the 2025–26 school year.

"The energy in the room this week was something to see," said Traci Walker Griffith, Project Lead for the BPS AI Literacy Initiative and Founder and CEO of TWG Education Labs. "Twenty-five teachers who came in ready, honest with each other about what we're all still learning, and already thinking about their students in September. That's exactly the right place to start. The year ahead is about making sure no one does this alone: monthly sessions, a real network across schools, and time to build things teachers can actually use. By June, we'll see students sharing what they've learned with us, and that's the part we can't wait for."

"The most important question for schools isn't whether AI is coming - it is how we make sure educators and students have the knowledge and agency to shape what comes next," said Jeff Riley, Executive Director of Day of AI and former Massachusetts Commissioner of Elementary and Secondary Education who opened the week with a keynote address. "Boston is approaching that challenge in exactly the right way: grounding the work in teaching and learning, emphasizing safety and productivity, and treating AI literacy as much more than learning how to use a particular tool."

AI literacy fits within BPS's existing Vision of the Graduate, which calls for every student to leave high school career-ready, adaptable, and prepared for lifelong learning. Preparing students for the realities of a changing workforce isn't a new goal for the district, as it's already built into Mass Core and BPS's College & Career Pathways programming. AI is now part of what students need to understand and navigate well within that same commitment.

The Massachusetts Department of Elementary and Secondary Education is developing a proposed Artificial Intelligence and Digital Literacy graduation requirement. Through the BPS Educator Ambassador Initiative, BPS is advancing that work now by giving educators a full year of hands-on experience integrating AI into classroom instruction, building practical knowledge that can inform a challenge districts across the Commonwealth will soon confront.

"This week helped me shift my perspective about AI from more skeptical and (honestly) pessimistic to a more cautious optimism," said Sophia Chen, English Language Arts Teacher at Margarita Muñiz Academy. "The district lessons, policies, conversations with Day of AI, students, industry leaders, and higher education leaders have shown me what intentional and impactful usage looks like and how much the technology can expand our existing capacities and help solve interesting problems."

"My biggest takeaway this week was the power of having a community of educators learning together, sharing ideas, and pushing each other's thinking about AI," said Tara Correa, Humanities Teacher at Eliot Innovation School. "I'm leaving with new skills and a clearer understanding of how I can apply AI intentionally to support student learning. This school year, I'm excited to continue learning alongside other teachers while putting these ideas into practice in my classroom and leading my teams."

"My main takeaways are that: 1. The district is 100% committed to students and teachers learning about AI and encourages appropriate-use of the tools. 2. There is a great community of educators that gained a tremendous amount of AI proficiency this week. 3. The tools we learned about this week have direct relevance to our students' educational journey," said Ted Smith, Librarian at Madison Park Technical Vocational School.

The BPS AI Industry Advisory Board, co-chaired by Paul English and Ellen Rubin and formed by leadership from Boston Dynamics, HubSpot, PTC, Suno, Toast, Wayfair, and WHOOP, was a key partner of the Summer Institute. Board members engaged directly with AI Educator Ambassadors throughout the week, sharing industry insight and encouraging educators to explore the future of possibilities AI can create for students. The board will continue to advise ambassadors and review curriculum throughout the year, helping ensure BPS instruction aligns with the skills and expectations students will encounter after graduation.

"As co-chair of the Industry Advisory Board alongside Paul, my job starts in earnest now," said Ellen Rubin, Co-chair of the BPS AI Industry Advisory Board. "I've spent two decades building and scaling tech companies in this city, and this Board is a chance to put that experience directly to work for these Ambassadors and their students, connecting them to real AI expertise inside Boston's leading tech companies, with support and mentorship from board members all the way through to the Hackathon in June."

"I'm excited to see AI education move forward in this way," said Paul English, Co-chair of the BPS AI Industry Advisory Board. "As a BPS graduate myself, I know firsthand what this district can mean for a student's future, and I'm glad to help make sure today's students have the tools they need to shape theirs."

Healey-Driscoll Administration expands joint active shooter response training statewide

Special to the Times-Free Press

More than 1,000 police, fire and EMS professionals have completed joint active shooter response training across Massachusetts this year as the Healey-Driscoll Administration expands efforts to prepare first responders to act quickly and work together during a crisis.

One of the latest Active Attack Integrated Response courses brought approximately three dozen first responders to Tufts University for two days of classroom instruction, hands-on exercises, and realistic scenarios. Participants included personnel from the Massachusetts State Police, Arlington Police, Lexington Police, Lexington Fire, Medford Fire, Somerville Fire, Somerville Police, Stoughton Fire, Cataldo Ambulance, and the police departments of North Shore Community College, Tufts University, and Worcester State University.

"Massachusetts was the first in the nation to adopt an internationally recognized framework for consistent, statewide active shooter response training," said Public Safety and Security Secretary Gina K. Kwon. "Our law enforcement, fire service, EMS, telecommunicator, and emergency management personnel are training together in courses like this one so they can work together in a real-world crisis."

The Active Attack Integrated Response (AAIR) course was coordinated by the Massachusetts Department of Fire Services, the Municipal Police Training Committee, and the Advanced Law Enforcement Rapid Response Training Center, with support from the Executive Office of Public Safety and Security.

The course was held August 18–19 in partnership with Tufts University and the Tufts University Police Department. Tufts also hosted AAIR courses in June and July.

"We significantly ramped up AAIR deliveries to meet increased demand after last winter's active shooter event at Brown University," said State Fire Marshal Jon M. Davine. "So far this year, we've delivered 35 classes for first responders across Massachusetts, from Provincetown to North Adams. That's more than 1,000 police, fire, and EMS professionals ready to stop the killing and stop the dying."

"The AAIR curriculum provides life-saving training to first responders at every level of experience," said Captain Amy Fanikos (Ret.), Deputy Executive Director of the Municipal Police Training Committee. "From classroom instruction to hands-on exercises to increasingly complex scenarios, it builds the skills necessary for law enforcement and fire/rescue to work seamlessly together when every second can be the difference between life and death."



"I received great feedback from the Somerville firefighters who took part in this course," said Somerville Fire Chief Charles J. Breen, Jr. "It builds on many of the emergency medical skills we already use, and it provides a strong foundation for working with our police partners. Trainings like this one could help save lives in a crisis most people don't want to contemplate."

"Massachusetts is doing some of the most aggressive AAIR training in the country," said John Cantarella, Northeast Regional Manager for the Advanced Law Enforcement Rapid Response Training Center at Texas State University.

In 2022, Massachusetts became the first state to adopt NFPA 3000, Standard for an Active Shooter/Hostile Event Response Program, as a statewide framework for active shooter response training through the Massachusetts Firefighting Academy, Municipal Police Training Committee and State Police Academy.

Developed following the 2016 Pulse nightclub shooting in Orlando, Florida, NFPA 3000 emphasizes the importance of law enforcement, fire, EMS, and other public safety partners planning, training, and coordinating before an emergency.

AAIR puts that framework into practice. The curriculum uses plain language and common terminology to help first responders establish command, stop an attacker, and reach injured people as quickly as possible. It also trains participants in the Rescue Task Force model, in which law enforcement protects fire and EMS personnel as they provide immediate medical care and evacuate patients.

The Department of Fire Services and Municipal Police Training Committee also offer Active Attack Incident Management, a course for chiefs and senior officers focused on command-level strategies, and Civilian Response to Active Shooter Events, which teaches civilians how to protect themselves and others until first responders arrive.





Shown are scenes from the joint active shooter response training program.

Together, these interagency training programs have reached more than 7,000 police officers, firefighters, EMS providers, public safety dispatchers, and other participants across Massachusetts.

NeighborHealth and BMC celebrate 10 years of expanding access to care in Winthrop

NeighborHealth and Boston Medical Center (BMC) celebrated ten years since the historic opening of a shared facility in Winthrop, Mass., marking a decade of collaboration to bring comprehensive healthcare services closer to home for patients in Winthrop and surrounding communities.

The shared clinical facility at 17 Main Street opened to patients in 2016 to address the need for more convenient access to primary, specialty and rehabilitation care in Winthrop, East Boston and Revere, communities geographically separated from many of Boston's major health care facilities. The spacious waterfront building, designed by leading healthcare design firm ingenuity, provides convenient access to NeighborHealth's Family Medicine and Specialty Care services, including sports medicine, gastroenterology, pulmonology, podiatry and endocrinology, alongside BMC's state-of-the-art Physical and Occupational Therapy clinic and gym.

The anniversary celebration brought together dozens of leaders, providers, staff, patients and community members to recognize the patients and care teams who have shaped the partnership over the past decade.

"Over the past 10 years, this partnership has made it easier for our patients to get the care they need, closer to where they live and work," said Dr. Mothusi Chilume, Medical Director, Family Medicine at NeighborHealth. "By bringing primary, specialty and rehabilitation services together in one location, we are helping patients spend less time navigating the health care system and more time focusing on their health. That kind of access is what community-based care is all about."

Over the past decade, the partnership has helped create a more seamless experience for BMC and NeighborHealth patients in need high-quality rehabilitation services north of Boston, allowing access to skilled care without crossing the harbor.

"This facility is a testament to what hospitals and community health centers can achieve when we work together," said Karen Mattie, Senior Clinical Director, Boston Medical Center. "By joining BMC's leading rehabilitation care with NeighborHealth's family medicine expertise, we have created a model that has allowed our organizations to respond to thousands of patients' needs in a more connected way. This partnership continues to be an example of how collaboration can strengthen the continuum of care and create lasting value for communities."

In addition to providing an integrated model of care for Winthrop and surrounding communities, the space continues to bring two leading employers to the beachfront community. Earlier this year, NeighborHealth was named a 2026 USA Today Top Workplace and BMC was named a 2026–2027 Best Regional Hospital by U.S. News & World Report.

For more information about NeighborHealth and BMC's Winthrop location visit: www.neighborhealth.com.

NeighborHealth, formerly East Boston Neighborhood Health Center, is one of the nation's largest Federally Qualified Health Centers (FQHCs) and the largest community-based primary care health system in Massachusetts, serving over 120,000 people and recognized by the Health Resources and Services Administration (HRSA) as a National Quality Leader. For more than 55 years, NeighborHealth has offered access to comprehensive primary care, specialty care and emergency care for patients in the Commonwealth. In a first-of-its-kind merger in 2020, East Boston Neighborhood Health Center joined forces with the South End Community Health Center and expanded services to patients who live and work in Boston's South End and Roxbury neighborhoods. For more information, visit www.neighborhealth.com.

Awareness // CONTINUED FROM PAGE 10

in new funding for our Community Overdose Response Grants. Funding will be allocated to community-based organizations working to prevent overdose deaths and provide substance use treatment in neighborhoods seeing the highest overdose rates, with a focus on serving Black and Latinx communities that are at increased risk. A map of places where residents can access naloxone across Boston can be found here. BPHC also runs The Family Overdose Support Fund, in partnership with HALO Initiatives, which provides financial support to Boston families during the healing process. Families receive direct payments that can cover childcare, mental health care, and funeral services.

Overdose training and naloxone access are critical strategies in Boston. Boston's OD2A program plays a key role in serving these communities by facilitating overdose response training and access to resources like naloxone. Thus far in 2026, more than 600 residents in Boston have been trained in overdose responses. Another key strategy in Boston OD2A is making data available and accessible to local clinicians, organizations, and residents through a data dashboard. Since March 2026, naloxone kiosks have been implemented at the Boston Community Justice Support Center, STEPRox Recovery Support Center, Mattapan Community Health Center, and DotHouse Health. In July 2026, public health vending machines offering naloxone and other health resources were placed at Codman Square Health Center and Harvard Street Neighborhood Health Center. In total, BPHC has worked with community partners to place 16 naloxone kiosks and 7 public health vending machines.

Boston Public Health Commission (BPHC) is the country's oldest health department. We envision a thriving Boston where all residents live healthy and fulfilling lives. To accomplish this, BPHC works in partnership with communities to protect and promote the health and well-being of all Boston residents, especially those impacted by racism and systemic inequities. Learn more about our work at boston.gov/bphc

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To the named Respondent and all other interested persons, a petition has been filed by Brigham & Women's Hospital of Boston, MA in the above captioned matter alleging that Gladys Perez is in need of a Guardian and requesting that Janet Miranda of Everett, MA (or some other suitable person) be appointed as Guardian to serve Without Surety on the bond.
The petition asks the court to determine that the Respondent is disabled, that a protective order or appointment of a Guardian is necessary, and that the proposed Guardian is appropriate. The petition is on file with this court.
You have the right to object to this proceeding. If you wish to do so, you or your attorney must file a written appearance at this court on or before 10:00 A.M. on the return date of 09/17/2026. This day is NOT a hearing date, but a deadline date by which you have to file the written appearance if you object to the petition. If you fail to file the written appearance by the return date, action may be taken in this matter without further notice to you. In addition to filing the written appearance, you or your attorney must file a written affidavit stating the specific facts and grounds of your objection within 30 days after the return date.
IMPORTANT NOTICE
The outcome of this proceeding may limit or completely take away the above-named person's right to make decisions about personal affairs or financial affairs or both. The above-named person has the right to ask for a lawyer. Anyone may make this request on behalf of the above-named person. If the above-named person cannot afford a lawyer, one may be appointed at State expense.
WITNESS, Hon. Janine D Rivers, First Justice of this Court.
Date: August 25, 2026
Register of Probate
9/2/26
EB

DON'T FORGET TO CHECK WITH THE COURTS TO SEE IF YOU QUALIFY FOR A FEE WAIVER

City Paws

At-home grooming

By Penny & Ed Cherubino

This month, we needed more home grooming for our dog, Poppy, because she had to go five weeks instead of four between professional grooming sessions. Part of our job as companion animal guardians is ensuring our animals receive the grooming they need.

Poppy has a regular morning grooming session with Ed, who cleans her feet, checks her ears, medicates specific areas as directed by her dermatologist, and brushes her teeth. She also has a nightly toothbrushing before bed.

Poppy has a Sunday appointment with Penny each week for a grooming check and brushing. If we keep up with her double coat, we avoid mats between professional spa days. Penny uses a stripping comb to keep her hard outer coat in good condition rather than have our groomer shave it. That coat protects her from rain and cold and makes it easier to remove dirt.

With the current tick situation in our area, we recommend a check for ticks after every walk. Ed found one tick in Poppy's ear this season while he was doing his morning checks.

Different Dog, Different Needs

Grooming needs differ by breed. Long-haired dogs like Golden Retrievers, Sheepdogs, and Spaniels will take a bit more time to brush. We see people who do daily brushing in the park and watch birds that love to pick up dog hair to make nests.

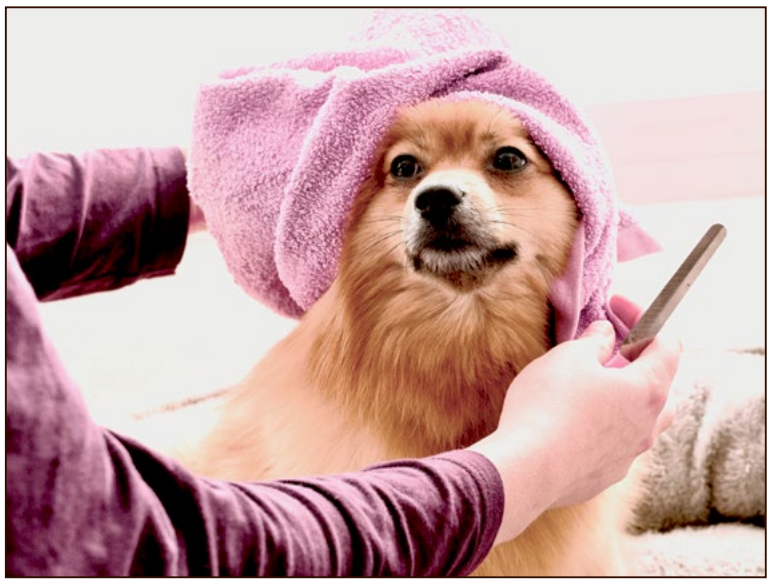
Vizslas, Boxers, Labrador Retrievers, and other short-haired breeds may be touted as needing less coat maintenance. But a good routine of regular brushing will help control shedding and distribute the natural oils throughout the coat for that glow of good health.

When you groom at home, take steps that help your dog feel safe, secure, and less stressed while you work. Use a non-slip mat instead of a slippery surface to bring the pet to an easy working level. Consider offering a lick mat with a favorite treat like peanut butter or cheese to distract a stressed pup.

Baths

As long as your dog has not had an encounter with a skunk, rolled in goose poop, or dug up a mud puddle, most baths are done on a scheduled basis. Use dog shampoo and use as little as possible. We dilute our dog shampoo with warm water in a spray bottle to make it easy to cover each area with a light but ample supply of suds.

If you want to do this at home, consider purchasing a spray hose you can connect to your bathtub fill spout. This will make it easier for you to rinse, rinse, rinse.



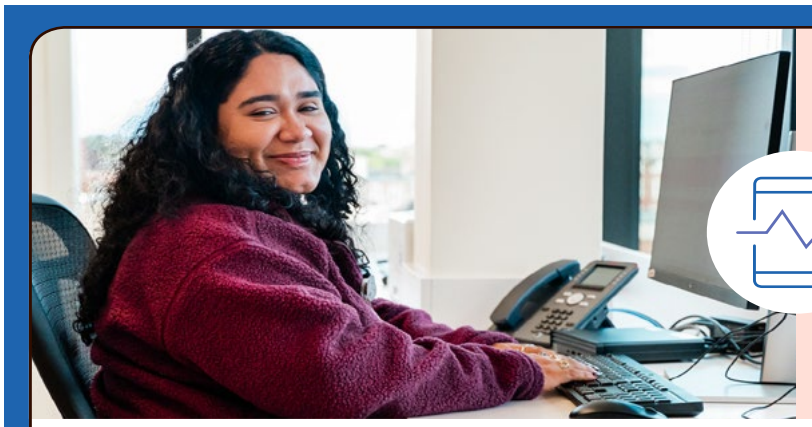
Wash, rinse, rinse, rinse, then dry!

In their step-by-step bathing instructions, Chewy asks, "Think your dog is completely rinsed? Go ahead and rinse them some more. No, really. Dog fur is great at hiding pockets of soap, and if you don't rinse it off now, it could cause skin problems ranging from flakiness to irritation to infections. Use your hands to feel around your whole dog to find soapy spots you can't see, especially around the belly, under the armpits, and genitals."

Side Benefits to Grooming

Grooming activities can help you and your dog bond. If you make it a gentle, pleasant experience, it can relax you both. Methodically stroking, brushing, and combing a pet will not only improve their fur, but will also let you discover any lumps, bumps, or other abnormalities. You can check ears for debris and any off smells and give your pal a quick check-up.

Don't think of grooming as an hour-long task you dread, but rather as a part of the daily routine for you and your dog or cat.



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NeighborHealth

Winthrop Lodge of Elks

End of the Summer Kickoff

Building Improvement Fundraiser

Sept. 19 | 1PM | rain or shine

191 Washington Ave.

BBQ & Entertainment

Ticket holders Grand Raffle Prizes

1st Prize $7,500 2nd Prize $2,000

3rd Prize $500 & more!

$100.00 ticket per person, ticket holder may bring one guest for $25.00. Limited tickets to be sold.

Once the first 200 raffle tickets are sold, we'll draw another $500 winner for every additional 100 tickets sold.

There's potential for up to eight $500 drawings. Plus, there are extra prizes: 50/50, scratch tickets, baskets, and more!

For tickets Scan QR to contact Secretary1078@comcast.com

Payment can be made by cash, check, or Venmo @Bettie-Dalton (reference Elks 09/19).

venmo