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# East Boston TIMES-FREE PRESS

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Wednesday, December 6, 2023

THE MAYOR'S ENCHANTED TROLLEY TOUR



The Moab Accademia Musica Choir, conducted by Monica Henao, preform Campana Sobre Campana.

The Mayor's Enchanted Trolley Tour finished its two day run through the neighborhoods of Boston with a stop at Maverick Square East Boston on Sunday evening.

Right, Boston Mayor Michelle Wu with some help from Jamin' 94.5 DJ Fast Freddy, Santa and Mrs. Claus, along with some young members of the audience to flip the switch and light up the Holiday Tree. See Pages 6 and 7 for more



### **EBNHC** named National Quality Leader in Healthcare

East Boston Neighborhood Health Center (EB-NHC) has been named a 2023 National Quality Leader by the Department of Health and Human Service's (HHS) Health Resources & Services Administration (HRSA) for their dedicated work in addressing gaps in health equity for underserved communities and building a strong foundation for equitable healthcare access

and outcomes. "I am incredibly proud to announce our recognition as a National Quality Leader for providing exceptional care to our patients," said EBNHC President and CEO Greg Wilmot. "Our ability to achieve the highest standards of clinical quality while addressing our patients complex social, economic, and cultural needs is a testament to our team's diligence and commitment to the health and wellbeing of our diverse community, the majority of which are Latino/a/x."

Community Quality Recognition (CHQR) badges recognize Health Center Program awardees who have made notable quality achievements in areas including Clinical Quality, Access, Equity, Information Technology, and, most recently, COVID-19 Public Health Emergency Response. This year, EBNHC's performance garnered recognition in the following categories, placing EBNHC in the elite top percentile of all health centers nationwide:

2023 Health Center Leader Silver

2023 National Quality Leader for Maternal & Child Health Gold Badge 2023 National Quality

Leader for HIV Care and Prevention Gold Badge

2023 Patient Centered Medical Home Recogni-

tion (PCMH) 2023 Advancing Health Information Technology for Quality

2023 COVID-19 Public Health Champion

2023 Addressing Social

Risk Factors "EBNHC's strategic investments in preventative health, including women's health, pediatric health, and behavioral health, have contributed to our team's ability to out-perform state and national community health benchmarks," said Dr. Jackie Fantes, Chief Med-

Officer, EBNHC. "When health equity and clinical quality intersect, a healthcare landscape emerges where every individual, regardless of socio-economic background or demographic factors, receives high-quality care tailored to their unique needs."

Recent clinical leadership appointments, including Dr. Karin Leschly as Chief Quality Officer and Dr. Sue Ghosh, Director of Women's Health Practice and Projects, demonstrate how EBN-HC leads with intention in order to drive outcomes for communities and patients, resulting in a 2023 National Quality Leader Gold Badge in Maternal & Child Health, awarded

See EBNHC Page 2

## **HVNA:** One project supported, and another opposed

By Michael Coughlin Jr.

View Harbor Neighborhood Association (HVNA) held its monthly meeting on Monday in which it heard the second presentations for two projects, one on Wordsworth Street and the other on Bennington Street, and subsequently voted on each, supporting the former and opposing the latter.

The project at 531 Bennington Street, presented by Attorney Richard Lynds, entails demolishing an existing three-unit dwelling on the site and replacing it with a fiveunit multi-family residential building standing four stories tall.

According to Lynds, the existing building is not in structurally sound condition. He actually referred to the existing structure as Bennington Street's Leaning Tower of Pisa.

At last month's meeting — when this proposal was initially presented - Lynds read from an engineer report that concluded it would be safer to demolish the building and rebuild on its current footprint.

He referred to this report again on Monday, underscoring the need for the existing building, which leans, to be demolished.

"I don't think there's really any dispute that

See HVNA Page 4

### Coletta holds hearing on proposed legislation on non-motorized food carts

Special to the Times-Free Press

Boston City Councilor Gabriela Coletta held a hearing on November 28 to codify regulations and enhance accessibility for non-motorized street food carts. The legislation would unlock an economic mobility tool and provide entrepreneurs the ability to build capital without burdensome upfront costs. The administration expressed general support and echoed the opportunity Councilor's Coletta's idea provides for small business owners.

Those in attendance included co-sponsors Councilor-At-Large Julia Mejia and Councilor Brian Worrell of District 4, Council President Ed Flynn, Councilors At-Large Ruthzee Louijeune, and Erin Mur-

During the hearing, the councilors discussed creating a passport application that would expedite the permitting and approval process with oversight of a committee with representatives from Public Works, Inspectional

See FOOD CARTS Page 2

### A True Star of the Game

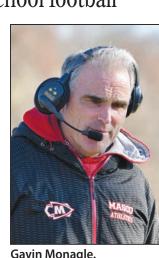
Monagle announces his retirement from high school football

By Cary Shuman

Gavin Monagle, who starred for the Dom Savio High School Spartans as a football player and returned as a Super Bowl-winning coach, has announced his retirement from the game.

Monagle stepped down from his head coaching position at Masconom-

See MONAGLE Page 9



Gavin Monagle.



East Boston

## Ruggiero Family Memorial Home

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### Local veterans served special Thanksgiving luncheon by Northeast Metro Tech Culinary students

Superintendent David DiBarri is pleased to announce that Northeast Metro Tech Culinary students served a special luncheon Thanksgiving for local veterans.

On Tuesday, Nov. 21, Culinary students opened the Breakheart Inn to 58 veterans from the Town of Wakefield and Saugus Veterans group and the Veteran's Administration. Culinary students have been providing lunch to veterans on Thanksgiving for over five years.

"Serving this lunch to our Veterans is the highlight of our year," said Cu-

linary Department Head Elizabeth Beals Henderson. "We consider it an exceptional honor to serve Rooney and Jim Clark, those that have served our country."

The lunch menu included salad with balsamic vinaigrette, followed by a roasted turkey dinner with mashed potatoes, gravy, house-made cornbread stuffing, roasted butternut squash and house-made cranberry sauce. Dessert consisted of coffee and freshly baked pumpkin pie with whipped cream.

Beals said students were excited to serve and meet local veterans, and

that they especially enjoyed that two Northeast Metro Tech faculty, Mark were among the veterans that were served.

"This luncheon is very special to us because it is so important to show our appreciation to those who have served our country," said Principal and Deputy Director Carla Scuzzarella, who also attended the luncheon to speak with veterans. "I am proud of our Culinary students for producing such a great meal, and for showing so much respect to those who have earned it."



Wednesday, December 6, 2023

Northeast Metro Tech Culinary students served a special Thanksgiving luncheon to 58 local veterans at the school's Breakheart Inn.

### **Edwards appointed to the Special Commission** on Unaccompanied Homeless Youth

The Office of Senator Edwards is pleased to announce her recent appointment by Senate President Spilka to the Special Commission on Unaccompanied Homeless Youth (UHYC), which has been reconvened under the Healey Administration.

The UHYC, established through Outside Section 208 of the Fiscal Year 2013 (FY13) Budget and reconstituted in 2014, aims to study and make recommendations concerning services for unaccompanied homeless youth. Its goal is to provide a comprehensive and effective response to the unique needs of this population. The Commission conducts its meetings both virtually and in person, convening quarterly.

A key initiative of the UHYC is the MA Youth Count, an annual state-

wide survey that provides valuable data on young adults experiencing homelessness, helping to shape effective responses and policies. Additionally, the Commission is supported by the State wide Youth Advisory Council (YAC), comprising young adults with lived experience of homelessness, who provide insights and guidance on state level policies and programming.

"The reconvening of the UHYC is a critical step towards addressing the complex issue of youth homelessness in our state," said Senator Lydia Edwards (D East Boston). "I am honored to join this commission and am committed to working collaboratively to develop and implement effective strategies that will provide essential support to unaccompanied homeless youth. This is not just a matter of policy it's about ensuring the well being and future of our young people."

Senator Edwards is eager to collaborate with the Commission, leveraging her experience and insights to help advance the work of preventing and ending youth homelessness in Massachusetts. This issue is a priority for Senator Edwards, who is dedicated to ensuring that all young people have access to the support and resources they need to not only survive but thrive.

The Commission is dedicated to examining and recommending strategies to improve services for unaccompanied homeless youth in Massachusetts. It plays a critical role in shaping policies and programs that address the needs of this vulnerable population.

### Food Carts // CONTINUED FROM PAGE 1 • Chris English, Chief

Services, Transportation, Small Business, and Fire.

Additionally, the committee would establish specialized vending zones in partnership with community members and merchants to ensure zones are mutually beneficial to all stakeholders. There was also discussion of ensuring necessary technical assistance for vendors as well as additional staff capacity within the city to prevent bureaucratic bottlenecks.

"Street vending is one of the oldest informal types of commerce, yet we do not see it flourishing in Boston which is a detriment to our local economy. This ordinance seeks to formalize the informal by streamlining the process and making it more accessible for individuals who do not have the economic means to afford a food truck or purpose a brick-and-mortar establishment," said Councilor Coletta. "I look forward to working with the administration to establish a streamlined process for business creation and guidelines for street vending zones."

Members of the administration present included:

- Jascha Franklin-Hodge, Chief Streets
- Alesha Porcena, Director of Small Business
- Corean Reynolds, Director of Nightlife Econo-
- Daniel Pendergast, Assistant Commissioner of the Health Division

of Staff, Inspectional Services Department

• Kristen McCosh, Commissioner, Boston **Disabilities Commission** • Hans Bastien, Mobile

Enterprises Manager

"Our office is excited to expand innovative approaches that strengthen economic prosperity. This proposal builds upon a regulation implemented in 2021, filed by our office, creating a licensing process for residential kitchens. We seek to broaden the ways for conducting business in Boston, empowering and supporting more individuals to launch their own enterprises. Street vending is already a presence in the City of Boston, and we look forward to formally recognizing and regulating it within the City code while providing clear and transparent guidelines," said Councilor Mejia.

"I look forward to working on this ordinance that will streamline the food cart licensing process. As a small business owner, I know red tape can be a major barrier, especially for those who might speak languages other than English. Along with Councilor Coletta, I want to ensure the process for food cart entrepreneurs is simple, fair and accessible as we continue to remove roadblocks for businesses throughout the city. Creating specific zones and times for operation will be vital to a successful policy," said Councilor Wor-

"We are hard working people and we want the opportunity to be able to move forward with our small businesses. Due to family and health problems with my husband, I can no longer continue my restaurant job because I have to care for him. But I have been able to work in street vending which has allowed me economic opportunities to take care of my household expenses," said Martha Alicia Torres Pleitez, Salvadoran immigrant, East Boston

resident and street vendor. The ordinance would amend the City of Boston Municipal Code, Chapter 17, Section 17-22, Permitting and Regulation of Non-Motorized Street Food Carts, and apply to non-motorized street food cart operations engaged in the business of cooking, preparing, and distributing food or beverage. The regulations establish precise, streamlined application and approval processes and time limits for approvals to establish predictability in business planning and outline clear guidelines for operations, permit fees, and enforcement. The ordinance also proposes reducing the fees and costs associated with establishing a non-motor-

Councilor Coletta, is looking forward to continuing the conversation in a January working ses-

ized food cart.

### EBNHC // CONTINUED FROM PAGE 1

to community health organizations for achieving high-quality performance in areas such as preventing low-birthweight infants and promoting early entry in prenatal care.

EBNHC has also earned 2023 National Quality Leader Gold Badge in HIV care, with a 100% success rate for linking patients to care within 30 days of diagnosis. The center's success in receiving the Advancing Health Information Technology and Addressing Social Risk Factors badges is attributed to their innovative use of best-in-class medical record technology, telehealth services, and collaboration on addressing social risk factors. EBNHC was also in the top 10% of health centers providing COVID-19 vaccinations or testing to the largest percentage of pa-

East Boston Neighborhood Health (EBNHC) is one of the nation's largest Federally Qualified Health Centers (FQHCs) and the largest community-based primary care health system in Massachusetts, serving over 100,000 patients and recognized by the Health Resources and Services Administration (HRSA) as a Health Center Quality Leader. For more than 50 years, EBNHC has offered access to comprehensive care for the underserved populations of Chelsea, East Boston, Revere, Winthrop, Everett and Boston's South End. EBNHC is dedicated to promoting and sustaining healthy communities, families, and individuals by providing accessible, person-centered, compassionate, and high-quality health care services, including primary care, 24/7 emergency care, behavioral health care, specialty care, and various other health and wellness programs, to all who live and work in our service area. For more information, please visit www.ebnhc.



www.spinellis.com

### **PUBLIC NOTICE** As a part of East Boston Cannabis

Company's "Positive Impact Plan" EBCC has made the following educational classes available on ZOOM.

THURSDAY, **DECEMBER 14** At 6 PM

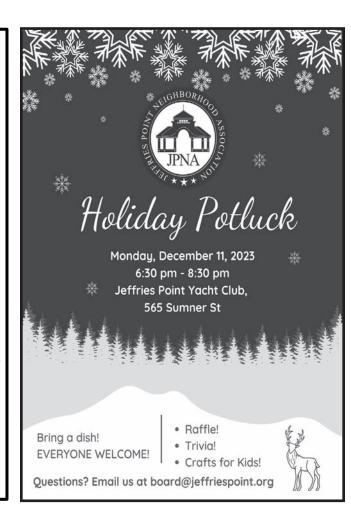


https://princelobel.zoom.us/j/85 d=PAqiriqrCdDPyGVM9r6ySqsqQNN3TA.1 East Boston Cannabis Company is committed to

providing educational programs and informational sessions geared towards individuals from the Target Areas and/or Massachusetts Residents who have, or have parents or spouses who have, past drug convictions that are interested in the cannabis industry, with specific focuses on marijuana retailers and entrepreneurship.

Such educational events will specifically include, but not be limited to, information on licensing workshops (i.e., guidance on filing applications with the Commission), preparation of standard operating policies and procedures. Massachusetts cannabis market overview and

METRC best practices.



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## Wu shares Boston's winter weather preparations plan

Special to the Times-Free Press

Mayor Michelle Wu joined City officials at the Public Works yard on Frontage Road to discuss winter preparations currently underway in the City of Boston and resources available to residents including older adults and individuals experiencing homelessness.

"The City is ready to support Boston residents through inclement winter weather and in keeping energy bills down as temperatures drop," said Mayor Michelle Wu. "Our City departments are working around the clock to keep our communities safe, and I encourage Bostonians to utilize City services and look out for vulnerable neighbors."

The Public Works Department (PWD) currently has 44,000 tons of salt onhand to treat City streets. PWD has 175 pieces of in-house snow clearing equipment and has the capability to place over 800 additional pieces on the roads during larger storms. As part of their neighborhood plowing operations during winter storms and to ensure the safety of riders following events, PWD allocates pieces of equipment to clear snow from Boston's dedicated bike lanes.

The Office of Emergency Management (OEM) monitors forecasts and maintains open lines of communication with the National Weather Service. OEM also works across City departments and with external partners to ensure coordinated response plans are in place leading up to extreme weather events. Residents can sign up to receive AlertBoston, the City's emergency mass notification system, notifications by phone, text, or email in the event a snow emergency/parking ban is declared. Safety tips on how to prepare for winter storms are on boston.gov. AlertBoston notifications are available

in 11 languages. This year, two Boston-based minority-owned businesses will assist the Public Works Department during snow and ice control operations clearing City-owned stairways and footpaths. Both contracts are part of the City of Boston's Sheltered Market Program to advance equity in procurement with direct outreach support from the Department of Supplier and Workforce Diversity. These contracts were awarded to A & M Home Services and Mass Trucking as three year contracts (the contracts awarded last year to minority-owned businesses were for a one year duration). Both A & M Home Services and Mass Trucking are owned by people of color and are

located in Roxbury. As temperatures drop and utility costs are expected to rise, Mayor Wu is reminding residents, small businesses, and local organizations to opt in to Boston Community Choice Electricity (BCCE). This City-run program gives residents three options for electricity pricing and renewable energy. On Monday, Mayor Wu announced the City of Boston has increased the default renewable energy content by an additional 15% beyond state requirements to support the transition to a regional

clean energy grid. Since

the beginning of the program, the BCCE Standard rates have been lower than Eversource Basic Rates. The average resident that uses 600 kilowatt hours of electricity a month on the BCCE Standard option is expected to save nearly \$15 per month compared to the Eversource Basic Service Residential rate (\$0.17251/kWh). Individuals interested in learning more should visit Boston. gov/BCCE to opt in, opt up, or opt out at any time.

#### Rules on clearing snow:

- Property owners must fully clear snow, sleet, and ice from sidewalks and curb ramps abutting the property within three hours after the snowfall ends or three hours after sunrise if the snow ends overnight. Curb and pedestrian ramps to the street should be cleared fully and continually over the duration of the storm to ensure accessibility for individuals with disabilities. If a storm will last over an extended period of time, property owners are asked to continually check ramps abutting their property for compliance.
- Removal of snow and ice from a private property to the street or sidewalk is prohibited.
- Failure to comply with the rules can result in fines issued by PWD's Code Enforcement Division. Fines associated with improper removal of snow can be found here.

#### Parking during a declared snow emergency:

- If a snow emergency is declared, cars will be ticketed and towed if parked on a posted snow emergency artery.
- Space savers must be removed within 48 hours after a snow emergency has been lifted. Please note: space savers are NOT allowed in the South End and Bay Village.
- During declared snow discountemergencies, ed parking is available at some parking lots and garages for Boston residents. A list of discounted parking garages can be found

### Trash and recycling:

- During severe snowstorms, recycling and trash collection may be canceled, but this is extremely rare. Most often, severe snowstorms can cause delays in service. Residents can download the free Trash Day App to view neighborhood recycling and trash schedules, locate a textile dropbox in their neighborhood, and to find out what items they can and can't recycle.
- Crews have a difficult time reaching trash barrels and recycling carts placed behind snowbanks. Residents and business owners are asked to please clear an area at the curb for collection or place containers next to or in front of snowbanks.

#### Caring for vulnerable populations:

- If you see homeless and vulnerable individuals out in the cold who appear immobile, disoriented, or underdressed for the cold,
- please call 911. • The Boston Public Health Commission (BPHC) utilizes a citywide network of emergen-

cy shelters, outreach pro-

viders, city agencies, and

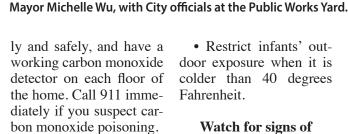
first responders to assist

those in need of shelter.

- Boston's emergency shelters are open 24 hours a day, 7 days a week, and when temperatures are below freezing (32 degrees) amnesty is in place for those with nonviolent restrictions. Men can access shelter at the 112 Southampton Street Shelter, and women should go to the Woods-Mullen Shelter at 794 Massachusetts Ave. BPHC and the City work closely with shelter providers in the city to ensure that no client is without shelter, food, resources, and a warm respite from the cold.
- Any person needing shelter should access shelter directly, any time of day or night. Providers and community partners looking to facilitate shelter access may call 617-534-4440, Monday through Friday, 8:00 a.m.-9:00 p.m.
- During extreme cold weather, street outreach teams operate with extended hours and provide mobile outreach vans on the streets in the evening and throughout the day.

#### **Safety tips:**

- If you are able, keep catch basins and fire hydrants clear of snow and debris. This will help prevent flooding and allow for access in the event of an emergency. For a map of catch basins and fire hydrants, visit here.
- Shoveling snow requires significant exertion; please be cautious and pay attention to symptoms. Stop if you feel chest pain, shortness of breath, lightheaded, nauseous/vomiting. Call 911 if those symptoms do not resolve quickly.
- Snow piles can make navigating intersections dangerous for walkers and drivers. Please take extra care when turning corners with snow piles that might limit visibility.
- Carbon monoxide poisoning is a concern during winter weather, especially with the use of generators. Residents should use their home heating systems



- Sitting in a car while idling can be deadly if the tailpipe is blocked. Do not let children sit in an idling car while shoveling. Clear any household exhaust pipes of snow.
- Have a contractor check the roof to see if snow needs to be removed. If roof snow can be removed from the ground with the use of a snow-rake, do so with caution. Avoid working from ladders and be mindful of slippery surfaces.

#### **Dress for the weather:**

- Wear several layers of loose-fitting, lightweight, warm clothing rather than one layer of heavy cloth-
- Outer garments should be tightly woven and water repellent.
- · Always wear a hat and cover your mouth with a scarf to protect your lungs.
- Dress children warmly and set reasonable time limits on outdoor play.

• Restrict infants' outdoor exposure when it is colder than 40 degrees Fahrenheit.

#### Watch for signs of frostbite:

· Signs of frostbite include loss of feeling and white or pale appearance in extremities such as fingers, toes, ear lobes, and the tip of the nose. If symptoms are detected, get medical help immedi-

#### Watch for signs of hypothermia: • These include un-

controllable shivering, memory loss, disorientation, incoherence, slurred speech, drowsiness, and apparent exhaustion. If you or someone you know shows any of these symptoms, get in touch with a healthcare provider immediately. If symptoms are severe, call 911.

#### **Heating guidelines for** property owners and tenants:

• In accordance with the Massachusetts State Sanitary Code, the heating season officially begins on September 15 and runs through May 31. Property owners must heat habitable spaces at a minimum temperature of 68° between 7:00 a.m. and 11:00 p.m. and 64° between 11:01 p.m. and 6:59 a.m.

- In cases of emergency, property owners are encouraged to keep a list of licensed contractors (electrician, plumber, and general contractor) on file. Tenants experiencing problems with their heating system should check the thermostat, ensure the dial is turned on, and report insufficient or no heat problems to the property owner or manager immediately.
- If your landlord or property manager is unresponsive, contact the Inspectional Services Department (ISD) at (617) 635-5300 to file a complaint, or call 311.

#### **Heating safety:**

• Never try to heat your home using a charcoal or gas grill, the kitchen stove, or other product not specifically designed as a

See WEATHER Page 8

### Real Estate Transfers

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### **Virtual Public Meeting** bpda

# **Article 33 Open Space Zoning**

DECEMBER

6:00 PM - 7: 30 PM

Zoom Link: bit.ly/OS-Zoning

Toll Free: (833) 568 - 8864

**Meeting ID:** 161 062 2295



### **Project Description:**

This meeting will present draft updates to Article 33 Open Space zoning to create a new stadium and public amphitheater zoning district, in order to enable greater investments and amenities in the city's open spaces.

mail to:

#### **Kathleen Onufer** Boston Planning & Development Agency

One City Hall Square, 9th Floor Boston, MA 02201

phone: 617.918.4488 email: kathleen.onufer@boston.gov

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Teresa Polhemus, Executive Director/Secretary

# East Boston

Times-Free Press

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### PEARL HARBOR WAS 82 YEARS AGO, BUT HAS LESSONS FOR US TODAY

It was 82 years ago this week that the nation of Japan launched its attack on the United States at the Pearl Harbor Naval base in Hawaii on December 7, 1941. The very next day, President Franklin D. Roosevelt convened a joint session of Congress in which he famously declared the attack, "A day that will live in infamy," and asked Congress for a Declaration of War against Japan. Germany and Italy, allies of Japan who collectively were known as the Axis, then declared war on the U.S., setting the stage for World War II, the most destructive war in world history.

A total of 407,316 American soldiers made the Supreme Sacrifice (in addition to more than 10,000 members of the Merchant Marine) and another 671,278 were wounded in battlefronts stretching from Africa to the European continent to the jungle islands of the Pacific over the next three and one-half years before the German and Japanese war machines finally were subdued.

For more than two years prior to the attack, America had stayed out of the war that already had engulfed most of the rest of the world in the aftermath of the German invasion of Poland on September 1, 1939. By the time of the Japanese attack on Pearl Harbor, Hitler's Nazis had conquered all of continental Europe and much of Africa, while the Japanese had invaded almost all of Asia, save for the U.S. outposts in the Philippines and other small islands in the Pacific.

Americans clung to the belief that our isolation, separated from the rest of the world by two oceans, would keep us out of the war. Americans had no appetite for re-engaging in another conflict just 23 years removed from the memories of World War I that still were fresh in our nation's psyche. But after Pearl Harbor, we no longer could keep our heads buried in the sand. Although the United State had re-instituted the draft some months prior to Pearl Harbor and had ramped up our military production capabilities, the suddenness of the Japanese sneak attack still came as a shock to every American.

Americans realized that thanks to the capabilities of modern armaments such as Japanese aircraft carriers and German U-boats, even the continental United States was not insulated from an attack by a foreign enemy. Citizens on the West Coast braced for a Japanese invasion in the aftermath of Pearl Harbor and curfews were instituted on the Eastern Seaboard.

Thanks to the countless number of documentaries and movies over the past 25 years that have told the stories of the brave Americans who fought in WWII, we are fortunate to have a living history of the sacrifices made by The Greatest Generation.

In 1941, the Axis of Evil was formed by Germany under Hitler, Italy under Mussolini, and Japan under Tojo. Eighty-two years later, we similarly are facing a new Axis of Evil: Putin in Russia, Xi in China, and Ayatollah Khameini in Iran (including its terrorist proxies of Hamas, Hezbollah, and the Houthis), who are threatening the peace and security of democracies and freedom-loving people everywhere.

The lessons of Pearl Harbor are many, but chief among them is that freedom isn't free. We always must be vigilant to recognize the forces of evil that seek to destroy our way of life. That is a lesson that is as true today as it was in 1941.

### HAPPY HANUKKAH

The eight-day observance of Hanukkah, also known as the Festival of Lights, starts this Thursday evening, December 7, and will culminate on Friday, December

Hanukkah is observed for eight nights and days by lighting the candles of the Menorah, one on each day of the eight-day celebration. (The Menorah itself consists of nine candles, one of which typically stands above the rest and is used to light the other eight.)

Hanukkah commemorates the victory of the Maccabees in 166 BCE when the Maccabees liberated the Jewish people from the Greek-based rulers who essentially had outlawed the Jewish religion.

When the triumphant Maccabees captured the city of Jerusalem, they quickly entered the Holy Temple, tossing out the images of the Greek gods that had been installed there by the occupying rulers. When the Maccabees went to light the Menorah candles in the Temple, they thought they only had one day's worth of oil. However, the candles remained lit for eight days -- hence the miracle of the Festival of Lights.

Hanukkah is a joyous occasion for Jews world-wide, marked by gatherings of friends and families and the playing of traditional games such as the dreidel and eating traditional -- and delicious! -- foods such as latkes. Needless to say, in the aftermath of the events of October 7, as well as the appalling subsequent increase in anti-semitic incidents in America and around the world, Hanukkah this year will have special meaning for Jews

the world over. We wish to take this opportunity to wish our friends and readers of the Jewish community a happy, healthy, and joyful Hanukkah season and we join them in soli-

darity against anti-semitism in all its forms.



# Forum

### **LETTER** to the Editor

#### TO CURB TRAFFIC, DON'T BUILD **ROADS**

To the Editor,

A common and justified gripe among East Boston residents of all backgrounds, cultures, and experiences is our neighborhood's relentless traffic. Situated at the juncture of two major highways and surrounded on three sides by the largest transportation facility in the Greater Boston area, Eastie is consistently and frustratingly choked with automobiles, from passenger cars to maseighteen-wheelers. They clog our streets and squares with noise, debris, and pollution. They render both walking and biking almost impossible due to safety hazards, and they create logistical nightmares for emergency vehicles. Regardless of our personal or political views on anything else, it's safe to say that we all want to reduce traffic.

With this constant community irritation as a backdrop, it is all the more bewildering and saddening that some of our neighbors are backing Cargo Ventures' (CV) attempt to take the waterfront along Chelsea Creek to build a road for yet more heavy traffic to make its way to

and from Logan Airport. CV has reached out to residents promising that the "Haul Road" will be a panacea for East Boston's traffic problem - and to well-meaning people who are tired of the constant congestion on our roads, it is an enticing prospect. The road will increase traffic, not lessen it. It will result in more trucks in the neighborhood, not fewer. It will greatly exacerbate the very problem it purports to solve, at the expense of those who call East Boston home. And you don't need a degree in engineering or planning to

understand why. "If you build it, they will come" is a simple adage that explains a great deal about demand for any resource - in this case, highway capacity for cars and trucks. The current amount of available roadway isn't sufficient for the number of vehicles that are using it, creating traffic jams. But if you build additional roads, such as the corridor along Chelsea Creek, it's not the case that the same number of cars and trucks will simply spread out onto the additional real estate. Rather, the larger amount of road space will be an invitation to yet more cars and trucks to use the roads. In a very short amount of time, all

of the roads, both old and new, are choked with as much traffic as before.

To put it simply, if we build another road, more vehicles will come, and the results will be more destructive than we could possibly imagine. The haul road will invite more trucks to make the trip from the airport to the creek using the existing Coughlin Bypass, which is currently shared by trucks, Silver Line buses, and passenger cars. With the bypass serving more trucks, there will be less space for cars, which will use neighborhood surface streets instead and increase gridlock. Furthermore, just as described above, soon the new truck road won't have the capacity to hold all the new trucks and will itself be clogged with traffic. When that happens, many of the trucks will just go back to using Route 1A and surface streets, and we'll have the same traffic situation as before. Only it'll be much worse, because there will be double or triple the number of overall trucks in the area. So we'll be left with the same snarled streets but twice or three times the amount of noise and pollution in the air. The cargo facilities win because they make money. Everyone else in the neighborhood

There are plenty of things to be done that would actually solve the traffic problem in East Boston. Massport could expand public transit options to get to Logan so that fewer travelers feel the need to drive there. The city could clear lanes for high-frequency bus service on major thoroughfares to decrease our reliance on cars. The MBTA could hasten necessary infrastructure upgrades to ensure that Blue Line service remains reliable and incentivize residents with discount fares. All of these measures are feasible, relatively easy to implement, and highly effective. What we absolutely cannot afford to do is hand over a block of prime waterfront territory to a private corporation. And we cannot allow that corporation to pull the wool over our eyes by claiming that it is doing this for our benefit. We all agree on the need to get traffic under control. Let's rally around real solutions and reject the schemes and lies of those who place profit above the

> Matthew Jarrell, Member of the **Logan Community Clean Air Coalition**

interests of our neighbor-

### HVNA // CONTINUED FROM PAGE 1

taking this building down probably makes the most sense," said Lynds.

Lynds Additionally, explained that the project was designed to align with zoning recommendations from the Boston Planning and Development Agency's (BPDA) neighborhood planning initiative, PLAN: East Boston.

"The larger metrics of height, lot coverage, and permeable surface are all met for this proposal," said Lynds, referring to proposed zoning recommendations.

It should also be noted that with this project, the footprint of the building is not proposed to be

changed. Further, during the presentation, an updated rendering of the proposed building was shown to respond to feedback given at last month's meeting.

When the presentation was open for discussion, an abutter had several questions about rodent control measures and the

impact of demolition. "I'm going to be very honest because I can see

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to edit for length and content.

what goes on in the back on a constant basis. The structure as it stands right now has a multitude of mice and rats," said the abutter.

"I'm also concerned about how you're going to tear this down. Are my walls going to crack? Is my roof going to be affected," they later added.

Regarding the rodent concern, Lynds explained that rodent control measures must be in place before a building permit is issued. A member of the presenting group also communicated that baiting has already occurred at the site.

Lynds also spoke about the city inspectors relating to rodent control and said, "If they determine that the issue is broader than what's typically encountered for demolition, they will require further steps that will be taken before any demolition can commence."

Concerning the demolition, Lynds described it as "relatively simple," citing that the structure does either side. He also indicated that existing site condition surveys would be completed.

Other topics covered

during the discussion in-

cluded parking, stormwater management, sign, and more. In the end, a majority of HVNA members were not

supportive of the project, as a vote of 16 to 10 opposed it. While the project on

Bennington Street was opposed, the proposal at 41 Wordsworth Street received unanimous support from the HVNA in a vote of 23 to 0.

The project on Wordsworth Street, which Attorney Jeff Drago presented, proposes to add a roof deck and egress stairs to an existing three-unit building.

Drago explained that there is one pre-existing zoning violation for the sideyard and another violation for roof structure restriction due to the proposed roof deck.

Moreover, he explained that the roof deck is set more in the middle of the building, and its access is exclusive to the top floor

During the presentation, Drago called the proposal "straightforward" and went through floor plans for the building, which is

undergoing renovations. Finally, he showed some photographs of the ongoing renovations to close out the presentation. In the end, there were no questions from those in attendance regarding the project, and as mentioned, it had overwhelming support. The HVNA is scheduled to meet again on Jan-

### not attach to anything on President Stephen Quigley **Advertising and Marketing** Your opinions, please

stephen.quigley@reverejournal.com

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### Wu announces BPPA ratifies new five-year collective bargaining agreement

Special to the Times-Free Press

On Tuesday, Michelle Wu announced that a new five-year collective bargaining agreement has been ratified by the membership of the Boston Police Patrolmen's Association (BPPA), the union representing the majority of Boston Police officers. Since the beginning of her administration, Mayor Wu has made it a priority to achieve reform within the Boston Police Department (BPD) through contract negotiations, delivering the highest standards of community policing to keep our residents safe and ensuring resources for the health and well-being of police officers and their families. The BPPA's prior contract with the City of Boston expired on June 30, 2020. Although the City and BPPA had officially entered arbitration in April 2023, ultimately the parties reached an agreement across the negotiating table rather than through arbitration. The ratification vote took place on Sunday, December 3,

and Monday, December 4. "I'm inspired and grateful everyday for the hard work and dedication of our Boston Police officers across every neighborhood and community," said Mayor Michelle Wu. "This groundbreaking contract is a major step forward in how Boston continues to set the highest standards for community policing and ensure resources for the health and well-being of our officers and their families. I'm thankful to Commissioner Cox for his clear vision and strong leadership for our department, and to President Calderone and the BPPA for their partnership and shared commit-

ment to our city." "I am proud to stand by an agreement between the BPPA and the City that recognizes the value that the men and women of the BPPA provide to the City every day," said Boston Police Patrolmen's Association President Larry Calderone. "I thank Mayor Wu and her administration for bargaining in good faith and for reaching an agreement that acknowledges the needs of the police officers who make Boston one of the safest cities in the country through their hard work and selfless service."

"I am pleased we are able to come to an agreement with the BPPA. This agreement will compensate our officers for being part of the world-class police department that we are and represents a joint commitment to work together to make sure that individuals who do not represent the value of our City are not a part of our Department," said Boston Police Commissioner Michael Cox. "It has been an unprecedented few years for everyone. Throughout it all our police officers came to work every day fully committed to the people of Boston. Our officers have done tremendous work and it is because of their efforts and their willingness to partner with the citizens of Boston that our City remains one

of the safest in America." The new agreement covers the period from July 1, 2020 - June 30, 2025, at a total five-year estimated cost of \$82.3 million, or a 21% increase over the entire period. This is the first contract in decades to deliver significant operational reforms, and the cost is in line with the most recent previous contracts (which did not include operational

- FY21-FY25 21.0% over 5 years (a 4.2% average annual increase); ne-
- FY17-FY20 16.1% over 4 years (a 4.0% average annual increase); ne-
- FY11-FY16 25.4% over 6 years (a 4.2% average annual increase); arbitration award

Cost of Living Adjust-

The contract includes the following base wage increases to ensure officers are paid fairly:

- Effective first pay period July 2020 (FY21) -
- Effective first pay period July 2021 (FY22) -
- Effective first pay period July 2022 (FY23) -
- Effective first pay period July 2023 (FY24) -
- Effective first pay period July 2024 (FY25) -

### Discipline

For the first time, this contract designates a list of offenses that will not be eligible for arbitration as a pathway to overturn

issued by the department. An officer will face discipline without arbitration if they are indicted for, or if a sustained Internal Affairs finding is issued and upheld for, a defined list of offenses.

These offenses are: in-

decent assault and battery

on child under age of 14;

assault and battery to col-

lect loan; indecent assault and battery on a person with an intellectual disability; felony for hire; wanton or reckless behavior creating a risk of serious bodily injury or sexual abuse to a child; mayhem; assault with intent to murder or maim; attempt to murder; murder; armed robbery; assault with intent to rob or murder; use of firearms while committing a felony; stealing by confining or putting in fear; rape; rape of child; rape of a child during commission of certain offenses or by use of force; rape of a child through use of force by certain previously convicted offenders; rape and abuse of child; rape and abuse of child aggravated by age difference between defendant and victim or by when committed by mandated reporters; rape and abuse of child by certain previously convicted offenders; assault with intent to commit rape; assault of child with intent to commit rape; extortion; kidnapping (weapons; child under age 16); drug trafficking; drugging persons for kidnapping; enticement of child under age 18 to engage in prostitution; human trafficking or commercial sexual activity; hate crimes (MGL c. 22C s. 32); and hate crimes involving assault or battery for the purpose of intimidation (weapons; punishment) (MGL c. 265

### **Paid Details**

New Highest-Priority **Detail Category** 

Boston Police cers previously were the only eligible personnel to perform paid details for events or construction sites that involve traffic disruption on City roadways, but many priority details went unfilled and had to be covered by mandated overtime at significant cost to the department and the City. To ensure the highest priority traffic details are covered to keep traffic flowing and

the City will now categorize details by priority. Highest priority details, or Type 1 Details, are events and activities that pose a substantial risk to public safety, including major events with anticipated attendance over 5,000 people; utility or construction details at major arteries, in busy intersections, or in areas with heavy traffic; or areas due to an emergency. These kinds of details will be filled first before any others and offer higher hourly compensation. All other details will be considered Type 2 Details and compensated at the exist-

#### **Expanded Personnel to Fill All Details**

If details go unfilled by Boston Police officers, the open detail shifts can be offered to Peace Officers Standards and Training (POST) Commission certified officers, including Boston Police Department retirees, Boston Housing Authority Police officers, and college/university police officers. After details are offered to these groups, Boston Municipal Protective Services Officers and Sergeants and contracted civilian personnel will be offered the opportunity to accept the detail shifts. Opening up the detail system to ensure that other workers can perform traffic control will ensure better coverage of details throughout Boston and safer, smoother traffic flow on our streets. The opportunity for more workers to perform details also creates economic opportunity throughout Boston's neighborhoods as trained personnel will have opportunities to earn income

#### Eliminating **Double-Booking** of Details

through detail work.

This contract ends the practice of allowing officers who finish a detail early to start another detail, preventing the accumulation of double pay for the same period of time.

#### **Administration of Detail Assignment** Additionally, instead

**Streamlining** 

of the current paper system used to assign details in each police district, the

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is generated!

City now has the legal authority to implement a technology based platform (i.e., electronic, web based or app based programs) for the administration, management and assignment of paid details across the city. Also, after fully implementing this transition in technology and administration, the sworn officers performing those duties will be reassigned for other needed police work.

#### **Medical Leave**

When contract negotiations began, roughly 10% of BPPA members had been out on medical leave, resulting in staffing challenges that have required forced overtime to cover shifts. The process to address extended medical leave through arbitration is long and complex. Under the new contract, when there is disagreement between an officer's doctor and BPD's doctor regarding an officer's ability to return to work after being out on leave, instead of engaging in arbitration, an Independent Medical Examiner will determine the employee's fitness to return to light duty. This will simplify and streamline the process.

**Union Release** The contract will reduce the number of officers attending to union business while being on duty and paid by the City. Specifically, the number of officers is now reduced to 45 shift representatives of the Association-down from 54. For regular Executive Board meetings, the City agrees to recognize no more than 10 shift representatives.

### **Career Awards Retention Program**

Effective July 2023. this contract establishes a new Transitional Career Awards Program for Police Officers with five, ten, fifteen, twenty, and twenty-five years of experience while eliminating the current Cumulative Risk Enhancement Adjustments career awards program. This brings police officer's career advancement opportunities in line with those of the Boston Fire Department as a tool for retention at the department.

#### **Educational Incentive Plan**

Boston Police officers receive salary adjustments to reflect continuing education incentives. This contract increases the qualifying schools to include the University of Massachusetts System, Northeastern University, and Boston University, and increases the qualifying degrees to include Sociology, Psychology, and Public Administrationaligned with the skills and training to further enhance community policing and improve organizational

management. Collective bargaining with the BPPA during the Wu administration began in earnest in March 2022 Eleven bargaining sessions took place between March and October of 2022. In late December 2022 the BPPA filed for arbitration. The state's Joint Labor Management Council (JLMC) took jurisdiction of the case in late April 2023. There were sessions with the JLMC in September and October 2023. A tentative agreement was reached Friday, December 1, 2023 after a series of meetings over the course of last week, in which Mayor Wu was di-

Now that the agreement has been ratified by the BPPA membership, tomorrow Mayor Wu will file an appropriation order with the Boston City Council to allocate the funding for the

rectly involved.

Last month, the City and the BPPA also reached an agreement on needed operational reform for centralized booking. Beginning in November, as part of BPD's increased enforcement in the area of Massachusetts Avenue and Melnea Cass Boulevard, the Department is able to transport and book people at the Sheriff's Department facility on Nashua Street—where there are dedicated supports for medical care, food, and supervision—rather than at district stations. The City's goal is to implement this Citywide and will continue its negotiations with the other police unions to expand the program.





#### THE MAYOR'S ENCHANTED TROLLEY TOUR

The Mayor's Enchanted Trolley Tour finished its two day run through the neighborhoods of Boston with a stop at Maverick Square East Boston. Boston Mayor Michelle Wu and civic leaders teamed

up with Santa and Mrs Claus to spread Holiday Cheer and illuminate the tree. In spite of the rainy, cold weather, Maverick Square was filled with Bostonians. The Holiday Season is well underway.



Massachusetts State Senator Lydia Edwards speaks noting that she is a resident of East Boston and declaring that "I love this community."



Boston Mayor Michelle Wu with City Hall Liason for East Boston Mela Villa and her mom Viviana Gomez.



Boston Mayor Michelle Wu gets the Holiday party rolling.



The Maverick Square Enchanted Tour stop drew a large crowd.



Ivana Gomez sings Oh Holy Night.



The Maverick Square Enchanted Tour stop drew a large crowd in spite of the cold, rainy



# 20th Annual Eastie's Elves!

### **Community-Wide Toy Collection**

November 30th - December 13th

Providing toys to children in need throughout East Boston, Winthrop, and Revere.

### Eastie's Elves Holiday Celebration

Friday, December 15th • 6:00 PM - 10:00 PM

Admission is one unwrapped children's toy

**Hyatt Regency Boston Harbor** 101 Harborside Drive Boston, MA 02128

Join us for a community event with live music, entertainment, raffles, & cash bar. Cocktail attire encouraged, festive spirit required!

For more information please visit  $\underline{www.madarocharity.com}$ 

### **East Boston Toy Collection Locations**

The Quiet Few

East Boston YMCA

Paris Street Community Center



Boston Mayor Michelle Wu with Pedro Granado, Margarita Rosas, and Andrea Granado at the Bono Restaurant table.



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#### THE MAYOR'S ENCHANTED TROLLEY TOUR



Max Gomez sang Mistletoe.



Mrs Claus and Santa with Sheri Rafterry and her son Desmond.



The Moab Accademia Musica team:Carlos Yepes, Ceasar Garcia, and Monica Henao



East Boston Main Streets President Miguel Vargas, East Boston Neigborhood Health Center President Greg Wilmot, Boston City Councilors Gabriela "Gigi" Coletta, Ruthzee Louijeune, and Sharon Durkan (far right), Massachusetts State Rep Adrian Madaro, Senator Lydia Edwards, and Boston Public Schools Commissioner for Region 1 Tommy Welch.

Boston Mayor Michelle Wu with Teresita Tetzaguic and her children Regina and Rocio.

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Boston Mayor Michelle Wu cuts a cake at the Bono Restaurant table.

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-	

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### Weather // CONTINUED FROM PAGE 3

heater. These can cause a fire or produce dangerous levels of carbon monoxide very quickly.

- Have your heating system cleaned and checked annually.
- Make sure all vents are clear of snow or any other debris.
- Install and maintain smoke alarms and carbon monoxide detectors on every level of your home. Carbon monoxide is an invisible gas produced whenever any fuel is burned. Common sources include oil or gas furnaces, water heaters, fireplaces, stoves, and some space heaters. It has no smell, taste, or color. It is a poi-

#### Tips to keep water flowing and pipes unfrozen during extreme cold:

son and is deadly.

- The Boston Water and Sewer Commission recommends homeowners locate a home's main water shut off valve, and learn how to use it. Should a frozen pipe burst, shutting the main valve quickly will minimize flooding and property damage.
- Homeowners should insulate pipes in unheated areas like basements, garages, and crawl spaces. Use inexpensive hardware store materials to prevent pipes from freezing and to keep warm water flowing.
- Circulate warm air around pipes by keeping cabinet doors open. Circulate a trickle of tap water through pipes during extreme cold to help prevent them freezing up.
- Locate your water meter, protect it from drafts, and make sure basement doors and windows are shut tight.

• If pipes do freeze, slow thaw with a hair dryer. Never use an open flame to thaw pipes. If water is lost in all taps, call BWSC 24-hour Emergency Assistance Line at 617-989-7000.

### Emergency home repair resources:

Income-eligible homeowners and Boston's residents over age 62 can receive assistance with winter emergencies and repairs, such as fixing storm damage, leaking roofs, or leaking/frozen pipes. Grant and loan funding is available. For assistance, residents should call the Mayor's hotline at 311 or the Boston Home Center at 617-635-HOME (4663).

In addition, the Mayor's Seniors Save program helps income eligible Bostonians over the age of 60 replace old, inefficient heating systems with a brand new heating system before a failure occurs during the cold winter months. Grant and loan funding is available. Eligible owners should also call 311 or the Boston Home Center at 617-635-HOME (4663) to be connected with a City staffer to provide additional de-

### Tips to increase home energy efficiency:

- Disconnect the water hose from the home.
- Wrap or cover exposed spigots.
- Caulk or putty windows. Ensure kitchen and
- bathroom dampers close properly.

   Close all storm win-
- dows and doors.
- Apply weather strip-

ping.

- Properly insulate all pipes that are exposed.
- Install insulated or heavy drapes to keep cold drafts from coming in.
- Close the damper to a wood burning fireplace after each use. Consider a chimney balloon if you don't have a damper.
- Tips for what to do before a power outage:

### Before a weather event prepare your home by:

• Ensuring that your smoke and carbon monoxide detectors are working and have fresh batteries.

• Consider purchasing

- a generator to provide power during an outage. Follow the manufacturer's instructions and learn how to use it safely before an outage.

   Ensuring that you
- have sufficient heating fuel. Consider safe backup heating options such as fireplaces or woodstoves.
- Have a landline phone with a corded receiver.
- Fully charge your cell phone, laptop, and other electronic devices.
- If you have a water supply (such as a well-water pump system) that could be affected by a power outage, fill your bathtub and spare containers with water. The water in the bathtub should be used for sanitation purposes only. You can pour a bucket of this water directly into the toilet bowl to flush it.
- Keep your car's gas tank full. Pumps at gas stations may not work during a power outage.
- Set your refrigerator and freezer to their coldest settings to keep food cold (but remember to reset them back to normal once

power is restored).

- If you have life-support devices, such as home dialysis or breathing machines, or other medical equipment or supplies that depend on electricity:
- Talk to your health care provider about how to use them during a power outage.
  Contact your local
- electric company and equipment suppliers about your power needs. Some utility companies will put you on a "priority reconnection service" list.
- Let the fire department know that you are dependent on life-support devices.
- If you have medication that requires refrigeration, check with your pharmacist for guidance on proper storage during an extended outage.

### Tips for what to do during a power outage:

- Follow instructions from public safety officials.
- Call 9-1-1 to report emergencies including downed power lines.
- Call your utility company to report power outages and get restoration information.
- National Grid 800-322-3223
- Eversource 1-800-592-2000Stay away from
- downed utility wires. Always assume a downed power line is live.

   If a traffic light is out,
- treat the intersection as a four-way stop.
- Keep a fire extinguisher handy.
- Use generators and grills outside because their fumes contain carbon monoxide. Make sure your carbon monoxide de-

tectors are working.

- If possible, use flashlights instead of candles. If you must use candles, place them in safe holders away from anything that could catch fire. Never leave a burning candle unattended. Never go to sleep with candles burn-
- Unplug sensitive electronics to avoid power surges when power is restored.
- Keep refrigerator and freezer doors closed. An unopened refrigerator will keep food cold for about four hours. A full freezer will keep the temperature for about 48 hours.
- Be a good neighbor. Check on family, friends, and neighbors, especially the elderly, those who live alone, those with medical conditions, and those who may need additional assistance.

### Tips for driving in a winter storm:

- Avoid driving during the worst part of the storm.
   If possible, only travel during daylight hours, don't travel alone, and stay on main roads instead of taking shortcuts.
- Consider taking public transportation.
- Clear snow and ice from windows, lights, hood, and the roof before driving.
- Don't try to out drive the conditions. Remember the posted speed limits are for dry pavement.
  Know the current road
- conditions. Call 511 from your cell phone or the following from either your cell phone or landline phone.

   Metro Boston: (617)
- 986-5511
  - Brake early and cor-

ATLANTIC WORKS GALLERY PRESENTS

The Winter Show

DECEMBER 15, 2023 - JANUARY 27, 2024

rectly. It takes more time and distance to stop in adverse conditions.

- Be wary of bridge decks. They freeze first, making them more dangerous than the approach
- Exit ramps sometimes have less anti-icing material than the main line. Be aware of this when exiting the highway.
- Don't use "cruise control" driving in wintry conditions. Even roads that look clear can have sudden slippery spots. Using your brake on these spots will deactivate cruise control, possibly causing you to lose control of your vehicle.
- Many 4x4 vehicles are heavier than passenger vehicles. This means it takes longer to stop than passenger vehicles. Be wary of your 4x4 vehicle's traction.
- Trucks are heavier than cars, making their brake time slower. Avoid cutting quickly in front of them.
  Don't crowd the plow.
- Leave room for maintenance vehicles and plows. Stay back at least 200 feet and don't pass on the right.
- Always wear your seat belt.

Let others know your destination, route, and expected travel times.

Allow for extra travel time.

Drive with your headlights on at all times to see and be seen.

For more information, please visit the Winter in Boston guide and follow @CityofBoston on Twitter.



11

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22

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26

### Atlantic Works Gallery announces its winter show

Atlantic Works Gallery (AWG), the artist-run collaborative space for art and ideas, announced the dates for its upcoming Winter Group Show, composed of a wide selection of members' work, opening Friday, December 15, and closing Saturday, January 27. The opening reception will be at the gallery on Thursday, December 21, 6:00 - 9:00 p.m. Most of the artwork will be for sale, in time for holiday gift-giving.

The gallery's traditional "Third Thursday" receptions—friendly, cultural community get-togethers—will take place on December 21 and January 18, 6:00 – 9:00 p.m. The gallery is including live music and poetry reading to these two "Third Thursday" events.

East Boston musicians
Brandon Anorga and
Nora Janjar, members of
the Zumix rock ensemble, Beware of Denise,
will perform on the third
Thursday in December—
December 21.
On the third Thurs-

day in January—January 18—gallery members B. Amore and John Greiner-Ferris will riff off each other in a poetry-reading duet called "A Baker's Dozen." Amore and Greiner-Ferris will read for a total of 13 poems, improvising and building on each other's written work. The poets will also provide pastries, hence the name, "A Baker's Dozen."

Atlantic Works Gallery
Winter Show (details)

Opens Friday Decem

- Opens Friday, December 15.Opening reception
- and "Third Thursday";
  December 21, 6:00 9:00
  p.m.
   "Third Thursday"
- with East Boston musicians Brandon Anorga and Nora Janjar; December 21,6:00 9:00 p.m.

   "Third Thursday" A

Baker's Dozen Poetry Improvisation with Gallery Members B. Amore and John Greiner-Ferris; January 18, 6:00 – 9:00 p.m.

• Closes Saturday, Jan-

uary 27. Atlantic Works Gallery, 80 Border Street, Boston, MA 02128, now in its twenty-first year, is an artist-run collaborative space for art and ideas located in East Boston. The gallery is open to the public every Friday and Saturday, 2:00 - 6:00 p.m. For private viewing, contact DHworks5012@gmail.com. For more information, visit https://atlanticworks. org/ . For information on Zumix, please visit https://

www.zumix.org/.

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engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com

# GreenRoots is hiring applicants for several positions

GreenRoots is hiring the following positions: Director of Development, Director of Health Equity and Mobility, Communications and Public Relations Manager & Teaching Kitchen Coordinator

Applicants should apply by Friday, December 15.

#### Director of Development-Salary starting at \$90,000

The Director of Development will be responsible for developing and implementing a strong fundraising strategy in order to raise, diversify, and expand GreenRoots' \$5 million budget. The Director will collaborate closely with the Executive Direc-

tor and will also supervise and support the Development Team, which includes the Development Coordinator, Donor Relations Specialist, and Grant Writer.

Director of Health Equity and Mobility -Salary starting at \$84,500

The Director of Health Equity & Mobility's top priority will be to listen, learn, and center the people of Chelsea and East Boston when setting priorities for the organization, team, and policy agenda. Working with the transit justice, anti-displacement, health equity, and environmental justice organizing

teams, the director will ensure that all projects are designed with the input and guidance of the community and its residents.

Communications and Public Relations Manager -Salary starting at \$75,000

The Communications and Public Relations Manager will handle Green-Roots' communication and marketing strategy, public relations, information output and media requests. This includes developing and implementing a robust marketing and communications plan. The Communications and Public Relations Manager will oversee and manage all

external communication in English and Spanish, for GreenRoots' social media outlets, website, and newsletter, media toolkits, and organizing press conferences.

#### Teaching Kitchen Coordinator -Salary starting at \$65,000

The Teaching Kitchen Coordinator will work in collaboration with the Director of Food Justice and Youth Programs and will be responsible for coordinating and implementing all programmatic and operational needs of the Teaching Kitchen in collaboration with GreenRoots' Food Justice team. The Coordinator will develop

systems and strategies, organize and implement the calendar of activities; coordinating staff, chefs and instructors, nutritionists and consultants.

GreenRoots, Inc. is a grassroots community-based organization with a track record, spanning almost 30 years, of achieving significant environmental justice and public health victories in Chelsea, East Boston, and the Greater Boston region. GreenRoots' mission is to achieve environmental justice and a greater quality of life through collective action, unity, education, and youth leadership across neighborhoods and communities.

Bilingual/Multilingual Chelsea and East Boston residents, people of color, indigenous people, immigrants, queer, trans, and gender non-conforming people, and women are encouraged to apply. Applications are accepted until the positions are filled; however, ideally candidate's applications are received by Friday, December 15th, 2023. To review full job descriptions and application process, please visit https://www.greenrootschelsea.org/careers. For any questions, contact us at: infomartconsultingllc@gmail.com.

### Monagle // CONTINUED FROM PAGE 1

et Regional High School Nov. 27. He will continue in his administrative position at Masconomet as an assistant principal of the middle school. He had previously worked in the Revere school district for 20 years as a teacher at Garfield Junior High School and Revere High School and assistant principal at Rumney Marsh Academy. He has been an IAABO-certifed basketball referee for several years.

Monagle was head football coach at Savio and Masconomet for 18 seasons combined, compiling a 104-103-2 career record. Monagle's 2000 Savio team won the Super Bowl, with running back Steven Grillo setting the state's single-season scoring record with 310 points and 46 touchdowns. Other standouts on that offensive juggernaut included running backs Paul Franzese and Paul Barresi and quarterback Danny Puopolo.

"The kids at Savio were great and then to have a nice group of kids for all my years at Masco, I've been really fortunate," said Monagle. "I also had great coaches with me over the years, Bill Maradei and Reg Lanciani at Savio and Jim Pugh at

Masco."
During his successful stint at Masco, Monagle had the opportunity to coach his sons, Gavin and Danny, in assistant and head coaching roles. (Gavin and his wife, Janet, also have a daughter, Kayleigh.)

Reflecting on his decision to retire, Gavin, 61, said, "It was just time to step away. I almost made this decision last year. Being a coach takes a tremendous time commitment."

#### An All-Star Spartan himself

Gavin Monagle, who is 6-feet, 3 inches, played four seasons at Savio, where he was an All-Star noseguard, linebacker, and offensive guard and helped lead the Spartans to appearances in the Super Bowl in his junior and senior years, both losses to Middleboro.

"Jimmy Ciampa was the quarterback my junior year and Michael Travaglini was the quarterback my senior year," recalled Monagle, who also played basketball and competed in track at Sav-

He began his football career as player in the Revere Junior Patriots organization in 1974.

#### College football at UNH and an entry into coaching

Monagle played college football at UNH under Coach Bill Bowes. Monagle's college roommate was Chip Kelly, the former NFL head coach and current head football coach at UCLA.

"Coach Bowes got me and offensive lineman John Haggerty coaching jobs at Winnacunnet High School [Hampton, N.H.], and we won the state championship in the first year," said Monagle. "That got me hooked on coaching football."

Upon his graduation from UNH, Monagle became an assistant coach on John Miller's staff at Revere High School. He took a job as an assistant coach at Savio on Bill Maradei and Reg Lanciani's staff before coaching at Northeastern University.

Northeastern University.

He was an assistant football coach for two seasons at Merrimack on Jimmy Murphy's staff with former Revere head coach Mike Cella.

Monagle was selected three times as the head coach for the Shriners All-Star Football Classic, most recently in last summer's game.

"My brother, Neal (an All-Scholastic defensive end at Savio who went on to play football at Brown University), played in the first Shriner's Game – and I didn't make the second Shriner's Game," said Gavin, smiling. "I was motivated afterwards by

Gavin's oldest brother, Billy, played football at Malden Catholic, and his sister, Amy, a Revere resident, was a star athlete at Pope John XXIII High School in Everett.

Gavin said his parents, Vin Monagle, a retired Revere firefighter, and Mary Theresa Monagle, who passed away in 2013, were big supporters.

"My mom and dad never missed a game," said Gavin.

## Paul C. Izzo Jr.

He was a pillar of strength, a source of comfort and a wellspring of wisdom to those around him

Paul C. Izzo Jr., a beloved soul, departed from this world on November 27 at the age of 86. He was born on December 16, 1936, to the late Paul C. Izzo Sr. and Mary (Guardullo) Izzo.

Paul lived a life filled with love, family, and meaningful connections. Paul was a devoted husband to his late wife, Lorraine (Ciampi), and together they shared a lifetime of joys and challenges. His dedication to family was evident in every aspect of his life. A loving sibling, Paul is survived by his sister, Anna DeCosta of East Boston and his brother, Joseph Izzo of Saugus. He was preceded in death by his siblings: Ida Villano, Rita Rizzo, Anthony Izzo, Nicholas Izzo, Jean Nicoletti and Marie Capone. Paul leaves a lasting impact on his extended family, being a cherished brother-in-law to Lucille Ciampi and an adored uncle to numerous nieces

and nephews.

His kindness, wisdom, and generosity will be remembered by all who had the privilege of knowing



him. Paul's legacy extends beyond the boundaries of his family. He was a pillar of strength, a source of comfort, and a wellspring of wisdom to those around him. His memory will be held dear by family and friends alike, a testament to a life well-lived and a heart well-loved.

heart well-loved.
Family and friends honored Paul's life by gathering at the Ruggiero Family Memorial Home, 971 Saratoga St., East Boston, on Friday, December 1. Services concluded with Paul being laid to rest at Woodlawn Cemetery in Everet, with his beloved wife, Lorraine. May they rest in peace.

To leave an online condolence, visit www.ruggieromh.com.

### Karen Marie Ulwick

Devout Catholic, devoted to her family

Karen Marie (Daniels)
Ulwick of East Boston
passed away on November 30.

**OBITUARIES** 

Karen was a devout catholic. She not only went to church on Sundays, but attended mass throughout the week. She thoroughly enjoyed the Columbus Day parade that would go down her street every year and would sit outside with family and friends and enjoy the festivities and just have fun and laugh.

She loved to walk and you could find her walking up and down Bennington Street going to Dunkin' Donuts or taking a ride to Revere Beach and walking the beach for fresh air and exercise or simply at her favorite Chinese food restaurant enjoying lunch.

She loved lunches with the family, especially on her birthdays. She enjoyed the holidays surrounded by grandkids and just generally being around family. Her favorite thing to do on Thanksgiving was as her husband and son were carving the turkey, she would come into the kitchen and get the best part of the turkey skin before it went out to be served. Which we always knew was going to happen every year and looked forward to it.

Karen was an amazing person. She was a lovely woman devoted to her



family. She was respected and well liked by all who came across her path.

The loving daughter of the late Charles and Georgianna (Roberts) Daniels, she was the beloved wife of Donald C. Ulwick, devoted mother of Donald and his wife, Lisa Ulwick and Jennifer Ulwick and cherished sister of Mary Beth Wallett and Charles Daniels and adored grandmother of Donald, Aidan, Addison and Maxwell.

Family and friends honored Karen's Life by gathering at the Ruggiero Family Memorial Home, 971 Saratoga St. East Boston on Monday December 4 and again on Tuesday morning before leaving in procession to St. Joseph - St. Lazarus Church for a 10 a.m. mass. Services concluded with Karen being laid to rest at Woodlawn Cemetery in Everett. To leave an online condolence, visit www. ruggieromh.com.

### Elia DePasquale

Of East Boston

Elia (Graziano) De-Pasquale of East Boston passed away peacefully on December 2nd, at the

age of 94.

The beloved wife of the late Arcangelo De-Pasquale, she was the cherished daughter of the late Archangelo and Maria (Santosuosso) Graziano, devoted mother of Alfonso and Antonio De-Pasquale and adored aunt of Frances Cunningham

and her husband, John.
Family and friends will honor Elia's life by gathering today, Wednesday, December 6th at the Ruggiero Family Memorial Home, 971 Saratoga St., East Boston from 8:30 to 9:30 a.m. before leaving in a funeral procession to Sacred Heart Church,



Brooks Street, East Boston for a 10 a.m. funeral mass in celebration of Elia's life. Services will conclude with Elia being entombed with her beloved husband at Woodlawn Cemetery. In lieu of flowers, memorial donations may be made to St. Jude Children's Hospital. To leave an online condolence visit www.ruggieromh.com

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### **NEWS FROM AROUND** THE REGION

#### CITY RECEIVES **GRANT FOR** MILL CREEK

CHELSEA - The city recently received a federal grant that will help pay for the restoration of Mill Creek.

The \$428,000 grant from the National Oceanographic and Atmospheric Association (NOAA) was secured under the leadership of the Chelsea City Council in conjunction with the city's housing and community development department, GreenRoots, the Mystic River Watershed Association, and the Nature Conservancy.

"We have been prioritizing the restoration of Mill Creek because it is a degraded habitat," said Director of Community and Housing Development Alex Train. "Because it is a degraded habitat, the partnership is seeking to restore the creek as well as restore public access to the waterfront."

Train thanked the federal delegation of Senators Markey and Warren and Congresswoman Pressley for helping to secure the major federal construction grant through NOAA.

The grant will be used for the first phase of construction for the project, which consists of the removal of the Slade's Mill Dam in the creek. The city previously secured \$800,000 for the design and engineering of the entire project, Train said.

"The goal is to fully or partially remove the dam to restore tidal flow in the creek to improve water quality and to prevent invasive species while providing educational opportunities and engaging with residents on the importance of Mill Creek," said Train. "This is going to occur in tandem with our efforts to design a new park at 88 Clinton St. as well as a riverwalk which are being designed in parallel with the restoration efforts."

The timeline for the dam removal is likely 18 to 24 months due to the federal and state permitting processes, Train said.

"The second phase of the project will entail the stabilization of eroding coastline, a removal of invasive species, and installation of a new waterfront boardwalk," said Train.

Currently, the city's plans envision a boardwalk beginning on Broadway adjacent to 1005 Broadway and continuing to 88 Clinton St. with the opportunity to eventually extend the boardwalk to the Chelsea Housing

Authority property, Train said.

Train said the city is seeking construction funds for the additional phases of the project.

#### **CITY IS WELL** PREPARED FOR THE UPCOMING WINTER

EVERETT - With the snow season now upon us, the City is well prepared for both snow removal and emergency measures. The Mayor recently met with his senior staff to ensure that the procedures, staffing and supplies for snow removal and parking enforcement are effectively in place.

All pieces of snow removal equipment, both City-owned and contracted vehicles, along with several snow blowers for City buildings will be made available for the upcoming season. For major storms, crews will work in coordinated split shifts, utilizing plows, sanders, bobcat front-end loaders and sidewalk plows to ensure the safety of the City's main arteries, side streets and sidewalks. In the days following major storms, the Department of Public Works (DPW) will continue the work of plowing and coordinating additional snow removal.

The City has reaffirmed its strategy for notifying residents of parking bans. Parking bans and restrictions will be implemented and enforced ahead of storms. Once the decision has been made to declare a snow emergency, the information will be made available to residents through robo-calls, postings on Everett Community Television (ECTV), social media (Facebook: /cityofeverettma; Instagram: @cityofeverettma; X (the platform formerly known as Twitter): @ City\_EverettMA), cityofeverett.com website and by the activation of the blue emergency lights along main arteries. Residents can also call 311 or 617-394-2270 for any information.

For this snow season, December 2023 to March/ April of 2024, the year used for parking bans will be 2024 – an even numbered year - thus vehicles should park on the EVEN side of the street. For secondary streets, where parking is normally allowed on both sides when a snow parking ban is called, parking is ONLY allowed on the side of the street where the house numbers are even. This

would apply for the entire snow season. However, for streets that are one-sided parking, vehicles must remain on the side that is usually allowed. As always, there is no parking permitted on main arteries during a parking ban.

Main arteries include:

Chelsea, Hancock, Nichols, Norwood, Lawrence, Bell Rock, Bryant, Broadway, Main, Elm, Ferry, Fuller, Lynn, Bucknam, High, Garland, Alpine, Second, Tileston, Tremont and Union.

Failure to follow parking ban and snow emergency regulations will result in the ticketing and towing of vehicles. The Code Enforce-

ment Department would also like to remind people when shoveling not to throw snow back into the street. This hinders the efforts of the City to effectively plow our roadways, and is subject to fines. Also, using objects to reserve parking spaces on City streets is prohibited by City ordinance.

The Mayor and his administration ask that all residents help the City achieve a successful snow removal season by following these regulations, and thank everyone in advance for their cooperation. For more information, please call Constituent Services at 617-394-2270.

#### DISABILITIES COMM. HEARS OF THE NEED FOR AFTER-SCHOOL **PROGRAMS**

REVERE - The Revere Commission on Disabilities held its regular monthly meeting on Tuesday, November 14, via Zoom. Chair Ralph DeCicco, vice-chair Pauline Perno, and fellow members Jason Barone-Cichocki, Robert Brown, and Mario Grimanis were on hand for the meeting.

The guest speaker for the meeting was Deborah Kneeland-Keegan, long-time director of the For Kids Only (FKO) After-School program, who made a presentation to the members about FKO's Youth in Motion program and what FKO offers for children with disabilities.

Kneeland-Keegan, former special education teacher whose career began in the 1970s, said she recognized that there was a need for after-school programs for children and opened her non-profit company in 1984, which is now observing its 40th anniversary.

### MASS BADGE THANKSGIVING



Kitchen crew, Joe Internicola with Mayor-Elect Patrick Keefe, Director of Parks and Recreation Mike Hinojosa and some of the many volunteers

during the Mass Badge Thanksgiving Dinner. Shown inset, Marie Voto, Al Doucette, Judy D'Ambrosio, and Beverly Forgione.

Since beginning in Winthrop, FKO has expanded to other communities, including Chelsea, Revere, Everett, and Peabody. FKO is open yearround and until 6 p.m. on school days. FKO has been serving Revere since 1998 and was selected by United Way-Mass Bay to

receive a grant to build its facility on Broadway, which initially was known as Youth in Motion, and has expanded into social and emotional learning work.

Kneeland-Keegan said the program in Revere is licensed to serve 140 children in grades K-5 and is working with the city to expand its programs to include middle school-age children. The programs offered at FKO, which is under contact with the Mass. Dept. of Early Education and Care, presently include inclusion specialists and one-on-one for students who need specialized care, including those who have disabilities or severe behavioral problems. She said that FKO partners with local schools, inclusion specialists, and social workers, among others, to achieve success for every child. She also noted that the program "does not use 'time-outs', which is a punitive approach to change,

and instead we use a more-positive behavioral approach to learning. FKO is committed to inclusion as a philosophy, the belief system that every child is engaged and celebrated and to promote the attitude that 'we all count and we all belong'.

"Youth with inclusion support show increased engagement in learning and improved behavior and relationship with their peers," Kneeland-Keegan added.

She noted that there has been a tremendous change in the needs of children who have been impacted by the COVID-19 pandemic. She also said that FKO designs individualized plans to accommodate each child, similar to an Individualized Education Plan (IEP) in the school system. Subsidies are available for those who need it. In addition, the FKO staff is multilingual and the FKO facility is fully-accessible.

Grimanis noted the great need for programs for middle school-age children, a sentiment with which Keegan fully-agreed.

"This is a critical need. Many students who have been with us for five years do not want to leave," said Keegan, "but we do not have any place for them."

DeCicco noted that he had been in favor of the Wonderland site for the new high school principally because it would have been able to accommodate programs in the school such as FKO's. However, the new high school that is being proposed by some at a location other than Wonderland will be "squished-in" and will not be able to handle the programs that are needed to address the needs of today's youth.

Keegan then added that support in the Revere community is needed in order to expand FKO's reach to accommodate children in middle school.

# TOWN CONTINUES

town is continuing to make

upgrades to its website,

WEBSITE

**IMPROVEMENTS** WINTHROP - The there have been improvements over the past year, according to the Town

Council President. At last week's meeting, Council President Jim Letterie fielded a question about town information regarding trash pick up and other updates that were posted on Winthrop discussion boards, but were not found on the town website. One resident noted that citizens could get confused if information was posted in the discussion groups but was hard to find on the of-

ficial town website. "As far as policy goes, I think the council's internal policy is that everything should be on the town website," said Letterie. "There are people that will copy and paste stuff like that ... and there's not much we can do about that. Anything concerning late pick-up days or holiday pick-up or leaf pick-up should be, and I believe it is ... on

the town website." Town Manager Tony Marino said information on trash and leaf pickup schedules should be on the public works department page of the town's website.

"Nothing should go out on social media without it being on the town website," said Letterie.

While there have been improvements to the town's website, Letterie said there is still work to do and it has not gone unnoticed by the town manager and the council.

"It will continue to be worked on," Letterie said.

In other business, the council opened and continued the tax classification hearing for Fiscal Year 2024.

"We are still awaiting more information," said Letterie. "I have asked and the town manager has asked to get more definitive information on certain questions, so we are waiting for numbers. We needed to open the public hearing tonight and we will continue the public hearing."

The public hearing was continued to the council's meeting next week on Tuesday, Dec. 5



### **LEGAL NOTICE**

**LEGAL NOTICE** Commonwealth Of Massachusetts The Trial Court **Probate and Family** Court **Suffolk Probate And Family Court** 24 New Chardon St. Boston, MA 02114 **DIVORCE SUMMONS** BY PUBLICATION AND MAILING Docket No. SU23D1791DR Carlos Negron

Figueroa Cristina E. Salas Simbana To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable Breakdown. The Complaint is on file at the Court.

An Automatic Restraining Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE

You are hereby summoned

Rule 411.

Supplemental Probate Court

and required to serve upon: Carlos Negron Figueroa H.C.71 Box 2378 Naranjito, PR 00719, your answer, if any, on or before 01/05/2024. If you fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court. WITNESS, Hon. Brian J. Dunn, First Justice of this

Court. Date: November 14, 2023 Stephanie Everett Register of Probate

12/06/23

#### **LEGAL NOTICE** COMMONWFAITH

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ADJUDICATION Docket No. SU23P2635EA Estate of: Teresa Lupoli Russell Date of Death: 07/13/2018 To all interested persons: A Petition for Late and Limited Formal Testacy and/ or Appointment has been filed by Thomas R. Russell of Prudence Island, RI requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Thomas R. Russell of Prudence Island, RI be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration. IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection

at this Court before: 10:00

a.m. on the return day of

This is NOT a hearing date,

01/04/2024.

but a deadline by which you must file a written appearance and objection if you object to this proceeding. If you fail to file a timely written appearance and objection followed by an affidavit of objections within thirty days (30) days of the return day, action may be taken without further notice to you. UNSUPERVISED ADMINISTRA-TION UNDER THE MASSACHU-SETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this

Date: November 30, 2023 Stephanie L. Everett, Esq., Register of Probate

12/06/23

### News in Brief

#### **2023 LIVING** LEGENDS GALA

On Dec. 10, the Museum of African American History on Joy St. will hold the 2023 Living Legends Gala and Award Ceremony at the Four Seasons, Boston. Actor and comedian Anthony Anderson will be hosting the event, and the 2023 awardees include:

• Clayton H.W. Turnbull, developer, Boston Business Leader, and CEO, The Waldwin Group • Dr. Ruth J. Simmons,

former president of Brown

University and Smith College, now a Distinguished Presidential Fellow at Rice University and Advisor to the President of Harvard on HBCU Initiatives

• Melissa M. MacDonnell, President, Liberty Mutual Foundation, Vice President, Community Investments, Liberty Mutual **Insurance Company** The 2023 Living Leg-

ends award recipients were chosen for their outstanding contributions to civil and human rights on both a local and national scale. The event will also

celebrate Boston's rich African American history and commemorate the long struggle for equality.

Sunday, December 10, 4:00 PM

- 4:00 PM: Photo Opportunity-media invited to interview Emcee Anthony Anderson, honorees, MAAH CEO, and Board Chair and capture video and still images on the "Red Carpet."
- 5:00 PM: Main recep-
- 6:30 PM: Award cere-
- 7:00 PM: Live auction

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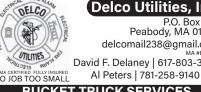
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### Fresh and Local

### Pie for breakfast

By Penny & Ed Cherubino

"A Yankee is someone who eats pie for breakfast." That's an old New England saying popularized by Robert Frost and used as a punchline by E.B. White. That would make many Americans "Yankees" on the day after Thanksgiving. We bet a few of you had a bit of pie with or for breakfast on Thanksgiving weekend.

#### **History of Pie for** Breakfast

Writing for the Library of Congress, Jennifer Harbster noted, "The A-Z of Food and Drink (2002) suggests that the word pie (pye) first appeared in English in the early fourteenth century, and by the middle of the century, it became commonplace. In

1378, Richard II issued an ordinance controlling pie prices in London." At this time, many pies were encased in a non-edible crust called a coffin, a word that initially just meant casing.

Many people who settled in New England came from Old England, which was then and is now a pie culture. This area of the country has been called the "pie belt."

#### What Is a Pie?

Wikipedia says, "A pie is a baked dish which is usually made of a pastry dough casing that contains a filling of various sweet or savoury ingredients." That definition is broad enough to allow us to indulge in many pie versions for breakfast, including crostatas, flans, pizzas, calzones, or Jamai-

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can Patties.

Looking at a recent list of the most popular pies in the United Kingdom, we found many pie forms. We agree! Our love for pies goes beyond what most people think of as pie.

Holdovers from earlier times are items like the Cornish Pasty, which today has Protected Designation of Origin (PDO) and Protected Geographical Indication (PGI) status. This handheld pie can only be made in Cornwall, and ingredients are limited to beef, potato, rutabaga, onion, salt, and pepper. Other handheld traditions include pork, meat, and mince pies. And even sausage rolls would make excellent breakfast items.

Open-faced custard pies are also high on the UK favorites list. We haven't had an open-faced cheese and onion pie, a British comfort food classic. However, we love eggy pies like Quiche Lorraine for breakfast.

Potato-topped popular in the UK and here, include Shepherd and Cottage pies, often made from leftovers. The Brits have taken that one step beyond with their fish pies made from a selection of the best fish they can find at the market, a creamy sauce, and a blanket of golden mashed potatoes. If there were leftovers from that one, it would be gobbled up for breakfast.

## **Our Pie Traditions**

Another special occasion when we might have pie for breakfast is the day after our birthdays.



This was breakfast for one of us the day after Thanksgiving!

lemon meringue pie for Penny for her birthday every year. In honor of this delightful baker, we often seek out lemon meringue when her birthday arrives.

Last year, Penny presented Ed with a blueberry pie for his birthday instead of a cake. It was such a hit that we've added that to our pie traditions.

Penny's Great Aunt used to add a French Canadian Tourtière to any holiday meal. This tradition has slipped off our menus in the last few years, but now we may make them purely for their breakfast appeal.

The final pie-for-breakfast confession that many of you may have to make is scoffing down a slice of leftover pizza pie on your way out the door the morning after a gathering of friends. Come on, admit it. You've done it!

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

### 'SOUNDS OF CHRISTMAS' CONCERT



The North Shore Philharmonic Orchestra will return to St. Anthony's Church for the annual Robert A. Marra Memorial "Sounds of Christmas" concert on Sunday, December 17 at 4 p.m. Admission to the concert is free in exchange for a generous donation of non-perishable food to benefit the Revere Food Pantry. This year's concert is principally sponsored by Bocchino Insurance, East Boston Neighborhood Health Center, MassPort, Xfinity, Astound Broadband, and Action Emergency Services.







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