



157 Chestnut St. 14 new construction condos for sale; 2 bed/2 full baths; 904sf-1,280 with private balconies. Garage parking roof deck Media room

163 Chestnut st 16 loft condos in a Gothic Church; 2 bed/2 full baths 904sf-1,786sf; High ceilings 000 - \$750,000

Federal funds will

By Adam Swift

tershed Association re-

cently secured \$400,000

in federal funds to en-

hance urban forests in

Greater Boston's Mystic

This funding will help

mitigate the dangers of

climate-driven extreme

heat in vulnerable envi-

ronmental justice commu-

nities including Everett, Chelsea and East Boston. The program will support

the implementation of lo-

cal urban forestry plans

(including the planting of

750 trees), while training

youth, reentry citizens and

others to perform the hor-

ticulture activities needed to establish and maintain

EBCC ready to observe

Martin Luther King, Jr. Day

River Watershed.

The Mystic River Wa-

help enhance urban

forests in East Boston

urban trees.

tershed.

The funding is part of

nearly \$13 million in fed-

eral community project

grants for nine resilience

projects in the Mystic Wa-

us to partner with com-

munities to cool off some

of the hottest neighbor-

hoods in our watershed

that currently have very

few parks, trees, or other cooling," said David Queeley, deputy director

for projects at the Mys-

tic River Watershed As-

sociation. "These same

neighborhoods are where

many low-income BIPOC

residents live due to past

redlining practices and

See FUNDS Page 2

"This funding allows

# East Boston TIMES-FREE PRESS

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Wednesday, January 11, 2023

THREE KINGS DAY AT THE VERONICA ROBLES CULTURAL CENTER



There was an Epiphany celebration for El Dia des los Reyes, Three Kings Day, at the Veronica Robles Cultural Center. Epiph-, any revelry included many performances by dancers from the Veronica Robles Cultural Center (above



The Three Kings, our Three Wise Men, came to visit Jesus and brought him presents of Gold, Frankincense, and Myrrh. These Three Kings, portrayed by Sebastian Zapata, Guillermo Arcos, and Leonardo Encina, brought presents for the children in attendance. See Pages 6 and 7 for more

The Independent Newspaper Group

Offices will be **closed** on

**MONDAY, JANUARY 16** 

in observation of

MARTIN LUTHER KING,

JR. DAY

The office will reopen on Tuesday, Jan. 17

Deadlines for ads & copy is Friday, Jan. 13.



The Veronica Robles Cultural Center was filled with many who wished to celebrate Epiphany.

#### Special to the Times-Free Press The East Boston Chamber of Commerce (EBCC) will be placing a display of American flags to commemorate the upcoming Martin Luther King, Jr. Day on Monday, January, 16, at the Daniel H. Solari

Martin Luther King Jr. exemplified organized protests to voice his concerns in a peaceful way, without violence. He will

464 Bremen Street.

Square outside the Cham-

ber of Commerce office at

forever be remembered for advocating for meeting with violence in non-violent ways while voicing his concerns through pro-

Did you know that #MLKDay is the only federal holiday designated as a national day of service to encourage all Americans to volunteer to improve their communities? Learn more: http://ow.ly/

txj050LZNLj Please note that the

See MLK Page 2



Michael Coughlin Jr. During the Jeffries Point Neighborhood Association's (JPNA) monthly meeting on Monday, Jan. 9, representatives of The

Tall Ship Boston went before residents to present their plan to obtain an annual entertainment

As it stands today, the Tall Ship has been op-

erating under a series of one-day entertainment licenses, encompassing both its non-live and live entertainment. This means that the Tall Ship has to

have programming signed

**Due to the Martin Luther** King Holiday on Monday January 16, 2023, Trash will be delayed by one day

Capitol Waste Services, Inc

off by the Mayor's Office of Neighborhood Services, the Police Captain, and the Mayor's Office of Consumer Affairs and Licensing on a week-toweek basis.

Now, the Tall Ship is seeking to simplify that process via the annual entertainment license, which representatives emphasized is merely administrative and would not affect operations.

"We're not looking to change anything that we do at this space; there are

See TALL SHIP Page 2



The Daniel H. Solari Square outside the Chamber of Commerce office at 464 Bremen Street.



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# Tall Ship// CONTINUED FROM PAGE 1

absolutely no operational changes proposed. This is simply an attempt to codify our existing entertainment programming," said Attorney Lesley Delaney Hawkins.

"This is strictly to change the way our paper trail is for applying for licenses and is something that is going to streamline it and make it a little easier," said Navy Yard Hospitality Group's Charlie

While obtaining oneday licenses when the Tall Ship experience began seemed to make sense according to Hawkins, now that there is certainty regarding the Tall Ship's future in the area, representatives say there is some support to go for an annual

"Given the fact that we have now entered into a longer-term license agreement with Massport, the city as well as some of the elected officials and our neighbors have asked us to actually obtain an annual entertainment license," said Hawkins.

Not only would a potential annual license allow the Tall Ship to forgo constant applications, but Hawkins also suggested that it would yield more predictability in terms of entertainment for staff,

the city, and the neighbor-

Although the Tall Ship's proposal, which representatives explained, has nothing to do with operations in terms of programming, many residents used the public comment period to comment on the establishment's operations.

Residents feedback about providing more parking, offering more family-friendly events, and more. Questions and feedback regarding the license itself were also addressed.

One resident was concerned that supporting an annual license would not give the neighborhood as much of a voice if issues with the Tall Ship occurred. However, Hawkins contends that is not the case.

"I would actually say its the opposite because it would be an annual license that's renewed each year ... but just like any other license – this goes back to the comment about contacting the licensing board and the police department - again, the license is a privilege," said Hawkins.

"If there is a bad actor exercising it – and we really don't believe we are a bad actor – the license can be suspended at any time."

was asked about the change in operating cost from a day license to an annual one. He explained that operating on an annual license costs less but only minimally.

Residents also voiced concerns about the Tall Ship's commitment to not adding programming, but Larner reinforced that commitment saying, "Yes, we don't want anymore. The answer is you will not see an influx of events."

Finally, some pondered what would happen to the Tall Ship if the annual license were not approved, and Larner explained that it would pretty much be business as usual.

"Nothing will change. It [the Tall Ship] will still be operating, it would still have live events. When we do our events, we will be applying with a specific application for the oneday entertainment license for the dates," said Larner.

Monday's meeting marks the first of two Tall Ship appearances at the JPNA, with the next scheduled in February to continue the licensure process for an eventual vote.

"We are continually looking forward to working with the neighborhood, making everybody happy; that's our number one priority," said Larner.

# Funds// CONTINUED FROM PAGE 1

crushingly high housing prices elsewhere. Helping vulnerable residents stay safe lowers hospitalization rates and medical costs. If we can help cool off the hottest streets, or even neighborhoods, whole why wouldn't we?"

When President Biden signed the FY2023 Consolidated Appropriations Act into law on December 29, 2022, the \$1.7 trillion spending bill included nine grants for Resilient Collaborative Mystic (RMC) cities and towns totaling almost \$13 mil-

These earmarks bring the total grant funding for RMC community projects to \$30.4 million since its founding in 2018.

For each of the last two federal budgets, Congresswomen Katherine Clark and Ayanna Pressley and Congressman Seth Moulton were able to secure multiple Community Project Funding for projects with demonstrated local support that fit within specific existing federal grant programs. These grants included four for RMC communities in FY2022, and nine in FY2023.

"We couldn't be more grateful to Congresswomen Katherine Clark and Ayanna Pressley and Congressman Seth Moulton and their staff for securing such robust funding for our communities," said Patrick Herron, executive director of the Mystic River Watershed Association (MyRWA), which staffs the RMC. "These investments will make our cities and towns safer, more equitable, and more beautiful."

Since its beginnings, the Resilient Mystic Collaborative has been focused on projects that make a difference for the people most affected by climate change, according to John Walkey, Director of Waterfront & Climate Justice Initiatives at local non-profit GreenRoots.

"It's why GreenRoots is so excited to support and partner with the RMC and its members to help secure almost \$14 million in federal grants to fund these projects."

Each of the municipalities that championed these climate resilient projects is a founding member of the Resilient Mystic Collaborative, a watershed-wide voluntary partnership focused on regional climate resilience. Convened by MyRWA in September 2018 and led by senior staff from 20 cities and towns and non-governmental partners, the RMC focuses on managing flooding and extreme heat on a regional scale and increasing the resilience of vulnerable residents and workers to extreme weath-

# MLK// CONTINUED FROM PAGE 1

flags are for display purposes. If anyone wishes to obtain a flag, please feel free to contact the Chamber at eastbostonchamber. com. You can take a selfie of yourself or others with the flag display and post it on social media with the hashtag #eastbostonchamber to enter in a raffle for a free US flag like those found in the display. We will

nounce the winner on the East Boston Chamber of Commerce Facebook Page.

La Cámara de Comercio de East Boston conmemora el Día de Martin Luther King, Jr. La Cámara de Comer-

cio de East Boston colocará una exhibición de banderas estadounidenses imo Día de Martin Luther King, Jr. el lunes 16/01/22 en el Daniel H Solari Square

para conmemorar el próx-

afuera de la oficina de la Cámara de Comercio en 464 Bremen Street.

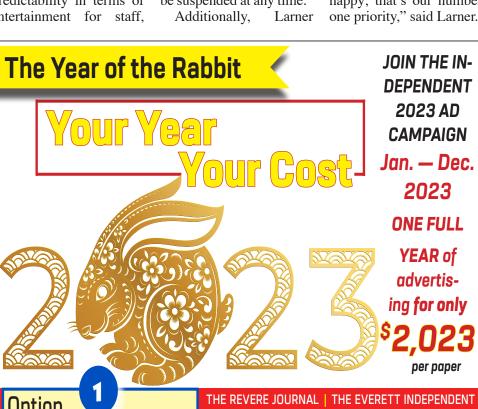
Martin Luther King Jr. ejemplificó las protestas organizadas para expresar sus preocupaciones de manera pacífica, sin violencia. Siempre será recordado por abogar por enfrentar la violencia de manera no violenta mientras expresaba sus preocupaciones a través de protestas.

¿Sabía que el #MLK-Day es el único feriado federal designado como un día nacional de servicio para alentar a todos los estadounidenses a ser voluntarios para mejorar

sus comunidades? Más información: http://ow.ly/ txi050LZNLi

Tenga en cuenta que las banderas son para fines de visualización. Si alguien desea obtener una bandera, no dude en comunicarse con la Cámara en eastbostonchamber.com. Puede tomarse una selfie suya o de otras personas con la exhibición de la bandera y publicarla en las redes sociales con el hashtag #eastbostonchamber para participar en una rifa de una bandera de EE. UU. gratis como las que se encuentran en la ex-

hibición. Anunciaremos al ganador en la página de Facebook de la Cámara de Comercio de East Boston.



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Special to Times-Free-Press

Rep. Adrian Madaro was sworn in for his fifth term in the Massachusetts House of Representatives at the inauguration ceremony Jan. 4 at the State House in Boston.

Madaro has represented the entire East Boston neighborhood since first being elected in 2015.

Madaro is a graduate of Boston Latin School and holds undergraduate and master's degrees from Tufts University. He is also a graduate of Suffolk University Law School.

The Times-Free Press spoke with Rep. Madaro about his goals for the new legislative session. Following are Rep. Madaro's responses:

As you begin your fifth term, what is your top priority in the new ses-

My top priority for the new session is to continue serving the residents of East Boston by making sure they have the resources and opportunities they need to thrive. I will continue to elevate their voices on Beacon Hill, where I can direct funding and help change our laws for the benefit of the entire Commonwealth.

This session, I will be refiling legislation that creates an affordable childcare and early education system for all Massachusetts families. Massachusetts has one of the highest costs of childcare in the nation. Our bill tackles this by creating a system where all children under the age of five can receive quality education and care at affordable rates. By giving children access to new opportunities, learning parents can remain in the workforce and achieve financial stability.

I will also be refiling a bill to advance language access across various state agencies for people with limited English proficiency. I believe that everyone should have access to state government regardless of the language they speak. During the pandemic, many workers in East Boston struggled to get the services they needed because a lot of information was only available in English. This bill will change that by making the most public-facing state agencies translate and interpret information into the most commonly spoken non-English languages in Massachusetts.

This session, I will con-



**Adrian Madaro takes his** oath of office as state representative at the inauguration ceremony Jan. 4 at the State House.

tinue my advocacy for a low-income fare on the MBTA. Low-income residents rely on public transit to get their kids to school, go to work, buy groceries, and go to the doctor. By making public transit more affordable, we can provide our neighbors with greater access to meaningful employment and opportunities for economic success.

I will also continue to prioritize holding Mass-Port accountable to the East Boston community. I am committed to ensuring that MassPort mitigates the airport's impact on our health and wellbeing.

Finally, I will continue to fight for policies and resources that create more affordable housing, increase home ownership, prevent displacement, and help people remain in the community they call

On which legislative committees will you be serving in the new ses-

Committee assignments have not been released yet, but I look forward to helping address our state's most pressing issues wherever I am assigned.

What do you consider your top legislative accomplishment to-date?

Last year, I helped usher the most comprehensive reforms to mental health care in Massachusetts in decades through An Act Addressing Barriers to Care for Mental Health. Among other things, this law contains measures to support children and adolescents facing mental health challenges. The overarching goal of this legislation is to increase access to quality, on-demand mental health care for residents of all ages backgrounds. This legislation provides Massachusetts the tools to ensure that insurance carriers, hospitals, and providers treat mental health the way they treat physical health.

In addition, I helped author what became the first environmental justice (EJ) law in the Commonwealth, creating more protections for EJ communities, like East Boston. EJ communities have historically borne a disproportionate share of environmental burdens. This law provides designated communities with greater access to the state regulatory processes that are meant to safeguard them against excessive pollution and degradation, thereby protecting residents' health and well-being.

Are you excited about working with the new administration?

I look forward to working in partnership with Governor Maura Healey and her historic administration. As a fellow Democrat, we share the common goal of making early education and childcare more affordable for Massachusetts' families. I'm excited to work on our shared priorities.

Has your law school experience been helpful in your role as state representative?

My legal education has helped me enhance my negotiations skills as well as my ability to read the law, which allows me to draft policy proposals for the Legislature.

Who serves on your legislative office staff at the State House?

The members of my legislative staff are: Gloribel Rivas, Chief of Staff, Steven Gingras, Legislative and Communications Director, Jessica Martinez, Legislative Aide, and Patricia Briand, Administrative Aide.

**POSTAL EMPLOYEES** WILL CELEBRATE

MARTIN LUTHER KING JR. DAY

Post Offices across the commonwealth will be closed on Monday, January 16, as our employees pause to celebrate Martin Luther King Jr. Day. Street delivery on Monday will be limited to guaranteed overnight parcels and there will be no collection of mail.

Full retail and delivery operations will resume on Tuesday, January 17.

#### NFPA ENCOURAGES PROMPT REMOVAL OF CHRISTMAS TREES

One-third (33 percent) of U.S. home fires involving Christmas trees occur in January. With this post-holiday fire hazard in mind, the National Fire Protection Association® (NFPA®) strongly encourages everyone to keep the festive memories and remove the hazards by disposing of Christmas trees promptly after the holiday season.

"As much as we all enjoy the look and feel of Christmas trees in our homes, they're large combustible items that have the potential to result in serious fires," said Lorraine Carli, vice president of Outreach and Advocacy at. "The longer Christmas trees remain in homes, the longer they present a risk."

Carli notes that fresh Christmas trees, which continue to dry out and become more flammable over time, are involved in a much larger share of reported Christmas tree fires than artificial trees.

News in Brief

According to the latest Christmas Tree Fires report from NFPA, 160 home structure fires began with Christmas trees, resulting in two civilian deaths, 11 civilian injuries, and \$12 million in direct property damage, on average each year between 2016 and 2020. Overall, fires that begin with Christmas trees represent a very small but notable part of the U.S. fire problem, considering that they are generally in use for a short time each year.

To safely dispose of a Christmas tree, NFPA recommends using the local community's recycling program, if possible; trees should not be put in the garage or left outside. NFPA also offers these tips for safely removing lighting and decorations to ensure that they remain in good condition:

• Use the gripping area on the plug when unplugging electrical decorations. Never pull the cord to unplug any device from an electrical outlet, as this can harm the wire and insulation of the cord, increasing the risk for shock or electrical fire.

• As you pack up light strings, inspect each line for damage, throwing out any sets that have loose connections, broken sockets or cracked or bare

and put them in individual plastic bags or wrap them around a piece of card-

• Wrap each set of lights

• Store electrical decorations in a dry place away from children and pets where they will not be damaged by water or dampness.

For more information on home fire safety all winter long, visit "Put a Freeze on Winter Fires,' a winter safety campaign NFPA promotes annually with the U.S. Fire Admin-

For this release and other announcements about NFPA initiatives, research, and resources, please visit the NFPA press room.

NFPA: 125 Years of Protecting People and Property

The National Fire Protection **Association®** (NFPA®) is a global self-funded nonprofit organization devoted to eliminating death, injury, property, and economic loss due to fire, electrical. and related hazards. The association began its work to solve the fire problem in a young, industrialized nation in 1896 and has since become a global force known for advancing safety worldwide. NFPA delivers information and knowledge through more than 325 consensus codes and standards, research, training, education, outreach, and advocacy; and by partnering with others who share an interest in furthering the NFPA mission. In celebration of its 125th Anniversary, NFPA is hosting a Conference Series and other initiatives that reflect the association's steadfast commitment to advancing fire and life safety for the next 125 years and beyond. For more information or to view NFPA codes and

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# **Virtual Public Meeting**

**East Boston** 

# **PLAN: EB Spanish-Language Meeting**

Jan 24, 2023

6:00 PM - 7:30 PM

Zoom Link: bit.ly/PLANEastBostonEspanol2023 Toll Free: (833) 568 - 8864

Meeting ID: 160 901 3762



# **Project Description:**

Please join us for a community meeting in Spanish to preview draft recommendations for Neighborhood Residential areas. This event is part of PLAN: East Boston, a long-range neighborhood-wide planning initiative that, when complete, will update neighborhood zoning, establish neighborhood design guidelines, and propose new capital improvements to public space, including near- and long-term improvements to the neighborhood's transportation network. English interpretation services will be

At this time, the Boston Planning & Development Agency (BPDA) is continuing to host public meetings in a virtual setting for the health, safety, and accessibility of Boston residents. For more information and updates, visit bostonplans.org.

La información de esta reunión es fundamental para usted como residente de Boston y parte interesada. Dispone de servicios de idiomas de forma gratuita. Si los requiere, comuníquese con (angel. guzman@boston.gov) antes de la siguiente fecha 1/20/2023.

**Angel Guzman** mail to:

Boston Planning & Development Agency One City Hall Square, 9th Floor

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# East Boston

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# WE MUST NEVER FORGET THE **LEGACY OF** DR. MARTIN LUTHER KING JR.

For those of us of a certain age, it is hard to imagine that 2023 will mark 55 years since the assassination of Rev. Dr. Martin Luther King in Memphis while he was standing on the balcony of the Lorraine Motel on April 4, 1968. Recalling how we felt when he first heard the news of Dr. King's murder still brings chills and a deep sense of sadness that never has subsided.

era of American history, there are a few things that everyone should know about Dr. King that should provide inspiration to all of us. First, Dr. King was fearless. He knew from the incep-

For those who are too young to have been alive in that

tion of his rise to prominence of the civil rights movement that he would become a target for those who opposed change. Yet, even though he often told others that he believed his death would be imminent, he did not relent in his fight to continue his work in the civil rights movement.

Second, Dr. King stood for the rights of all Americans, not merely those of color. Indeed, he was in Memphis working with striking sanitation workers whose pay and working conditions he was seeking to help improve. He was an outspoken critic of the Vietnam War because he knew it to be an unjust war, not only for poor Americans who could not get a college deferment for the draft, but also for the people of Vietnam, whose homeland was being bombed into oblivion at great profit for the American military-industrial complex.

To be sure, Dr. Martin Luther King Jr. was not perfect. No person is or ever has been. Dr. King was just like any of us; he had his strengths and he had his weaknesses.

If Dr. King were alive in the present era, there is no doubt that he would have been in the forefront of the Black Lives Matter movement that highlighted the ongoing racism and economic inequality that oppresses Americans of all races today.

By any measure, Dr. Martin Luther King was a great man. His speeches ring as true today as they did two generations ago; indeed, his "I Have A Dream" and "I've Been to the Mountaintop" speeches are among the most powerful not only in American history, but in all of Western civilization.

All of us should realize from the example set by Dr. King that in each of us is the power to change the world. We may not be as gifted as Dr. King was with his oratory, but each of us has the capacity to inspire others, whether through our words or deeds, whether on a small or large scale, to make the world a better place.

Many of our fellow citizens have followed the path set by Dr. King and many more will do so in the years ahead. So as we celebrate Martin Luther King Day, let us recall not only his memory and the many things he accomplished, but the great things that his legacy is continuing to bring about more than two generations after his death.

# "THAT WOULD NEVER HAPPEN HERE...." "OH WAIT -- IT DID!"

For those of us who have been around for a while, the spectacle that unfolded this past weekend in Brazil, where thousands of the fascist followers of former President Jair Bolsonaro stormed that nation's capitol buildings in a violent attempt to overthrow the government of the recently-elected President, Luiz Inácio Lula da Silva, was the sort of news that we regularly watched with indifference.

"Well, that's just one of those countries," we would think to ourselves self-assuredly, secure in the belief that something like that NEVER could happen in the United States. To be sure, we had Watergate, but that never never approximated the realm of a military junta or some other group forcibly seizing power from a democratically-elected government -- though we should note, the U.S. government often was behind that sort of

But as all of us know all too well, the violence that took place in Brazil was virtually a replay of exactly what happened at our Capitol two years ago on January 6, 2021, when a few thousand of our fellow Americans, urged on by an American president who similarly had just lost an election, stormed our Capitol building in an effort to thwart the counting of the Electoral College and the peaceful transfer of the Office of President.

The political pundits continue to debate whether what happened on 1/6 was an anomaly or whether it will be the new normal. We can only hope that the democratic principles upon which our nation was founded will make it through what promises to be more turbulent days ahead.



# Forum

# GUEST OP-ED

# Kevin McCarthy, President Joe Biden and Congress must work to solve problems

Dr. Glenn Mollette

Recently, in a Mexican restaurant in Houston, Texas, a patron shot and killed a man who was robbing other patrons. The robber was masked and brandishing what appeared to be a pistol. If the man who shot the robber is charged with murder for protecting himself and others from a potentially lethal threat, then we have a serious problem.

We have another problem. Millions of undocumented people have crossed our border from El Paso to San Diego and in between. America is being invaded. We do not have enough free housing, welfare and food stamps to support all these people.

Biden wants to mobilize 85,000 IRS agents who will find every dollar they can to support the millions of undocumented people roaming our nation. How many more dollars can the IRS squeeze out of your pocket? Do you have property that they can seize and sell for a few dollars? 85,000 agents will need to find something to do and most likely they will be checking up on everyone.

Arizona has been patching holes in their border with containers which has

been working. Biden ordered that the containers be removed. Over one million undocumented people have crossed into America through Arizona during Biden's Presidency. Can you imagine being

a farmer or just living on the Southern Border? This is 24-hour a day nightmare for these landowners. Do you think anyone wants to buy their property? These same people are coming to your community. They are looking for jobs and housing. They need money and food. Do you have plenty of affordable housing in your community? Do you have big free food banks to feed these people? If you need a reasonably priced apartment, I would suggest you snatch it fast because people are coming who need that apartment and they may have more help from the government than you do to underwrite the costs.

McCarthy, Biden, and Congress must bring back every job we have outsourced to China. We can no longer do business with China. The people who have been living in America the last few years need jobs and millions of new undocumented workers need jobs. By the way, do you remember when the United States Census

was a once every ten-year job? Now, Census workers have to work yearround chasing down people who will not complete U.S. Government Census information. How many full-time census workers will it take to chase down all of these undocumented people?

If Biden, McCarthy, and Congress do not protect Social Security your town will probably have to close up. Over 70 million Americans count on Social Security income. Social Security is all or over half of all this number receives each month. As the buying power of the retired population suffers, each community suffers. The government collects social security taxes from people to subsidize us in our old age. Americans will be back into abject poverty if they don't keep Social Security strong.

Affordable housing, medical insurance and jobs that pay over \$15 an hour must also be McCarthy and Biden commitments. We must be able to buy health insurance across state lines. State governments need to make it easier for working poor to have health insurance. We need real people to answer the telephones in the state and local governments. Websites need to be simple and seamless. Working poor Americans feel like their local states aren't that interested in helping them.

Making medical care more affordable will solve problems for everyone including the insurance companies. Publicly listing the cost of services and surgeries was a good idea that most medical providers don't seem to be following. Making pharmacy purchases from Canada easier is imperative for struggling Americans.

We have some problems in America. Biden, McCarthy and Congress have a lot to do. Name calling, and aggressive behavior in the House only makes for a few seconds of television stupidity. America has some problems. We need for McCarthy and Biden and Congress to step up and help us solve them.

Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist - American Issues and Common Sense opinions, analysis, stories and features appear each week In over 500 newspapers, websites and blogs across the United States.

# GUEST OP-ED

# Artichokes

By Elizabeth Umbro Cavallaro

Artichokes originated in the Mediterranean region... namely Italy, Spain, Jerusalem, Tunisia circa 77 AD. Believe it or not, the artichoke was a faux pas which pulled itself from the earth and frightened the farmers. They were perplexed as to what it was and what to do with it. Since nothing went to waste at that time, the people discovered, explored and experimented new ways of cooking this monstrous looking plant. I am sure they had many disasters. They enjoyed them with vinegar, honey and cumin. Actually, it is the flower bud of the thistle plant of the sunflower family. Artichokes are one of the oldest known foods dating to antiquity. The belief was that this plant was an aphrodisiac, which was attributed to being effective in securing the birth of a boy. The Greeks and the Romans consid-

ered artichokes a delicacy. The name derives from the Italian word... articiocco and articolos, which translates to a pine cone. The plant spreads to a cover area of about six feet and a height of four feet. If the plant was not picked, it would become the most beautiful flower of a violet blue. They are grown in perennial culture for five to ten years. Each crop is cut back sev-

eral inches below the soil surface to stimulate new growth. This operation is called stumping. According to legend,

the first artichoke was

symbolized by Cynara, a lovely Greek girl spotted by Zeus. He captured and seduced her while his wife Hera was away. He made her a Goddess and brought her to Olympus. At this time, Cynara missed her family and ran away. Upon her return, Zeus was angered and sent her back to earth to transform her into an ugly plant that we now know as the artichoke.

As I look back in time, my fondest recollection of my childhood was the holiday when my mother prepared her famous stuffed While she artichokes. sipped on her morning coffee, she began to get out all her old mixing I sat watching bowls. her while eating my bowl of oatmeal. It was the breakfast of yesteryear. We never had bacon, sausage, pancakes or French toast. Oatmeal was rib-sticking and warm on those cold wintry mornings. It was now perfect because it started to snow and I knew that a big holiday was upon us.

The best part of my life was wintertime with blustery days and nights. Many past winters we had three feet of snow; perfect for snowball fights and making caves and tunnels to hide from our mothers when they called us in for lunch. We were never hungry. We played in the snow for hours. We donned our heavy jackets, two pairs of socks, scarves and woolen hats pulled

down over our ears. I had

high boots that were hand-

ed down from my sisters;



Baked-stuffed-Artichoke.

they were always too big for me. I did not care. We were never cold. were no cars on our street

so we had lots of room to play. No one owned a car

See OP-ED Page 10

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# **Sports**

#### JETS HOCKEY ACTION AGAINST ST. PAUL

The Jets gave it a spirited effort and held their own despite a 10-0 final score in a loss to St. Paul's Diocesan School Saturday, January 8 at Porrazzo Rink.



ALL OUT EFFORT: East Boston goalie Jake Thomas does a split and sprawls flat on his belly to thwart a break-away scoring effort by a St. Paul forward.



POST AND BLOCKER: The puck bounces off the post after East Boston goaltender Jake Thomas got his blocker on it for the save.



SPLIT DECISION: East Boston's Chase Whiteknact (4) fights his way between a pair of St. Paul defenders.



DOWN BUT NOT OUT: Chase Whiteknact (4) is attended on the ice by Boston Public Schools trainer Jim Zachazewski. Whiteknact hurt his knee during first period action but skated between periods.



PLOTTING A PATH: Eddie Kinney Jr. (19) eyes a St. Paul defender as he makes his way into the offensive zone.



TAKING AIM: East Boston's Martin Arbola (2) gets a pass off in front of a St. Paul defender.



SPACEMAKER: East Boston's Ryan Thomas (3) works his way past a St. Paul defender during East Boston's game with St. Paul Saturday, January 7 at Porrazzo Rink.

BOARD BATTLE: (East Boston's Ryan Thomas (3) works 3) holds off a St. Paul defender while advancing the puck along the boards.

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# Thank you to everyone who supported our Thanksgiving Day Dinner & Eastie's Elves toy collection!

Throughout the 2022 holiday season, the Madaro Family Community Fund was able to spread joy and provide to thousands of families, which would not be possible without the generosity of our community members and donors. Through our annual Thanksgiving Day Dinner, we donated 140 turkeys and served 850 Thanksgiving meals.

Our 19th annual Eastie's Elves toy collection and holiday celebration provided thousands of holiday gifts and nearly 1,000 gift cards to families in East Boston. Winthrop, and Revere.

We cannot be more thankful to those who contributed to our success this year!

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#### THREE KINGS DAY AT THE VERONICA ROBLES CULTURAL CENTER

There was an Epiphany celebration for El Dia des los Reyes, Three Kings Day, at the Veronica Robles Cultural Center. The

evening was filled with dance preformances, food provided by Lynn-based Taqueria Los Compadres, and a visit from the Three

Kings, our Wise Men, bringing gifts to the children in attendance. It was a fun night for all.



Veronica Robles (far right) welcomes the Three Kings to the stage to join with the civic leaders there: Massachusetts State Rep. Adrian Madaro, Boston City Hall Liason to East Boston Nathalia Benitez-Perez, Boston City Councilor Gabriela "Gigi" Coletta, Massachusetts State Senator Lydia Edwards, and Boston City Hall Liason to the Latinx Community Gladys Oliveros.



The Veronica Robles Cultural Center was filled with many who wished to celebrate Epiph-



Monica Henao conducts the Veronica Robles Cultural Center Choir.



The Three Kings arrive to a welcoming crowd.



Boston City Councilor Gabriela "Gigi" Coletta addresses the gathering.



Carmen Guerra with her grandson Yerek.



Dancers of the Veronica Robles Cultural Center bring their performance into the audience.



Epiphany revelry included many performances by dancers from the Veronica Robles Cultural Center.



The Three Kings meet with Valentina Tobol.





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Dancers of the Veronica Robles Cultural Center perform a traditional Peruvian dance.

#### THREE KINGS DAY AT THE VERONICA ROBLES CULTURAL CENTER



Massachusetts State Rep Adrian Madaro with Legislative Aide Jessica Martinez (far right), Boston City Hall Liason to East Boston Nathalia Benitez-Perez, Boston City Councilor Gabriela "Gigi" Coletta, Massachusetts State Senator Lydia Edwards, and Boston City Hall Liason to the Latinx Community Gladys Oliveros.



Dancers of the Veronica Robles Cultural Center perform.



Beverly and Mila Lithgow.



Josh Serrano, Katty Segua, and Fabiano Latham were on hand to offer information about Mass Health Connector.



Massachusetts State Rep. Adrian Madaro and Senator Lydia Edwards speak to the audience.



Stephanie Sola with a gift she got from visiting the Three Kings.



Maria Gonzalez Albuixech and Nathan Gonzalez Howe.



Maria-Jose and Vicki Garcia.



she is commended by Rep. Adrian Madaro.



The crowd at the Veronica Robles Cultural Center was participates in preparing for the festivities to come.



Valeria Gutierrez with her crochet work offers some opportune presents for



deron.



Dancers of the Veronica Robles Cultural Center perform.



Delmy and Dasiy Ferarra.

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## PASQUALE "PAT" CAPOGRECO HOSTS POST-NEW YEAR'S BASH AT HILTON GARDEN INN

Well-known East Bosresident Pasquale "Pat" Capogreco hosted a Post-New Year's Bash for family and friends on Saturday, Jan. 7 at the Hilton Garden Inn, East Boston.

The guests enjoyed a sumptuous buffet dinner.

Capogreco thanked the Hilton Garden Inn staff for its hospitality.

Yamina Lachmi, aide to Sen. Lydia Edwards, to the

Hilton Garden Inn.

Post New Year's Bash at the



Jeannie Chalek, Angela Heaney, and Pat Capogreco.



Chris Stockbridge and Sen. Lydia Edwards.



John Ulrich, Joe Ciampa, Ralph Prinzivalli, and Pat Capogreco.



Pat Capogreco, with East Boston's state delegation, Sen. Lydia Edwards and Rep. Adrian Madaro.



Sardi Cela, Laura Cela, Joyce Mackin, Mike Mackin, and Ellen Daly.



Suffolk County Special Sheriff Abe Ayuso, Lisa Capogreco Cappuccio and son, Christian Cappuccio, Suffolk County Sheriff Steve Tompkins, and Pat Capogreco.



Pat Capogreco, with Delayah Collins, Hannah Collins, Gloriana Vick, and Latayvion Taylor.



Frank lacoviello, Sandra lacoviello, and party host Pasquale "Pat" Capogreco.



Yano Petruzzelli, Cheriece Petruzzelli, and Pat Capogreco.



Pat Capogreco, Gina Guange of Hilton Garden Inn, Sen. Lydia Edwards, James Kearney, and Steve Haley, Hilton



Seated are John Poto, Leslie Poto, Hayley Devine, and Holly Clarke. Standing are Keith Dixon, Maria Capogreco, Lisa



Joe McNamee, Marina Pasquale, Lisa Capogreco Cappuccio, Joe Ciampa, Maria Capogreco, and Sal Giarratani.



Sal Giarratani, Sandra Nijjar, Pat Capogreco, and Maria



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# Hayden sworn in as the Suffolk County District Attorney

Special to the Times-Free Press

Kevin R. Hayden was sworn in as the Suffolk County District Attorney on Monday, January 9, at Roxbury Community Col-

Hayden was appointed by Governor Charles Baker to the fill the unexpired term of Rachael Rollins who was appointed United States District Attorney for Boston by President Joseph Biden. The following is Hayden's Inaugural Address:

Good evening. It's so wonderful to see everyone gathered here. I'm truly honored and humbled to stand before you for my inauguration and swearing in as the elected District Attorney for Suffolk County.

There are some thank you's I need to offer up at the outset. First, thank you to all my supporters. Whether you volunteered on my campaign, made a contribution, put a sign on your lawn, or simply voted for me and encouraged others to do so, I thank you. I thank you for believing in me and for believing in a vision of what's possible in Suffolk

Thank you to my Transition and Community Advisory Committee for your support. I look forward to the important foundational work we'll do together.

Thank you, Ralph Martin for hiring me way back in 1997 and for your many years of mentorship, support and friendship.

Thank you, Governor Baker for the confidence you had in me to appoint me as the interim D.A. and for your guidance and leadership.

Thank you, Senator Collins and Representative Tyler for your incredible support.

Thank you, Chief Justice Budd for doing the honor of swearing me in

this evening. Thank you, all our police officers in Boston, Chelsea, Revere and Winthrop, and at the MBTA and State Police, for your

Thank you to all of my staff at the District Attorney's Office for your tireless commitment to

Faith, Excellence, Service,

selfless service.

justice, public safety and the welfare of our Suffolk County residents. You are the greatest group of public servants working for the best D.A.'s Office in the Commonwealth, and perhaps even one of the best in the nation. For all my A.D.A.'s here I look forward to the honor of swearing you in at the conclusion of this program.

Thank you to all of the elected officials here today, my partners in government. I look forward to continuing to partner with all of you as we work to make Suffolk County even greater.

Thank you to all the residents of Suffolk County and your commitment to what is right...good... fair...and just...and your concern for public safety and the support of those impacted by crime.

Thank you to my mom, Charlene Roberts-Hayden, for your unconditional love and constant prayer. All my life you've been faithful, all my life you've been so so good.

Thank you to my wife Michelle and my sons Jordan and Carson. I love you more than words can express. To my beloved Michelle, I am nothing without you, and to my 2 sons you make me so proud every day.

I want to start by sharing a story of a chance meeting I had with a young man just before Christmas, and a card I received on the first day back in the office in 2023.

[Tell story of meeting young man from Power Corps Boston on the steps of West Roxbury District Court - Career development program paying and preparing young adults in need of support for a career in the green industry].

Read card from survivor.] Over the years I've witnessed many testimonies like this and I'll touch upon them again later in my address.

When I returned to the

office about a year ago it was exciting and surreal. The honor of returning to where my career began...to an office and county that has always had my heart...to a calling to serve as leader of this

#CSW23

great office...was extraordinary and is still somewhat difficult to even put into words.

But I CAN put into words some of the things we've done already.

We created the Boston First Program to focus on firearm violence, gun trafficking and unsolved shootings.

We created a new Civil Rights Unit with prosecutors in the district and superior courts.

We established a community engagement team to create neighborhood collaborapartnership, tion and trust that will achieve a level of community-based prosecution never seen before. We launched our Ser-

vices Over Sentences Program to provide true assistance and real alternatives to prosecution for those battling with substance use disorder at Mass and Cass and even beyond.

And while I believe we're off to a great start, there's much left to do. The statistics for last year showed a continuing drop in serious crime in Boston, but an increase in gun arrests involving youth and an alarming spat of violence this fall. I believe we must deal with crime comprehensively and collaboratively to get to the root of the problem.

We will create the Suffolk County D.A. Youth Engagement Council, made up of young people from throughout Suffolk County, to gain a deeper and better understanding of the factors at play in youth violence, and how to create effective prevention strategies.

We will also create the Emerging Adult Alternative Resolution Program in collaboration with the Center for Law, Brain & Behavior at M.G.H. and Harvard Medical School. This program will offer real, comprehensive alternatives to prosecution for Suffolk County's young adult population.

We'll be seeking additional funding to expand our Services Over Sentences program to tackle the opioid epidemic. We've already seen great outcomes since we launched last summer,

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and we want to help even more people in their paths to recovery.

Our Transition and Community Advisory Committee will assist in the development of our strategies to address crime intervention and prevention, and enhance community trust and operational transparency and accountability.

The Suffolk County District Attorney's office has been nationally recognized for decades now thanks in large part to the incredible work of my predecessors. Ralph Martin gained country-wide recognition for bringing the office out of the courts and into the neighborhoods. Dan Conley built on that while creating the Juvenile Alternative Resolution program and establishing specialty courts to help veterans and others with sentencing alternatives. Rachael Rollins added data-driven outcomes and historic accountability with the Crime Strategies and the Integrity Review Bureaus.

And I declare here today that our best and brightest days of community safety...and neighborhood security...and systemic reform still lay ahead. When we unite in faith and hope... when we work together in faith and hope...we can achieve amazing results.

Faith is the substance of things hoped for, the evidence of things not seen. Even when we can't see it we must know that our hope is never mere nor meager. When all other senses sleep our eye of hope is the first to awaken and the last to shut. Today more than ever, we must hold unswervingly to hope. But hope for what? Well one main hope for me is the multiplication of

overcomers. If you've heard me speak at all recently you already have a flavor of what I'm about to say. But I'm determined to speak this message into existence. An overcomer is defined as someone who prevails over opposition, difficulties, conflict, or attack. An overcomer is someone who knows weeping may endure for a night but joy comes in the morning. An overcomer is someone with a spirit who won't allow themselves or others to be defeated by tragedy or adversity...and thus ultimately triumphs.

An overcomer won't suffer alone and seeks to find refuge, solace and peace in the sharing of fellowship with others. Whether you're a homicide survivor who has lost a loved one to violence, or a survivor of rape, human trafficking or sexual assault who now ministers to others, someone who's gotten sober and triumphed over substance use disorder who now mentors or sponsors another, or are a returning citizen who has turned your life around and is now helping others do the same, YOU ARE AN OVERCOMER! will help transform Suffolk County. It is by and through the spirit of overcomers the curse of violence in Suffolk County will be broken. I believe when the power at work in restored overcomers is poured out and multiplied. miracles will happen, deliverance from the clutches of crime and violence will become manifest. The mission of this office will be to always fight for you and stand with you each

I thank all of you, I am humbled by the opportunity you have given me, and I stand ready to lead this wonderful office. Thank

and every day.

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growth of the whole person – mind, body and spirit. Finally, service is fundamental to

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# Wu announces Boston Saves January incentive

Mayor Michelle Wu announced an incentive to encourage families of Boston Public Schools (BPS) K2-3rd graders to take advantage of Boston Saves, the City of Boston's children's savings account (CSA) program. BPS K2 - 2nd grade families who log in to the program's online savings platform for the first time by January 31, 2023 will earn an extra \$25 for their child's account. This money, plus the \$50 provided in every Boston Saves account and any additional incentives families earn, can be used to pay for their child's future college or career training, providing a financial boost to their child's future. Boston Saves is a collaborative effort between the Worker Empowerment Cabinet (WE) and Boston Public Schools.

"Boston Saves is part of our efforts to connect Boston's young people and families with every economic opportunity possible," said Mayor Michelle program provides families with a chance to plan early and save even more for their children's future. As we start 2023, I encourage all of our newly participating families to log in to Boston Save's online savings platform and take advantage of this incentive."

"The Boston Saves program is one of the best ways to prepare for your child's academic and professional future," said Boston Public Schools Superintendent Mary Skipper. "It's never too early, or too late to participate, and the January promotion is the perfect time, if possible, to invest a little bit extra into your children's future. We encourage all of our families to take advantage because data shows students who are enrolled in the Boston Saves program are more-likely to enroll and attain a degree in college or a career-training program."

Boston Saves is a tool for working families to save and plan for their children's future college

viding every BPS K2 kindergartner with a CSA automatically seeded with \$50. The incentive encourages families to take a crucial first step towards unlocking the program's many benefits. More than 1,300 BPS families earned a total of \$32,825 for their children's futures through last year's January incen-

When a family logs in to the Savings Center, they

- See the money in their child's Boston Saves account • Link their own finan-
- cial account to the Savings Center to track all their savings for their child in one place • Earn more money for
- their child's Boston Saves account by taking simple steps like reading with their child, or saving regularly Additionally, Boston

Saves motivates families to earn more money for their child through regular incentives, and provides financial education and

ing easier and helps families get ahead. Since the program began, Boston Saves has provided funds more than \$1,040,000, including \$113,000 in family-earned incentives, to more than 18,580 stu-

Research shows that the mere presence of savings can motivate post-secondary success. In one study, low-income children with less than \$500 in an account dedicated to higher education were three times more likely to enroll in college and four times more likely to graduate from college. "Boston Saves is a great

initiative from the City of Boston to help families learn about the importance of saving," said Erin DiCarlo, parent of two Boston Saves' students at the Adams Elementary School. "With financial literacy often lacking in schools, this program helps teach families to have their children begin saving for their future at a young age. It also gives students an incentive to

The Boston Saves incentive will be applied to the accounts of all students whose families have logged in to the Savings Center for the first time since November 2022, when the platform first became available to current K2 kindergarten families. Currently, all K2-3rd grade students in BPS have Boston Saves accounts. Families of students in select older grades may also have accounts (and thus be eligible for the promotion) if they were part of the Boston Saves pilot program or joined a pilot cohort. Families that have eligible children should have received an email from bostonsaves@boston.gov with a direct link to log into their child's account. Parents/guardians believe their child is eligible (K2-3rd grade BPS students) but did not receive an email can contact the Boston Saves team at bostonsaves@boston.gov

more information about Boston Saves including eligibility requirements at BostonSavesCSA.org.

Managed by the Mayor's Office of Financial Empowerment, Boston Saves is the City of Boston's children's savings account (CSA) program. Starting in K2 Kindergarten, Boston Saves provides each student with a CSA automatically seeded with \$50 for their future college or career training. The program also provides opportunities for families to earn additional Boston Saves Dollars for their child's account and to take advantage of financial education resources

that make saving easier. The Worker Empowerment Cabinet (WE) leads the City's work in advancing the well-being of all working Bostonians in both the public and private sectors by linking worker empowerment policy and programs to create a safe, healthy, and climate resilient city for all.



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# Op-Ed // CONTINUED FROM PAGE 4

or knew how to drive.

Our love of food and ive oil its preparation held us together. I remember coming home from school to break off a piece of bread hot from the bakery down the street. There was nothing like it. Over the years, my siblings and I tried to keep the family traditions Good food and alive. wine was our custom. I had my wine in a tiny little glass diluted with water. I loved it.

#### **STUFFED ARTICHOKES**

Three cups of fresh bread crumbs

One half cup of chopped

chopped garlic (yes 12)

Two tablespoons of Italian seasoning

One teaspoon of black

One quarter cup of ol-

with their child's name,

grade and school. Find

Do not add salt

In bowl measure out bread crumbs, cheese, parsley, garlic, seasoning, pepper and oil. If too dry add more olive oil, if too wet add more bread crumbs.

Select tight leafed artichokes in a globe shape. Cut off stem for a flat bottom. Cut one inch off top. With scissors snip off thorns. Pull off two layers of leaves on bottom. With fingers pull each leaf apart leaving a cavity for the filling. Run under cold water and face upside down on a dish towel to dry. Tap all water out. Hold artichoke over mixture and fill in between each leaf. Lay artichokes in sauce pan. To prevent these from falling over, scrunch tin foil in between each. Pour water in pan about one quarter up to artichokes. Do not pour

water over artichokes. Pour a sprinkle of olive oil and parmesan cheese over all. Cover and simmer on low heat for about two hours. Check water every half hour; if dissipated add more. Do not pour water over artichokes. For doneness pull biggest leaf to taste. Take out of water and let rest for a few hours. Every part of the artichoke is edible but not the hairy fibers in the bottom. This is the choke. You really will choke on this part; I kid you not. Take the challenge. Once you have mastered the artichoke preparation, you will make this delicious treat again. Enjoy!

Elizabeth Umbro Cavallaro was born in East Boston, left at 23 years old and now reside in Lynnfield. Cavallaro loves to write nostalgic tales with a little history and recipe, her articles are free.

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# **OBITUARIES**

# Anthony Joseph Staropoli

Everyone's favorite uncle

Anthony Joseph "Tony" Staropoli passed away on January 2 at the age of 94. He died in the comfort of his home under hospice

Tony, a lifelong resident of East Boston, was born on February 28, 1928. He was the third child of Giuseppe and Giuseppina Staropoli who were from the Calabria region of Italy. He was predeceased by siblings: Michaelangelo Staropoli, Delia Trainor and Rita McDonald. He is survived by his sister, Jean Staropoli and an extended family of many nieces and nephews.

Tony was everyone's favorite uncle. He has been described by some as an icon of an era gone by. He worked at NEC-CO Candy Factory when it was in Cambridge for 52 years. Tony was a sun-worshiper and spent many hours sunbathing and swimming at local beaches: Constitution and Revere Beach.

Family and friends will honor Tony's life by gathering at the Ruggiero



971 Saratoga Street, (Orient Heights) East Boston, on Thursday, January 12 from 9:30 to 10:30 a.m. A Funeral Mass will be celebrated for Anthony's life in St. John the Evangelist Church, 320 Winthrop Street, Winthrop at 11:30 a.m. and Anthony will be laid to rest at Woodlawn Cemetery, Everett.

Donations may be made in Tony's name to the East Neighborhood Boston Health Center, c/o Development Department 4th 20 Maverick Square, East Boston, MA 02128. To leave an online condolence visit www. ruggieromh.com.

The Petitioner requests

that: Josephine Sara-

ceni of Melrose, MA be

appointed as Personal

Representative(s) of said

estate to serve Without

Surety on the bond in

unsupervised adminis-

IMPORTANT NOTICE

You have the right to

obtain a copy of the Pe-

tition from the Petitioner

or at the Court. You have

a right to object to this

or your attorney must

and objection at this

on the return day of

This is NOT a hearing

date, but a deadline by

which you must file a

objection if you object

to this proceeding. If

you fail to file a timely

written appearance and

objection followed by an

affidavit of objections

within thirty (30) days

of the return day, action

may be taken without

written appearance and

01/20/2023.

proceeding. To do so, you

file a written appearance

Court before: 10:00 a.m.

tration.

# **Anthony Albano**

Despite many health challenges, he forged forward and lived his best life

Family and friends are respectfully invited to attend a Funeral Mass to be celebrated today, January 11 at 11 a.m. at St. Anthony of Padua Church, 250 Revere St, Revere for Anthony J. Albano, 41, who died in the presence of his loving family on Wednesday, January 4 at the Brigham & Women's Hospital in Boston, following a lifelong battle with Marfan Syndrome. Please go directly to the church. Interment will be held privately.

Anthony was born on May 23, 1981 in Boston, to his late parents Anthony J. Albano and Diane (Galvin) Albano. He was raised in Jeffries Point, East Boston along with his three sisters. Anthony was a proud alumnus of Savio Prep High School, Class of 2000. He continued his education at North Shore College Community where he earned an associate degree in Computer Science. Anthony was a man who was faced with many challenges throughout his life with his health and the effects of his debilitating disease. This did not get him down, nor did it stop him, Anthony forged forward and lived his best life.

He had incredible support from his immediate family, friends, extended family and, of course, his wife and daughter.

Anthony was married to Kelly (Levine) on September 21, 2013. He was blessed to have had the fulfillment of marriage, but most of all, his pride and joy, was the birth of his daughter Raelyn.

Anthony worked as a CORI Analyst for the Commonwealth of Massachusetts for the Department of Children & Family. He was also the rhythm guitarist for his band "Stock 7." Playing with his band was a passion of

his, as well as photography. Anthony had an eye to capture through a photo

Anthony was a generous man who lived his life with integrity, honor and self-respect. This is



the Albano family. He was greeted by his parents in heaven and will forever be loved and remembered by all who loved him.

The beloved husband of Kelly A. (Levine) Albano of Lynn, he was the loving and best father to Raelyn Michelle; the cherished brother of Andrea Hallahan and her husband, Tim of Lynnfield, Antoinette Lefevre and her husband, Matt of Marlboro and Bianca Claybourn of Saugus; the treasured uncle of Alixandrea, Riley and Shane Hallahan and Emma Lefevre. He is also lovingly survived by his best friend and "Brother" Joe Lombardi of Middleton and many special aunts, uncles, cousins and friends.

The family would like to send a special acknowledgement to all of the doctors, nurses and staff at Boston Children's Hospital & Brigham & Women's Hospital, for all the attention, care and support provided the life of Anthony, they are forever grate-

Anthony's greatest aspiration was to provide for his family and ensure his daughter would thrive and be supported. To honor Anthony's wish, please OMIT flowers, make a contribution to Memorial For Anthony J. Albano c/o Rockland Trust Bank, 575 Broadway, Revere, MA 02151.

To send online condolences, please visit www. vazzafunerals.com.

Funeral arrangements entrusted to the care and direction of Vertuccio & Smith / Vazza's "Beechwood" Funeral Home, Revere.

# **Salvatore Murano**

Voted 1992 Veteran of the Year, Chief Grand Marshall of the 2002 Columbus Day Parade.



Salvatore Murano of East Boston passed away surrounded

by his loving family in his 102nd year. Salvatore was a long-

time employee of Wheeler Manufacturing and Logan Instruments. He was a WWII Veteran, who served overseas in Italy in 1945. A past member of DAV, Chapter 77 in East Boston as well as a past member of the VFW, American Legion Post 30. Salvatore was voted 1992 Veteran of the Year and served as Chief Grand Marshall of the 2002 Columbus Day Parade. Longtime Parishioner and usher at St. Joseph-St. Lazarus Church.

The beloved husband of the late Frances (Logiudice) Murano, he was the loving son of the late Raymond and Immaculata Murano, devoted father of Elaine and Linda Murano of East Boston, Diane Curlanis and her husband, Peter of Revere, Nancy Cacciola and her husband, James of Haverhill and Steven Murano and his better half, Irene Murray of East Boston; dear brother of the late Raymond Murano; adoring grandfather of Andrew Cacciola and his wife, Na-



tasha, Joseph Cacciola and his wife, Katie and Christopher Curlanis; cherished great-grandfather of Ellie, Ava and Jackson Cacciola. He is also survived by many loving nieces and nephews.

Family and friends honored Sal's life by gathering at the Ruggiero Family Memorial Home on Sunday, January 8 and again on Monday morning, January 9 before leaving in funeral procession to St. Joseph-St. Lazarus Church, Ashley Street, East Boston for a Funeral Mass in celebration of Sal's life. Services concluded with Sal being laid to rest at Woodlawn Cemetery. In lieu of flowers, memorial donations may be made to St. Joseph-St. Lazarus Church, 59 Ashley St., East Boston. To leave an online condolence visit www.ruggieromh.com.

<u>LEGAL NOTICE</u> COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND **FAMILY COURT** Suffolk Probate and Family Court 24 New Chardon St. Boston, MA 02114 (617)788-8300 CITATION ON PETITION FOR FORMAL **ADJUDICATION** Docket No. SU23P0016EA Estate of: Antonio Vigliotta Date of Death 09/27/2019 To all interested persons: A Petition for Late and Limited Formal Testacy and/or Appointment has een filed by Josephine Saraceni of Melrose, MA requesting that the Court enter a formal Decree and Order and for such other relief as requested in the Petition. The Petitioner requests that: Josephine Saraceni of Melrose, MA be appointed as Personal Representative(s) of said estate to serve Without Surety on the bond in unsupervised administration.

IMPORTANT NOTICE You have the right to obtain a copy of the Petition from the Petitioner or at the Court. You have a right to object to this proceeding. To do so, you or your attorney must file a written appearance and objection at this Court before: 10:00 a.m. on the return day of 01/20/2023. This is NOT a hearing date, but a deadline by which you must file a

written appearance and

objection if you object

to this proceeding. If

you fail to file a timely

written appearance and

objection followed by an

affidavit of objections

within thirty (30) days

of the return day, action

(MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: January 06, 2023 Felix D. Arroyo

may be taken without

further notice to you.

MINISTRATION UNDER

THE MASSACHUSETTS

UNIFORM PROBATE CODE

UNSUPERVISED AD-

Register of Probate

**LEGAL NOTICE** 

OF MASSACHUSETTS THE TRIAL COURT PROBATE AND FAMILY COURT Suffolk Probate and Family Court 24 New Chardon St. Boston, MA 02114 (617)788-8300 CITATION ON PETITION FOR FORMAL **ADJUDICATION** Docket No. SU23P0017EA Estate of: Concetta Vigliotta Date of Death 11/07/2018 To all interested persons: A Petition for Late and Limited Formal Testacy and/or Appointment has been filed by Josephine Saraceni of Melrose, MA

other relief as requested

**OBITUARIES** 

All obituaries and death

notices will be at a cost of

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in the Petition.

further notice to you. UNSUPERVISED AD-COMMONWEALTH MINISTRATION UNDER THE MASSACHUSETTS UNIFORM PROBATE CODE (MUPC) A Personal Representative appointed under the MUPC in an unsupervised administration is not required to file an inventory or annual accounts with the Court. Persons interested in the estate are entitled to notice regarding the administration directly from the Personal Representative and may petition the Court in any matter relating to the estate, including the distribution of assets and expenses of administration. WITNESS, Hon. Brian J. Dunn, First Justice of this requesting that the Court Date: January 06, 2023 enter a formal Decree Felix D. Arroyo and Order and for such Register of Probate

# Richard M. Santoro

Formerly of East Boston

Richard M. Santoro of Winthrop formerly of East Boston, passed away on January 9, 2023. Beloved husband of Judith (Austin) Santoro of 50 years. Loving father of Alyssa Santoro of Winthrop and Meghan Santoro of Revere. Dear brother of John Santoro and wife Maria, Steve Santoro and wife Delia, Carol Santoro, Paul Santoro OFM, Anthony Santoro and wife Sharon, Michael Santoro and wife Sara, Angela Kelleher and husband Joe. Cherished brother in law of Beatrice (Austin) Leo, Patti (Austin) and husband Steve Maruzzi. Adored Nicholas, Cameron Paradis, Michael, Zaliah Chaves. Family and friends will honor Richard's life by

gathering at the Ruggiero

Family Memorial Home,

1/11/23



971 Saratoga Street (Orient Heights), East Boston, on Thursday, January 12, 4:00 PM to 8:00 PM and again on Friday morning at 8:30 AM before leaving in procession to Sacred Heart Church in East Boston. Services will conclude with Richard being laid to rest at Winthrop Cemetery, Belle Isle Section. To leave an online condolence visit www. ruggieromh.com.

To place a memoriam in the Times Free Press, please call 781-485-0588

# **Dorothy Curran**

Choir member devoted to Immaculate **Conception Church** 

Family and friends are invited to attend Visiting Hours in Vazza's "Beechwood" Funeral Home, 262 Beach St., Revere on Thursday, January 12 from 9 to 10:30 a.m. for Dorothy "Dotty" Ann (Durante) Curran, 81, who passed away on January 2 following a brief illness. She was 81 years of age. A Funeral Service will be conducted in the funeral home, following the visitation at 10:30 a.m. Interment will be private. Masks are required throughout the services.

Born in Boston, the daughter of Carlo, Sr. and Adelaide (Dorso) Durante, she was raised in East Boston and attended East Boston High School. Dorothy had a rich life; one that was full of dedication to her family, building lasting friendships, a 30-year career at Liberty Mutual and a devoted parishioner and volunteer at the Immaculate Conception Church where she was a talented member of the choir. She was also a member of the Revere Senior Center and enjoyed traveling, pursuing hobbies such as painting, Sunday dinners with her family, long phone calls, the ocean, opera, musicals and going to the ballet.

Dorothy was the be-



loved wife of 61 years to Daniel Curran of Revere and the loving mother of the late Alice A. Brown and the late Daniel S. Curran and his surviving wife, Alison of Hadley; cherished grandmother of Ashley M. Brown and Amanda E. Brown, both of Revere, Alex R. Curran and Michael G. Curran, both of Hadley; dear sister of Carlo Durante, Jr. and his wife, Patricia of Revere and the late Robert Durante and his surviving fiancée, Anita Belmonte of Winthrop. She is also lovingly survived by several nieces, nephews, grandnieces, grandnephews and cousins. To send online condo-

lences, please visit www. vazzafunerals.com. Funeral arrangements entrusted to the care and direction of the Vertuccio & Smith Vazza's "Beechwood" Funeral Home.

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# **Extrasensory Dogs**

By Penny & Ed Cherubino

Do you ever suspect that your dog has some form of extrasensory or telepathic powers? When one of us is out, our Westie Poppy races to the door long before the sound of footsteps in the hall or a key in the lock should alert her to an arrival.

This "power" is so common that scientist Rupert Sheldrake wrote a book about it, "Dogs That Know When Their Owners Are Coming Home: And Other Unexplained Powers of Animals."

Penny read it years ago and reread it recently in light of all the current research on this topic. Sheldrake quickly explained when the information about dogs' special powers was anecdotal stories vs. evidence and controlled studies.

In addition to knowing when you are coming home, Sheldrake also discussed emotional support and therapy dogs' abilities to comfort people. He noted service dogs' ability to alert people to seizures or drops in blood sugar. And discussed how sensitive animals might predict earthquakes and other disasters.

#### **Better Senses!**

Writing in Psychology Today, Jessica Pierce, Ph.D., explained, "The sensory world of dogs overlaps with ours, but also extends well beyond ours in some areas. Smell

is the most obvious sensory modality in which dogs excel, having a far more powerful nose and a much larger area of the brain dedicated to processing olfactory information than humans. Dogs can also hear sounds that we cannot hear and will pick up on different visual information than we do."

This keen sense of smell enables service dogs to alert their humans to an oncoming seizure, change in blood sugar level, or an anxiety attack. They learn to differentiate between a person's familiar scent and the change that precedes an episode.

#### **Animal-Human Bond**

Both scientists agree that some of what seems extrasensory is due to the strong bond between dogs and people. Dogs evolved to depend on and please people. They have special skills (and even a particular section of their brain) dedicated to reading our intentions, moods, and needs. Pierce writes, "...dogs are not psychic, but they might as well be. They have incredible skills when it comes to reading, predicting, and intuiting the feelings and intentions of their human companions."

#### **Sensing Disaster!**

Dogs seem to sense the approach of thunderstorms and earthquakes. Scientists speculate that this may be due to a heightened sensitivity to changes in barometric pressure as a storm approaches. You may notice your dog's agitation long before you hear thunder. As for earthquakes, most dog alerts have happened a short time before humans. This, again, might be more sensitive proprioceptors or sensory receivers in their joints.

### **Dogs Pay Attention!**

Dogs have the advantage of having less on their minds than we do, with fewer distractions and responsibilities. Their approach to the world is more mindful. Mindfulness lets them use their senses better and react to what they perceive as a danger or a way to get what they need.

If you've ever watched a dog focus on a squirrel or a treat in someone's hand, you have seen examples of single-minded attention to one thing.

When was the last time you saw your dog try to multitask? Dogs can teach us to pay better attention to what our senses tell us. Perhaps we can repay our canines by learning to read their signals, communications, and, therefore, their needs and wants by paying the kind of attention to them that they do

Do you have a question or topic for City Paws? Send an email to Penny@ BostonZest.com with your request.



A keen sense of smell enables some service dogs to alert to an oncoming seizure, change in blood sugar level, or an anxiety attack. (Photo by: Ralph Kayden)

#### Friends for over 80 years.... Dunde, Sonny, and Bobby. East Boston guys who grew up together, played sports together, and were always there for each other. One could find them on the corner of Chelsea and Gove Street in front of Billy's variety store. A lot has changed since the 1940's and while 3 of the 30 friends remain, the memories and the Italian pride will live forever. The three all grew up one block from the original Santarpio's and well remember Angelo the waiter. They went to serve their country and fortunately returned home



PHOTO COURTESY KAREN LACONTE ROBERTS

#### **INAUGURATION DAY**

Wednesday, January 11, 2023

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State Sen. Lydia Edwards is pictured on Inauguration Day Jan. 4 at the State House with some of her colleagues in the Senate. From left, are Sen. Pavel Payano, Sen. Liz Miranda, Senate President Karen Spilka, Sen. Lydia Edwards, and Sen. Adam Gomez.

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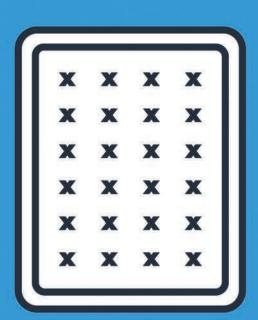
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Starting in January 2023, the City of Boston is launching a free, curbside mattress and box spring recycling service Citywide.

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