

For the latest news in East Boston that you need to know, check [eastietimes.com](http://eastietimes.com)



# The East Boston Chamber of Commerce to observe Veterans Day

The East Boston Chamber of Commerce will be placing a display of American flags to commemorate the upcoming Veterans Day on Friday, November 11 at the Daniel H. Solari Square outside the Chamber of Commerce office at 464 Bremen Street.

Veterans Day celebrates the bravery and sacrifice of all United States' veterans. It was originally known as "Armistice Day" which began on the one-year anniversary of when the agreement to cease fire was made to end World War I. Please note that the flags are for display purposes. If anyone wishes to obtain a flag,

please feel free to contact the Chamber at [eastbostonchamber.com](http://eastbostonchamber.com) to purchase a flag. You can take a selfie of yourself or others with the flag display and post it on social media with the hashtag #eastbostonchamber to enter in a raffle for a free US flag like those found in the display.

We will announce the winner on the East Boston Chamber of Commerce Facebook Page.

\_\_\_\_\_

La cámara de comercio de East Boston se prepara para conmemorar el Día de los Veteranos.

La Cámara de Comercio de East Boston colo-

cará una exhibición de banderas estadounidenses para conmemorar el próximo Día de los Veteranos en 11 de noviembre en el Daniel H. Solari Square, afuera de la oficina de la Cámara de Comercio en el 464 Bremen Street.

El Día de los Veteranos celebra la valentía y el sacrificio de todos los veteranos de los Estados Unidos. Originalmente se conocía como el “Día del Armisticio”, que comenzó en el primer aniversario de la firma del acuerdo de alto el fuego para poner fin a la Primera Guerra Mundial.

Tenga en cuenta que las banderas son para fines de

exhibición. Si alguien desea obtener (comprar una bandera), por favor comunicarse con la Cámara en [eastbostonchamber.com](http://eastbostonchamber.com). Puede tomarse una selfie de usted mismo o de otras personas con la bandera y publicarla en las redes sociales con el hashtag [#eastbostonchamber](https://twitter.com/eastbostonchamber) para participar en un sorteo de una bandera de EE. UU.

Anunciaremos al ganador en la página de Facebook de la Cámara de Comercio de East Boston.

www.facebook.com/  
eastbostonchamber www.  
facebook.com/camarade-  
comercioeastboston.



## 2022 BOSTON VETERANS DAY PARADE

The City Of Boston hosted a Veterans Day Parade that drew local and national marching bands and groups both military and civilian. The parade started in Copley Square and concluded at Boston Common. The weather was perfect for the parade as Boston honors the people that dedicate themselves to defend our country.

DEREK KOUYOUMJIAN PHOTOS



West Point Band vocalist Sergeant Major MaryKay Messenger sings The Star Spangled Banner and God Bless America. See page 14 for more photos.



**Members of the 54th Massachusetts Volunteer Regiment Company, a ceremonial unit that honors the historic regiment that fought during the Civil War.**



PATRICK O'CONNOR PHOTO

**East Boston High ROTC contingent marching along in the Back Bay in the Veterans Day parade.**



**The West Point Band marches on Boylston Street**



**Spectators watch the parade make its way up Tremont Street.**



**City Of Boston Veterans Services Commissioner Robert Santiago, USS Constitution Commander Billie Farrell and Senior Chief Seth Miles, American Legion District 7 Commander Jim Sinatra, and Parade Chief Marshall Major General Alan Pepin.**



**Sgt. Thomas Pecoraro of the Ancient And Honorable Artillery Company Color Guard.**





# Cambridge Health Alliance named top hospital in Massachusetts for health equity

Cambridge Health Alliance (CHA), a community health system serving Cambridge, Somerville and Boston’s metro-north communities, has been ranked as the number one hospital in Massachusetts (with an A grade) for Health Equity by the Lown Institute, a nonpartisan healthcare think tank.

The Lown Institute Hospitals Index examined more than 3,600 hospitals using 54 metrics to evaluate equity, value and patient outcomes. This mission and is foundational to our vision of achieving equity and excellence for everyone, every time.” said Assaad Sayah, MD, CEO of Cambridge Health Alliance. “This recognition validates that we are making a difference in the health of our patients and helping build a society where all our neighbors have access to outstanding health care, regardless of their backgrounds or needs.”

Founded in 1973 by Nobel Peace Prize winner Bernard Lown, MD, developer of the defibrillator and cardioverter, the Lown Institute believes that a radically better system of health is possible and generates bold ideas towards that goal. The Lown Hospitals Index, a signature project of the Institute, is the first ranking to assess the social responsibility of U.S. hospitals by applying measures never used before like racial inclusivity, avoidance of overuse, and pay equity.

- National Social Responsibility Grade: A
- National Health Equity Grade: A
- Top 100 in the Nation for Health Equity
- National Value of Care Grade: A
- National Community Benefit Grade: A
- National Inclusivity Grade: A
- Top 100 in the Nation for Inclusivity
- National Avoiding Overuse Grade: A
- #1 in Massachusetts for Health Equity

# Parks Department announces annual holiday lightings

Mark your calendars and prepare to join the Boston Parks and Recreation Department to celebrate the holiday season with their 2022 schedule of lighting celebrations in City of Boston parks.

**Lighting of the Trellis at Christopher Columbus Park**  
Monday, November 21 at 5 p.m.  
110 Atlantic Avenue, Boston.  
Located on Boston’s historic waterfront and stewarded with help from the Friends of Christopher Coumbus Park, the site will be transformed into a beautiful holiday display when the park’s 260 feet of trellis are illuminated with 50,000 blue lights along with 14 decorated trees near Tia’s, the Marriott Long Wharf Hotel, and throughout the park.

**The Nova Scotia Tree for Boston Arrives**  
Tuesday, November 22 at 11 a.m.  
Boston Common.  
Boston’s official 2022 tree arrives on Boston Common by flatbed truck from Nova Scotia. The 45-foot white spruce was donated by landowner Roddy Townsend of Christmas Island, along with his children Angela, Carmen, and Andrew. The public is welcome to cheer the tree’s arrival with candy canes and an appearance by Santa.

**Lighting of the Ship at Martin’s Park**  
Saturday, November 26 at 4 p.m.  
64 Sleeper Street, South Boston.  
The second annual lighting of the ship at Martin’s Park celebration will be held at the Smith Family Waterfront. Martin’s Park is a climate-resilient park built in memory of Martin W. Richard—the youngest victim of the Boston Marathon bombings—that provides a space for children, families, and visitors of all abilities. The park includes a ship as the centerpiece that will be lit for the holidays.

**Copley Square Tree Lighting**  
Monday, November 28 at 5 p.m.  
Copley Square.

The Boston Parks and Recreation Department and the Friends of Copley Square welcome the holidays with the Copley Square Tree Lighting. This free annual event will feature appearances by Santa Claus, and Rudolph along with musical performances and light refreshments.

**Boston Common Tree Lighting**  
Thursday, December 1 at 6 p.m.  
Boston Common.  
Boston’s official 2022 Christmas tree from Nova Scotia will be lit at the close of a two-hour celebration beginning at 6 p.m. and broadcast live on WCVB Channel 5 starting at 7 p.m. This is the 51st year that a tree has been donated by Nova Scotia and commemorates 105 years of friendship with the people of Boston. The tree will be lit at approximately 7:55 p.m.

**Lighting of the Trees on the Commonwealth Avenue Mall**  
Thursday, December 1 at 8 p.m.  
Arlington Street and Commonwealth Avenue, Back Bay.

The Boston Common Tree Lighting will be followed immediately by the lighting of Commonwealth Avenue Mall.

Visit [bit.ly/LightsOnBos](https://bit.ly/LightsOnBos) for more information about the season’s festivities.

To stay up to date with news and events in Boston parks, sign up for our email list at [bit.ly/GetParksEmails](https://bit.ly/GetParksEmails) and follow our social channels @bostonparksdept on Twitter, Facebook, and Instagram.



## Real Estate Transfers

BUYER 1	SELLER 1	ADDRESS	PRICE
Chandra, Alok	29 St Andrew Road LLC	29 Saint Andrew Rd #2	\$750,000
Grossmann, Lily	Nelson Mary E Est	58 Putnam St	\$890,000
Monaco, Sean C	Martinelly, Jennifer R	71 Lubec St #5	\$392,000
Li, Ziyao	John P Aucella T	156 Porter St #219	\$537,000
276 Border Street LLC	A G Wigglesworth Jr T	276 Border St	\$2,250,000

37 MAVERICK SQUARE ■ EAST BOSTON ■ 617/561-4495

**Committee in Support of an East Boston Haul Road**  
**2 Swift Terrace, East Boston, Massachusetts 02128**  
**Joseph Steffano, Jr., Chairman J**  
**617-909-5382**

November 3, 2022

Gabriela Coletta

Boston City Councilor, District 1

1 City Hall Square, Room 550

Boston, MA 02201-2043

**Re: Stance on Haul Road**  
**Dear Councilor Coletta,**

Following your recent meeting with Mariellen Dalton, the secretary of the Committee in Support of an East Boston Haul Road/Greenway, these are our thoughts on your approach as our city councilor.

As members of the committee, we are asking that you give serious thought to what position you will take on the proposed Haul Road/Greenway and how your stance will be seen by everyone living in East Boston, not just the small handful of people who are anti-growth, anti-progress, anti-everything and who choose to simply ignore the realities and complexities of our growing community.

You have seen the petitions that were signed by a very large number of your constituents. They want the Haul Road/Greenway to help them navigate their neighborhood better by removing trucks. It will be seen as unconscionable if you ignore their valid concerns. What about food shopping, driving to work, taking kids to school, going to doctors' appointments or, simply, attending recreational activities? I can't understand why anyone would be against open green space along Chelsea Creek and against further expansion of the Coughlin Bypass Road into Revere, removing all those existing trucks that are forced to enter Route 1A. It is important to make it easier for them to use local roadways by getting trucks off our streets.

Again, please do not be dismissive of the signatures we have worked hard to collect. There are over 3000 signatures from the entire region and one third of those are from your district. This is a regional problem and it needs a regional solution, such as we have seen in the resolution passed unanimously by the Revere City Council and supported by the mayor and state delegation from Revere. Those elected officials understand the reality of the problem. I suggest you embrace that line of thinking. It took our committee many weeks in multiple languages to gather the signatures on the petition. Your constituents who took the time to read and sign that petition in support of a haul road/green way deserve your attention.

Thank you.

For any further questions or info, email [eastiehaulroad@gmail.com](mailto:eastiehaulroad@gmail.com)

Sincerely,

Joseph Steffano, Jr.

Mariellen Dalton

**Paid for by Joseph Steffano Jr.**

**Virtual Public Meeting**

# 2 Shawsheen Road

# Public Meeting

**Tuesday, November 22**  
6:00 PM

**Zoom Link:** [bit.ly/3rR9HnQ](https://bit.ly/3rR9HnQ)  
**Toll Free:** (833) 568 - 8864  
**Meeting ID:** 161 801 3250

**Project Proponent:** East Boston CDC

**Project Description:**  
Public meeting to discuss and take comment on the proposed 2 Shawsheen Road Project in East Boston. East Boston CDC is proposing to remove the existing commercial structure and erect two buildings containing approximately 67,110 square feet. The buildings will be a mixture of 3 and 4 stories, with 3 stories along the residential neighborhood and 4 stories along the side of the property that abuts commercial development.

La información de esta reunión es crucial para usted como residente y parte interesada de la ciudad de Boston. Se encuentra disponible el servicio gratuito de interpretación de la información brindada en estas reuniones. Si necesita servicios de traducción, contáctese con: [\(caitlin.coppinger@boston.gov\)](mailto:caitlin.coppinger@boston.gov) (617.918.4280)

mail to: **Caitlin Coppinger**  
Boston Planning & Development Agency  
One City Hall Square, 9th Floor  
Boston, MA 02201

phone: 617.918.4280

email: [caitlin.coppinger@boston.gov](mailto:caitlin.coppinger@boston.gov)

BostonPlans.org

@BostonPlans

Teresa Polhemus, Executive Director/Secretary



# East Boston

## Times-Free Press

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**PUBLISHER:** Debra DiGregorio  
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# Forum

## REMEMBER TO THANK OUR VETERANS

This Friday, November 11, marks the national holiday of Veterans Day, a day marked by solemnity and reverence to honor those who have served in our nation’s military.

Veteran’s Day initially was known as Armistice Day when it was enacted in 1919 in observance of the end of World War I (which at that time was known as The Great War) on the 11th hour of the 11th day of the 11th month in 1918.

A new film on Netflix, All Quiet on the Western Front, a remake of the classic 1930s film based on the book of the same name, graphically depicts the futility of that conflict in which the front lines of the opposing sides became entrenched (literally) from the start of the war to the end.

The only thing that changed during the course of the conflict that began in 1914 was the number of deaths that grew with each passing year of the war. Eventually, 10 million soldiers and another 10 million civilians perished in a war that was fought for nothing and achieved nothing.

The most notable aspect of the carnage of the so-called “war to end all wars,” from the perspective of history, is that it laid the groundwork for WWII just 20 years later by imposing such onerous terms upon the defeated Germans that it provided fertile ground for the rise of Adolf Hitler.

Hitler invaded Poland on September 1, 1939, and the world again became enmeshed in a global conflagration that made the first world war seem like a mere practice run for the mass annihilation that took place from 1939-45.

Even after that epic second world war, America has been involved in countless bloody conflicts in the 77 years since General Douglas MacArthur accepted the Japanese surrender on the Battleship USS Missouri and millions of our fellow Americans have fought in our nation’s numerous wars and military engagements since then.

Unfortunately, “Peace is at hand” has been nothing but a meaningless slogan for most of the past 103 years.

Armistice Day officially became known as Veterans Day in 1954 so as to include those who served in WWII and the Korean War. All of our many veterans since then also have become part of the annual observance to express our nation’s appreciation to the men and women who bravely have answered the call of duty to ensure that the freedoms we enjoy as Americans have been preserved against the many challenges we have overcome.

Although Veterans Day, as with all of our other national holidays, unfortunately has become commercialized, we urge our readers to take a moment, even if just quietly by ourselves, to contemplate the debt we owe to the veterans of all of our wars and to be grateful to them for allowing us to live freely in the greatest nation on earth.

If nothing else, Veterans Day should remind us that freedom isn’t free and that maintaining our freedom since our nation’s founding has required the personal sacrifice of the millions of our fellow Americans who have placed their lives on the line to preserve our ideals and our way of life.

## WE’RE LITERALLY DRINKING OURSELVES TO DEATH

A report issued last week by the Centers for Disease Control (CDC) has confirmed what we really already knew: The rate of deaths that can be directly attributed to alcohol rose nearly 30% in the U.S. during the first year of the COVID-19 pandemic.

With public attention focused on the skyrocketing number of deaths from the opioid epidemic, excessive alcohol consumption has been overlooked as a public health problem.

But here are the grim statistics: The rate of such deaths had been increasing in the two decades before the pandemic, by 7% or less each year, but In 2020, they rose 26%, to about 13 deaths per 100,000 Americans, the highest rate recorded in at least 40 years.

Such deaths are twice as common in men than in women, but rose for both in 2020, the study found. The rate continued to be highest for people ages 55 to 64, but rose dramatically for certain other groups, including jumping 42% among women ages 35 to 44.

In addition, a second report, published in the Journal of the American Medical Association, looked at a wider range of deaths that could be linked to drinking, such as motor vehicle accidents, suicides, falls, and cancers. More than 140,000 of that broader category of alcohol-related deaths occur annually, based on data from 2015 to 2019, the researchers said. CDC researchers say about 82,000 of those deaths are from drinking too much over a long period of time and 58,000 from causes tied to acute intoxication.

The study found that as many as 1 in 8 deaths among U.S. adults ages 20 to 64 were alcohol-related.

Excessive drinking is associated with chronic illnesses such as liver cancer, high blood pressure, stroke, and heart disease. Drinking by pregnant women can lead to miscarriage, stillbirth, and birth defects. Health officials say alcohol is a factor in as many as one-third of serious falls among the elderly.

And that’s not to mention the harm to others because of drunk driving accidents or alcohol-fueled violence, which causes death and injury to tens of thousands of Americans every year.

We have noted many times in this space that the U.S. needs to launch a public health campaign against alcohol similar to what we did with regard to cigarettes and tobacco use in the 1990s that brought that epidemic under control. We need to reduce alcohol consumption by increasing alcohol taxes and enacting measures that limit where people can buy beer, wine, and liquor, including the elimination of home delivery.

We also need to educate the public, especially young people, about the insidious dangers of drinking alcohol products of all kinds.



## GUEST OP-ED

## Thanksgiving is coming and it’s never out of season to say thank you

By Dr. Glenn Mollette

Say thank you to your local politicians. The majority of those who pursue an office, lose. Losing is tough and usually expensive. Thank them for their interest in your community or state and for the time they gave making their case and pursuing votes.

Our world would be better if we all said thank you and please as often as possible. Amazingly many people don’t know how to say thank you, or please.

If someone does anything for you say thank you. Even if they haven’t necessarily done it for you but are helping others then say thank you. Thank your community leaders, teachers, politicians, clergy, this media source, family, friends and anyone who is somehow positively impacting your life.

Teaching our kids to say thank you and to say it often is well worth our time for us and them.

Here are some thank you notes from Reader’s Digest, RD.com June 2022

About 15 years ago, we purchased a dining set from an older couple after seeing their ad. When we went to pick it up, it was apparent to me that the lady was having a hard

time seeing it go, although it hadn’t been used for many years. On Thanksgiving, I set the table, took a picture, and sent it to her, saying we were thankful to be enjoying the beautiful set. She sent a note back that read, it looks like it was meant to be. It really has helped me, seeing it happy. Thank you from my heart. —Diane Enschede, Mansfield, Texas

As a volunteer, I recorded several audiobooks for the blind. I received a braille card that said thanks for my work. Fortunately, the sender also enclosed a reading chart for the braille words. It took me 90 minutes to figure out what the card said. It reminded me of how blessed I am and how much I can keep giving. —Yen Chou, Taipei, Taiwan

My coworker sent me this heartwarming e-mail after I was laid off: Thank you for giving me a chance way back when. This position got me off state assistance, paid for my car, and has blessed me and my son in so many ways. You have been an amazing mentor and friend, Mike. The best! I’ve learned so much and not just about pest control. To speak up for myself. To be less emotional

when things go wrong. To have patience with myself and others. Thank you for being so incredibly patient with me and my thousands of questions and mistakes! It has helped my confidence in so many ways. Thank you! Thank you! It was humbling for me to know that I had that kind of impact on someone’s life by just being myself, doing my job. —Michael Shearing, Port Angeles, Washington.

After I had worked as a mail carrier for 30 years, it was time to retire. I put a note in each of my 436 customers’ mailboxes, thanking them for allowing me to serve them over the years. I never expected that on my last day so many would hang balloons on the boxes and put out so many beautiful thank-yous. I hope I delivered all the mail properly that day, as there were tears of gratitude filling my eyes. —Kay Scott, Bucyrus, Ohio

I was gram’s favorite, and she was mine. She passed away in September 2016, at 100½—she

always said you earned the “half” when you got to be her age. To my surprise, I received a card in the mail that my sweet grandma had tucked away for my aunt to send after she passed. It read, Melis, thank you for all the nice things you did for me. Remember, this is the year you’ll meet your man. Be cool and play it safe. Don’t screw it up. Be careful. I’ll be watching you. All my love, Gram. —Melissa Wegman, Cincinnati, Ohio

You can find these and other thank you notes on RD.com Reader’s Digest, June 3, 2022

Thanksgiving season is here. Let’s all aim for a lifestyle of saying thank you.

*Glenn Mollette is the publisher of Newburgh Press, Liberty Torch and various other publishing imprints; a national columnist – American Issues and Common Sense opinions, analysis, stories and features appear each week in over 500 newspapers, websites and blogs across the United States.*

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## Your opinions, please

The Times welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Our fax number is **781-485-1403**.

Letters may also be e-mailed to **editor@eastietimes.com**.

Letters must be signed. We reserve the right to edit for length and content.

## SEND US YOUR NEWS

The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to **deb@reverejournal.com**



MASSACHUSETTS HEALTH CONNECTOR KICKS OFF OPEN ENROLLMENT SEASON

DEREK KOUYOUMJIAN PHOTOS

To raise awareness about open enrollment for health insurance in Massachusetts, which was officially made available on November 1, the Massachusetts Health Connector ‘Coverage Crews’ led business walks through the neighborhoods of East Boston and Mattapan this week.

The ‘Coverage Crews’ included Health Connector officials, State Representative Adrian C. Madaro and City Councilor Gabriela Coletta, local navigators, and community leaders discussing low-or-no-cost plans available with enhanced federal subsidies with business owners and placing informational flyers on storefront windows.

“With open enrollment officially underway, it was imperative for us to get into the community and spread the word,” said Health Connector’s Director of Communications and Outreach, Jason Lefferts. “We want

our state to continue to lead the nation in healthcare coverage, and ensure that all Massachusetts residents have access to the safe, affordable and accessible care they need and deserve.”

These business walks were a part of the Health Connector’s month-long campaign, in which they visited communities across the state of Massachusetts that were deemed as priority due to their young, diverse population with among the state’s highest rates of uninsurance. This year was the first year following the COVID-19 pandemic to feature a full, in-person open enrollment campaign.

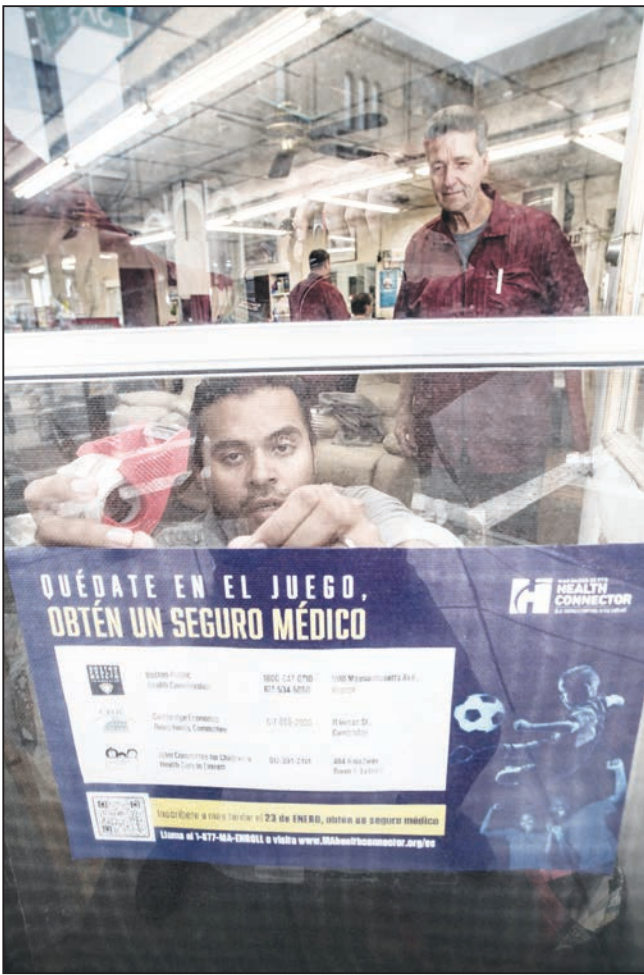
From now through January 23, individuals can sign up for health insurance policies through the Health Connector at [www.MA-healthconnector.org](http://www.MA-healthconnector.org), over the phone at 1-877-MA-ENROLL, or through local walk-in centers that have again re-opened.



Stephen Scire, owner of Sonny Carlo’s Delicatessen, shakes hands with Jason Lafferts, Director of Communications and Outreach for Massachusetts Health Connector.



Massachusetts Health Connector worker Oscar Lopez puts up an English language sign instructing how to get enrolled in a health plan at Gino’s Barber Shop on Saratoga Street.



Massachusetts Health Connector worker Oscar Lopez puts up a Spanish language sign instructing how to get enrolled in a health plan at Gino’s Barber Shop while Gino Saovari, proprietor, looks on.



Massachusetts Health Connector worker Oscar Lopez puts up a sign instructing how to get enrolled in a health plan at Tattis Nails Spa.



Neighborhood activist Veronica Robles speaks with Bianca Suchite and Ana Salas from Archipelago Strategies Group who are working with Massachusetts Health Connector.



Massachusetts Health Connector worker Oscar Lopez with Gino Saovari, proprietor of Gino’s Barber Shop.



Members of the Massachusetts Health Connector team let out a cheer for Channel 25 News in front of Sonny Carlo’s.



Massachusetts Health Connector worker Oscar Lopez speaks with Hbeth Soto, owner of Tattis Nails Spa in East Boston.

Join us for a  
**Re-Election Celebration**  
in honor of

**ADRIAN MADARO**  
DEMOCRAT • STATE REPRESENTATIVE

**Thursday, November 10th, 2022**  
5:30 pm - 7:00 pm

**The Hilton Garden Inn - Boston Logan Airport**  
100 Boardman Street Boston, MA 02128

**Suggested Contributions: \$25 | \$50 | \$100 | \$250 | \$500 | \$1,000**

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You may contribute online at: [www.actblue.com/donate/hilton22](http://www.actblue.com/donate/hilton22)

Checks can be made payable to:  
**Madaro Committee at 137 Lewis Wharf, Boston MA 02110**

Campaign finance laws limit contributions to \$1,000 per person per calendar year. Campaign finance laws prohibit contributions from corporations and limit contributions from registered lobbyists to \$200 per year. Campaign contributions are not tax deductible.

Paid for by the Madaro Committee

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1.800.ACS.2345

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The Boston Globe  
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SEVEN-TIME AWARDEE  
2021 2020 2019 2017 2016 2015 2014



# Sports

## EAST BOSTON BOYS SOCCER TOPS ARCHBISHOP WILLIAMS 1-0

PHOTOS BY BOB MARRA

Freshman Heilo Spino-la scored early in the first half, then the Jets played smothering defense in front of goalkeeper Kevin Alas, as East Boston topped Archbishop Wil-

liams 1-0 in the preliminary round of the MIAA Division 3 boys soccer tournament at Memorial Stadium. East Boston finished their season 11-6-1, good for a the 30th slot in

the Division Power rankings. The Jets drew Archbishop Williams, ranked 35th at 11-5-2, in the preliminary round and with the win moved on to the Round of 32.



GETTING A TOEHOLD: Freshman David Alas and Archbishop Williams Antonio Guarino struggle for control.



MIDFIELD CHASE: East Boston's Julio Perez (17) and Archbishop Williams Amir Chapman chase a loose ball.



ALL WE NEED: East Boston's Heilo Spinola sports a joyous smile as he is hugged by a teammate after putting East Boston ahead, 1-0, early in the game. The goal stood as the Jets advanced to the Round of 32 in the Division 3 boys soccer tournament.



EXCUSE MY REACH: Santiago Velez stretches to get a pass around Archbishop Williams Ej Veira (6).



ROUND THE TURN: Adriano Gomez Garcia (6) tries to turn the corner on defender Luca Greco.

### WINTHROP MARKETPLACE

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## THANKSGIVING SALE DAYS

THURSDAY, NOV. 10 THROUGH WEDNESDAY, NOV. 23, 2022

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(ex: organic)	
Dunkin Donuts Bagged Coffee.....	\$6.99
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Duncan Hines Cake Mixes .....	2/\$3.00
(ex: Signature Varieties)	
Duncan Hines Brownie Mix.....	2/\$3.00
Nestles Morsels .....	2/\$6.00
Heinz Gravies.....	2/\$4.00 limit 6
Hellmann's Mayonnaise 30 oz .....	\$5.99
Kraft Macaroni & Cheese.....	4/\$5.00
(single box only)	
Pasta Roni or Rice-A-Roni .....	4/\$5.00
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(ex: Cracker Cuts)	
Hood Sour Cream 16 oz .....	2/\$3.00
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EAST BOSTON BOYS SOCCER TOPS ARCHBISHOP WILLIAMS 1-0

PHOTOS BY BOB MARRA



POINT OF CONTACT: Eastie’s Heilo Spinoa collides with Archbishop Williams Jose Daniel Sanchez Mora.



THE PROTECTOR: Goalkeeper Kevin Alas, hear making a clearing kick, was immense as he backboned East Boston to a 1-0 shutout of Archbishop Williams in the preliminary round of the MIAA Division 3 boys soccer state tournament Friday, November 4 at East Boston Memorial Stadium.



GETTING IN THE WAY: East Boston’s Cristian Villeda (2) steps in to defend a shot by Archbishop Williams Luca Greco.



ALMOST: Jeremy Ramos (10) gets a head on a corner kick but his effort went just over the Archbishop Williams net.



SPLITTING THE DEFENSE: East Boston’s Jeremy Ramos picks his way between Archbishop Javari Etienne and Luca Greco (3).

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Dom Savio High School graduates and friends are pictured before teeing off in the Remember The Spartans Golf Tournament at the Winthrop Golf Club.

## SAINT DOMINIC SAVIO HIGH SCHOOL 'REMEMBER THE SPARTANS' GOLF TOURNAMENT



Craig Galvin, Peter Milano, and Warren Cutlip.



Tournament champions Vin Schettino, Frank Ciampa, Joe DePamphilis, and Mike Forbes.



Ron Scalia, former Senate President Bob Travaglini, Al Travaglini, and retired Winthrop Police Lt. Frank Scarpa.



Gerry Sirignano, Guerrin Miller, Savio's greatest bus driver, Dom Nese, and Mike Armata.

Graduates of Saint Dominic High School of East Boston participated in the 'Remember The Spartans' Golf Tournament Oct. 31 at the Winthrop Golf Club.

Dom Savio three-sport greats Kevin Adamson and Anthony Dello Iacono were the co-organizers of the event. Guests participated in a round of golf before gathering for a buffet luncheon inside the clubhouse.



Larry Doherty, Arthur Calvano, Lou Chianca, Tony Dello Iacono, Joe Ferullo, Vin Schettino, Ron Vitale, Kevin Adamson and Sean Conway.



Front row are Tony D'Agostino, Kevin Adamson, Larry Doherty, Lou Ciampa, Joe Micciche, and Arthur Calvano. Back row are Dave Leslie, Joe Ferullo, Gerry Sirignano, Ron Vitale, Jim Doherty, Anthony Dello Iacono, Vin Schettino, Frank Ciampa, Joe DePamphilis, Mike Forbes, Mike Micciche, and Sean Conway.

# Fight the Flu!

## Get your flu shot and help stop the spread.

East Boston Neighborhood Health Center is offering the flu vaccine to everyone six months and older. **Call 617-568-4500 to schedule an appointment or scan the QR code for more information.** Patients and non-patients are welcome. You can also receive the latest COVID-19 booster during your appointment.



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Former Winthrop Selectman Robert Noonan, Tony D'Agostino, and David Leslie.



Savio basketball coach Jim Doherty with two of the program's most outstanding players, Sean Conway and Kevin Adamson.



Event Co-Chair Anthony Dello Iacono, former Savio basketball coach Jim Doherty, Event Co-Chair Kevin Adamson, and former Savio football coach Reg Lanciani.

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# Bridges Homeward named New Children’s Trust Healthy Families Massachusetts provider

The Children’s Trust, the state’s child abuse prevention agency, announced last week that Bridges Homeward was awarded the 2022-2028 contract to oversee the Healthy Families Massachusetts program for Chelsea, East Boston, Revere, Winthrop, and Charlestown.

The Children’s Trust’s Healthy Families Massachusetts program is a home-based family support and coaching program that supports young, first-time parents and helps them create stable, nurturing environments for their children, reducing incidents of abuse and neglect. The program matches parents with trained profes-

sionals who visit families’ homes to provide support during pregnancy and the child’s first three years of life. Home visitors teach parents about proper baby care, promote nurturing and attachment, practice effective parenting skills, and ensure parents have a solid understanding of healthy child development. They also counsel parents on achieving personal goals such as going back to school or securing a job.

“Bridges Homeward is committed to our mission to prevent child abuse and neglect by making sure parents have the support and resources they need to build nurturing, stable

homes for their children,” said Sarita Rogers, Deputy Director of Programs for the Children’s Trust. “The evidence is clear that in most cases, child abuse is preventable when we help families build resiliency so that they can weather stressful situations. We can’t always prevent families from facing challenging times, but we can give them the tools to help them get through it.”

A study from Tufts University found that participating in Healthy Families Massachusetts led to a 36% decrease in parenting stress, a risk factor for child abuse and neglect. The longitudinal Tufts evaluation also found that

involvement in the program led to lowering parents’ risky behaviors such as drug and alcohol abuse, reducing homelessness and dependence on cash assistance, and increasing parents’ employment and educational attainment which helps the economic stability of the family.

“Bridges Homeward is honored and excited to offer the Healthy Families program to young parents in Chelsea, East Boston, Revere, Winthrop, and Charlestown,” said Executive Director Bob Gittens. “For many years Bridges Homeward has supported children and families across Greater Boston by providing them with the

support and resources that help them thrive and be successful. We are very much looking forward to working with the families in these communities, and our partners, to help them reach their full potential and build strong communities.”

The Children’s Trust develops programs and influences public policies by building Protective Factors that support the overall well-being of children and their families. Developed by the Center for the Study of Social Policy, the Protective Factors framework is a research-driven approach that identifies five key conditions which must be in place to support

the optimal well-being of children and families. Protective Factors serve as buffers that help families cope, achieve, and thrive, even during times of stress. The five Protective Factors are: parental resilience, knowledge of parenting and child development, social connections, concrete support in times of need, and social and emotional development of children.

Healthy Families Massachusetts is currently accepting new first-time parents ages 23 years old and under. Parents can enroll in the program beginning in pregnancy. To learn more, visit <http://healthy-familiesma.org/>.

## News in Brief

### YOUR LOCAL POST OFFICE WILL BE CLOSED IN RECOGNITION OF VETERANS DAY

Post offices across the commonwealth will be closed on Friday, November 11, in honor of Veterans Day. There will be no street delivery, except for guaranteed overnight parcels, and all retail operations will be closed for the day. Full retail and delivery operations will resume on Saturday, November 12.

As one of the largest employers of US veterans, nearly 10% of our workforce nationally, the Postal Service is proud to honor the men and women who have selflessly served our country in war and in peacetime and those who continue that tradition today. As the saying goes, “America is the land of the free because of the brave.”

The Postal Service generally receives no tax dollars for operating expenses and relies on the sale of postage, products and services to fund its operations.

### OCTOBER REVENUE COLLECTIONS TOTAL \$2.359 BILLION

Massachusetts Department of Revenue (DOR) Commissioner Geoffrey Snyder announced that preliminary revenue collections for October totaled \$2.359 billion, \$85 million or 3.5% less than actual collections in October 2021, but \$293 million or 14.2% more than benchmark.[1]

FY2023 year-to-date collections totaled approximately \$11.565 billion, which is \$369 million or 3.3% more than collections in the same period of FY2022 and \$529 million or 4.8% more than the year-to-date benchmark.

“October collections decreased in non-withholding income tax, corporate and business tax, and ‘all other tax’ in comparison to October 2021,” said Commissioner Snyder. “These decreases were partially offset by increases in withholding and sales and use tax. The decrease in non-withhold-

ing is primarily driven by two offsetting factors: an increase in income tax refunds (outflows) related to passthrough entity (“PTE”) member credits and a partially offsetting increase in income tax return payments. The decrease in ‘all other tax’ is primarily attributable to estate tax, a category that tends to fluctuate. The increase in withholding is mostly due to the timing of the receipt of withholding payments: certain payments received in October 2022 were captured in November in 2021. The increase in sales and use tax reflects, in part, continued strength in retail sales.”

In general, October is among the lower months for revenue collection, because neither individual nor business taxpayers make significant estimated payments during the month. Historically, roughly 6.5% of annual revenue, on average, has been received during October.

### BOSTON’S OFFICIAL TREE ARRIVES NOVEMBER 22

The annual gift of an evergreen Christmas tree from Nova Scotia is scheduled to arrive by police escort at Boston Common at approximately 11 a.m. on Tuesday, November 22.

This is the 51st year that a tree has been donated and commemorates 105 years of friendship with Nova Scotia after the people of Boston provided emergency assistance when Halifax, Nova Scotia’s capital, was devastated by a maritime munitions explosion in the harbor in 1917. The first Tree for Boston was donated in 1971 by Joseph Slauenwhite from Lunenburg County.

Boston’s official 2022 tree is a 45-foot white spruce donated by landowner Roddy Townsend of Christmas Island, along with his children Angela, Carmen, and Andrew.

“How appropriate that this year’s tree comes from Christmas Island,” said Boston Parks and Recreation Commissioner Ryan Woods. “For 51 years the province of Nova Scotia has provided this festive gift, a symbol

that our bond endures and testimony to the resilience of their citizens in the face of disaster and the generosity of our own city in a time of need.”

A public tree-cutting ceremony will be held November 16 on the Townsend family’s property on Christmas Island, Cape Breton. Carmen Townsend, an award-winning musician, will perform a song she has written about the Tree for Boston, and a local Mi’Kmaq elder will conduct a smudging ceremony before the tree is cut. The tree will leave Halifax for Boston on November 21.

“The holidays are a time of reflection and gratitude,” said Tory Rushton, Minister of Natural Resources and Renewables. “The Tree for Boston continues to be a sign of our deep appreciation for the aid Boston provided after the Halifax Explosion.”

Parks Commissioner Woods, Santa Claus, and local school children will greet the tree at its final destination near the Boston Visitors Center at 139 Tremont Street. The tree will be lit at approximately 7:55 p.m. on Thursday, December 1, as the City of Boston’s Official Tree Lighting is celebrated on Boston Common from 6 p.m. to 8 p.m. The ceremony will be broadcast live on WCVB Channel 5 starting at 7 p.m.

The annual Tree Lighting on Boston Common is co-sponsored by the Boston Parks and Recreation Department and the title sponsor, The Province of Nova Scotia. Amazon serves as our presenting sponsor, JetBlue is the Community Sponsor, Related Beal serves as Pyrotechnic Sponsor while Bank of America, Constellation, and the Greater Boston Convention and Visitors Bureau are supporting the event as key sponsors. Additional support provided by WCVB Channel 5 and the Boston Globe.

Visit [novascotia.ca/treeforboston](http://novascotia.ca/treeforboston) and [Boston.gov/Parks](http://Boston.gov/Parks) for more information on the Tree for Boston, and follow our social channels to stay up to date with all the holiday lighting events: @bostonparksdept on Twitter, Facebook, and Instagram.

### MUSEUM HOSTS FREE PUBLIC EVENTS TO CELEBRATE VETERANS DAY

The USS Constitution Museum will honor veterans with a “Salute to Veterans”—a ticketed breakfast to celebrate the 247th birthday of the U.S. Marine Corps and free public programming on November 11, 2022, in the Charlestown Navy Yard.

The day will begin with a ticketed breakfast at the Museum following Morning Colors in front of “Old Ironsides” on Pier 1. The breakfast features remarks from Major General Charles L. Hudson, USMC (Ret.), who will draw upon his experiences over a distinguished thirty-five-year career leading logistics planning and operations for the Marine Corps on land and sea to reflect upon the importance of solid leadership during turbulent times. General Hudson will also discuss the value of the leadership traits and principles learned as a Marine, as well as what we

can learn from his recent experience assisting U.S. Government Security Cooperation and Institutional Capacity Building efforts in Saudi Arabia, Jordan, Kuwait, and Mexico.

The annual breakfast also honors the memory of LT. William S. Bush, the first U.S. Marine Corps officer to die in the War of 1812 aboard USS Constitution.

The Museum will also provide a special welcome for veteran visitors throughout the day, featuring a special veterans-only tour of the Ship and inviting military families to visit with free admission. Veterans who register in advance and participate in the tour will also receive a U.S. flag flown on board “Old Ironsides” as a special gift from the Museum.

Additionally, the public will have the chance to thank a member of our military community directly. Over the weekend, the Museum will host a write-a-thon to send personalized thanks to veterans, active-duty service members, and their families. This Veterans

Day write-a-thon is part of a year-long initiative of the Museum to collect “50,000 Letters of Gratitude” for the military community. Anne Grimes Rand, President and CEO of the USS Constitution Museum, explains, “We believe that the simple art of letter-writing to express gratitude can tremendously impact lives. This act of kindness recognizes the important contribution of those who serve, while demonstrating a valuable skill to younger generations.”

Finally, the day’s events will cater to families, as the public is invited to enjoy a free round of USS Constitution mini golf in the Charlestown Navy Yard! This outdoor course, themed by key moments in the Ship’s history, is back by popular demand for the last time this season after its introduction at the recent Birthday Block Party. We will also have free snacks and treats while supplies last! For complete details on the day’s activities, visit [usscm.org/events/veterans-day-2022](http://usscm.org/events/veterans-day-2022).

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# Groups sue EPA for failure to fully protect Boston rivers

Conservation Law Foundation (CLF) and Charles River Watershed Association (CRWA) have filed a lawsuit against the Environmental Protection Agency (EPA) for failing to take necessary actions to protect three Boston-area rivers from polluted runoff. Though EPA recently acknowledged the damage caused by stormwater pollution from nearby properties, the agency has not issued the permits needed to pro-

tect the Charles, Mystic, and Neponset Rivers. “These iconic rivers are suffering because of the EPA’s consistent foot-dragging,” said Heather Govern, CLF’s Vice President of Clean Air and Water. “Despite all the evidence linking stormwater pollution to dirty and unsafe water, the agency has failed to take legally required steps to address this growing problem. We have waited over three years for them

to regulate the pollution, and these rivers cannot wait any longer.” Stormwater runoff from private properties with large areas of paved surfaces, like big box stores, strip malls, private universities, and major apartment complexes, was not previously regulated by EPA. These properties contribute a disproportionate amount of polluted runoff to nearby rivers. CLF and CRWA petitioned the EPA to regulate the aforemen-

tioned properties along the Charles, Mystic, and Neponset Rivers in 2019 and 2020. In response to our petitions, EPA announced on September 14, 2022, that certain polluters in the three watersheds will be required to comply with a Clean Water Act permit to reduce stormwater runoff. But EPA has not yet issued the permits that will actually reduce stormwater pollution, which is why CLF and CRWA are

taking EPA to court. “The EPA must move quickly. Stormwater runoff is increasing as rainfall gets heavier with climate change, adding more pollution to our rivers,” said Emily Norton, CRWA’s Executive Director. “The Charles River is clearly suffering, as CRWAs monitoring of toxic algal blooms and water quality shows.” Over several years, EPA’s failure to regulate these polluters has re-

sulted in ever-increasing toxic algae blooms on all three rivers in the warmer months, which make people and pets sick, and put activities like boating and kayaking at risk - limiting public use of the river and harming the outdoor recreation economy. The blooms also degrade water quality and harm the wildlife that calls the rivers home.

## Climate // CONTINUED FROM PAGE 1

ing a net-zero city that is prepared for the impacts of climate change and protects all its residents equitably.” “As a coastal city, Boston is already seeing the effects of our changing climate and is pursuing plans to mitigate them on multiple fronts,” said Amy Longworth, Executive Director of the Boston Green Ribbon Commission. “What this report does is set out a framework for us to track our efforts during what will be a decades-long, all-in process to eliminate our carbon footprint and prepare ourselves for the impacts of a warming planet. The challenge requires transformative action. City government leadership is essential, but the action has to take place across all sectors.” Commenting on the report District One City Councilor Gabriela Coletta said, “Boston is uniquely vulnerable to sea-level rise due to climate change and a warming ocean. We must act with urgency and utilize innovative strategies seen around the world to reduce our carbon emissions. My coastal district will be disproportionately affected by the disastrous impacts of heat waves, storm surge, and other weather-related events. We need meaningful action at all levels of government and an investment from everyone to protect our collective future.” The report was prepared by a team from the Dukakis Center led by Northeastern University Professor Joan Fitzgerald. The Northeastern team was joined by Michael Walsh, a partner and Director of Policy Research at Groundwork Data, a new think tank focused on helping cities to better use data to accelerate a clean, equitable, and resilient energy transition. The report was shaped in part by a 19-member Advisory Committee, including representatives from businesses, foundations, and nonprofit organizations that play a leadership role in the climate space. “This report has been a significant undertaking, bringing together ideas and resources and building out a means through which we can begin to effectively understand our climate progress,” said Joan Fitzgerald, Professor of Urban and Public Policy at Northeastern University. “It also lays out potential courses of action that, if begun now, can accelerate our progress and strengthen both our equitable response and climate resiliency.” 2030 Emissions Goal Likely Out of Reach The report notes that Boston has made measurable progress on its in-

terim goal of reducing its carbon emissions by 50 percent from 2005 levels by 2030, despite increases in the built environment and a rise in vehicle miles driven. A cleaner grid, improvements in vehicle efficiency, the broad adoption of building energy efficiency measures from lighting to insulation, and oil-to-gas heating system conversions have all begun to bend emissions downward – but have only achieved incremental improvement. City climate policies, such as the Building Energy Reduction and Disclosure Ordinance (BERDO), also show potential but barring more systemic changes, the city has no clear path to meet its interim 2030 goal or its 2050 net zero target. The report emphasizes that an immediate pivot that builds off of recent federal and state legislation is necessary to get back on track to achieve the 2050 target. The report also evaluates the city’s status on two critical themes of climate plans – the efforts to make Boston resilient to future climate impacts and the multipronged strategy to address climate issues equitably, as laid out in the City of Boston’s 2019 Climate Action Plan and elsewhere. Because these goals can be challenging to quantify and difficult to measure, and because meeting any of these goals is expected to take years, if not decades, the Climate Progress Report offers a series of twelve key outcomes that are needed to achieve net-zero emissions, demonstrate climate resilience, and reflect equitable climate-related policies and outcomes, and provides a general assessment of where the city stands on each outcome (reflected in italics here): Low Carbon Electricity: Boston must generate and be supplied with electricity sourced from renewable and other low-carbon generation resources. A transition from coal to gas and early growth in regional solar has been responsible for pushing down electric sector emissions, but permitting delays have hindered wind growth and transmission capacity expansion. Both will need to be accelerated by the state and the regional authorities. Electrified Mobility: Phase out the use of non-zero emissions vehicles and deploy accessible charging infrastructure. Rapid market transformation, the State’s adoption of California’s zero emissions vehicle timeline, and the City’s leadership in guiding charging infrastructure deployment and electric school buses generate cautious opti-

mism that this outcome can be largely achieved in time. Equitable Housing and Mobility: Build more housing near transit and within the urban core. Accelerate strategies to reduce vehicle reliance and ownership by growing alternative travel modes and reshaping the street to prioritize the needs of people over vehicles. The region is not yet building enough housing, nor is it sufficiently reducing vehicle reliance to support its climate goals. Electric and Efficient Buildings: Electrify buildings while updating them for energy efficiency, comfort, and resilience. Beyond Vicinity’s commitment to electrify Boston’s downtown steam system, the pace of building electrification is too slow; urgent attention is needed to accelerate and guide electrification across Boston’s building stock. Greater Integration of Energy Systems: The utility-owned electric distribution grid must be modernized to support electrification, share the solar power generated on its roofs, and ensure resilience. Simultaneously, developing and sharing alternative thermal energy resources—such as the earth, water bodies, and waste heat—can efficiently displace fossil-fuel heating. Efforts to develop modern energy district and microgrid systems in Boston have run into roadblocks due to legacy policy and institutions. Conflicts surrounding grid upgrades highlight the challenges facing the modernization of the infrastructure needed for Boston’s climate goals. Targeted and Modest Use of Fossil Fuels: Fossil fuel use must drastically decline by 2050; however, modest judicious use of fossil or alternative fuels (e.g., bioenergy) will be needed to support low-cost reliability and resilience. Fuel use is not declining fast enough across all sectors to achieve emissions reduction targets. A lack of alignment among stakeholders on the future role of fuels challenges long-term planning threatening climate, cost, and reliability objectives. Sustainable Waste Management: The amount of waste produced needs to decline while shifting to more sustainable waste treatment practices. These practices include locally-sited material and energy recovery processes such as composting and technologies that convert organic waste to gas, electricity, or liquid fuels. Continuing plastic use and the region’s reliance



A man stands on a retaining wall at the corner of Marginal and South Bremen Streets during the January 2018 flood.

on waste incineration challenges efforts to reduce emissions. The collection of organic waste for energy recovery provides an opportunity to advance climate and zero waste goals. Responsible Carbon Dioxide Removal: Appropriately support the scaling of carbon dioxide removal (CDR) technologies to extract carbon from the atmosphere and permanently store it in geologic or natural stocks. Too many Boston institutions rely on buying offsets to make claims of net zero rather than prioritizing the outcomes above. CDR will play a role once mitigation efforts become exhausted, but this is not a viable near-term strategy. Robust and Resilient Urban Forests: Boston must better manage its trees and natural spaces to ensure they grow and provide enhanced benefits to their communities in a changing climate. The City of Boston’s recent 2022 Urban Forest Plan is a comprehensive and robust strategy for equitably restoring the city’s tree canopy. The private sector and property owners should embrace it. Protection of the Coastline: Maintain ongoing implementation of coastal resilience strategies across Boston’s and the region’s coastline. These include both nature-based and hard-engineered flood and sea-level rise infrastructure adaptations to reduce the risk of coastal and riverine flooding, with the aim of protecting all neighborhoods. Despite solid neighborhood plans, efforts to protect the coastline from sea-level rise and storm surges are challenged by a lack of funding and coordination among private property owners, the City and the State. Preparation for Extreme Weather: Prepare the infrastructure systems that support life in Boston for future climate conditions

and create new resilient systems. These include stormwater, energy, transportation, and emergency support systems in both public and private spaces. Hurricane Sandy could have hit Boston with similar force as it did in New York. Boston is currently unprepared for this likely future event on all fronts, despite deployment of new protective infrastructure. Repair of Past Harms: Frontline communities have experienced a history of discriminatory practices, neglect, and outright damage. A planning process to repair these harms should be initiated as emissions are mitigated, homes and blocks are made more resilient, economic opportunity is created, and community is revitalized. “How Boston performs on these twelve outcomes tells us a great deal about how Boston is doing in moving toward its broader goals,” said Michael Walsh. “This report sets the framework for evaluating our collective efforts, which will require commitment from the City of Boston, critical partnerships with state and regional governments, and investments from the private sector.” Evaluating Boston’s climate goals along these lines raised four critical areas of challenge, referred to as “Big Lifts” in the report, that are essential to achieving aggressive climate goals. The Big Lifts are linchpins to a successful response to our changing climate, but they are also decades-long, multifaceted efforts, each with their own challenges and priority actions. They are: Retrofitting the Small Building Stock: 70,000 single- and small multi-family homes need to be electrified by a new industry powered by a workforce that represents the communities it serves. Local Energy Planning

for an Electrified City: As homes and business convert away from carbon-emitting technologies, energy planning must be rapidly modernized to meet the changing needs, enhance and modernize the distribution system, and make it more resilient in the face of extreme weather. Building a Resilient Coastline through Improved Governance: Boston needs to be part of a decision-making process to create a governance structure for managing the Massachusetts coastline that could provide coordinated funding and mediate conflicting goals. Prioritize Reparative Planning for Boston’s Frontline Neighborhoods: Boston must run with its “Green New Deal” vision to integrate climate action with reparative planning (and become a national leader in the process). Linking reparative planning to climate action creates the imperative that communities that have experienced the “first and worst” of climate change impacts—frontline communities—should be the first to receive the benefits of climate action. These efforts will require systemic transformations driven by funding, State and City legislation, increased staff capacity at City Hall, coordination among community organizations, metrics and accountability frameworks, leadership by the private sector, and guiding support of citizens. The Climate Progress Report is now available for download at <https://tbfi.org/climate2022>. Detailed reports on each big lift are currently being finalized and will be released on the site in the coming months. Future iterations of the report are anticipated to explore other areas in detail such as transportation, the role of the private sector, and the impact of community organizations.



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Coletti; his grandchildren: Mark and Lisa Gravallese, Michelle and Jon Bouley, Giancarlo and Heather Graziani, Giacomo Graziani, Peter and Anthony Coletti and his beloved late granddaughter, Jean Marie Gravallese and his great-grandchildren: Michael and Matthew Gravallese, Madalina Graziani, Julien Bouley and two Graziani players to be named later. He is also survived by his sisters and brothers: Angela DeDomenico and her late husband, George, Alice Meucci and her late husband, Gino, Richard and Marion Gravallese, George and Theresa Gravallese and many loving nieces and nephews. He was predeceased by his brother, Robert and his wife, Rina.

Family and friends honored Peter's life by gathering at the Ruggiero Family Memorial Home, 971 Saratoga Street, (Orient Heights) East Boston, on Sunday, November 6 and again on Monday morning November 7 before leaving in procession to Saint Joseph - Saint Lazarus Church, East Boston, for a Funeral Mass celebrating Peter's life. Services concluded with Peter being laid to rest at Holy Cross Cemetery, Malden. May he rest in peace.

In lieu of flowers, please send donations to National Tay Sachs & Allied Diseases at www.ntsad.org or National MS Society www.nationalmssociety.org. To leave an online condolence visit [www.ruggieromh.com](http://www.ruggieromh.com).



He was the beloved husband of Mary Ann (Testa) with whom he shared 70 years of marriage and son of Anthony (Milky) and Josephine (Dente) Gravallese.

At the age 18, Peter enlisted in the US Navy and served honorably during WWII. Upon his return to East Boston, he studied nights while working days and achieved his BS in Civil Engineering. He was employed by the Dept. of Public Works of Massachusetts for 40 years, working his way up from a surveyor of our Interstate Highway System to the Equal Employment Opportunity Director when he retired.

He fully enjoyed his retirement, improving his golf game, traveling, cruising with his wife and family, following his favorite performers at concerts or organizing the next party.

An avid sports fan from boyhood, he attended several World Series beginning with the 1946 Red Sox. As the family grew he always included his children, grandchildren and great grandchildren at these events. The original "foodie," he was always eager to try out a new recipe or restaurant, but he was happiest at his home dining table surrounded by his family with good food and wine.

He was a lifetime member of the Knights of Columbus Council 2962, where he enjoyed the camaraderie, fun and support of his fellow Knights to his final days.

Peter leaves his four children: Peter and Patricia (Masucci) Gravallese, Paula and the late Giovanni Graziani, Stephen Gravallese, Nancy and David

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POLIO.

As one of the last American children to contract polio, Jeffrey Galpin grew up in a world of iron lungs and body casts, alone with his imagination. His story would be dramatic enough if it was just about his battle with this dreaded disease.


But Jeffrey Galpin did more than survive polio. He went on to a list of achievements in medical research—including being the principal investigator in applying the first gene therapy for HIV/AIDS.

Dr. Galpin actually credits his own incurable condition for giving him the focus that made him so passionate in his research. His story leaves us with two of the most contagious messages we know. Don't give up, and remember to give back. If Dr. Galpin's story inspires just one more person to make a difference, then its telling here has been well worth while.



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CITY PAWS

Salads for holiday menus

By Penny & Ed Cherubino

Have you considered adding salads to your holiday meals? Traditional side dishes on a Thanksgiving table might be more inviting to some of your diners if they were in salad form. What’s more, salads can be made ahead, demand less attention from the cook, and don’t need space on a crowded stove.

Food Preferences Have Changed

Many of our holiday food traditions come from a time when hearty food was needed for people who performed manual labor. Today, many of us are careful about what we eat because our work is less physical. Some guests may decline meat, avoid gluten, or have food allergies. More of your guests will have their needs and preferences met if you opt for vegan salads (perhaps with an assortment of add-ins like bacon or nuts on the side).

Thanksgiving Options  
You can begin with a classic Thanksgiving turkey with gravy, stuffing, and mashed potatoes. It’s the side dishes that can be transformed. You might replace a green bean casse-

role with a protein-packed salad of cannellini, kidney, and garbanzo beans in a vinaigrette dressing. We discovered sweet potato salads this year and would happily include this option in place of candied yams.

Tang is one flavor profile that is missing from most Turkey-Day meals. If the cranberry sauce is homemade and not too sweet, it can offer a brighter flavor to cut through the heavier food. You might consider a dish of pickled beets as an uplifting side. Asian-style coleslaw is another salad that can be sweet and sour or even hot and sweet. This touch of spice would give the chili-heads in the group reason to cheer.

Great artisan pickles are becoming more common. You might search out your Great Aunt Tilly’s condiment server and provide an assortment of pickles, chutneys, and mustards for guests to add to their plates.

What Can I Bring?

Salads are the perfect answer when you are hosting, and your guests are bringing part of the meal. These dishes are easy to transport and can go right

on the table or buffet when they arrive without a trip through the kitchen. Many of the suggestions we’ve made here are best when prepared ahead and allowed to marinate.

We suggest you ask the salad maker to keep the dressing on the side for salads that are best when tossed at the last moment and make dressing their contribution their responsibility. Another option is to put the dressing in a separate bowl and let the guests add their own. That can help make a big bowl of leafy greens better as a leftover.

Leftover Salads

Around our house, we have two opinions on leftover salads. Ed loves them all, even those with wilted greens. Penny only enjoys marinated salads like slaw or carrot salad as leftovers. If you choose your salad sides carefully, they can become part of the weekend smorgasbord. While traditional mayo coleslaw is typical on sandwiches like pulled pork, we love Asian slaw on turkey sandwiches. The pickle tray can come out and brighten the sandwich plates.

Yes, you will have someone who profound-



Sweet potato salad can make a light and easy-to-prepare ahead, side dish for your holiday table.

ly regrets your decision to replace their favorite holiday menu item with a salad version. However, you may also receive praise from other guests

who were happy to bring something easy to make or who may even ask if they can take a little of a delicious salad home in their doggie bag.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

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The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com

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DEREK KOUYOUMJIAN PHOTOS



Sailors from the USS Constitution march in the Parade. See Page 2 for more photos.



The Ancient And Honorable Artillery Company Marching Band. They are the 3rd oldest military unit in the world, dating to 1638 to train the officers who in turned trained the militia, a genesis for the National Guard.



The American Legion Post 329 from Chinatown.



Boston Mayor Michelle Wu (right) with the Boston University Army ROTC Cadet Color Guard: Aclarla Alcover, Cole Wiegand, Joseph Catey, and Sofia Lee.



The West Point Band crosses Arlington Street.



City Of Boston Council President Ed Flynn, Mayor Michelle Wu, Veterans Services Commissioner Robert Santiago, and Councilor Kenzie Bok walk up Tremont Street.



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