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Wednesday, July 31, 2024

### MAIN STREETS HOLD 28TH ANNUAL TASTE OF EASTIE



East Boston Main Streets (EBMS) presented the 28th Annual Taste of Eastie on July 23 at the outdoor waterfront venue, The Tall Ship. Shown (above) are members of Charlesgate Realty, one of the event sponsors. Shown (right) Mi Pueblito Orient Heights serving nachos and guacamole to guests. See Pages 5-7 for more photos.

Mary Rose Neumeyer eating Mexican street corn.



PHOTOS BY MARIANNE SALZA

## Nantucket Lightship hosts the Andrea Doria's Anniversary event

Story & Photos by Marianne Salza

The Nantucket Lightship/LV-112 floating learning center, docked at the Boston Harbor Shipyard and Marina, held a two-day-long series of events on July 25-26 in honor of the 68th anniversary of the collision of the SS Andrea Doria and MS

Stockholm in 1956. "It was a traumatizing event the night of the sinking. The water was very oily, so everyone was covered in oil, and sea sick. It was a very uncomfortable environment," described professional deep-sea diver, Mark Koch, who has been interested in nautical archeology and ship-

wrecks from a young age, and now manages international deep-sea dives. The celebration included a memorial service, United States Coast Guard helicopter sea rescue demonstration, and presentation of the film, "Alive on the Andrea Doria: Are the Passengers Saved?" by author Pier-

rette Domenica Simpson, at the Battery Wharf Hotel. Historians, survivors, and members of the community also enjoyed a display of SS Andrea Doria artifacts, such as a bell, life preserver ring, and China silverware, salvaged by explorer, John Moyer. Guests had the opportunity to cruise aboard

the SS Andrea Doria Lifeboat Number 1, owned by Koch, a collector of rare antiquities, who spent four years restoring the vessel to historical accuracy in order to teach younger generations about the luxury, Italian liner. "Our family has been dedicated to preserving history, educating youth – and most importantly – having fun doing it," explained Koch, accompanied by his daughters, Evie and Estella. "We're glad to be here in Boston, working with the Nantucket Lightship Museum. Both of these vessels were used on July 25, 1956. The Nantucket Lightship was used to coordinate communications to save the passengers on the Andrea Doria. Once again, these vessels are side by side and being used to tell the story.

has been to a movie premier in Detroit, profiled in New York City's Columbus Day Parade, has been launched in the Hudson River at SUNY Maritime College, and was on display in Rocky Hill, Connecticut, in addition to Italian festivals around the country.

"Sixty-eight years later, it's still very emotional for the survivors," observed Koch. "The boat is a tangible way to get back to 1956. You're stepping back into time." Survivor Joe Porporino, of Delaware, coasted through Boston Harbor on the SS Andrea Doria Lifeboat Number 1 with his sister, Bruna Porporino Capalbo, and brother-in-law, Joseph Capalbo, of New Jersey. He was two-years-old – his sister one – during the sinking. The siblings recalled the stories passed down by their parents, Santino and Antonietta Porporino, who

Since its restoration, the SS Andrea Doria Lifeboat Number 1, which holds 56 people and is powered by fleming gear levers,

See LIGHTSHIP Page 8



Harbor excursions with survivors on the SS Andrea Doria Lifeboat Number 1. (Photo by John Rogers)



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# Officials visit Piers Park Sailing Center

Special to the Times-Free Press

Early last week, officials from both state and city sectors visited Piers Park Sailing Center, which received funding for its summer programs from Boston After School & Beyond, a local organization that works to expand access to after-school and summer programs and has given out a total of \$900,000 to 58 programs

in Boston through a state-wide summer learning grant program from the Department of Elementary & Secondary Education (DESE).

Last Monday, Tommy Welch, Boston Public Schools School Superintendent of Region 1, visited the sailing center, while Senator Lydia Edwards and City Councilor Gabriela Coletta Zapata did so last Tuesday.



City Councilor Gabriela Coletta Zapata chats with a Piers Park Sailing Center participant.



Senator Lydia Edwards poses with young sailors at the Piers Park Sailing Center.

PHOTOS COURTESY OF BOSTON AFTER SCHOOL & BEYOND



Tommy Welch, Boston Public Schools School Superintendent of Region 1 (Back row, third from right), with children and staff from Piers Park Sailing Center and staff from Boston After School & Beyond.

## NEWS IN BRIEF

### HARBOR VIEW NEIGHBORHOOD ASSOCIATION MEETING AGENDA

The next meeting of the Harbor View Neighborhood Association will be on August 5, 2024, at 6pm. The meeting is In Person only but will be streamed via Facebook for archival purposes. Attendance on Facebook does not qualify for voting. The meeting will be held in the Salesian Boys and Girls Club cafeteria, across from the Brooke Charter School on Byron Street. You can access the meeting from the front door on Byron Street or from the rear door on Wordsworth Street, which is the handicap entry, to avoid the stairs. Since we are indoors, masks are optional for those in attendance.

La proxima reunion de Harbor View Neighborhood Association esta en 5 de agosto a las 6pm. La reunion esta en persona y via Facebook. La asistencia en Facebook no califica para vota. Llega a la cafeteria del Salesian Boys y Girls Club por la calle Byron al otro lado de Brooke Charter School. Pueda usar la entrada principal por la calle Byron o la entrada en calle de Wordsworth. La entrada de calle Wordsworth no tiene escaleras por personas con discapacidades. El cubre bocas sera opcional pues to que estaremos adentro.

Agenda  
Welcome/Introduction (5min)

ONS Roberto Gomez (5min) Neighborhood announcements. Let us welcome Roberto who is replacing Manuela (Mela) Gomez, our former ONS East Boston representative.

Announcements (5min) Greenway Council, Tree Eastie, Eastie Farm. National Night Out, Boston Police Department A7,

Lopresti Park Tuesday August 6, 2024, 6:30pm-8:30pm. Summer Music/Art Series brought to you by The Friends of the Mary Ellen Welch Greenway: K.S. Quartet August 14 and 28 (Bremen Street Amphitheater); World Renowned Accordion Player Cory Pesaturo with Sonja Tengblad, August 30, 2024 6pm-8pm.

Station 7 Police Report (15min) Captain Bickerton, Sgt. Cintolo, Officers Mosley, Alvarez and Figueroa.

DCR (Department of Conservation and Recreation) (15min) Tara Barrett and other DCR staff will present some proposed improvements to Constitution Beach. Q&A to follow.

Boston Scores held a successful ribbon cutting on July 16 for the new Soccer Field Complex at the end of Horace Street. Question about a tour date for the neighborhood.

Election for Board Members (HVNA) (10min) The 2-year term ends for the current Board and all members will be seeking another term of office. Also, we have one nomination for the vacant position on the Board.

638 Bennington Street (15min) The discussion will follow-up the abutter meeting that was held by membership in June to discuss the proposed bar/restaurant in the neighborhood.

Please note! That due to the Labor Day holiday our September meeting will be delayed by one week and held on September 9, 2024, rather than September 2, 2024.

The next meeting of the HVNA will be on September 9, 2024. Visit us at <http://www.facebook.com/groups/harborview-na> or check our website at [harborvieweastboston.com](http://harborvieweastboston.com) or board@harborviewna.org.

## West Nile Virus detected in nine mosquito test samples

The Boston Public Health Commission (BPHC) today announced that nine mosquito test samples obtained from Jamaica Plain, Roslindale, Roxbury, and West Roxbury tested positive for West Nile Virus (WNV). The virus is carried by mosquitoes and can be spread to humans through the bite of an infected mosquito. These are the first samples to test positive for the virus in Boston this summer. There are currently no confirmed human cases of West Nile Virus among Boston residents and the risk of transmission remains low; however, BPHC still encourages residents to protect themselves.

The best way to reduce the risk of West Nile Virus is by avoiding mosquito bites. BPHC recommends the following strategies:

- Avoid spending extended periods of time

outdoors from dusk to dawn, when mosquitoes are most active.

- Wear long clothing and high socks to keep mosquitos away from your skin.

- Use EPA-approved insect repellents like DEET, oil of lemon eucalyptus, picaridin, or IR3535.

- Make sure screens in windows and doors fit properly and do not have any holes.

- Regularly empty out and clean bird baths, unused flowerpots, and other vessels containing standing water to prevent mosquitoes from breeding. Flip over unused kiddie pools and dispose of old tires, which are also known to collect rainwater that attracts mosquitoes for breeding.

- Regularly clean out gutters and remove any debris or blockages.

"We encourage all residents to protect them-

selves from insect-borne infections like West Nile Virus by wearing insect repellent and long sleeve clothing when spending time outside at dusk or dawn when mosquitoes are most active," said Dr. Bisola Ojikutu, Commissioner of Public Health and Executive Director of the Boston Public Health Commission. "We are working closely with our partners at the State to monitor mosquito test samples and keep residents updated about the risk of West Nile."

Most people who are infected with West Nile Virus do not experience any signs or symptoms of illness. In some cases, however, people will experience a headache, fever, nausea, vomiting, and body aches which can last for a few days or several weeks. In most cases, individuals with mild symptoms recover on their own without needing medical assistance.

People who are older than 50 years of age are at higher risk of developing serious symptoms, including high fever, severe headache, confusion, lack of coordination, and muscle paralysis or weakness. If you or someone you know is experiencing these symptoms, contact a health care provider immediately. More information on WNV and other mosquito-borne illnesses are available on BPHC's website.

Boston Public Health Commission (BPHC) is the country's oldest health department. We envision a thriving Boston where all residents live healthy and fulfilling lives. To accomplish this, BPHC works in partnership with communities to protect and promote the health and well-being of all Boston residents, especially those impacted by racism and systemic inequities. Learn more about our work at [boston.gov/bphc](http://boston.gov/bphc).

## Real Estate Transfers

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| Rosa, Robert E        | 437 Frankfort Street LLC | 437 Frankfort St #2  | \$649,000    |
| Montplaisir, Eric     | Aijack LLC               | 464 Sumner St        | \$2,435,000  |
| Lux, Kevin A          | St Felicity T            | 99 Everett St #1A    | \$715,000    |

## SEND US YOUR NEWS

The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. We also encourage readers to e-mail news releases and photos to [deb@reverejournal.com](mailto:deb@reverejournal.com)

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# Restauranter Raffaele Scalzi named to Board of Directors of Mass Restaurant Association

By Melissa Moore-Randall

A lifelong entrepreneurial spirit has landed Revere's Raffaele Scalzi on the Board of Directors of the Massachusetts Restaurant Association. Scalzi is the owner of Pazza on Porter, Next Door Speakeasy and Raw Bar in East Boston, and Casa Lucia Function Facility in Revere. He is also the owner and director of New England's largest trade beverage expo, the Boston Wine Expo, and Boston's largest food festival, the Boston Pizza Festival. Both are annual events held in the City of Boston.

Raffaele's career in the restaurant industry began at 15 when he worked as a busboy. "I have been in the restaurant industry for over 15 years, with experience in sales, event production, and hospitality. Over the years, I slowly learned the trade, working my way up to General Manager. Eventually, I owned my first restaurant with my brother called Casa Mia in Marblehead." "I recently joined the Board of Directors of the MRA in the hope of bringing a fresh perspective to the industry. The industry has changed significantly over the past 10-15 years,

with challenges like price surges, inflation, and high payroll costs. I feel I can contribute more to the industry beyond just owning restaurants. The MRA serves as the voice of the industry to our state legislature, and it's good to be part of an organization that understands the pulse of the industry." Scalzi grew up in Revere in a close Italian family that includes his parents, his twin sister and older brother. He attended Revere Public Schools and is a Revere High School graduate. He later attended Suffolk University. Scalzi is in the process

of opening a new Ramen and Sushi take-out location in East Boston, which should open in early 2025. "I see a shift towards take-out dining, with more people eating at home rather than dining out. My plan is to bring the restaurant experience to homes by offering branded take-out packaging with elevated ramen and sushi cuisine." "For anyone looking to pursue anything in life, it's not always a linear path. Sometimes, failing forward provides the best results. Don't give up and continue to try your best every day—good things will come out of that."



Raffaele Scalzi.

# Wu announces 30+ public art initiatives to reimagine Boston's monuments

Mayor Michelle Wu and the Mayor's Office of Arts & Culture (MOAC) today announced the selected artists and public art projects for year one of the City's "Un-monument | Re-monument | De-monument: Transforming Boston" program. With this funding, artists and local arts organizations will spark conversations about monuments through temporary public art installations, free public events, and interactive arts experiences. This initiative is supported by a \$3 million grant—the largest investment into public art programming in Boston—as part of the Mellon Foundation's Monuments Project. The program aims to transform the nation's commemorative landscape to ensure collective histories are more completely and accurately represented. Boston is one of nine U.S. cities to receive a grant. The City of Boston Mayor's Office of Arts and Culture will invite artists to submit proposals for year two of the grant in November 2024.

experimentation, this initiative features deep collaborations across Boston and beyond with artists, advisory committees, cultural organizations, and educational institutions." Through temporary public art installations that expand the traditional monument form, the Un-monument initiative aims to help residents reflect on and engage with monuments in Boston and the narratives they create. For 2024, artist-led temporary monuments were commissioned by an open call led by MOAC as well as through commissions by five curatorial partners. Artists and other community members were able to apply to participate in an augmented reality artist workshop, as well as an advisory team to provide community-thought partnership and offer feedback, connections, and recommendations for the duration of the Un-monument program, including on speakers invited to speak at The Embrace for a public conversation series. "Un-monument builds on nearly a decade of the Boston community's collective work," said Director of Public Art for the City of Boston Karin Goodfellow, who is leading Un-monument. "I'm excited to continue this work with artists, cultural leaders, and residents across the city to explore how new works of art can reframe our experience of monuments and better connect our histories to the present."

ument program, new public art installations across the city will encompass temporary sculptural installations, murals, new media and augmented reality, theater, and socially and community-engaged practices. These projects include a commemoration of the weekly toll of gun violence in the U.S., an immersive sculptural installation of a large Mayan pyramid highlighting the resilience of immigrant communities in Massachusetts, and live painting by local graffiti-artists alongside community dance and music events across the city. Selected Projects: "Spray It Loud, Display It Proud" Series: Monumental Manifestations of Community in the Medium of Graffiti by A Trike Called Funk with local graffiti artists • Kinfolk Monuments Project by Kinfolk, led by Idris Brewster • Future Monument to the Trees of the Public Garden by Katherine Farrington • Generation Peace Poles by Ruth Henry • We Were Here Too by Roberto Mighty • Going to Ground by LaRissa Rogers and Zaliqa Azim • The Gun Violence Memorial Project by Hank Willis Thomas and MASSDesign Group • Boston Chinatown: Stories on The Streets by Alison Yueming Qu and The Lot Next Door by Jarozie Harris

morial that encourages personal and collective reflection on the Vietnamese diaspora experience; and a series of public interventions aiming to uplift the story of Crispus Attucks and the Boston Massacre. • 1975: A Vietnamese Diaspora Memorial by Ngoc-Tran Vu • Crispus in July: Requiem for a Revolutionary... aka A Series of Interventions and Meditations in Public Space to Contemplate Freedom Trails and Trials and Politicized Deaths of Coloured Citizens of the World, but in Particular, and Very Expressly, Those of the United States of America by Lauren Woods • On The Prowl by Rixy • Project inspired by A People's Monument by Cedric Douglas • Project by Roxbury Love by Ricardo Gomez • Recognize Ella (Working Title) by Fatima Seck • title in progress immigrant's monument by Tania Bruguera • "ELEVAR LA CULTURA" by Victor Quiñonez

ganizations with the intention of creating opportunities for more perspectives to join the conversation about what monuments could be in Boston. Commissioning local organizations to expand upon the Un-monument program supports Boston's creative ecosystem and allows for participation in this dialogue at multiple levels. "No action is more urgently needed than rediscovering how to love ourselves and thus cancel violence in our communities. Artists help us visualize ways of doing that through creativity. We discover ourselves as we create ourselves through music, spoken words, and visual exuberance. Just such rediscovery is the goal of Cancel Violence," said Barry Gaither, Director and Curator of the Museum of the National Center of Afro-American Artists. The 5 curatorial partner

organizations are: • Emerson Contemporary, co-curated by Leonie Bradbury and Shana Garr • Regarding Monuments: Visualizing Hidden Histories • off the pedestal by Laura Anderson Barbata, New Red Order (NRO), Paula J. Wilson • I have asked myself: "Can a sentence be haunted? And if so, by what?" by Kameelah Janan Rashied, • THIS IS AMERICA by Louis Cameron • Transforming Boston: Hidden in Plain Sight with Sue Murad, Clareese Hill, and Elisa Hamilton • North American Indian Center of Boston, co-curated by Janelle Pocowatchit and Jean-Luc Pierite • Mother Earth Back: Landscapes of the Southwest by Geraldine Barney • Portals: Mending in

See ART Page 10

### - CLARIFICATION -

In last week's article titled, "Coletta Zapata sponsors hearing on ongoing reform of Article 80 development review process," Nupoor Monani title was incorrect. He is the Senior Deputy Director of Development Review. We are sorry for any inconvenience this may have caused.

**Curatorial Partners**  
In addition to artist-led projects, MOAC is funding commissions led by five curatorial partner or-

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"Public art can help challenge, reflect, and celebrate our communities, and I am so thrilled to see the work of our grant recipients across our neighborhoods," said Mayor Michelle Wu. "This investment in public art programs is groundbreaking and will support our efforts to highlight the many cultures, talents, and histories of our residents. It is an honor to see this innovation through art." The City's Un-monument program adopts a multifaceted approach to the discourse on monuments through temporary monuments, education, engagement, and public conversations. By providing various pathways of participation to artists, cultural organizations, and community members through a diverse range of projects and engagements, the City expands the role of the public in shaping Boston's future monuments to sustain a cultural ecosystem for years to come. In addition to the artists receiving grant funding, MOAC is inviting Joshua Bennett, Imani Perry, Kerri Greenidge, and other leading figures to speak at a series of public conversations at The Embrace with the Hutchins Center of African & African American Research. "These selected public art projects celebrate diverse voices and perspectives, uplift democracy and justice, and uncover the city's rich history while examining the complexity of American stories," said Kara Elliott-Ortega, Chief of Arts & Culture for the City of Boston. "Emphasizing creativity and

Additionally, MOAC is broadening its impact through partnerships with the Boston Art Review and the Massachusetts College of Art and Design (MassArt). By fostering and supporting a new generation of art makers rooted in the city's cultural landscape, MOAC redefines monuments as more than just objects to encompass the larger dialogue around monuments as it pertains to signage and written language. The Boston Art Review will expand upon the work in Un-monument through research, writing, and publishing about monuments in Boston. MassArt will create educational and interpretive materials, signage, and an online educational component. **Temporary Public Art Monuments** As part of the Un-mon-

Research And Development Grants Eight additional artists were selected to receive grants to support research and development for future projects. These projects include a proposal honoring and uplifting the legacy of Ella Little Collins, Malcolm X's older sister; an interactive me-

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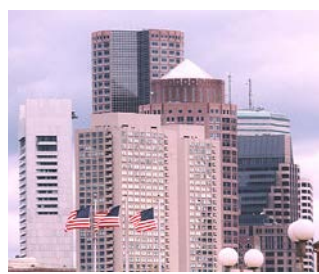
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# Forum

GUEST OP-ED

## A budget that will make a big difference

By Maura Healey

I just signed a groundbreaking new budget for our state.

This budget delivers on our shared priorities. It drives our state forward with urgency and purpose.

Massachusetts is the best place in the world to live, work, raise a family, and grow a business. But we face challenges, so we aren't resting. We're going on offense.

We're investing in the areas where we're already leading. But we're not just pushing forward on our #1 ranked schools and our nation-leading childcare policy. We're also tackling our biggest challenges by lowering more household costs and improving transportation.

And we're doing all of this responsibly – staying within our means and focusing every taxpayer dollar on making life better for everyone who lives and works in our state.

So why is this budget going to make such a big difference? Let me give some examples.

We're making strides on education.

This budget funds Lit-

eracy Launch, our plan to provide high-quality, evidence-based reading instruction to every student from age 3 to grade 3.

We're fully funding the Student Opportunity Act, continuing to provide free breakfast and lunch for every public school student in the state, and fully phasing in the tax cuts we passed last year – which for families now means the most generous, universal child and dependent tax credit in the nation, at \$440 per child.

We're funding a historic expansion of college access in our state. Building on the success of MassReconnect, which eliminated tuition and fees for students over 25, we're establishing MassEducate.

Massachusetts will now have the most comprehensive free Community College program in the United States.

We'll save money for students and families. We'll open the doors of higher education and career opportunity. And at a time when community colleges are critical partners on workforce training, it will help us build the workforce we need in climate technol-

ogy, healthcare, advanced manufacturing, and more.

This budget also levels up our work to make transportation both more reliable and more affordable in our state.

It doubles our operating support for the MBTA, and funds the T's reduced fare program for low-income riders. It funds fare-free bus service at our 15 statewide Regional Transit Authorities.

We're using \$250 million of Fair Share funding to leverage \$1 billion of investment capacity for transportation infrastructure – including roads, bridges, and rails. That could mean as much as \$300 million, right away, for the MBTA Rail Enhancement Program that will accelerate our progress eliminating slow zones.

We're doubling down on our commitment to lead on climate. Last year we made history by investing a full 1% of our state's budget into Energy and Environment. This year, we're doing that again.

Our communities are deeply impacted by climate change already. We saw it in the floods last summer – and this month. So many

communities dealt with serious damage. So this budget establishes the permanent Disaster Relief Fund.

These investments make us more competitive for employers to stay and grow here. They make it easier for people to afford to live and work here. And we have so much more coming.

Today's budget was possible due to our incredible partnership with the Speaker, Senate President, and the work of the entire legislature.

And we're going to get so much more done together. Right now, the Legislature is working hard to complete more major bills, including on housing costs and economic development.

I know we are going to continue the incredible progress we are making. And we're going to do it in the way we know how – by coming together and delivering.

In a country that is so divided, that sense of partnership is what makes us so special. It makes us Massachusetts.

*Maura Healey is the Governor of Massachusetts*

## A REAL-LIFE TWISTER STRUCK REVERE 10 YEARS AGO THIS WEEK

It was 10 years ago this week on Monday morning, July 28, that the neighboring community of Revere made national news when a tornado touched down at Mill Creek at the Chelsea line and tracked up Broadway to Brown Circle, leaving a trail of destruction in its wake that can only be described as something that one might see in a war zone.

When area residents awoke Monday and set out on their business for the day, there was no sign or warning of what Mother Nature would have in store for them at 9:34 that morning. But in the course of approximately five terrifying minutes, an F2 tornado -- in all its fury and unpredictability -- swept down Broadway and adjacent streets, causing tremendous damage to businesses, buildings, and homes.

An excerpt from the front page story of our sister newspaper, the Revere Journal, described the scene in the immediate aftermath this way:

"The sound of a freight train resounded outside the windows of Broadway businesses and homes in the immediate surrounding neighborhoods, a telltale sign of a tornado. Heavy things that aren't supposed to fly around like plastic bags were swirling; the opposite side of Broadway was invisible from one side to the other. The lights went out. The winds howled. Dumpsters were moved several yards. The skating rink roof was ripped off and deposited on Taft Street. City Hall windows on the south side were blown out like bombs had burst -- even computer screens and interior windows burst under the pressure of winds that tossed roofs like Frisbees and tore down granite blocks from the chimneys....Many people, who had no warning of the approaching storm, were outside or driving. They were blown in the winds, emerging from the whirlwind terrified and shaking, hardly able to relay to the Journal what had just happened to them. Just minutes after the storm passed, people who had been outside got up from where they were or emerged from their cars in a zombie-like daze."

Revere's public safety personnel were on the scene within minutes of the tornado's strike, doing everything they could to restore calm and order and to assist residents, almost all of whom had never witnessed a tornado in their lifetimes and who were in a shell-shocked state. In addition, the outpouring of assistance from Revere's neighboring communities and their public safety personnel in the aftermath of the tornado was heartwarming.

The workers of the city's Department of Public Works labored around the clock to clean the debris that resulted from the tornado and quickly restored a sense of normalcy to neighborhoods that were strewn with wires, trees, branches, and metal objects.

For those who were in the path of the F2 tornado, it is something that they will never forget. Miraculously, despite the immense destruction caused by the twister, which lifted roofs off buildings, uprooted large trees, and tossed cars around like Lego toys, nobody was killed and there were no serious injuries.

The Revere Tornado of 2014 now is a chapter in the history of our area. It will stand alone as an incredible weather event, a reminder of the havoc that Mother Nature can wreak in literally just a few minutes, the likes of which we hope we will never witness again.

## CONGRATULATIONS, MAYOR WU

We would like to offer our congratulations and best wishes to Boston Mayor Michelle Wu, who recently announced that she is expecting her third child in January.

Mayor Wu has told the press that she does not plan on taking maternity leave and fully intends to seek re-election next year.

We have no doubt that the mayor's husband, Conor Pawarski, will play a huge role on the homefront, given the incredible demands of the office of mayor.

We wish the mayor and her family all the best in the coming months and we look forward to greeting Boston City Hall's first-ever First Baby!

The MBTA announced the completion of critical track work on the Red Line during service suspensions between Alewife and Kendall/MIT the evening of July 12 and during the day July 15-26; from Alewife to JFK/UMass during the weekends of July 13-14 and July 27-28; and between Alewife and Park Street during the weekend of July 20-21 and evenings of July 15-26.

With unencumbered access to track areas, crews accomplished the following:

- Replaced 21,725 feet of rail
- Removed over 30,000 feet of scrap rail from within the tunnels
- Replaced approximately 1,700 feet of restraining rail
- Replaced 250 ties
- Resurfaced and tamped nearly 11,500 feet of track
- Replaced over 2,600 tie plates
- Replaced 21 primary floating concrete slabs and 25 secondary floating concrete slabs
- Replaced 50 WeeZee bonds
- Repaired or replaced 16 track bonds due to damage
- Removed and reinstalled approximately 4,500 feet of balancing cable by the Signal Department
- Replaced and fully tested approximately 55 individual track circuits
- Replaced and fully tested 10 track circuit loops
- Installed cable hanger assemblies in the northbound tunnel from Alewife to Harvard for nearly 13,000 feet
- Replaced approximately 5,000 feet of the roof of Alewife's east headhouse
- Gauged about 2,000 feet of Red Line track, including curves and at crossovers, by the Mainte-

nance of Way team

As a result of this work, the following speed restrictions have been removed:

- Speed Restriction 000019: Northbound between Central and Harvard
- Speed Restriction 000043: Northbound between Central and Harvard
- Speed Restriction 000044: Northbound between Central and Harvard
- Speed Restriction 000056: Southbound between Porter and Harvard
- Speed Restriction 000085: Southbound between Harvard and Central
- Speed Restriction 000037: Southbound between Harvard and Central
- Speed Restriction 000036: Southbound between Harvard and Central
- Speed Restriction 000013: Northbound between Kendall/MIT and Central
- Speed Restriction 000151: Northbound between Kendall/MIT and Central

Additional work to enhance the rider experience included:

- Removal of all signal assets in the shutdown area by signal personnel
- Tile repairs at Alewife by brick layers
- Sanding and repair of in-station benches by carpenters/laborers
- Stairway repairs including hand railing, concrete repairs, replacement of anti-slip treads, tile repairs, leveling and resetting, painting, and more
- Infrastructure repairs within the right-of-way area and bike rack repairs at Davis by ironworkers
- Annual tunnel inspections at Alewife by bridge inspectors
- Graffiti removal and painting of station walls, doors, standpipe valves, inspector booths, and trash receptacles by painters
- Replacement of dam-

aged or graffiti-covered areas by sheet metal workers

- Production of new head house signs at Central and signage cleaning or replacement on fare vending machines, escalators, elevators, stairways, busways, and platforms by the Sign Shop
- Drain cleaning and pumping, including water removal from abandoned tunnels and from under the southbound platform at Harvard by plumbers/laborers
- Replacement of A/C units in various locations by HVAC crews
- Repairs to the Garfield Street pump room by machinists and electricians
- Water intrusion mitigation efforts at Porter, including installation of a

water-diverting trough

- Security improvements within Red Line stations by the Security team
  - Painting of the existing dry standpipe at Park Street for visual clarity
  - Demolition of the old Kendall/MIT outboard head house and erection of steel for the new head house
  - Signal bungalow upgrades between Alewife and Central
- For more information, visit [mbta.com/TrackProgram](https://mbta.com/TrackProgram) or connect with the T on X (formerly known as Twitter) @MBTA, Facebook /TheMBTA, Instagram @theMBTA, Threads @thembta, or TikTok @thembta.

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Text or attachments emailed to editor@eastietimes.com are preferred.



MAIN STREETS HOLD 28TH ANNUAL TASTE OF EASTIE

PHOTOS BY MARIANNE SALZA



East Boston Main Streets (EBMS) presented the 28th Annual Taste of Eastie on July 23

at the outdoor waterfront venue, The Tall Ship. Over 700 guests enjoyed samples of popular menu items from more than 30 local restaurants that served treats such as grilled Mexican sweet corn, ginger gelato in a miniature ice cream cone, and acai bowls topped with granola and shredded coconut. Funds raised benefit EBMS's educational workshops for business owners, start-up assistance, and community initiatives.

"We are honored to be able to host this event for the third year. The atmosphere is casual - a lot of family and friends coming after work," said Sal Boscarino, one of The Tall Ship partners. "It's nice to see a diverse group of people of all ages and cultures come together. It's a fun, energetic vibe, and a great event for the summer."



Miguel Vargas, EBMS executive director, Bob Sweeney, Representative Adrian Madaro, Charlie Larner, The Tall Ship partner, Councilor Gigi Coletta Zapata and her husband, Sebastian Zapata, and Sal Boscarino, The Tall Ship partner.



Michelle Bean, Kate, and Margot Bouvier.



Janine Antonellis, Angela Fenton, Frank Shelton, and Eamon Kelly Graves.



Nick Moulaison and his daughter, Felicia Moscone, of Carmella's Italian Market, holding their famous stuffed cherry peppers.



Jesse Pervis carrying his 1-year-old daughter, Anne Kollins, on his shoulders and she eats a pancake from the Airport Diner, La Suegr.



Max Wolfley, Sarah Pasquale, Will Stark, Tara Fahy, Alex Burroughs-Hood, Zack Hood, Morgan Walcheck, Claire Bradford, who was celebrating her birthday, Ervin Meneses, Austin Perry, and Annie Kundert.



Daniella Palacio, Andres Jaramillo, holding grilled Mexican, and Miguel Vargas, EBMS executive director.



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### MAIN STREETS HOLD 28TH ANNUAL TASTE OF EASTIE

PHOTOS BY MARIANNE SALZA



Sal and Lisa LaMattina and Diana and Patrick Pirone.



Domenic Capogreco, James Testa, Sara "Zouzou" Capogreco, and Aria Ross, of Reuse Energy, sponsor.



Zack Hood, Austin Perry, Annie Kundert, and Tara Fahy playing cornhole toss.



Kevin Donahoe, Dave Cody, Grace Capogreco, and Jhoneider Herrera, of Cargo Ventures, sponsor.



Victoria Ribeiro, Diane Prophete, and Elizabeth Amado sampling peach mango cider and lemon Italian ice from Downeast.



Tommy Welch, Paula Goncaves, Bernadette Pignone, and Andrew Zimmerman.

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*IN MEMORY OF A LOVED ONE WHO LOST THEIR BATTLE TO OVERDOSE/ADDICTION*





MAIN STREETS HOLD 28TH ANNUAL TASTE OF EASTIE

PHOTOS BY MARIANNE SALZA



Representative Adrian Madaro, Mayor Michelle Wu, and Miguel Vargas, EBMS executive director.



Mayor Michelle Wu with East Boston Main Streets Board of Directors, Representative Adrian Madaro, and Councilor Gigi Coletta Zapata.



Mayor Michelle Wu greeting Andres Giraldo, of Rincon Limeno Restaurant.



Mayor Michelle Wu, with EBMS Executive Director Miguel Vargas, greeting local restaurant business owners during the 28th Annual Taste of Eastie at The Tall Ship on July 23



Mayor Michelle Wu with Juan Manuel, Sandra and Andres Giraldo, and Isabel Rico, of Rincon Limeno Restaurant.

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Danica Rili-Ritchie, Aurelia Rus, and Kristin Knouse.

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# Lightship // CONTINUED FROM PAGE 1

were migrating their family from Italy to the United States with all of their possessions.

“Experiencing what they experienced in a small lifeboat, in rough seas, not knowing whether you were going to live or die, must have been terrifying,” said Porporino. “The only thing my father had was his white boxer shorts. A crew member pulled off the drapes from a cabin and gave them to him to wrap himself like a toga. My mom only had her nightgown on with water stains from when the water came in. When we got rescued by the Stockholm, a famous University of Stockholm, Sweden, professor on the Nobel Peace Prize Committee, and his wife, gave



Survivor, Bruna Porporino Capalbo and her husband, Joseph Capalbo, aboard the Andrea Doria Lifeboat Number 1.

us clothes to wear.”      ed their sons’ clothes back.

After their parents passed away, the brother and sister visited Stockholm to reunite with the professor and his family, who joked that they want-



Members of the U.S. Coast Guard Auxillary: Diallo Ferguson, Public Affairs, Joe Restino, Vessel Examiner, Noah Lewkowitz, Auxiliarist, Don Zidik, Auxiliarist, and Jordan Reed-Estes, Auxiliarist.



Elio, 5, of Watertown, who was eager to watch the Coast Guard demonstration, seen with a model of the Nantucket Lightship/LV-112.



Rose Napoletano, daughter of survivor, Mauro Napoletano, with explorer, John Moyer, who was one of the divers who salvaged the Andrea Doria bell in 1985.

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| <b>7 PM</b>                | <b>7 PM</b>                       |
| <b>August 14</b>           | <b>August 21</b>                  |
| <b>Mozart &amp; More</b>   | <b>Sheherazade &amp; Borodin</b>  |
| <b>7 PM</b>                | <b>7 PM</b>                       |

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John Rogers and Andrea Doria survivor, Corrado Sigona (Courtesy Photo)

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Riders, including survivors, boarding the Andrea Doria Lifeboat Number 1 on July 26 at the Boston Harbor Shipyard and Marina



Elissa Scarlett, dramatic coloratura mezzo soprano, with Mark Koch, owner of the Andrea Doria Lifeboat Number 1, and his daughters, Evie and Estella Koch

**Atlantic Works Gallery**  
invites you to our  
**Summer Community Day**  
**A Celebration of the Cultures of East Boston**  
**A free, fun, family event**  
**Art Exhibition!**  
**Film and Discussion!**  
**Food!**  
**Music!**  
**Dancing!**

Participate in an interactive community art project where you can tell your story  
A viewing of *Open Your Heart: Immigrant Stories From Boston And Beyond* (Hoopla Productions)

**Saturday, August 3rd 2-6pm**  
**Atlantic Works Gallery | 80 Border Street**



Survivors and historians gathering for the screening of "Alive on the Andrea Doria: Are the Passengers Saved?" during a July 25 presentation by author and filmmaker, Pierette Domenica Simpson at the Battery Wharf Hotel (Photo by John Rogers)



# OBITUARIES

## Nicholas Michael Salerno Sr.

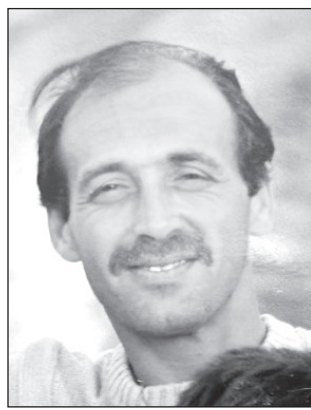
Known as Uncle Nick to hundreds, if not thousands, of friends around East Boston, Nicholas was a pillar of the community

Nicholas M. Salerno Sr. of East Boston passed away peacefully on Friday, July 26, 2024.

The loving son of the late Madalena (Zelandi) and late Michael Salerno, he was the dear brother to the late Florence DiGiacomo and her late husband, Charles DiGiacomo, the late Virginia Moulaison and her late husband, Clark Moulaison Sr., and the late Marie Mazziotta. He was the loving husband of the late Teresa Salerno (Ferreira); devoted father of Adrienne Salerno-Giugliano of East Boston, Christopher Salerno of Chelsea and Nicholas Salerno Jr. and his partner, Kelly Cahill of East Boston; cherished grandfather of Josslyn Marie Giugliano and Scarlett Rose Salerno, bringing joy and laughter to their lives. He also had a special place in the hearts of his many nieces and nephews, who looked up to him with admiration and affection.

Known as "Uncle Nick" to hundreds, if not thousands, of friends around East Boston, Nicholas was a pillar of the community. His warm smile, kind heart and generous spirit touched the lives of all who knew him.

His true passion, aside from his family, was coaching Little League Baseball. For nearly 40 years, he dedicated his time and energy to mentoring young players in



EBLL, instilling in them not only the skills of the game, but also the values of sportsmanship, teamwork and perseverance. His impact on the lives of countless children and families in the community will be remembered for generations to come.

Not only will he be missed by his family, friends and all those whose lives he touched, but his legacy of love, kindness and dedication will continue to inspire and uplift all those who were fortunate enough to know him.

Family and friends will honor Nick's life by gathering at the Ruggiero Family Memorial Home in East Boston today, Wednesday, July 31st from 4 to 8 p.m. and again on Thursday morning at 8:30 before leaving in procession to Sacred Heart Church in East Boston for a 10 a.m. Funeral Mass.

In lieu of flowers, the family requests that donations be made to the East Boston Little League in honor of Nicholas's memory.

## Joseph Winn

His quick wit and sense of humor gave a smile to all who knew him

A memorial service was held on Monday, July 29 for Joseph M. Winn, 80, of Claremont, NH.

Born and raised in East Boston, Joe relocated to Claremont five years ago.

He was a tractor trailer driver most of his life, before his final job as a driver for Partners Healthcare.

In his younger days, Joe could often be found playing racquetball or riding his bicycle. He loved spending time with his friends enjoying coffee at Revere Beach.

His quick wit and sense of humor gave a smile to all who knew him, and he will always be remembered.

He leaves his beloved wife of 44 years, Susan A. (Martin) Winn, along with his children: Joseph R. Winn, Peggy Szybillo, Billy Winn, Melissa



Moreth, Lynn (Orlando) Moreth and Janice Moreth and many grandchildren and great grandchildren.

He was predeceased by his parents, Harold E. and Doris (Noble) Winn and his siblings: Harold Winn, Thomas Winn, Marian Winn and John Winn.

The family asks that in lieu of flowers, a donation be made on Joe's behalf to:

Lake Sunapee Region, VNA and Hospice, 07 Newport Rd., New London, NH

## Frances Intonti

She was always smiling, giving, and most of all, loving

Family and friends are welcome to gather on Friday, August 2nd from 10 a.m. to 12 (Noon) in the Vertuccio Smith & Vazza, Beechwood Home for Funerals, 262 Beach St., Revere for Frances Intonti, 94, who died at Boston Medical Center on Friday, July 26, 2024, following a lifelong illness. A Funeral Service will take place in the funeral home at 12 (Noon). Interment will immediately follow in Holy Cross Cemetery, Malden.

Frances was a lifelong resident of East Boston. She was raised in her family home on Maverick Street and was the oldest of her three sisters. Frances was born with cerebral palsy but she never allowed her affliction to get in the way of enjoying her life. She was always smiling, giving, and most of all, loving. Her warm personality always bestowed positivity, no matter what life gave her.

As her condition progressed, she moved to Sumner Street and became affiliated with the PACE program. She was able to socialize, go on casino trips, go shopping and play bingo. She was a lover of all breeds of dogs. Frances was truly an inspiration to many.



Frances was the loving daughter of the late Carmelinda (Intonti) Rossi and Armando Rossi. She was the cherished sister of the late Antonette Parillo, Florence Fuchuck, and Gloria Scoppetuolo. She is also lovingly survived by many nieces, nephews, her caregiver, Josephine Gleeson of East Boston and friends.

In lieu of flowers, please make a donation in Frances's memory to the PACE Program, 225 Sumner St., East Boston, MA 02128 Attn: Tina Smith. To send online condolences, please visit [www.vertuciosmithvazza.com](http://www.vertuciosmithvazza.com).

Funeral arrangements entrusted to the care and direction of the Vetuccio Smith & Vazza, Beechwood Home for Funerals, Revere.

## Joseph Christopher Pepe

Owned Cold Zone HVAC Services for 45 years

Joseph Christopher Pepe passed away on July 27, 2024.

The beloved and adored husband of Marie Pepe (DiMarzo), he was the loving and caring father to Darlene Healey (Pepe) and her fiancé, William McDonald and Joseph Pepe; proud grandfather to Gina (Healey) and her husband, Eddie Asaley, James Healey, Ashley Pepe, Joseph Pepe, Angelia Pepe and great-grandfather to Anthony Joseph Asaley. He was loved and adored by many nieces and nephews.

Joseph was born April 13, 1944 and was a lifelong resident of East Boston. He was the cherished son of the late Joseph Pepe, Sr. and Pasqualina Pepe (Grieco) and the youngest brother to the late Anna Blair (Pepe) of East Boston, the late Alexander (Sonny) Pepe and his late wife, Pam of Marston's Mills, Gilda Morgan (Pepe) and her late husband, Jack of Moreno Valley, CA, and Anthony Pepe and his wife, Fran of Punta Gorda, FL.

Joe was the proud owner of Cold Zone HVAC Services for 45 years, and had a love for hot rods and classic cars. He loved spending time with his family and always had a joke to share. He was a man of many talents— he could fix anything, build anything, could recite Bible stories, oil paint, draw and sing his favorite oldies songs — you name it, he



could do it. Halloween being his favorite holiday— he surely loved a good scare.

He built his own mechanical decorations for the holidays and families from all over would flock to his home for a viewing. He had a way about him that could light up a room. When in his presence, you were guaranteed a memorable conversation — one full of wit, wisdom and laughter. He was so full of life and always had a smile on his face. He will be missed, loved and remembered by all.

Family and friends will honor Joseph's life by gathering at the Ruggiero Family Memorial Home, 971 Saratoga Street, East Boston on Friday, August 2nd from 9 to 11 a.m. before leaving in procession to Sacred Heart Parish, East Boston for a Funeral Mass celebrating his life at 11:30 a.m. Services will conclude with Joseph being laid to rest at Woodlawn Cemetery in Everett. May he rest in peace.

To leave an online condolence, visit [www.ruggieromh.com](http://www.ruggieromh.com).

## Mary Ann Gravallese

Devoted wife, mother, grandmother and great grandmother

Mary Ann (Testa) Gravallese of East Boston passed away quietly on July 24th at the age of 96.

The beloved wife of the late Peter Gravallese with whom she shared 70 years of marriage, she was the daughter of the late Anthony and Nancy Testa. She was born and raised in East Boston's 1st section.

Mary Ann was a graduate of Emmanuel College, Class of 1948. After graduation, she worked at Holy Ghost Hospital and while commuting, she caught the eye of her future husband, Peter. Married in June of 1952, they travelled cross country on their honeymoon and continued their journeys all over the Caribbean, Mexico and Europe.

She was a devoted wife, mother, grandmother and great grandmother. She was a talented cook and baker sharing her kitchen secrets with her family and friends. She would prepare her weekly "Sunday gravy" and holiday feasts. Her specialty was the Christmas Eve celebration of the seven fishes. She also enjoyed gardening, reading, jigsaw puzzles, visiting her local library weekly and knitting sweaters and crocheting afghans for every new addition to the family.

Mary Ann leaves behind her children: Peter Gravallese and his wife, Patricia of Lynnfield, Paula and the late Giovanni Graziani of East Boston, Stephen Gravallese of East Boston and Nancy and her husband, David Coletti of Beverly; her grandchildren: Mark and Lisa Gravallese, Michelle



and Jon Bouley, Giancarlo and Heather Graziani, Giacomo Graziani and his fiancée, MiShaune Blanks, Peter and Anthony Coletti: great-grandchildren: Michael and Matthew Gravallese, Madalina, Galileo and Giovanni Graziani, Julien and Luca Bouley. She was predeceased by her beloved granddaughter, Jean Marie Gravallese and her brother, James Testa.

Family and friends honored Mary Ann's life by gathering at the Ruggiero Family Memorial Home, 971 Saratoga Street, East Boston, on Monday, July 29th. and again on Tuesday morning before leaving in procession to Saint Joseph - Saint Lazarus Church, East Boston for a Funeral Mass celebrating her life. Services concluded with Mary Ann being laid to rest with her beloved husband, Peter, at Holy Cross Cemetery in Malden. May they rest in peace.

In lieu of flowers, please send donations in Mary Ann's name to National Tay Sachs & Allied Diseases at [www.ntsad.org](http://www.ntsad.org) or the National MS Society [www.nationalmssociety.org](http://www.nationalmssociety.org) For more information, please visit [www.ruggieromh.com](http://www.ruggieromh.com)

## In Loving Memory of my son Michael H. Hoey (Jr.)

Nov. 21<sup>st</sup> 1970 – July 29<sup>th</sup> 2001  
23<sup>rd</sup> Anniversary



Michael, July 29<sup>th</sup> 2001 was the last day you were seen.

But not for me,

Michael I never stop seeing you here, there, everywhere & forever in my tears



## OBITUARIES

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### LOCAL STUDENT EARNS ACADEMIC HONORS

#### LOCAL EMERSON COLLEGE STUDENTS EARN DEAN'S LIST

The following students are named to Emerson College's Dean's List for the Spring 2024 semester. The requirement to make Dean's List is a grade point average of 3.7 or higher for that semester.

**Kwezi Shongwe** of East Boston. Shongwe is majoring in Acting and is a member of the Class of 2024.

**Shaowen Jin** of East Boston. Jin is majoring in Media Arts Production and is a member of the Class of 2025.

**Sara Valentina Alvarez Echavarria** of East Boston. Alvarez Echavarria is majoring in Journalism and is a member of the Class of 2024.

**Samantha Boutoureira** of East Boston. Boutoureira is majoring in Acting and is a member of the Class of 2024.

**Sara Kelley** of East Boston. Kelley is majoring in Acting and is a member of the Class of 2025.

**Nel Blinman** of East Boston. Blinman is majoring in Interdisciplinary

Studies and is a member of the Class of 2027.

About Emerson College

Based in Boston, Massachusetts, opposite the historic Boston Common and in the heart of the city's Theatre District, Emerson College educates individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 4,161 undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-of-the-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, DC, London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The

College has an active network of 51,000+ alumni who hold leadership positions in communication and the arts.

#### LOCAL RESIDENTS NAMED TO CLARK UNIVERSITY'S DEAN'S LIST

The following local residents were named to Clark University's Spring 2024 Dean's List:

**Sebastian Patino Mira**, of East Boston was named to second honors.

**Denise M. Smith**, of East Boston was named to first honors.

Founded in 1887, Clark University is a liberal arts-based research university that prepares its students to meet tomorrow's most daunting challenges and embrace its greatest opportunities. Through 33 undergraduate majors, more than 30 advanced degree programs, and nationally recognized community partnerships, Clark fuses rigorous scholarship with authentic world and workplace experiences that empower our students to pursue lives and careers of meaning and consequence.

## A not-so-difficult irrigation audit

Special to the Independent

Watering is essential for any natural lawn. Whether using sprinklers, relying on rainfall, or employing other irrigation methods, monitoring your lawn's water intake is crucial for both environmental conservation...and even reducing water bills!

The article below explores how to conduct an irrigation audit and make necessary adjustments to ensure your lawn receives the right amount of water efficiently, thus saving resources and money.

### How to Do a Yard Irrigation Audit

**Step 1:** Gather the Right Tools

You'll need some basic tools that are both effective and economical. Collect various containers like empty tuna cans, the bottoms of plastic water bottles or soda cans. These can easily capture water without any need for expensive equipment.

You can also check with your local extension agency for plastic cups upon request. It's important to use the same type of containers throughout your lawn to ensure consistency in your measurements. Ensure you have enough containers to cover various points within the reach of each sprinkler across all irrigation zones of your yard.

What is a zone?

An irrigation zone in your lawn is a specific area watered by a designated set of sprinklers, controlled independently from other areas. Each zone addresses unique watering needs based on plant types, sun exposure and soil conditions, allowing for efficient water management and healthier lawn growth.

How many irrigation zones are in my yard?

The amount of irrigation zones are determined by each irrigation system and how many square feet each irrigation head covers. Most irrigation systems come sprinkler heads that cover 6-9 zones.

**Step 2:** Place the Cups in the Proper Zones

The next step is figuring out how much water your sprinklers are delivering. Just place cups in each



PHOTO COURTESY SOD SOLUTIONS

Place some sort of measuring cup near your sprinkler system to measure how much water your plants are receiving.

zone to catch the water during a normal irrigation cycle. Once they're set, turn on your sprinkler system for its usual run time.

How do I locate each zone in my yard?

Check any system documentation or diagrams from when your irrigation system was installed; these often show where each zone's valves are located. Additionally, you can observe the order in which the sprinklers activate. When you turn on a specific zone, the sprinklers that pressurize first are typically closest to that zone's irrigation valve.

**Step 3:** Measure the Results

After each zone finishes running, check the water in your cups to make sure the amounts are similar. Record the results and proceed to the next zone until you've covered the whole lawn.

You're aiming for a consistent half-inch of water in the lawn of each zone, which adds up to the ideal 1 inch per week—split into two watering sessions. There are some exceptions—shaded regions may need less water than those exposed to full sun to keep disease outbreaks at bay.

**Pro Tip:** Over-watering can cause diseases in your lawn. Consider turning off your irrigation during rainy seasons and winter, and watch for signs of thirst in your grass, such as leaves folding inward.

Remember, typical lawns use two kinds of irrigation heads: rotating rotors for large areas and stationary sprays for smaller spots. Since these heads deliver water at different rates, it's crucial to set them to run for the right amount of time. Also, ensure all heads in a zone are

the same type, as mixing sprays and rotors in one zone can lead to uneven watering.

**Step 4:** Make Adjustments

If your zone is getting too much water...

Now you're ready to adjust your irrigation to get the right amount of water to each zone. If a zone needs more water, you can either:

1) Install larger nozzles or extend the watering time—assuming this doesn't conflict with any HOA rules. Or...

2) Extend the run time, which is the simplest and cheapest solution. If you can't increase the time, then switching to larger nozzles is your next best option.

If your zone is getting too little water...

On the other hand, if a zone is getting too much water, reduce the run time or switch to smaller nozzles.

Want to learn more about achieving a great lawn? Check out more Sod University tips here and subscribe to our weekly newsletter.

This article was written by Sod Solutions Content Strategist, Valerie Smith. To view this article on Sod Solutions website, click here. Sod Solutions is celebrating 30 years of successfully developing and releasing turfgrasses with over 20 market-leading varieties like Palmetto® St. Augustine, Celebration® Bermudagrass, EMPIRE® Zoysia and more. Based in Charleston, SC, Sod Solutions is your go-to expert resource for lawn and garden content. For media inquiries and visual materials, reach out to Cecilia Johnson at cecilia@sodsolutions.com.

### Art // CONTINUED FROM PAGE 3

the Multiverse by Mea Johnson

• IndigiMarket: Indigenous Artist Exposition curated by Mea Johnson, Gloria Colon, and Janelle Pocowatchit

• Boston Indigenous Public Space Initiative, Meet and Greet on Cultural Use, curated by Robert Peters

• Boston Public Art Triennial, curated by Jasper Sanchez with Kate Gilbert

• TORII by Matthew Okazaki

• The Resurrection of Mark, Phillis, & Phebe by Ifé Franklin

• Gulf Stream by Hugh Hayden

• Pao Arts Center, curated by Lani Asunción

• Imagine Safety by Joanna Tam

• Abundance Among Us - Dragon & Friends by Maria Fong, Sheila Novak, Wen-hao Tien

• Ping Pong Tables of

Chinatown: A Celebration of Diversity and Nature by Jennifer Duan, Stephanie Li, Kathlyn Lipton

• The Thousand Bloom – A Chrysanthemum Grows in Chinatown by Anita Yip

• Healing Tofu Tricycle Performance & Workshops by Ying e

• National Center of Afro-American Artists, curated by Barry Gaither

• Cancel Violence: Artists Speak by Paul Goodnight, Robert "ProBlak" Gibbs, Robert Stull, L'Merchie Frazier, Laurence Pierce, Shea Justice, Hakim Raquib, and Johnetta Tinker.

#### FREE PUBLIC PROGRAMMING

Working with The Hutchins Center for African & African American Research at Harvard University, the Friends of the Public Garden, and Em-

brace Boston, the Mayor's Office of Arts and Culture will host a series of public conversations at The Embrace about democracy and justice, inviting people to think about interconnections between monuments, public memory, and daily lives.

"Monuments aspire to tell our stories of shared peoplehood, pay homage to our losses, and reflect society's highest aspirations back to us," said Dr. Brandon Terry, the John L. Loeb Associate Professor of the Social Sciences and curator of public conversations at The Embrace. "The hope is to remind people that memorialization is just the beginning of an ongoing conversation about what matters that we must all take part in if our fragile democratic experiment is going to reflect our most significant concerns."

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FRESH AND LOCAL

# Stand-by salad

By Penny & Ed Cherubino

One smart strategy for summer meals is to always have a hardy, filling salad ready in the refrigerator. These salads, packed with nutrients and accompanied by a side of protein, offer a practical and healthy meal option. They're a great way to achieve the goals of "five servings of vegetables and fruit a day" and "eating the rainbow."

A few of our favorite stand-by salads are tabouli, greek salad, Israeli salad, carrot salad, corn salad, and an Italian salad mix that we can add to lettuce when we serve it. This summer, we're adding a twist with more bean salads and a few that add fruit to the mix.

### Mediterranean and Middle Eastern

Look for inspiration along the shores of the Mediterranean Sea. This region's diet is acclaimed for its healthy use of vegetables as the meal's cen-

terpiece. Many of the offerings in the traditional mezze platter of dips and salads are sold pre-made in supermarkets, as take-out, or at Farmers' Markets. Obviously, these are all fine when made ahead.

Most are relatively easy to make at home and personalize for your tastes. Tabouli recipes typically have parsley, tomato, bulgur, onion, olive oil, lemon juice, and salt as the main ingredients. However, as you move from one culture to another where this salad is a mainstay, you find variations. Pomegranate seeds are substituted for the tomato, or the ratio of grain to parsley is changed.

Moreover, using tabouli as a grain and herb salad allows creative cooks to experiment. Other grains are substituted for the bulgur, and peppers, cucumbers, and other vegetables are added. Our version adds chickpeas to the mix, which, when working with the grain, makes a

complete protein when we have it stuffed in a pita or scooped up with lettuce leaves as a lighter meal.

The same is true for versions of the chopped salad often called Israeli salad but served throughout the region under other names. It contains tomato, onion, and cucumber and can also include pepper, carrot, scallion, and herbs dressed with lemon juice and olive oil. We find this is better when the ingredients have been together long enough for their flavors to merge.

### From Near and Far

We don't use mayonnaise, so our potato salad and coleslaw recipes are made with oil and vinegar. This makes for a lighter and longer-lasting salad. We also use recipes for these "all-American favorites" from other cultures.

We love German potato salad, salad nicoise, and Asian coleslaw. Cabbage is easy to have on hand,



Here are four favorite "stand-by salads:" potato and egg, chickpea, tabouli, and classic French grated carrot salad.

and coleslaw can be a side dish or a sandwich topping and can take on dozens of profiles. Our favorite one has scallions, grated carrots, fennel, and a sprinkle of mustard seeds added to its apple cider vinaigrette.

Classic French grated carrot salad is wonderful with its standard mustardy dressing. However, we make versions with a tad

more honey and some raisins added. Recently, we had a container of muhammara, the Middle Eastern red pepper and walnut dip on hand when making carrot salad and decided to mix that in to change the flavor profile. It was a smoky, spicy success.

Think about coming home on a hot summer day to a bowl of something cool and refreshing

waiting to fill your dinner plate. Just add some protein from your freezer or left from another meal. Or, you could always pick up a bit of fish or a take-out kabob on the way home.

*Do you have a question or topic for Fresh & Local? Email Penny@BostonZest.com with your suggestion.*

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# Atlantic Works Gallery to hold Community Day as part of its summer show

Special to the Times-Free Press

Atlantic Works Gallery is inviting the community to a free, fun Community Day for the whole family! This is in conjunction with its summer exhibition, Roots of Passage: Artists Examine Immigration. This exhibition is a group showing of artwork by gallery members and selected guest artists who will investigate immigration from their own personal experiences. This festivity will take place Saturday, August 3 at 80 Border Street in East Boston from 2:00 – 6:00 p.m.

Atlantic Works Gallery is inviting the entire East Boston community to the gallery to celebrate and honor the many cultures and the immigrants of East Boston. Everyone is invited to view the exhibition where the artists will be available to discuss their art with the use translators, if necessary. Local restaurants such as Dirty Water Dough, The Smoke Shop BBQ, Cafe Interum, Lolly's, La Hacienda, and Taqueria Jalisco are all donating food for this great event! Yum yum. There will be music and dancing and a whole lot of eating and fun.

At this event Atlantic Works gallery is presenting an interactive community art project, Immigrant Respect, where immigrants can tell their own story. This work involves our community weaving ribbons with optional messages into the Atlantic Works fence. Through this process we show our respect for those who have made the decision to relocate to East Boston and the weight of that decision on their lives and their families. We not only want to share our appreciation of our diverse community, but also create a safe place for people to share their sentiments and stories

surrounding immigration issues. We also celebrate and respect people who have chosen to immigrate. The name of the installation and the colors of the ribbons are inspired by the Immigrant Movement International, Immigrant Awareness Ribbon Campaign and will be shades of blues, browns, and greens meant to represent the water and lands people crossed on their journeys. Through this work we hope to broaden our reach within the East Boston community and learn more about our AWG art communities ties to immigration.

Closing the day's events, at 6:00 there will be a screening of the Hoopla Production's film, Open Your Heart: Immigrant Stories From Boston And Beyond with a discussion with the producer and actors on what it means to be an immigrant living in your community.

"East Boston has always been a gateway for immigrants starting in the 1800s, and today it has the highest percentage of foreign-born citizens of any Boston neighborhood," noted one of the gallery's founding members, Eric Hess. "With East Boston's rich tradition of welcoming immigrants, and now with immigration such a burning issue in the news today, the gallery felt compelled to not only examine, but to celebrate the issue."

Atlantic Works Gallery Roots of Passage: Artists Investigate Immigration

Open Your Heart: Immigrant Stories and Music from Boston and Beyond: Saturday, August 3, 6:00-8pm

Community Day and Immigrant Respect: Saturday August 3, 2:00-6:00 p.m.

Atlantic Works Gallery, 80 Border Street, Boston, MA 02128, now in its



Opportunity A Head Richard Dorff, Mixed media.



Untitled Bo Petran, Mixed media.



Lost in Translation Nick DiStefano, Foamcore, interactive form, 2024.



Hopes and dreams/Deseos y esperanzas Kristen Freitas, Installation with things from my family.

twenty-first year, is an artist-run collaborative space for art and ideas located in East Boston. The gallery is open to the public every Friday and Saturday, 2:00

– 6:00 p.m. For private viewing, contact leigh@leighhall.net. For more information, visit <https://atlanticworks.org/>.



Briviba (Freedom) Eric C. Hess, Stuff.

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