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Wednesday, July 19, 2023



Shown at the EBNHC's newly rebuilt Emergency Department are (back row, left to right) – James Hooley, Chief of Emergency Medical Services, City of Boston; and George Sweat, ED Administrative Director EBNHC; Front row (left to right) — Michael Mancusi, LICSW, Vice President and Chief Behavioral Health Officer, EBNHC; Jackie Fantes, MD, FAAFP, Executive Vice President and Chief Medical Officer, EBNHC; Ryan Boxill, Ph.D., MBA, Executive Vice President and Chief Operating Officer, EBNHC; Robert DeLeo, Former Speaker of the House of Representatives; Greg Wilmot, President and Chief Executive Officer, EBNHC; Rita Sorrento, Chair of Board of Directors, EBNHC; Senator Lydia Edwards, 3rd Suffolk District; Aaron Michlewitz, State Representative, 3rd Suffolk District; Robert Goldstein, Commissioner of the Massachusetts Department of Public Health; and Ernani De Araujo, Vice President and Chief Legal Officer, EBNHC.



Greg Wilmot, President and Chief Executive Officer of East Boston Neighborhood Health Center (EBNHC) leads the speaking program at the rebuilt Emergency Department.



State and city government officials tour EBNHC's newly rebuilt Emergency Department, including new CT scanning machine. Shown (from left to right)- George Sweat ED Administrative Director, EBNHC; Aaron Michelwitz, State Representative, 3rd Suffolk District; Robert DeLeo, Former Speaker of the House of Representatives; and Senator Lydia Edwards, 3rd Suffolk District.

East Boston Neighborhood Health Center unveils newly rebuilt emergency department

Special to the Times-Free Press

East Boston Neighborhood Health Center (EB-NHC), the largest community-based primary care health system in Massachusetts, announced the completion of its newly rebuilt Emergency Department (ED), a historic investment in emergency services for East Boston and its surrounding communities. Now offering state-of-the-art emergency capabilities, advanced diagnostic imaging technology, and increased access to other emergency medicine services, the rebuilt ED strengthens the health center's position as a critical part of Boston's healthcare ecosystem, offering vital access to East Boston and neighboring communities on this side of the harbor.

"East Boston Neighborhood Health Center is at the forefront of com-

munity-based and community-driven emergency services. This investment, generously supported by city and state funding, greatly enhances our clinical capabilities and patient care," said EBNHC's Chief Executive Officer and President, Greg Wilmot. "The modernized ED brings new resources to East Boston and our neighbors, increasing access to state-of-the-art technology and reducing physical barriers to advanced clinical and diagnostic care."

The rebuilt ED is made possible with state-earmarked funding, including \$250,000 for public safety improvements, \$1.6M to establish an early diagnosis program to address racial disparities in health care in communities disproportionately impacted by the COVID-19 pandemic, and \$5M for the purpose of modernization,

and expansion of emergency and urgent care services.

"The investment in our newly rebuilt ED is an investment in our patients," said Chief Medical Officer of East Boston Neighborhood Health Center, Dr. Jackie Fantes. "We are now equipped to more efficiently and effectively diagnose patients while also improving patient experience by reducing the need for patients to travel to Boston to access advanced services including state-of-the-art diagnostic services like CT scanning."

"Earlier this year, I secured funding in the state budget to help revitalize the East Boston Neighborhood Health Center's Emergency Department. This investment will bolster emergency medical care at a time when neighbors are worried about the impact of the Sumner

Tunnel closure on access to Boston-area hospitals," said Rep. Adrian Madaro, 1st Suffolk District. "Today, EBNHC unveiled its revamped Emergency Department along with leaders across the state who recognize the importance of maintaining and expanding access to urgent and emergency medical care for residents of East Boston and surrounding cities and towns."

With an expanded waiting room, private triage, private registration, behavioral health safe room, new nursing provider station, and twelve exam rooms, the full-service ED will provide accessible, compassionate care for the East Boston community and their surrounding neighborhoods.

EBNHC's ED, the fourth busiest in Boston, provides person-centered care to over 120 patients

See EBNHC Page 11

EBMS hosts 27th annual 'Taste of Eastie'

Special to the Times-Free Press

East Boston Main Streets (EBMS) will host the 27th Annual "Taste of Eastie," to be held on Tuesday, July 25, from 6-9 p.m. at the Tall Ship 1 Pier Drive, Boston, (rain date Tuesday, August 1, from 6-9 p.m.). We encourage all attendees to use the Free Blue Line or Ferry. This festive event will feature food from 30 local "Eastie" restaurants and live music by Louie Bello.

"The after effects of the pandemic have taken a significant toll on many of our local businesses. I am truly amazed at the

strength displayed by our local business owners in East Boston. The support and strength to rise from these difficulties over the past several years, is a true testament of our strong community. Many local restaurants will be providing their best samples for all to enjoy. This annual event has become a staple for the community and our vibrant neighborhood," said Ida Candreva, President of the Board of Directors.

Last year, despite not having an executive director to lead the organiza-

See TASTE Page 3

Another no -- five years in the making

By Michael Coughlin Jr.

A project which has origins that date back as far as five years ago at 2 Ford Street and 970 Saratoga Street was opposed by a resounding vote from those in attendance at the Orient Heights Neighborhood Council's (OHNC) regular meeting on Monday.

At Monday's meeting, Attorney Richard Lynds presented a transit-oriented development project to erect two new climate-resilient buildings on two parcels in Orient Heights Square.

One building would be

at the site of an auto repair

— 2 Ford Street — and
the other would be at the
site of a parking lot and
auto storage area at 970
Saratoga Street. There
would be 41 residential
units in total between the
two buildings, with two
ground-level retail spaces.

"These are intended to be professionally managed rental units — the entire project — and involves as-of-right uses on lots which are of conforming size in the neighborhood shopping sub-district," said Lynds.

The building at 970

See OHNC Page 3

BPDA approves IDP changes

By Adam Swift

Mayor Michelle Wu's proposal to increase affordable housing units in new construction in the city was approved by the Boston Planning & Development Agency's Board of Directors at its monthly meeting last week.

The change to the city's inclusionary zoning policy would see the effective rate of affordable units in new developments increase from 13 to 20 percent, and codify the changes in the city's zoning ordinances. The inclusionary zoning amendment okayed by the board

would require 17 percent of units in developments of seven or more units to be affordable, with an additional 3 percent set aside

The proposal will next go to the City Council before heading to the Boston Zoning Commission for possible approval.

for Section 8 vouchers.

The proposal passed the board by a 4-0 vote, but several members did raise concerns about how the change could impact market rate residential development in the city.

Inclusionary development programs require

See BPDA Page 3



Project Bread launches Council of People with Lived Experience

People struggling without enough to eat are often left out of the process to build solutions to end hunger. Project Bread, the state's leading anti-hunger organization, has launched a new Council of People with Lived Experience dedicated to changing that. The Council will uniquely engage 8 to 10 individuals facing food insecurity in conversations and bring their experience to shape the resources and policies that directly impact them. Now, the nonprofit needs the public's help.

Project Bread is seeking individuals to contribute their expertise and co-create programs and policies that will make it easier for others living in Massachusetts to access and afford food with dignity. Council Members will have the opportunity to be part of strategy development, planning, and decision-making that will strengthen their leadership skills, build their expertise as a community leader and advocate, and provide significant value in co-creating impactful and effective solutions to food insecurity.

"We believe that experts with lived experiences in food insecurity as co-creators in our work will help achieve sustainable and systemic solutions to end hunger in Massachusetts," said Project Bread Vice President of Engagement, Catalina López-Ospina, a Colombian immigrant who's seen food insecurity in her own family and made it a mission in her work. "Members of the Council can become a leader in their community with access to Project Bread's network and wealth of resources that we've built in our more than 50 years of experience. With Council Members serving as a sounding board in our pursuit of new hunger solutions, we here at Project Bread couldn't be more excited for the growth we will accomplish."

Individuals who speak English, Spanish, Portuguese, Chinese, Vietnamese, and Haitian Creole are needed. Experts will serve on the Council for 10 months, from October 2023 through July 2024, and will commit 10 hours of engagement per month: three hours participating in monthly face-to-face meetings to discuss current issues with experts in the field, and sharpen their civic and community engagement skills and seven hours collaborating on Project Bread key projects, participating in community events and forums and working with different teams within the organization.

Members will be compensated for their time and commitment. Individuals who apply and are accepted to the Council of Experts with Lived Expe-

riences are expected to act as anti-hunger ambassadors in their communities, and to be ready to fully engage and network within the program.

Eligibility requirements

- You are 17-years-old
- You live in Massachu-
- You have experienced in the past or are currently experiencing food insecu-
- You are ready to use your lived experience expertise to inform solutions to prevent hunger and make it easier for others living in Massachusetts to access and afford food with dignity.
- You want to develop skills to be an effective advocate and community leader in the work to solve

Applications will be accepted through Aug. 29. For more information and to apply to become a member of Project Bread's Council of Live Experience, visit: https:// www.projectbread.org/ council-of-experts.

Project Bread, the leading statewide anti-hunger nonprofit, connects people and communities in Massachusetts to reliable sources of food while advocating for policies that make food more accessible—so that no one goes hungry. For more information, visit: www.projectbread.org.

On the Campaign Trail

Santana earns local endorsements

Henry Santana, candidate for Boston City Council At-Large, announced today that he has earned endorsements from State Representative Chris Worrell and City Councilor Brian Worrell.

"Henry Santana is deeply rooted in Boston. He understands what makes our city so incredible and what challenges we face. Henry will bring his experience, as an effective leader in government and dedicated advocate for the community to the City Council," said Chris and Brian Worrell. "The Council and every Bostonian will benefit from his collaborative approach to problem solving and his consummate professionalism. We are excited to endorse Henry Santana for City Council At-Large."

Brian Worrell represents District 4 on the Boston City Council, including parts of Dorchester, Mattapan, Jamaica Plain, and Roslindale. State Representative Chris Worrell represents the 5th Suffolk District, which includes Dorchester and Roxbury.

"The Worrell brothers are longtime organizers and leaders in our community and I am honored and grateful to have their support," said Henry Santana, candidate for Boston City Council At-Large.

"Brian and Chris know what it takes to serve with dignity and purpose. As a first time candidate, it means the world to me to have the support of two incredible Black elected leaders both of whom I deeply admire. I look forward to the opportunity to fight alongside them in City Hall and at the State House to address gun violence and housing affordability. Together, we can build a better Boston for future generations."

Santana's campaign centers community and a commitment to listen to residents, prioritize quality city services, and move Boston forward together. He has also received endorsement from State Senator Lydia Edwards, City Councilor Gabriela Coletta, former Boston City Councilor Matt O'Malley, former Boston City Councilor Kenzie Bok, as well as the Massachusetts Chapter of the Sierra Club. To learn more, please visit henrysantana. com and follow the campaign on social media at

@Santana4Boston. Henry Santana's campaign for City Councilor At-Large will host a Day of Action canvassing in Roxbury following the Roxbury Unity Parade on Sunday, July 16. Sign up to join Team Santana at bit.ly/santana-parade.

Henry Santana has dedicated his career to serving the Boston community. Born in Bani, Dominican Republic, Santana moved to Mission Hill as a child where he grew up in public housing and was a Boston Public Schools student. Santana began his career in public service as a counselor and later the Program Director of the Mission Hill Summer Program, an academic summer enrichment program for youth in his neighborhood. Santana stayed involved in local politics, eventually joining the campaign of Kenzie Bok to organize Mission Hill residents and run her field operations. He then served as Bok's Mission Hill/ Fenway Liaison, where he worked to improve community processes and advocate for residents at every turn. Most recently, Henry served as the City of Boston's first Director of Civic Organizing, working on behalf of Mayor Wu to empower residents to get involved in their neighborhoods through civic engagement and service. He stepped down from his role at City Hall at the end of April. Henry is running for City Council At-Large to bring a new perspective to the Council and lead Boston

Atlantic Works Gallery presents 20 Years on the Edge

Atlantic Works Gallery is celebrating its 20th anniversary with an exhibition showcasing member artists throughout its twenty-year history. From its founding members to new members, our gallery represents artists from diverse backgrounds of art and culture.

The Atlantic Works Building on Border Street was built in 1893 and was used to build and repair naval ships. In the 1990s the building was gradually taken over by artists looking for affordable studio space. In 2003 the occupants of the building rented a top floor studio as a space for art and ideas, naming it Atlantic Works Gallery. This evolved into a cooperative gallery with member artists doing all the work of running a gallery, with new exhibitions

In 2006 the building was purchased by the East Boston Community Development Corporation who gutted and rebuilt the old leaky, but colorful building providing the Atlantic Works Gallery with a larger and improved space. The EBCDC has now, in our twentieth year, built a sparkling new space for Atlantic Works Gallery on the ground floor. This old marine building is located on the edge of the Boston Harbor and has dramatic views of the Boston sky-

The arts community is an integral part of the East Boston community as a whole and Atlantic Works

Gallery: 20 Years on the Edge is a celebration of

that relationship.

Atlantic Works Gal-

lery: 20 Years on the Edge will also celebrate AWG's new ground floor gallery space in the Atlantic Works building at 80 Border Street. We would like to thank the EBCDC for creating this new space, as well as the East Boston Foundation for their continued support over the years, enabling our artists to continue to share their work with the community. Show dates: July 15 -

August 26. reception: Opening Thursday, July 20, 6-9

Closing reception: Thursday, August 17. 6-9

Gallery hours Fridays and Saturdays 2-6 p.m. or

by appointment. Atlanticworks.Org, contact@atlanticworks. Org, 857-302-8363.

Coletta sends letter to Boston Public Schools regarding exam school policy, investments in all high schools, and the John D. O'Bryant move

In a letter to Superintendent Mary Skipper, Councilor Gabriela Coletta urged Boston Public Schools to take a comprehensive look at the state of some of the district's recent policy decisions, including asking for transparency and access to data regarding the exam school policy, highlighting the importance of high quality education across all high schools, and equitable transportation measures regarding the relocation of the John D. O'Bryant School. The letter was developed in an effort to provide a nuanced approach to these policies and advocate for the vast circumstances of families in Charlestown, East Boston, and the North End.

In her letter, Council-

or Coletta said, "While I commend the intention of the updated Exam School Policy to increase access and diversify our exam school student population, as with any new policy, there can be unintended consequences that leave out the very students we hope to serve." Citing the flawed tier system, she noted that some of the most vulnerable students are left behind with loopholes – such as students in income-restricted housing and working-class parents living in tiers seven and eight. Boston Public Schools has taken the position to not revisit the policy until 2026, but Coletta said, "I believe there is opportunity to embed an individualized student needs assessment across tiers to ensure all students from lower income families are included in this policy." Revisiting this tier system is crucial to ensure that there is an equitable distribution of seats and that we are offering

families across the city. Councilor Coletta also requested that Boston Public Schools share data publicly as requested by parents from a letter sent on May 10, which includes: Admission rates by tier for students with and without bonus points; cut off scores for each exam school in each tier; and percentage of invited applicants who received bonus points but are not economically disadvantaged by tier.

a healthy compromise to

Coletta applauded the

announcement of investing in Charlestown High School as an open enrollment and early college institution, noting that, "Investments such as this allow all students to obtain academic rigor, career pathways, and wraparound services to reach their fullest potential." She requested to see a menu of options offered by non-exam schools for incoming students to amplify the work happening across Boston and help families find alternatives

within the district.

forward.

Coletta also expressed concerns about the relocation of the John D. O'Bryant School to West Roxbury. "While I understand the work that it has taken to designate this location and make the investments needed for both Madison Park and O'Bryant students to excel, it is essential that we address the needs of every student that attends or may attend the O'Bryant," stated Coletta. She outlined the challenges for students commuting from East Boston, resulting in a 94-minute commute to school. "Studies have shown that long commutes can impact sleep, exercise, extracurricular opportunities, and academic success. Policy decisions like this one have significant impacts on student physical and mental health, and it is essential that we examine these impacts for students across the city when making these decisions," said Councilor Coletta.

ATTENTION 70+ YEAR OLDS

I recently graduated from Harvard Business School and I'm on a mission to make it easier and less costly to age in place. If you currently live at home, I'm interested in learning more about the various services you use to manage your life and home (as well as how you schedule and coordinate those services). If you would be willing to chat, please give me a call or email me to schedule time. You would be greatly helping an aspiring entrepreneur! All information will be kept confidential and is solely being used to help me better understand the needs of customers and develop solutions. Contact Ben Jacobson at (856) 300-6235 or bjacobson@mba2023.hbs.edu.

EAST BOSTON COMMUNITY **DEVELOPMENT CORPORATION**

2023 Annual Election of Directors

ELECTION TIMETABLE

Nominations Open July 17, 2023 @ 9:00 a.m. Nominations Close July 31, 2023@ 5:00 p.m.

Annual Meeting of the Corporation & Election of Directors 4:00 p.m. – September 18, 2023

East Boston Community Development Corporation

holders of record as of 5:00 p.m. August 31, 2023

Office: 80 Border Street, 3rd Floor Persons interested in filing nomination papers may pick them up in person at the: East Boston Community Development Corporation

For Advertising Rates, 80 Border Street, East Boston, MA Call 617-884-2416 Those members of the corporation entitled to vote at the Annual Meeting are those Class C stock-

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BPDA // CONTINUED FROM PAGE 1

market rate developments to create affordable units on or off site, or in some cases require developers to pay into a fund that would be set aside for the development of affordable units.

"Boston's Inclusionary Development Policy (IDP) was created by executive order during the Menino administration," said BPDA Planning Director Aimee Chambers. "It has been updated over time, most recently in 2015, when the current guidelines were established."

In 2021, a home-rule petition was passed which would allow the IDP to be incorporated into the city's zoning ordinances. That petition requires that the zoning text be approved and reviewed by the city council before going to the zoning commission.

In 2022, a feasibility study was initiated by RKG Associates and the mayor's office of housing to study potential changes to the city's inclusionary zoning policy, Chambers

"The financial model enabled the city to test prototypical developments to understand the financial implications of changing the existing IDP ordinance," said Cham-

The current IDP policy applies to new developments of 10 or more units which require zoning relief. While the current policy allows for as low as 13 percent of new units to be set aside as affordable, Chambers noted that developers are generally showing a greater commitment to affordability.

"On average, the current process is generating a set aside of 17 percent,' Chambers said. "Because of the IDP, developers have created over 4,000 on-site and off-site income-restricted units, and 688 units are currently in construction."

Developers have also made over \$200 million in IDP contributions, she

Under the new policy, developments would not need zoning relief to trigger the income-restricted units, it would be based purely on the number of units. In addition, the income-restricted unit percentage could be satisfied either by the number of affordable units, or total square footage of the development. Chambers said this could potentially create larger affordable units for families.

"I recognize that there are many strong views on what is that right percentage to both address

the significant housing need that we have, particularly with affordability in the city, and still making Boston attractive for developers to want to invest in it and make sure it is financially feasible," said BPDA Board Chair Priscilla Rojas.

Boston Chief of Housing Sheila Dillon said that while the city's goal is to increase the amount of affordable housing and mixed-income development in the city, it does not want to do it in a way that would impede market rate development. She said the consultant, RKG Associates, spent months working with developers, talking to housing advocates, and looking at the variables that go into housing costs.

night is what we feel we can ask developers to do without harming development," said Dillon.

"What is before you to-

BPDA board member Brian Miller said he did have some concerns about the IDP policy.

"My concern is that if we cause development to have additional costs, we will push up the market-rate units and push more people out," said Miller.

posed this project, anoth-

er OHNC Board Member

- speaking as a resident

— made it clear that the

opposition cannot end at

pose this - that's exactly

why you have to show up

at the ZBA (Zoning Board

of Appeal) meetings. Just

because you vote no — it

still could easily pass,"

give your opinion, write a

letter — okay— because

otherwise, it's going to

be passed anyway, even if

board vote on the project

is anticipated sometime this summer, followed by

a ZBA hearing either this

fall or early winter.

Per Lynds, a BPDA

you all say no."

"If you really oppose it, show up to the ZBA,

said the Board Member.

"If you guys really op-

Monday's meeting.

Coletta, Flaherty hold a hearing to discuss the digitization and tracking of parking regulations

Boston City Councilor Gabriela Coletta and Councilor-At-Large Michael Flaherty held a hearing on Tuesday, July 11 regarding the digitization and tracking of parking regulations in the City of

During the hearing, city administrators shared a plan to develop user-friendly access to the deployment, replacement, and removal of parking signs led by the Department of Innovation and Technology (DoIT). The embedding of technological infrastructure will make the Boston Transportation Department (BTD) more efficient and responsive to the day-today needs of our constit-

"I am optimistic about the future of parking in some of our quickly growing, and often dense communities after learning that the City of Boston is actively working to update our parking enforcement systems," said Councilor Coletta. "Residents in District 1 regularly reach out and advocate for more significant investments for parking enforcement, and I am looking forward to providing them with more concrete answers as these updates move forward."

Boston officials also shared plans to conduct a city-wide assessment of public resources, including parking signs, to better understand where our city assets exist, and what city inventory looks like before starting the digitization phase with DoIT. Members of the administration present included:

- Nick Gove, Deputy Chief for Transportation, Boston Transportation Department
- Santiago Garces, Chief Information Officer, Department of Innovation and Technology • Rocco Corigliano, As-
- sistant Director of Parking Enforcement, Boston Transportation Department • Darryl Weathers,
- Parking Enforcement Officer, Boston Transportation Department • Stephen Maquire,

Parking Clerk, Boston

- Depart-Transportation • Amy Cording, Director of Engineers, Boston Depart-Transportation
- Paul Crimmins, Contract Administrator Park-

"Establishing a digitized tracking system to show where and what parking regulations are enforced across the city will positively affect the lives of our residents and visitors. Home health aides, physical therapists, hospice workers and loved ones taking care of a sick relative need the ability to park without having to additionally worry about being ticketed or towed. A digitized parking system could be the answer to a better, more compassionate way of regulating our parking within city limits. I look forward to this very important discussion which I hope will lead to a better parking system for residents and visitors alike," said Councilor-At-Large Michael

Flaherty. City representatives also shared the desire to complete the inventory audit before updating and parking regulations. They noted that this year, BTD has encountered a historic low in staffing of parking enforcement officers, which will have an impact on being able to enforce new parking rules.

OHNC // CONTINUED FROM PAGE 1

Saratoga is slated to be four stories, just over 50 feet tall, and contains 14 residential units. Further, this building is proposed to have zero parking spaces, which got a collective sarcastic laugh from those who attended the meeting.

As for 2 Ford, there are 10 parking spaces proposed for the building that would also be four stories and just over 50 feet tall, containing 27 residential

Out of the 41 total units, seven will be IDP units. "We can't charge a rent that's higher than what the city sets as a maximum rental amount on those units, and it's locked in from here to 50 years," said Lynds.

Interestingly enough, this is not exactly the first time the OHNC is seeing this project. Initially, these were shown as two separate projects, but now they are being combined.

"We are now combining these for purpose of Article 80 review only - nothing's changed really with respect to the scope and the program of the project; it's really how it's being reviewed by the city," said Lynds.

Back in October 2018, the OHNC opposed the 2 Ford Street project, and then in May 2021, the OHNC opposed the 970 Saratoga Street project. With that being said, it seemed like it would be a long shot to get support from residents, which Lynds acknowledged.

"We have no expectation that by combining these together that's going to encourage people to want to vote in favor of it, but we have to go through the process anyway," said

Lynds. If a vote of 43 to 3 in opposition with one person abstaining is any indication, those in attendance

on Monday were not fans of the project.

When it became time

to ask questions about the project, things like how trash would be handled and the location of a potential loading dock or delivery area for companies like Amazon were discussed; however, the big issue among residents was undoubtedly parking.

One resident commented that people who might want to use the new retail areas and existing retail spots wouldn't have anywhere to park.

"You have an opportunity — you have retail space — you have over 2,000 square feet of retail — put parking there ... give us something; we need something," said another resident passionate-

However, Lynds made it clear the lack of parking in the plans is something that is being pushed by the

"The city has told us — I wanted parking, I fought for the parking. Boston Transportation and the BPDA (the Boston Planning and Development Agency) — this is them you can ask them directly," said Lynds.

"The amount of parking on new residential development in the direction the city is going — near public transit — is not the priority," he added.

Quickly the meeting turned into a referendum on the BPDA's plans for the neighborhood through PLAN: East Boston.

"There are many issues with the plan. Richie [Lynds] is correct though, if this plan goes forward, this is what we will see in the corridors for the most part — maybe some things will be a little different, but largely it will look like this," said an OHNC Board Member.

"Speak up now because as far as the BPDA is concerned, they're done taking comments on the corridors plan."

Although residents op-

tion, the endless volunteer

hours from the Committee were so successful that the event sold out for the first time in history! This year, they expect to sell out again. The 27th Taste of Eastie will also be the first for the organization's newly hired Executive Director, Miguel Vargas. A special thanks to the 2023 Taste of Eastie Sponsors

Taste // CONTINUED FROM PAGE 1

Committee: Michelle Alger; Ida R. Candreva; David Lank; Matthew Pollock; Joseph Ruggiero, Jr. and Miguel Vargas.

Tickets are \$50.00 until July 19, or \$60.00 thereafter. Last year the event Sold Out! Make sure to buy your tickets in advance! Tickets can be purchased online. For more details or questions please ebmainstreets.com.

EBMS is a 501(c)(3)non-profit organization whose mission is to create a more vibrant business district by initiating private and public improvements, promoting commerce, and supporting efforts to improve the quality of life for all who live, work, and do business in East Boston.





Virtual Public Meeting

PLAN: East Boston - Reunión Comunitaria en Español

el Frente Costero & las Áreas Industriales en Desarrollo del Inner Harbor

August 1, 2023

6:00 PM - 7:30 PM

Zoom Link: bit.ly/PLANEastBostonEspanol0801

Toll Free: (833) 568 - 8864 Meeting ID: 161 595 3157



Project Description:

Acompáñenos a una reunión pública en español para aprender sobre las recomendaciones provisorias para el Frente Costero y las Áreas Industriales en Desarrollo, dentro de las comunidades que forman parte del Inner Harbor. Este evento es parte del PLAN: East Boston, una iniciativa de planificación que, una vez finalizada, actualizará la zonificación del vecindario, proveerá guías de diseño urbano, y propondrá mejoras al espacio público, incluyendo mejoras a corto y largo plazo para la red de transporte. Se ofrecerá servicio de interpretación en inglés.

Por el momento, la Agencia de Planificación y Desarrollo de Boston (BPDA en inglés), continúa brindando reuniones públicas de manera virtual por la salud, seguridad y accesibilidad de los residentes de Boston. Para más información y adelantos, visite bostonplans.org.

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East Boston

Times-Free Press

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YES, OUR DEMOCRACY IS ON THE EDGE

The national political scene Is probably the last thing that any of us want to be thinking about in the middle of July, but some recent events are making it clear that the attack on the Capitol on January 6 was just the opening round of what promises to be an unprecedented assault on our democracy and Constitution not seen since the Confederates fired on Ft. Sumter in 1861. For example, former vice-president Mike Pence has

been greeted with a chorus of boos at recent gatherings of conservative groups, particularly when he told the crowd that he lacked the authority to overturn the Electoral College results of the 2020 Presidential election. Similarly, former Arkansas governor Asa Hutchinson,

who has been a vocal critic of former President Trump for the past few years, was booed repeatedly at a recent convention of young conservatives. What these and other incidents demonstrate is that

there is a solid percentage of our fellow Americans who do not believe in the basic principles of our democracy and who will use any means necessary to achieve their

These folks claim to be "patriotic Americans," but being a patriotic American does not merely mean waving the flag -- it means respecting our Constitution and our laws -- and it is obvious to anyone paying attention that many of these folks are gearing up for what may be a violent uprising in 2024 that will strain our nation's democracy to a degree not seen since 1861.

HERE'S SOME CONSOLATION FOR SOX FANS

With the Major League Baseball season resuming after the All-Star break, the Red Sox appear destined to relegation to the realm of mediocrity. Sure, they're above .500, but our Sox don't appear to have either the pitching or the hitting to make a run to the playoffs.

However, as we looked briefly at the standings on Monday, there was one ray of brightness -- the Yankees were in last place in the American League East with us!

There is a term for what we were feeling -- schadenfreude -- the concept that one derives happiness only from the misfortunes of others.

To be sure, we're disappointed that the Sox once again will be on the outside looking in.

But if the Yankees also are out of the playoff picture

-- well, that's a cause for joy in and of itself.

MORE BIZARRO COMMENTS BY RFK JR.

Well, as if right on cue, two days after our editorial last week ("RFK Jr. is a disgrace to his family name") about the delusional "campaign" for President by Robert F. Kennedy Jr., he made this disturbing comment at a luncheon in New York City, which was reported by the New York Post:

"There is an argument that it (COVID 19) is ethnically targeted. COVID-19 attacks certain races disproportionately. COVID-19 is targeted to attack Caucasians and black people. The people who are most immune are Ashkenazi Jews and Chinese."

As the Anti-Defamation League and others have pointed out, Kennedy's comments are not merely ludicrous, but they encourage those who might believe in his bonkers conspiracy theories to engage in dangerous racist and anti-semitic behavior.

It is obvious that Kennedy is on an ego trip -- his "campaign" for president is an old-man's version (he's 69) of a mid-life crisis. Hopefully, he'll continue to make even more nutty pronouncements so that soon enough he'll go back to where he came from and we won't have to put up with him.

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Forum

LOCAL STUDENTS EARN ACADEMIC HONORS

ASMARE RECEIVES DEGREE FROM GEORGIA TECH

Norh Asmare of East Boston has earned a Doctor of Philosophy in Electrical and Computer Engineering and Master of Science in Electrical and Computer Engineering from the Georgia Institute of Technology in Atlanta. Asmare was among

more than 5,300 undergraduate and graduate students to be presented Georgia Tech degrees during the Institute's 264th Commencement exercises May 5 - 6, at Bobby Dodd Stadium.

The Georgia Institute of Technology, or Georgia Tech, is one of the top public research universities in the U.S., developing leaders who advance technology and improve the human condition.

The Institute offers business, computing, design, engineering, liberal arts, and sciences degrees. Its more than 45,000 undergraduate and graduate students, representing 50 states and more than 148 countries, study at the main campus in Atlanta, at campuses in France and China, and through distance and online learning.

As a leading technolog-

ical university, Georgia Tech is an engine of economic development for Georgia, the Southeast, and the nation, conducting more than \$1 billion in research annually for government, industry, and

LOCAL EMERSON **COLLEGE** STUDENTS EARN **DEAN'S LIST**

The following students are named to Emerson College's Dean's List for the Spring 2023 semester. The requirement to make Dean's List is a grade point average of 3.7 or higher for that semester.

ria of East Boston. Alvarez Echavarria is majoring in Journalism and is a member of the Class of Kandyce Whittingham

Sara Alvarez Echavar-

and is a member of the Class of 2023. Quinn Casillas of Boston. Casillas is majoring in Media Arts Production

and is a member of the

of East Boston. Whitting-

ham is majoring in Acting

Temulun Batzorig of East Boston. Batzorig is majoring in Design/Technology and is a member of

Class of 2023.

the Class of 2024.

About Emerson Col-

Based in Boston, Mas-

sachusetts, opposite the historic Boston Common and in the heart of the city's Theatre District, **Emerson College educates** individuals who will solve problems and change the world through engaged leadership in communication and the arts, a mission informed by liberal learning. The College has approximately 4,161undergraduates and 554 graduate students from across the United States and nearly 70 countries. Supported by state-ofthe-art facilities and a renowned faculty, students participate in more than 90 student organizations and performance groups. Emerson is known for its experiential learning programs at Emerson Los Angeles, located in Hollywood, and at its 14th-century castle, in the Netherlands. Additionally, there are opportunities to study in Washington, DC, London, China, and the Czech Republic, Spain, Austria, Greece, France, Ireland, Mexico, Cuba, England, and South Africa. The College has an active network of 51,000+ alumni

sitions in communication and the arts.

HURLEY NAMED TO DEAN'S LIST

Clarissa Hurley of East Boston has been named to the Dean's List at Hamilton College for the spring 2023 semester.

To be named to the Dean's List, a student must have carried a course load of four or more graded credits throughout the semester and earned an average GPA of 3.5 or above on a 4.0 scale.

Zuffante, a May graduate, majored in psychology at Hamilton.

Hamilton College, a leading liberal arts institution located in Clinton, New York, is where exceptional students explore passions through an open curriculum and robust research, internship, and off-campus study opportunities. Students graduate ready to lead purposeful lives thanks to highly regarded faculty mentors, generous resources that support each student's interests, and a loyal alumni network. The College's need-blind admission policy ensures access for talented students with limit-

Wu announces \$7.35 million in cultural investment grants

Mayor Michelle Wu and the Mayor's Office of Arts & Culture, in collaboration with the Equity and Inclusion Cabinet and the Mayor's Office of Economic Opportunity and Inclusion, last week announced that 11 arts and cultural grantees including East Boston's Veronica Robles Cultural Center are receiving funding totaling \$7,350,000 as part of the City's new Cultural Investment Grant program including t his program, supported by the American Rescue Plan Act (ARPA) funds, represents the largest ever municipal investment into Boston's cultural community, and will help support these organizations with a clear vision for a creative, equitable and more just City in scaling and strengthening their programming across the City.

"Supporting these organizations through the Cultural Investment Grant program not only allows us to expand accessibility and equity in the arts sector, but also helps us make progress on so many other important needsequity and wealth-building, housing stability and community-building, and supporting health and well-being in our neighborhoods," said Mayor Michelle Wu.

The funding will build

capacity for arts and cultural organizations working in partnership with communities in Boston, uplift Boston's cultural sector, and reinforce equitable access to arts and culture by supporting communities of color in Boston who have been most impacted by long standing systemic inequities and disproportionately impacted by the pandem-

"The City of Boston is honored to partner with these organizations to make transformative investments across the city, and imagine a better future for all Bostonians through the arts and creativity," said Chief of Arts & Culture Kara Elliott-Ortega. "This process has also made the most of our federal American Rescue Plan Act dollars, allowing us to explore new, innovative methods of grantmaking that will inform how we can best support Bos-

ton's arts community." Veronica Robles Cultural Center, is a community-based organization in East Boston that aims to promote Latino arts and culture as an engine for stronger communities and economic growth. VROCC's arts and culture programming is multipurmultidisciplinary, culturally affirming, and bilingual.

As part of this grant process, the Mayor's Office of Arts & Culture piloted a Cultural Advisory Team, which was a cohort of diverse stakeholders who played an integral role in the application and decision-making process, including conducting applicant interviews, supporting organizations with the completion of their applications and organizational profiles, and contributing to final funding decisions.

who hold leadership po-

"The Cultural Investment Grant is a pivotal opportunity and a new beginning for the City of Boston, its residents, working artists and organizations to unapologetically stand together, collaborate, connect, and amplify our talents, values, narratives and possibilities for the entire Arts & Culture ecosystem," said Catherine T. Morris, Founder and Artistic Director of BAMS Fest another awardee. "For BAMS Fest to be considered and granted this award, among the other organizations, signals a widening of doors for opportunity, job creation, spatial justice, economic empowerment and holistic convening on city and statewide levels. We no longer have to fear, cry or contemplate whether Arts & Culture should be a practiced norm. We now have the chance to mobilize, organize and hold ourselves and others accountable to ensure that our neighborhoods, cultural spaces, ideas and values are truly upheld and supported."

ed financial means.

"This Cultural Investment Grant will mean significant investment in our work to elevate Afro-Latin arts and culture in the Latin Quarter," said Celina Miranda, Executive Director of awardee Hyde Square Task Force. "We are thrilled to be partnering with the City of Boston and honored to be among the fantastic group of organizations receiving

support."

Distributed over three and a half years, the grants will provide investments in the cultural sector that will give these organizations a path to thrive and sustain in Boston, create long term opportunities for all of Boston's communities to have access to the arts, and strengthen the local arts ecosystem with new and unprecedented investments. The City of Boston also awarded \$10,000 each to Company One Theatre, Boston Children's Chorus, and The Guild for making it to the final round of the review process.

Your opinions, please

The Times welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151.

Letters may also be e-mailed to editor@eastietimes.com. Letters must be signed.

We reserve the right to edit for length and content.

Take the MBTA Ferry **East Boston Long Wharf**

From now through August 2023, show a **CharlieCard** or CharlieTicket to board.

EAST BOSTON FERRY Pilot Program Lewis Mall Wharf, East Boston — Long Wharf, Boston

Schedule effective March 27, 2023 through fall 2023



Weekday Schedule

weekday Schedule			
To Long Wharf, Boston		To Lewis Mall Wharf, East Boston	
Depart	Arrive	Depart	Arrive
Lewis Mall Wharf East Boston	Long Wharf Boston	Long Wharf Boston	Lewis Mall Wharf East Boston
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7:30 AM	7:40 AM	7:45 AM	7:55 AM
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11:00 AM	11:10 AM	11:15 AM	11:25 AM
11:30 AM	11:40 AM	11:45 AM	11:55 AM
12:00 PM	12:10 PM		
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A partir de ahora y hasta agosto de 2023, muestre su CharlieCard o CharlieTicket al momento de abordar.

Programa piloto del TRANSBORDADOR DE EAST BOSTON Lewis Mall Wharf, East Boston — Long Wharf, Boston

7:15 PM

7:45 PM

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7:55 PM

Horarios vigentes a partir del 27 de marzo de 2023 hasta el otoño de 2023



Boston Harbor

8:25 PM

8:55 PM

7:00 PM

7:30 PM

Horarios entre semana				
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Horarios fines de semana

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ZUMIX'S SUMMER CONCERT SERIES



Omar Sosa on lead guitar.

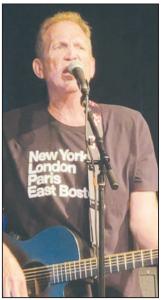


Linecker DaSilva on drums.





Guitarist Steve Snyder and vocalist Natalie Fitzpatrick.



Guitarist Steve Snyder.



Juan Gutierez, Omar Sosa, and Linecker DaSilva.



Ed Meradith on piano and vocals.



Juan Gutierez on bass guitar.



The 'Don't Be Denied' band takes a bow after the concert.



The 'Don't Be Denied' horns, Jason Torrey, baritone sax, Pedro Moreno, tenor sax, and Lance MacDonald, trumpet.

Traffic Jam '23 YOUR KEY TO SURVIVING SUMMER WITHOUT THE SUMMER WE'RE HERE FOR YOU, EASTIE! Join us every Thursday to decompress, enjoy free local food and refreshments, and cool out to great vibes and music. EVERY THURSDAY • 3PM-6PM • AT HAPPY VALLEY

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Chamber of Commerce News



The East Boston Chamber of Commerce participated in the Save the Harbor Save the Bay Beach Bash event held on Wednesday, July 12, at Constitution Beach in East Boston. Many attendees enjoyed the event, the beach, and the weather.



The East Boston Chamber of Commerce participated in Eastie Week activities including a business to business networking event outside the Chamber's office at 464 Bremen Street here in East Boston on July 12. One of the businesses that joined the Chamber for this networking event was Standard Media, Inc. The Chamber looks forward to another business to business networking event as part of the Eastie Week activities on Tuesday, July 25 from 5 to 7 p.m. at 464 Bremen Street, East Boston.

CINEMARINA: MOVIE NIGHT ON THE HARBOR

Boston Harbor Shipyard and Marina hosted a Cinemarina: Movie Night on the Harbor, on July 12, featuring "The Super

Mario Bros. Movie." The of Kiss 108's "Billy & the DiverCity Band, of Zu-Eastie Week celebration was a free, community event with radio personality, Billy Costa -- co-host pop music performance by

Lisa in the Morning" show -- as the master of ceremonies. Families enjoyed a

mix, and items from foot trucks, Rockin Burgers and Frozen Hoagies. See Page 8 for more photos.



Nana, Sandra Clark, with her grandson, Samir Yearwood, 7, and his friend, Emery Wadlington, 9.



Dhara Constance, Bella Muscolino, owner of Rockin Burgers, and Jacob Dellinger.



Carlos enjoying ice cream with his daughters, Mariajose, 3, and Carolina, 6.



Wendy Gutierrez singing pop music with Zumix's DiverCity

Morgan Cohan, Aaron Wishinsky, and Hayden Gribbel jumping like Mario.



Pascal Kriesche with his sons, Matthias, 2, and Leon, 5-months.



The DiverCity Band: Julian Jarjour, keys, Elia Del Razo, drums, Wendy Gutierrez, vocals, and Camille Puma, bass.



Marta, Yonas, Vika, and Leo, with Stephen, Olga, and Johnny Hess.



Katie Gibson, Zumix, Madeleine Steczynski, Founder of Zumix, Billy Costa, master of ceremonies, Ann Lagassa, owner of Boston Harbor Shipyard & Marina, and Sal LaMattina,



Lily and Eytan Schwartz, Dominic and Sal Rinaldi, and Andrew and Vin Rinaldi.

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EAST BOSTON'S COMMUNITY-POWERED CANNABIS



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CINEMARINA: MOVIE NIGHT ON THE HARBOR



Boston Harbor Shipyard & Marina staff: Aaron Wishinsky, Assistant Dock Master, Morgan Cohan, Dock Hand, Jason Boudrow, Marina Manager, Melanie Wheeler, Sales Manager, Megan Black, Office Manager, and Hayden Gribbel, Dock Hand.



The Gomez, Valasquez, Catano, Vasquez, and Lopera Families.



The community gathering in the Boston Harbor Shipyard and Marina for its July 12 presentation of "The Super Mario Bros. Movie."



A family enjoying popcorn and conversation before the start of "The Super Mario Bros.

WINTHROP MARKETPLACE

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Great grocery specials

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Barilla Pasta (ex: gluten free-protein-tortellini-

pasta ready)......4/\$5.00

Yoplait Yogurt10/\$6.00 Athenos Crumbled Feta Cheese 3.5-4.0 oz 2/\$5.00

Bakezu

Stonefire Naan Bread2/\$6.00

Kretschmar Rotisserie Chicken Breast \$8.99 lb Margherita Boneless Prosciutto \$11.99 lb

Produce

Fresh & Crisp Super Select Cucumbers..... 2/\$1.00 Sweet & Juicy Whole Seedless Watermelon... \$5.99 Fresh Plump Blueberries......2/\$6.00

Meat

"Meat Cut Fresh Every Day" Family Pack Specials Fresh Cut Boneless Center Cut Pork Chops.....

Weekend Specials Friday, July 21st through Sunday, July 23rd

"while supplies last"

BAKERY

DELI

PRODUCE

Southern Butter & Sugar Bi-Color Corn .. 5/ \$2.99 Green Giant Baby Carrots 1 lb pkg4/\$5.00

Family Pack Grade A Split Chicken Breast \$1.89lb Ball Park Angus Beef Franks2/\$9.00

plus deposit

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Not responsible for typographical errors. We have the right to limit quantities.

Sisters Isabella and Luna Montoya.



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Janis Anne Interbartolo

Of Taunton, formerly of East Boston

Janis Anne Interbartolo of Taunton, formerly of East Boston, passed away on July 17.

The loving daughter of Gaetano and Natalie (Montgomery) Interbartolo, she was the devoted mother of Christopher, Michael and Jillian; dear sister of Kathleen Hardaway and Michael Interbartolo; cherished Nunnie of Nathan, Michael, Ryan, Natalie, Kevan and Jonah and longtime companion of Louis Macaruso. She is also survived by many loving nieces and neph-

Family and friends will honor Janis's life by gathering at Ruggiero Family Memorial Home, 971 Saratoga St., East Boston on Sunday. July 23rd from 2 to 6 p.m. and again on Monday morning at 10:30 a.m. before leaving in procession to St. Joseph-St. Lazarus Church in East



mass. Services will conclude with Janis being laid to rest at Woodlawn Cemetery in Everett.

Flowers are appreciated or memorial donations may be made to Taunton High School Band or Football Team, 50 Williams St, Taunton, MA 02780 (Attention Performing Arts Dept. or Athletic Dept.) To leave an online condolence visit www.ruggieromh.com. (W/PHOTO-emailed)

City releases 2023-2029 Open **Space and Recreation Plan**

Special to the Times-Free Press

The Boston Parks and Recreation Department has announced the official release of the 2023-2029 Open Space and Recreation Plan (OSRP). The plan provides an analysis of the existing open space network and offers a framework for open space protection and expansion in response to city growth and recreational needs.

The OSRP is available at boston.gov/open-spaceplan with reference copies at both the central Boston Public Library in Copley Square and Boston Parks and Recreation Department headquarters at 1010 Massachusetts Avenue.

newly-released 2023-2029 Open Space and Recreation Plan offers a framework for open space protection and ex-

pansion. The OSRP is wide-ranging document, updated every seven years, that provides a comprehensive property inventory of all open space, regardless of ownership, and analyzes those spaces to understand how they are meeting the open space needs of city residents and where improvements are necessary.

"This document delineates Boston's vision for open space and recreation," noted Boston Parks Commissioner Ryan Woods. "Our Design and Construction team encouraged residents to participate so that their voices would be heard as we examined our priorities in handling these valuable resources. The resulting plan looks at the broad range of uses and values of urban open space from local playgrounds to rare ecosystems and provides a blueprint for the need

to plan ahead and manage our open space development in a way that benefits all."

The Parks Department assessed the current and potential future open space system through data analysis, policy review, research, geospatial modeling and mapping (including 49 maps), and public input. Because open spaces are central to the health, resilience and livability of Boston, this report brings together work from related projects such as the Urban Forest Plan, Heat Resilience Solutions for Boston, the Climate Ready Boston reports and the Parcel Priority Plan.

The Parcel Priority Plan is a complementary Parks Department planning project that identifies the potential open space value of parcels throughout the city to consider for open space protection or acquisition. These planning efforts all share fundamental objectives to improve quality of life while preparing for climate change.

The OSRP lays out a Seven-Year Action Plan that will guide the City's open space-related work heading towards 2030. The plan will inform park improvement projects, park system expansion, programming, operations, and ongoing policy work.

Preserving, protecting, and improving Boston's varied open spaces are goals of the OSRP.

Stay up to date with news, events, and improvements in Boston parks by signing up for our email list at bit.ly/Get-Parks-Emails and following our social channels @ bostonparksdept on Twitter, Facebook, and Instagram.

OBITUARIES

Catherine Passeri

Family was her heart and soul

A private graveside service was held on Friday, July 14, at Woodlawn Cemetery in Everett for Catherine F. (Thomas) Passeri who died peacefully at her home in Danvers on Friday, July 7 following a brief illness. She was 95 years old. Catherine was born in

East Boston and raised and educated in Chelsea along with her 13 siblings. She was educated in Chelsea Public Schools and attended St. Rose of Lima High School in Chelsea. Catherine married, Angelo Passeri in 1949 who predeceased her in 2021. They made their home and raised their children in Revere where they settled for 65 years. During this time Catherine was a devoted wife and mother to her four children. She cared for her family, including extended family, and filled her home with love, happiness, and music. She was an incredible cook. It would give her great pleasure seeing her family enjoy her creations. She treasured all of her grandchildren and great grandchildren, as

Catherine and Angelo moved to Danvers, where they were able to spend their later years closer to their family. Family was her heart and soul and spending time with one another making memories is what she treasured most.

they came along.

wife of 72 years to the late Angelo F. Passeri, the loving mother of Catherine M. Tacelli of Middleton, Paul F. Passeri and his wife, Suzanne of Danvers, Marybeth Tobin and her husband, Daniel of Hamilton and Daniel R. Passeri and his wife, Jo-Ann of Winchester; the cherished grandmother of Tracy Paulsen of Westwood, Gregory A. Passeri and his wife Elisabeth of Danvers, Julianne S. Mitrano and her husband, Guy of Danvers, Sara Kempf and her husband, Brenan of Los Angelas, CA, Mark A. Passeri of Guam, Alyssandra Tobin of Oklahoma, Elianna Tobin of Portland, ME, Daniel Tobin of Hamilton and the late Neal O. Paulsen and his surviving wife, Megumi Paulsen of Raleigh, NC; the treasured great grandmother of Alyssa, Hank, Andrew, Viviana and Declan and the dear sister of her late 13 siblings.

She was the beloved

She is also lovingly survived by many nieces, nephews, grandnieces, and grandnephews.

Remembrances may be made to Catherine's great-granddaughter, Alyssa Paulsen's College Fund at https://go.fidelity.com/d2mkcn Funeral arrangements entrusted to the care and direction of the Vertuccio Smith & Vazza, Beechwood Home for Funerals.

Mary A. Porcaro

Retired hostess at Companion's Restaurant in Revere

Funeral Services and Interment were held privately for Mary A. (Di-Marzo) Porcaro who died on Wednesday, July 5 following a long illness at the Care Oneof Wilmington. She was 90-years-old.

Mary was born on October 10, 1932 in East Boston to her late parents, Raymond and Antoinetta (Drago) DiMarzo. She was one of two children, she and her sister, Anna. She was raised in East Boston and educated in Boston Public Schools.

Mary married Francis A. Porcaro and the couple remained in East Boston while raising their only child, then moving to Revere over 50 years ago.

Mary proudly raised her daughter and took care of her home, while working as a hairdresser. She later retired from hairdressing, then took a job as a waitress working for several area restaurants. Her last position was spent at Companion's Restaurant in Revere. Mary worked at Companion's for 14 years as the hostess.

She was the beloved wife of the late Francis A. Porcaro, the loving mother of Francine A. Perrier and her compan-



ion, Steven of Revere, the cherished grandmother of Monique A. Napolitano and her husband, Stephen of Reading and Richard F. Perrier and his wife, Kelly of Danvers and the treasured great grandmother of Adriana and Alicia Napolitano of Reading, Ryan Perrier and Kevin Perrier, both of Danvers and the dear sister of the late Anna D'Agostino.

Remembrances be made to The New England Center for Children for Autism, 39 Turnpike Rd., Southborough, MA 01772. Funeral arrangements

entrusted to the care and direction of the Vertuccio Smith & Vazza, Beechwood Home for Funerals.

Gilda Albanese

A Secular Franciscan and a devout Catholic, she dedicated her life to caring for family and friends

Gilda M. (Barbero) Albanese, 99, a lifelong resident of East Boston, passed away on July 12. She was the beloved wife for 27 years of the late John L. Albanese until his death in 1986.

Born, raised and educated in East Boston, Gilda was the daughter of the late John and Catherine (Ricciardelli) Barbero. She graduated from East Boston High School and the Forsyth School of Dental Hygiene. Gilda worked for several dentists during her career, but her primary focus was always her family. A Secular Franciscan, she was a devout Catholic, who dedicated her life to caring for family and friends. For example, she loved to cook for people and her specialties included meatballs, eggplant parmigiana, cutlets and anise cookies. Gilda found special joy in celebrating family events like birthdays and Holidays (Independence Day was a favorite of hers!). Her joy was infectious and soon everyone would be gathered around

Gilda was the devoted mother of Dr. Mark J. Albanese and his wife, Jennifer Marie of Winchester. A son, John J. Albanese, predeceased her. She was the loving grandmother of Ariana (Jackson) Elena, Chiara, Marcus, Ian and Maya Albanese. She



was also the dear sister of John Barbero, Jr. and his late wife, Nancy of East Boston, the late Rose Ricciardelli and her late husband, John, the late James Barbero and his late wife. Julia and the late Eleanor Barbero. She was the cherished aunt of many Albanese and Barbero nephews, nieces, great nephews and niece, and great great nephews and

Visiting Hours will be held in the Costello Funeral Home, 177 Washington St., Winchester, on Friday, July 21 from 6 to 8 p.m. and again on Saturday, July 22 from 8:30 to 9:30 a.m. before a Funeral Mass in St. Mary's Church, 155 Washington St., Winchester, at 10 a.m. Burial is private.

In lieu of flowers, donations in Gilda's memory may be made to: St Jude Children's Hospital, Catholic TV, Basilica of the National Shrine of the Immaculate Conception and/or Habitat for Humanity. www.costellofuneralhome.com.

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Resilient Mystic Collaborative receives \$2.25 million from Barr Foundation

The Mystic River Watershed Association is celebrating a \$2.25 million, three-year grant from the Barr Foundation for continued support of the Resilient Mystic Collaborative (RMC) and regional climate work. Convened by MyRWA and ten watershed communities in September 2018 and now led by senior staff from 20 cities and towns and non-governmental partners, the RMC focuses on managing flooding and extreme heat on a regional scale and increasing the resilience of our most vulnerable residents and workers to extreme weath-

Collectively, communities have secured nearly \$57 million for climate resilient projects in the Mystic Watershed, with the goal of securing an additional \$100 million in public funding over the next three years. "The Mystic River watershed needs to take collective and significant action to prepare for a stormier, hotter, and less predictable climate future." says Patrick Herron, Executive Director of the Mystic River Watershed Association. "This funding enables our communities to achieve outsized public benefits and make progress on our goals of climate equity in the watershed."

"We are pleased to be able to make this investment in the work of the RMC," said Barr Foundation Senior Program Officer Kalila Barnett. "Their focus on closing climate equity gaps across especially race and income, and commitment to centering the needs and aspirations of people most affected by their efforts really align with our values."

"Because of COVID, many more people now understand what Green-Roots has been fighting for since its founding, to ensure that people in historically disinvested communities have the same ability to deal with challenges like climate change as people in wealthy communities," said John Walkey, Director of Waterfront and Climate Justice Initiatives at Green-Roots. "As a co-founder



of the RMC, I'm glad to see us work to effectively focus scarce public resources on the people who need them most."

"We're proud to be a founding community of the Resilient Mystic Collaborative," said Woburn Mayor Scott Galvin. "Being part of this group has enabled us to secure resources and funding for important community climate change projects, including design work for the 11.3 acre climate resilient Hurld Park, the Shaker Glen wetland stream/ trail restoration project and the Horn Pond fish ladder. Over the years, this partnership has been invaluable."

"Communities along the Mystic River are already feeling the impact of climate change and it is imperative that we meet these challenges with swift, decisive action. The new Barr grant for the RMC will help us do exactly that," said Somerville Mayor Katjana Ballantyne. "Together we can reduce risks, adapt to changing climate patterns, and foster more resilient and equitable communities. I want to thank our colleagues in the Resilient Mystic Collaborative for their hard work and unwavering dedication to fighting climate change."

"Several of Arlington's landmark climate projects in recent years relied on data and partnerships—as well as funding—secured by the Resilient Mystic Collaborative," said Town Manager Sandy Pooler. "This award from the Barr Foundation strengthens our ability to accomplish our climate planning goals

collaboratively, such as preventing flooding and reducing extreme heat."

"We've been working to strengthen our climate resiliency and extend needed resources to our more impact communities," Medford Mayor Breanna Lungo-Koehn said. "The Resilient Mystic Collaborative is critical to our climate action work and will directly lead to increased protections for our residents."

"The Town of Reading is committed to addressing climate change by implementing robust solutions that center the most vulnerable members of our community," said Town Manager Fidel Maltez. "This work takes a collaborative approach and resources beyond what our Town can provide on its own. The RMC provides our Town with technical support and proven community engagement processes that will affect lasting impact for our residents."

"The RMC is creating regional collaboration across municipalities to develop long-term resiliency solutions to climate change which knows no boundaries," said Everett Mayor Carlo DeMaria. "Individual communities cannot do this critical work on their own. By sharing information and resources, our environmental work benefits exponentially."

"The intensifying impacts of climate change are unevenly burdening communities of color, new immigrants, and vulnerable populations in Chelsea," stated Alex Train, AICP, Director of Hous-

ing & Community Development. "The RMC has enabled us to work with long-standing community partners, like GreenRoots, by adding capacity for regional solutions to coastal flooding, urban heat, and air quality that will stem displacement, combat public health disparities, and allow residents to prosper in place."

"The RMC is leading regional collaboration to address the impacts of climate change across municipal boundaries and Cambridge is proud to be a part of this amazing organization," said Katherine Watkins, Cambridge Commissioner of Public Works. "A perfect example of this is the Amelia Earhart Dam, which provides critical protection from coastal flooding to numerous communities, but is owned and operated by the state. Through the RMC, the conversation about the dam has shifted from individual communities identifying the dam as being vulnerable to a coordinated effort with DCR to elevate the dam and other coastal flood pathways."

"We designed our facilities in Assembly Row and Charlestown with climate change in mind," said David Burson, Senior Project Manager for Mass General Brigham. "We knew this wouldn't be enough, however, and understood the need for a regional strategy and coalition to address the larger climate vulnerabilities that we and the communities we serve will be facing. The Resilient Mystic Collaborative has provided an effective forum for this regional conversation, and has been an incredibly effective catalyst for the funding and implementation of this essential work."

"I have been part of quite a few partnerships," said Lexington Town Engineer John Livsey. "The RMC really delivers. I am really proud to have been one of its founders and still involved five years later."

"Winchester has been working to address increasing heat, flooding and water quality issues,' said Sustainability Director Ken Pruitt. "Through our participation with the RMC, we have access to resources and experts that are helping our community become more resilient to climate change. The RMC is a valuable partner, and we are grateful for its support and collaboration."

"When we worked with Cambridge on flood mitigation planning for the Alewife neighborhood, it quickly became apparent that the city could not protect itself on its own," said Barbara Landau, partner at Noble, Wickersham and Heart. "We understood that solutions had to be regional. That is when the RMC stepped in and provided its terrific and effective framework for collaboration and the ability to secure funding for critical projects that benefit the region."

"People say that cities and towns in Massachusetts don't like to work together, but the RMC is a great counterexample," said Carri Hulet, Principal at CH Consulting. "For five years I've seen folks work across borders with tremendous good will and it's paying off. The people who live and work in this region will benefit for decades because their leaders today are doing the hard work of regional collaboration."

"Our success has been a blend of hard work, high trust, and very, very lucky timing," said Julie Wormser, MyRWA Senior Policy Advisor. "Right now, the federal government is making a generational investment in equitable, climate-resilient, nature-based projects that make our communities safer, more just, and more beautiful. Barr's generous investment means that the RMC is ready and able to leverage this funding to bring more priority projects to fruition."

Mystic River Watershed at a Glance

The 76-square-mile Mystic River Watershed stretches from Reading through the northern shoreline of Boston Harbor to Revere. An Anglicized version of the Pequot word missi-tuk ("large river with wind-and tide-driven waves"), it is now one of New England's most densely populated, urbanized watersheds

The seven-mile Mystic River and its tributaries represented an early economic engine for colonial Boston. Ten shipyards built more than 500 clipper ships in the 1800s before roads and railways replaced schooners and steamships. Tide-driven mills, brickyards and tanneries along both banks of the river brought both wealth and pollution.

In the 1960s, the Amelia Earhart Dam transformed much of the river into a freshwater impoundment, while construction of Interstate 93 filled in wetlands and dramatically changed the river's course. Since then, many former industrial sites have been cleaned up and redeveloped into new commercial areas and residential communities

munities. The Mystic is facing growing climate-related challenges: coastal and stormwater flooding, extreme storms, heat, drought and unpredictable seasonal weather. The watershed is relatively low-lying and extensively developed, making it prone to both freshwater and coastal flooding. Its 21 municipalities are home to 600,000 residents, including many who are disproportionately vulnerable to extreme weather: environmental justice communities, new Americans, residents of color, elders, low-income residents and employees, people living with disabilities and English-language learners.



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LEGAL NOTICES

LEGAL NOTICE

Commonwealth of Massachusetts The Trial Court Probate and Family Court

Suffolk Probate And Family Court 24 New Chardon St. Boston, MA 02114 **DIVORCE SUMMONS** BY PUBLICATION AND MAILING Docket No. SU23D1216DR Aracelly Arango

Eduardo Palacios Patino To the Defendant: The Plaintiff has filed a Complaint for Divorce requesting that the Court grant a divorce for Irretrievable

Breakdown. The Complaint is on file at the Court. An Automatic Restraining

Order has been entered in this matter preventing you from taking any action which would negatively impact the current financial status of either party. SEE Supplemental Probate Court Rule 411. You are hereby summoned and required to serve upon: Aracelly Arango 111 Everett St. Apt. 3 Boston, MA 02128 your answer, if any, on or before 08/22/2023. If you

LYNN

REVERE

fail to do so, the court will proceed to the hearing and adjudication of this action. You are also required to file a copy of your answer, if any, in the office of the Register of this Court. WITNESS, Hon. Brian J. Dunn, First Justice of this Court. Date: June 29, 2023 Vincent Procopio Register of Probate

LEGAL NOTICE

COMMONWEALTH OF MASSACHUSETTS THE TRIAL COURT PROBATE AND **FAMILY COURT Suffolk Division** INFORMAL PROBATE **PUBLICATION** NOTICE Docket No. SU23P1382EA

Estate of: Michael Joseph Perruccio Also Known As: Michael J. Perruccio Date of Death: March 5, 2023 To all persons interested in the above captioned estate by Petition of Petitioner Salvatore J. Perruccio of

Pelham, NH

781-485-0588

Pelham, NH has been informally appointed as the Personal Representative of the estate to serve without surety on the bond. The estate is being administered under informal procedure by the Personal Representative under the Massachusetts Uniform Probate Code without supervision by the Court. Inventory and accounts are not required to be filed with the Court, but interested parties are entitled to notice regarding the administration from the Personal Representative and can petition the Court in any matter relating to the estate, including distribution of assets and expenses of administration. Interested parties are entitled to petition the Court to institute formal proceedings and to obtain orders terminating or restricting the powers of Personal Representatives appointed under informal procedure. A copy of the Petition and Will, if any, can be obtained from the

Salvatore J. Perruccio of

7/12/23

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EBNHC // CONTINUED FROM PAGE 1

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PETITION FOR

Docket No.

SU23C0336CA

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A Petition to Change Name

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Naima Miriam Raamani of

Boston, MA requesting that

the court enter a Decree

changing their name to:

Naima Miriam Bonouni

Any person may appear for

purposes of objecting to the

petition by filing an appear-

ance at:Suffolk Probate and

Family Court before 10:00

a.m. on the return day of

07/27/2023. This is NOT a

hearing date, but a deadline

by which you must file a writ-

ten appearance if you object

to this proceeding.

Court.

WITNESS, Hon. Brian J.

Date: June 30, 2023

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vened to highlight its new capabilities and discuss the emergency medicine needs of the community.

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of Chelsea, East Boston, Revere, Winthrop, Everett, and Boston's South End. EBNHC is dedicated to promoting and sustaining healthy communities. families, and individuals by providing accessible, person-centered, compassionate, and high-quality healthcare services, including primary care, 24/7 emergency care, behavioral health care, specialty care, and various other health and wellness programs, to all who live and work in our service area. For more information, please visit www.ebnhc.

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New DPH report reveals rates of severe maternal morbidity

The prevalence of severe maternal morbidity nearly doubled in Massachusetts from 2011 to 2020, with Black non-Hispanic birthing people consistently experiencing the highest rates of labor and delivery complications among all races and ethnicities, according to a first-of-its-kind report by the Massachusetts Department of Public Health (DPH).

Severe maternal morbidity (SMM) involves unexpected complications of labor and delivery that result in significant consequences to the birthing person's health. Such complications include life-threatening conditions (such as heart attacks, acute kidney failure, eclampsia, and sepsis), as well as situations that require the need for life-saving procedures (such as the removal of the uterus) to manage serious condi-

"Massachusetts has the best health care system in the country, but this report shows that there is much more work that we need to do to address racial and gender inequities in health care. It is essential that everyone has access to comprehensive, high-quality and inclusive maternal health care," said Governor Maura Healey. "We can and must do better for mothers, for kids and for families - and our administration is committed to doing just that."

"We can't address what we're not measuring, and this report shines a painful light on what we've known to be true for a while - women of color are not receiving the high-quality maternal health care that they need and deserve," said Lieutenant Governor Kim Driscoll. "We are working across our administration and with partners in government and health care to reduce racial disparities in health care."

The new report retrospectively examined 678,382 deliveries, including both live births and fetal deaths, among Massachusetts 483,699 residents from 2011 to 2020. During this 10-year period, Black non-Hispanic birthing people consistently demonstrated the highest SMM rates, with inequities increasing an average of 10.1 percent each year. In 2011, the gap between SMM rates for Black non-Hispanic and white non-Hispanic birthing people was two-fold. By 2020, the SMM rate for Black non-Hispanic birthing people was 2.5 times higher than that of white non-Hispanic birthing people, indicating a 25 percent increase in the gap over that time.

The report found that rates of SMM increased significantly for all birthing people, nearly doubling from 52.3 per 10,000 deliveries in 2011 to 100.4 per 10,000 deliveries in 2020, with an average annual increase of 8.9 percent. SMM rates increased by 7.8 percent per year on average for white non-Hispanic, 8.2 percent for Hispanic, and 10.5 percent for Asian/Pacific Islander non-Hispanic birthing people.

The report also revealed significant inequities experienced by birthing people with disabilities particularly for those with intellectual, vision, and mobility-related disabilities. For every 10,000 deliveries, there were 131.6 deliveries with SMM among people with intellectual disabilities; 108.4 among people with a vision disability; and 94.6 among people with a mobility disability, rates that were significantly higher than those for people without such disabilities.

'When we look at maternal health outcomes through a lens of race and ethnicity, we see a different picture of our health care system," said Secretary of Health and Human Services Kate Walsh. "Birthing people, particularly women of color, face devastating levels of risk. We have a lot of work to do to improve outcomes, and this report is a call to action that tells us where we need to focus our efforts to address the root causes of maternal health complications and close the racial gap."

"This report provides a comprehensive and sobering look at the worsening problem of inequities in severe maternal morbidity," said Department of Public Health Commissioner Robert Goldstein, MD, PhD. "DPH will continue to share these data transparently as we work to urgently address the structural and systemic barriers in our health care and public health infrastructure that contribute to these troubling outcomes."

"The fact that these rates and the gaps have continued to worsen over time indicates that Black non-Hispanic birthing people have not benefited from improved medical knowledge and care," said Hafsatou Diop, MD, MPH, Director of the Division of Maternal and Child Health Research and Analysis at DPH. "It has been long recognized that racism - not race - is

the risk factor, as it leads to discriminatory beliefs and behaviors toward Black non-Hispanic birthing people."

Identifying innovative ways to address racial inequities in SMM is a priority for DPH. In 2022, the department established a multi-disciplinary Maternal Health Task Force to create and implement a maternal health strategic plan. DPH also is addressing critical gaps in direct maternal and child clinical care using CDC's Levels of Care Assessment Tool to establish the Levels of Maternal Care in MA. The goal is for pregnant people at high risk to receive care in facilities that are prepared to provide the required level of specialized care, thereby reducing maternal morbidity and mortality in the state.

In addition, DPH is implementing targeted interventions for medically underserved communities, with the goal of improving outcomes for those most impacted by SMM. This includes remote blood pressure (BP) monitoring programs, which are currently being piloted at Baystate Medical Center, Brigham and Women's Hospital and Boston Medical Center to improve awareness of obstetric warning signs for

patients with hypertensive disorders, including preeclampsia/eclampsia. Hypertensive disorders are a leading cause of severe maternal morbidity and postpartum readmission. DPH is also working with MassHealth to explore coverage options for remote BP monitoring pro-

Overall, the data in the report underscore the need for enhanced monitoring and support for all birthing people, with specific attention directed toward those groups at greater risk. In addition, the report highlights the importance of collecting and using data to identify and understand inequities and to inform approaches to address serious public health problems.

The report is the state's first to specifically focus on maternal and child health using DPH's Public Health Data Warehouse, which was created by legislative statute in 2017.

"To improve peripartum health outcomes," the report concludes, "state policy efforts must continue to target structural racism and ableism, as well as other socioeconomic and community drivers of adverse maternal outcomes, including access to and quality of primary and prenatal care."

City opens applications for Boston School Committee

Mayor Michelle Wu today opened the application to fill the vacancy on the **Boston School Committee** for the remainder of the term ending on January 1, 2024 that was created by the resignation of Lorena Lopera. To serve as a member for the next full four-year term, individuals will have to reapply later this year. The Boston School Committee Nominating Panel, composed of families, educators, school leaders and representatives of the business and higher education com-

munities, will receive and evaluate the applications and share recommendations with the Mayor. The **Boston School Committee** is the governing body of the Boston Public Schools

Applications to fill the upcoming vacancy are now due Monday, July 31, 2023 at 11:59 p.m. Interviews for selected candidates will be held on the week of August 7, 2023, between 4:30-6:00 pm.

The School Committee is responsible for:

• Defining the vision,

mission, and goals of the Boston Public Schools;

- Establishing and monitoring the annual operating budget;
- Hiring, managing, and evaluating the Superinten-
- Setting and reviewing district policies and practices to support student achievement.

The School Committee meets approximately twice per month during the school year to adopt, review and modify policies and practices that support teaching, learning and improved student achievement. With the exception of executive sessions, Committee meetings are open to the public, feature public comment periods and are broadcast on Boston City TV.

Please direct all questions and submit completed applications to scnominatingpanel@boston.gov or mail/deliver to Room 612 of Boston City Hall. You can learn more about the Boston School Committee online.

Roxbury Unity Parade on

Sunday, July 16. Sign up

to join Team Santana at bit.

ly/santana-parade.

News in Brief

GOVE STREET CITIZENS ASSOCIATION **MEETING AGENDA**

Gove Street Citizens Association will meet on July 24. Register for virtual meeting on our website: https://www.govestreet.org/meetings

Agenda

- Announcements
- Community Updates Updates from City
- Sgt. Cintolo • Follow-up on 9 Gene-
- va Street (45 min) • Community Discus-
- sion: 9 McKay Place (45

GSCA Community Meeting - July 2023 Monday, July 24 · 6:30

Link to join the call:

8:00pm

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THINK OF **MICHAEL** AND GAVIN **FOUNDATION**

KICKOFF EVENT North Suffolk Community Services in collaboration with All Roads Lead to Charlestown, Chapters Recovery Center, Think of Michael, and Gavin Foundation will be hosting a kickoff event on August 17 at noon for our Adopt a Pole Campaign. This event targets the stigma associated with substance use disorder and brings education and awareness to communities regarding overdose. We will be hanging a minimum of 100 purple ribbons in the following communities: Chelsea. Charlestown, East Boston, Revere, Roxbury, South Boston, and Winthrop. Bows can be personalized in advance. Please join us and show your support by hanging a ribbon in memory of a

This event will take place at 983 Bennington Street in East Boston on August 17 from 12-1pm. The bows will remain up for Overdose Awareness Day on 8/31 and the month of September (Recovery Month).

loved one, friend or con-

stituent.

Santana earns local endorsements for Council At-Large District 4 on the Boston Henry Santana, candigun violence and housing Roxbury following the

date for Boston City Council At-Large, announced today that he has earned endorsements from State Representative Chris Worrell and City Councilor Brian Worrell.

"Henry Santana is deeply rooted in Boston. He understands what makes our city so incredible and what challenges we face. Henry will bring his experience, as an effective leader in government and dedicated advocate for the community to the City Council," said Chris and Brian Worrell. "The Council and every Bostonian will benefit from his collaborative approach to problem solving and his consummate professionalism. We are excited to endorse Henry Santana for City Council At-Large." Brian Worrell represents

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City Council, including parts of Dorchester, Mattapan, Jamaica Plain, and Roslindale. State Representative Chris Worrell represents the 5th Suffolk District, which includes Dorchester and Roxbury.

"The Worrell brothers are longtime organizers and leaders in our community and I am honored and grateful to have their support," said Henry Santana, candidate for Boston City Council At-Large. "Brian and Chris know what it takes to serve with dignity and purpose. As a first time candidate, it means the world to me to have the support of two incredible Black elected leaders both of whom I deeply admire. I look forward to the opportunity to fight alongside them in City Hall and at the State House to address

affordability. Together, we can build a better Boston for future generations."

Santana's campaign centers community and a commitment to listen to residents, prioritize quality city services, and move Boston forward together. He has also received endorsement from State Senator Lydia Edwards, City Councilor Gabriela Coletta, former Boston City Councilor Matt O'Malley, former Boston City Councilor Kenzie Bok, as well as the Massachusetts Chapter of the Sierra Club. To learn more, please visit henrysantana.com and follow the campaign on social media at @Santana-4Boston. Henry Santana's cam-

paign for City Councilor At-Large will host a Day of Action canvassing in Real Estate Transfers

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\$745,000

\$869,900

Henry Santana has dedicated his career to serving the Boston community. Born in Bani, Dominican Republic, Santana moved to Mission Hill as a child where he grew up in public housing and was a Boston Public Schools student. Santana began his career in public service as a counselor and later the Program Director of the Mission Hill Summer Program, an academic summer enrichment program for youth in his neighborhood. Santana stayed involved in local politics, eventually joining the campaign of Kenzie Bok to organize Mission Hill residents and run her field operations. He then served as Bok's Mission Hill/Fenway where he worked to improve community processes and advocate for resi-**PRICE** dents at every turn. Most recently, Henry served as the City of Boston's first Director of Civic Organizing, working on behalf of Mayor Wu to empower residents to get involved

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in their neighborhoods

through civic engagement

and service. He stepped

down from his role at City

Hall at the end of April.

Henry is running for City

Council At-Large to bring

a new perspective to the

Council and lead Boston

forward.



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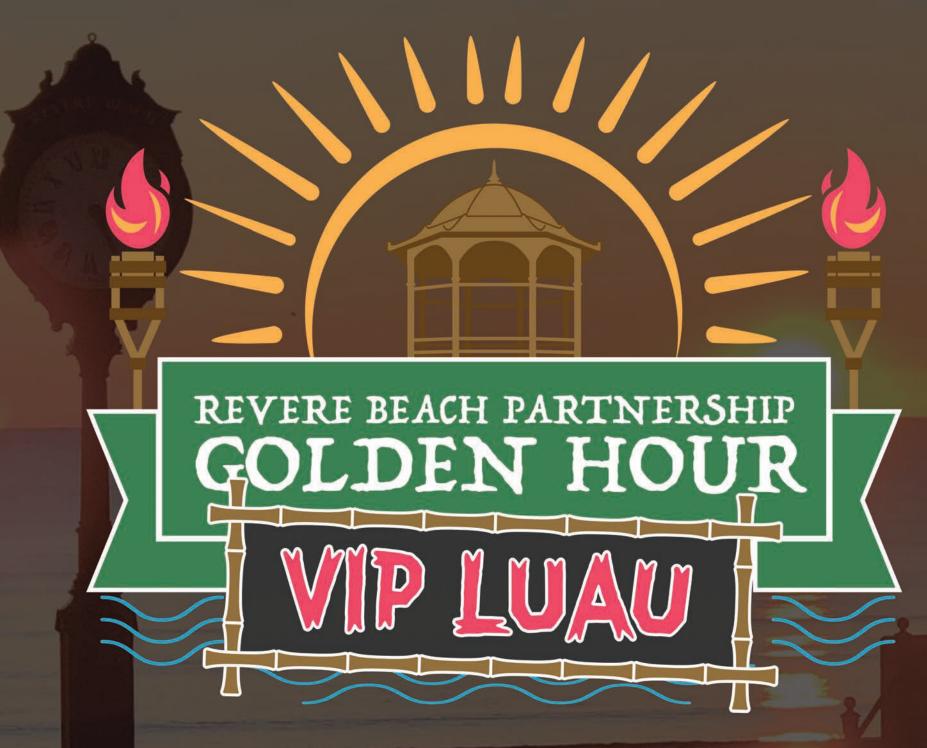
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Fresh and Local

Salads for supper

By Penny & Ed Cherubino

We enjoy salads for supper all year round but much more often when the summer heat makes hot meals less desirable. That doesn't mean we skimp on protein or survive on bowls of greens. Many of our favorite salads have added protein, and some contain a few herbs instead of greens.

Remember Chef's Salads?

Once, many restaurant menus had an item called a "Chef's Salad." The standard had lettuce, cucumbers, tomatoes, avocados, hard-boiled eggs, cheese, and meat. These ingredients will make a good salad. However, we use these as categories and call it a "Supper Salad." Often we make one to use up the bits and pieces in

We also use the best of each vegetable available from the summer farmers' markets instead of the tasteless tomatoes, thick-

our refrigerator.

skinned cucumbers, and high-fat meat and cheese that were once used. That change alone improves our meals' appearance, flavor, and nutritional val-

Choose a more flavorful cheese like feta, parmesan, or blue cheese, and use less per portion. Replace the meat with a combination of a legume or bean and grain, and you have your protein with less fat.

Prep Your Pantry for Supper Salads

We keep a few favorite items on hand to enhance salads. Think about what you love in salads and keep those items ready. Today we can pick up many of these items in a supermarket. We stock cans and packets of chickpeas, beans, lentils, mixed grains, flavored tuna, and olives.

We add a big flavor hit to our salads with capers, pickled onions, pickled ginger, and charcuterie, like cured chorizo. For texture and crunch, we might top a salad with fried shallots, croutons, nuts, or seeds.

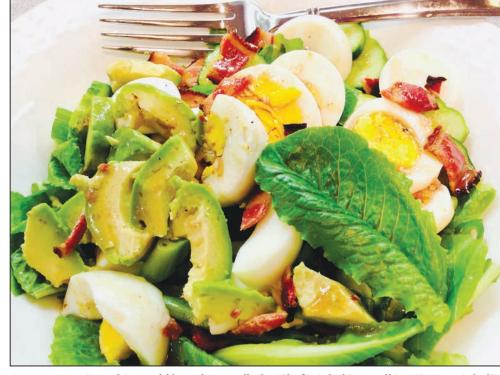
For dressings, we keep a selection of oils and vinegar on hand. Our choice of vinegar may be decided by the cultural background of a particular salad or ingredient. We'll use sherry vinegar for a salad inspired by gazpacho and rice vinegar for a Vietnamese Bun Thit Nuong.

Favorite Salads

That Vietnamese Bun Thit Nuong is one of our favorite salads. It combines cold rice vermicelli, grated carrots, napa cabbage, and bean sprouts, topped with grilled meat, fresh Thai basil, and mint. It's dressed with an oilfree nuoc cham sauce.

joy a larb salad. This is a spicy hand-chopped meat salad seasoned with fish sauce, chili flakes, and lime juice. Traditionally it is made with pork and served with sticky rice, but we love a chicken version served with lettuce

From Thailand, we en-



Once upon a time, this would have been called a "Chef's Salad." We call it a "Supper Salad" and make one often to use up the bits and pieces in our refrigerator.

cups.

Ed loves a Salad Niçoise especially when it's made with fresh seared tuna. Penny prefers to have hers with a good tuna in olive oil. One of the great things about salads is that they are easy to adapt to food preferences.

Our version of Middle Eastern tabouli has chickpeas added. With the bulgar wheat included in the

basic recipe, this makes for a complete protein. You can use a classic recipe like French grated carrot salad as a base and begin to add ingredients that will make it a meal.

Prepare Portions

One final thought on salads is to think about what can be made ahead and portioned out ready to dress when someone is ready to eat. So many times, one or more members of a household needs a meal at a different time. A salad that is prepped but not dressed can be a perfect answer to this scheduling dilemma.

Do you have a question or topic for Fresh & Local? Send an email to Penny@BostonZest.com with your suggestion.

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Eastie Pride Day set for August 19

The Eastie Pride Day committee announced that the annual Eastie Pride Day celebration event will take place on Saturday, August 19, from 2- 6 p.m. As in previous years, the community event showcases East Boston small businesses, restaurants, and non-profit organizations within one location for East Boston residents to both support and learn more about the community. The celebration includes food, children's games, contests, music and live entertainment. This community event is family-friendly and open to all ages. The participating organizations and additional updates on this year's event can be found on the Eastie Pride Day website at https://www. EastiePrideDay.com/.

"This annual celebra-

tion is a wonderful opportunity to highlight East Boston's history, while also providing an opportunity to give back to our community," said Liana LaMattina, current Chair of the Eastie Pride Day committee. "It is the one day each year that the community is able to come together in support of the vendors, organizations, and even friends and families that are always eager to support the neighbors in need."

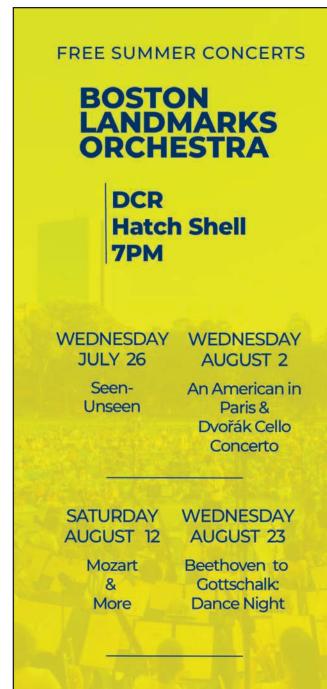
This year's event will mark the 34th Annual Eastie Pride Day in East Boston. The event originated with Founder Sal LaMattina in 1989 to increase pride within residents in the community, and has since become a staple event in the neighadults alike look forward and pride for residents.

to each year.

If you have questions or would like to get involved with the Eastie Pride Day's celebration this year, please contact the committee at info@eastieprideday.com. To stay up to date on this year's Eastie Pride Day and future announcements, follow Eastie Pride Day on Facebook and on Instagram at @EastiePrideDay, or visit their website at www. EastiePrideDay.com.

Eastie Pride Day is a neighborhood committee that serves the East Boston community through an annual summer community celebration. This event is meant to highlight the values and qualities of the neighborhood, while also borhood that kids and fostering a sense of unity





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