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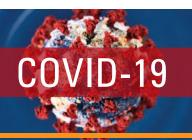
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Telemedicine allows health care professionals to evaluate, diagnose, and treat patients at a distance using telecommunications technology, such as a smartphone or computer. As we fight the COVID-19 pandemic, telemedicine has quickly become an essential tool in our health care arsenal. The East Boston Neighborhood Health Center (EBNHC), like other medical providers across the commonwealth, is mov-

medicine access.

"Telemedicine allows us to continue to provide high-quality care to our patients during this pandemic while minimizing exposures," said Laura Rogers, EBNHC Chief Information Officer. "We can treat people who are most at-risk for COVID-19 while they stay safely at home—and we can accommodate the essential stay-at-home orders that we should all be following right now. EBNHC patients who might otherwise miss

pointments can continue to be monitored by their doctor's office without having to leave home."

Prior to the pandemic, only a tiny fraction of EB-NHC patients were being seen through telemedicine.

That changed on March 15 when Governor Baker signed an executive order that dramatically increased the potential of telemedicine by requiring commercial insurers to reimburse

See EBNHC Page 4

East Boston Central Catholic pushing forward

By John Lynds

Lent and Holy Week is a special time at East Boston Central Catholic School (EBCCS) with special events, Masses and a whole host of activities that lead up to Easter Sunday.

However, the COVID-19 pandemic has put life on hold for the staff and students at EBCCS after the school closed earlier last month.

While much focus has been on how public schools are handling the pandemic little has been said about small private schools like EBCCS that rely on tuition, grants and donations to provide a quality Catholic education to its students.

With less resources than well funded public schools, EBCCS Principal Robert Casaletto Eastie's last remaining Catholic School hasn't 'missed a beat'.

"In anticipation of the closure, we had the students take home their books on March 12 and 13, and we mailed packets to families of students who were absent those two days," said Casa-

See CATHOLIC Page 4



large crowds from gathering at the neighborhood beach.

State closes parking lot at Constitution Beach

By John Lynds

In an effort to better promote social distancing and curb gathering of more than 10 people Gov. Charlie Baker issued an emergency order last Friday requiring all coastal beach reservation parking areas managed by the Department of Conservation and Recreation (DCR) to close.

The order applied to East Boston's Constitution Beach parking lot and by Friday morning the gates at the beach were locked and traffic signs directed drivers away from the beach's

parking area.

Gov. Baker said the order was to further reduce large concentrations of people at beaches during the COVID-19 outbreak.

Constitution Beach will remain open and available to pedestrians for transitory use only, i.e. walking, jogging, biking, solitary fishing, etc.

Additionally, DCR's agency-owned ice rinks, visitor centers, playgrounds, fitness areas, athletic fields, athletic courts and bathroom facilities like the ones at Constitution Beach will remain closed

until Monday, May 4.

Gov. Baker and the DCR continue to stress that if Constitution Beach or other area parks are crowded, visitors should consider visiting a different location or returning at a later date or time. The Governor and DCR also advises visitors of state parks to:

- Stay within solitary or small groups, and avoid gatherings of ten or more people;
- Practice social distancing of at least six feet between individuals;

See CLOSED Page 3

Eastie leads city on COVID-19 infection rate

By John Lynds

The numbers by the Boston Public Health Commission that were released over the weekend were sobering.

East Boston's COVID-19 infection rate has outpaced the rest of the city and has some of the highest number of confirmed cases.

The stats released by the BPHC that breaks down the number of cases and infection rates in each neighborhood found Eastie has an infection rate of 27.7 COVID-19 cases per 10,000 residents with 130 confirmed cases.

Eastie was eclipsed only

by Hyde Park that reported an infection rate of 30.4 cases per 10,000 residents. While Eastie and Hyde Park were in the top two, the two neighborhoods were followed by Mattapan that had an infection rate of 24.3 cases per 10,000 residents while Dorchester has an infection rate of 21.6 cases per 10,000 residents. The lowest infection rate in the city so far has been Fenway that only reported

See INFECTION Page 7

Eastie restaurants permitted to sell take out beer and wine

By John Lynds

Emergency legislation to provide relief to East Boston restaurants forced to close their bars and dining rooms and switch to a delivery or take out operation during this COVID-19 pandemic was passed last week and signed by Gov. Charlie Baker.

Permitting Eastie establishments licensed to sell alcohol for on-premises consumption, like the Cunard Tavern, will now be able to sell wine and beer by take-out and delivery.

This will allow some of Eastie more popular restaurants that serve up hard to find microbrews and wine to continue providing their customers with these options as an accompaniment to a hot meal.

However, there is a catch.

See TAKE OUT Page 4

Local bakeries open and taking orders for Easter

By John Lynds

a special time especially for the neighborhood's Italian population that all seem to have similar traditions when it comes to the food spread that is laid out every year. From Italian Easter

Easter in East Boston is

cookies to pasticciotto and tiramisu to zeppoli and of

course the decadent pizzagaina, Italians in Eastie have their own little twist on each recipe.

However, with the COVID-19 pandemic sweeping the neighborhood and nation some ingredients at local supermarkets are hard to come by but don't fear one of Eastie's

See BAKERY Page 3





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Baker and Walsh announce stricter measures; new funds for COVID-19 relief

By Lauren Bennett

As the COVID-19 crisis continues and begins to approach the predicted surge in cases, Governor Charlie Baker and Mayor Marty Walsh continue to provide updates to residents and have implemented new measures to prevent further spread of the virus.

As of Monday, April 6, the City of Boston had 2,035 confirmed cases of COVID-19 and 19 deaths. The number of people who have recovered had reached In Massachusetts.

there were 13,837 cases. An N95 mask decontamination facility is set up in the former K-Mart at Assembly Row in Somerville. Secretary of Health and Human Services Marylou Sudders said this is the fourth location in the United States where this technology will be used, and each N95 mask can be decontaminated between five and 10 times before it has to be disposed of, which will extend the life of these masks that are so vital for healthcare workers who are

Additionally, the New England Patriots plane also brought in over 1 million masks last week from China "in a humanitarian mission." Sudders said.

on the frontlines.

On April 5, the Mayor implemented stricter measures to help protect the residents of Boston. Starting on Monday, April 6, the Boston Public Health

Commission issued a Public Health Advisory that establishes a curfew in the City of Boston. Everyone except essential workers should stay inside between 9pm and 6am, the Mayor said. As of right now, this will be in effect until May 4. He said this was a necessary choice to make because there have been reports of people not social distancing especially in the evenings, as people are visiting friends' houses and gathering while waiting for food takeout, which the Mayor said is unacceptable.

Additionally, the Mayor asked "anyone and everyone to wear a mask outside your home," following the new Centers for Disease Control (CDC) recommendation to US citizens to do so. "Up to 25 percent of people are out and about because they don't feel sick," Mayor Walsh said. He said things like scarves and bandannas will work to cover the nose and face. "We can all help slow the spread by covering our faces," he said.

He said that covering faces is not a replacement for physical distancing of at least six feet from others, which is still "100 percent necessary."

City parks with recreational sports areas are also closed as of April 6. "People are continuing to gather and we simply have to take that option away," he said. "No group activities should be taking place anywhere." Mayor Walsh said

that police are empowered to break up groups, and although he doesn't want to have to fine people for disobeying the rules, but he is not taking it off the table.

There are also new steps taken at City Hall. Beginning Tuesday, April 7, City Hall is only open to the public on Tuesdays and Fridays from 9am to 5pm, and everyone entering the building, including employees, will be required to have their temperature taken, the Mayor said. He stressed that people should only come to City Hall for services that are not available by phone or online.

The Mayor also announced new measures for those at higher riskpeople over the age of 65 and those with underlying health conditions. Walsh is advising these residents to "only go out when you absolutely need to." Additionally, he recommended that they exercise inside their homes if they are able.

"You need to realize how many people are vulnerable and they're all around you," Walsh said. He said there are many residents of the City of Boston who have asthma, diabetes, cancer, and other lung conditions-all of which put these people at risk for having complications should they contract COVID-19.

Additionally, he said that nearly 45 percent of positive tests are in people under the age of 40. "You have to follow these guidelines," he said. "We're doing everything it takes to be ready for the surge."

Over the weekend, Walsh also announced that the Boston Convention and Exhibition Center would be converted into a 1000 bed hospital, with 500 beds for the homeless and 500 for hospital capacity, including six acute care suites.

"This was done in four days," the Mayor said. "I want to thank everyone who has made this happen. We are preparing for whatever comes our way." He said these beds are not in use as there is no current need, but they are ready as the City approaches the surge, which is predicted for mid-April.

"Don't just focus on the numbers going up," Walsh said. "Think about the cases you individually have stopped and the lives you have saved by doing the right thing."

Governor Baker **Covid-19 Community Tracing Collaborative**

Governor Baker announced on April 3 the creation of the COVID-19 Community Tracing Collaborative (CTC) which will help mitigate the spread of the virus in the Commonwealth.

"This initiative is a collaboration between the administration and Partners In Health, and is the first of its kind in the nation, according to a release from the state. "The initiative will focus on tracing the contacts of confirmed positive COVID-19 patients, and supporting individuals in quarantine, and builds on the efforts already underway from the Command Center to leverage public health college students to augment the contact tracing being done by local boards of health."

"Enhanced contact tracing capability is another powerful tool for public health officials and health care providers in the battle against COVID-19," Baker said. "Massachusetts is the only state in the nation implementing this type of programming, and this collaborative tracing initiative will break new ground as we work together to slow the spread of COVID-19."

Partners In Health will be working with the Massachusetts Department of Public Health and the Executive Office of Health and Human Services, and the contact tracing will be combined with increased testing efforts in the state.

Nearly 1,000 contact tracers will be reaching out to COVID-19 patients and those who they have been in contact with in an effort to contain the virus.

Massachusetts Covid-19 Relief

Governor Baker and First Lady Lauren Baker on April 6 announced the Massachusetts COVID-19 Relief Fund, which will support frontline workers and other communities who face issues like housing in-

He said that the fund, which is administered by

Eastern Bank, was launched with a \$1.8 million anchor fund, and is now up to \$13 million as a starting point.

First Lady Lauren Baker said that the fund will also "partner with a network of excellent community foundations and local nonprofits who have deep roots in their communities."

She thanked the "generous donors" to the fund, and as the need will continue to raise throughout the Commonwealth, "the sky is the limit for how much money we can raise," she

Governor Baker said that

as of Monday, about 76,500 people have been tested in the Commonwealth. He also said Massachusetts received 100 additional ventilators from the federal government, and he has a commitment to increase that number over the next few days and weeks.

"This public health crisis continues to be one of the most challenging events the Commonwealth of Massachusetts has ever faced," Baker said.

"The goal here is simple," he said, referring to the fund, "to help those who are going to have the hardest time working through and dealing with" this crisis.

To read more about the fund and to make a donation, visit masscovid19relieffund.org.

Santarpio's closes and suspends takeout and delivery service

By John Lynds

There was great excitement in East Boston a few weeks back when Santarpio's Pizza announced for the first time in the restaurant's more than 100 year history it would start delivering its famous pizzas amid the COVID-19 pan-

However, after a successful run with deliveries the Santarpio Family announced it would close

their Eastie and Peabody locations out of an abundance of caution and to protect its staff and customers from falling ill.

"Over the past few weeks, it has been a pleasure providing our customers with pick-up and delivery services, in the hopes that a warm meal helped provide some comfort during these difficult times," said the Santarpio Family in a statement. "Effective (immediately), Santarpio's Pizza will be temporarily closed

until further notice. The health and well-being of our customers, employees, community, friends, and family are our top priority, and we believe that voluntarily closing our doors will help protect our community and flatten the curve."

The Santarpio Family said they will continue to assess the situation, and look forward to reopening and welcoming back its valued customers in the near future.

"Thank you

support during these past weeks," continued the statement. "We look forward to seeing you again when this passes. Stay safe

However, the COVID-19 pio's and other local restau-

portant, through his actions

and his beautiful music

he raised the spirits of so

many here in Boston who

love seeing bands in small

live music venues. Over

the years Will has been a

great supporter of Zumix. I

encourage anyone who has

not listened or seen Will

live to check him out – for

now on-line, but eventual-

ly back on stage where he

Dailey served as Zu-

mix's Artist Ambassador of

the year in 2013 and is an

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belongs."

delivery operations as dinein service was suspended throughout Boston and the

rants shift to take out and

However, while some restaurants remain open for takeout and delivery, Santarpio's is not unlike other restaurants in the neighborhood that made the switch to takeout and delivery only to reassess that move weeks later as the pandemic ramped up locally.

Prior to closing Sanrpio's had been donating pizzas to those on the front lines fighting the COVID-19 outbreak as well as organizations feeding those in need.

The family donated to the Fire Departments in East Boston, the officers at District A-7 and the East Boston Community Soup Kitchen as well as the East Boston Neighborhood Health Center

Local recording artist hosts isolation concert to benefit Zumix

Local recording artist and former Zumix Artist Ambassador Will Dailey hosted a series of online concerts as part of his "Isolation Tour" to support local music venues and pro-

Last Wednesday Dailey hosted the last leg of his tour to benefit Zumix and the local music program's programs. The two hour concert was broadcast live on Facebook and included a whole host of songs from

Dailey's catalog.

"A fundamental truth has been reinforced in the midst of our collective emergency: what we need most as a species is food, shelter, love and art," said Dailey. "Art is the oil that makes the whole machine run as one."

Zumix's former Board President, Steve Snyder, who recently stepped down to focus his efforts on the COVID-19 crisis as Vice President of the East Boston Neighborhood Health Center said what Dailey did for the live music scene in Boston and for Zumix was incredible.

"His "Isolation" tour helped raise funds for a lot of staff who are out of work right now and also helped ZUMIX, as we struggle to get through this crisis," said Snyder. "Equally im-

and healthy." The no-frills pizza joint that serves up pizza and BBQ lamb, sausage and steak tips is known for its long lines of hungry patrons waiting to feast upon

the fare that has made it a staple in Eastie and beyond.

outbreak has made Santar-



Local recording artist Will Dailey during his online benefit concert last Wednesday to benefit Zumix.

independent, Boston-based

recording and performing

seven-time winner in the

Boston Music Award: Best

in 2006, again on Decem-

ber 2, 2009 and December

2, 2012 and Album of the

Year and Artist of the Year

December 14, 2014 and

Male Vocalist in 2015 and

with Universal, CBS Re-

cords, Wheelkick Records

He has released albums

Male

2016.

He is notable as being a

Singer-Songwriter

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and JS Music Group. Dailey has released six fulllength albums since 2004. His latest full-length record, Golden Walker came out on Wheelkick Records on June 1, 2018 and was called "a new peak." by the Boston Herald and he has been featured on over 50 television programs and

Dailey has appeared on stage with Eddie Vedder of Pearl Jam, Neil Young, Dave Matthews, Willie Nelson, and John Mellencamp at two of their philanthropic Farm Aid concerts, and recently completed work on a Stephen King/ John Mellencamp project produced by T Bone Bur-

As Zumix's Artist Ambassador in 2013 Dailey gave back and collaborated with Zumix to enhance the program's music, arts, and youth development. Over the course of the year, Dailey and Zumix worked together in several capacities, including co-hosting a fundraiser to benefit the organization.

EBNHC gets donations from local business owner as well as resident

By John Lynds

The staff at the East Boston Neighborhood Health Center have been on the frontlines since the COVID-19 pandemic began to spread across the city, country and globe.

To thank the staff of doctors, nurses and administrators for this hard and stressful work during these trying times, donations have been pouring in from all corners of the neighborhood as well as the neighboring cities and towns that the Health Center

First United Brokers Real Estate Sales Agent Juan Lopera donated 300 burritos from BOLOCO to the staff at the Health Center that has been working round the clock to ensure the safety of the community from this pandemic. Lopera's sister, as well as a few of his close

friends, are staff members at the Health Center.

"Thanks to the generosity of a local Real Estate Agent with United Brokers; Juan Lopera our staff received 300 hot delicious burritos," said EBNHC's Michelle Hagerty. "When asked why the donation to us, Juan shared that his sister works with us here at EBNHC as well as a few friends. His act of kindness fed so many staff persons that day. It made a difference to have a hot meal when so many staff are finding it hard to get away from the work area to get their own lunches these days."

Lopera said his donation was a, "Small thing compared to what the staff at the Health Center are doing. I am grateful and thankful for them being in front of this

Lopera delivered the BO-LOCO Burritos along with John Pepper, co-founder of BOLOCO.

Next, Eastie resident Naveed Heravi donated 1,000 surgical masks and around 599 latex gloves to the staff at the Health Center.

"My good friend Naveed Heravi and I donated 1000 surgical masks and almost 500 latex gloves to the East Boston Neighborhood Health Center, which will support the brave healthcare workers on the front lines fighting COVID-19," said

Rep. Adrian Madaro. "If you have personal protective equipment (PPE) or other goods you want to donate to support COVID-19 response efforts, please visit https:// www.mass.gov/forms/ covid-19-donation-program. If you want to volunteer to assist in response efforts, please visit https://masstech. org/M-ERT. As we work to address shortages, every little bit helps."



Eastie Naveed Heravi, shown with Rep. Adrian Madaro and Health Center CEO Manny Lopes, donated masks and gloves to the Health Center last week.



Health Center staff helped unload the burrito donations



First United Brokers Real Estate Sales Agent Juan Lopera donated 300 burritos from BOLOCO to the staff at the Health Center. Lopera is shown with John Pepper,

Bakery // CONTINUED FROM PAGE 1

beloved bakeries has got you covered.

Over at Spinelli's, aside from the traditional Italian treats, the Roberto Family announced the pasta and pastry shop will complete your Easter Dinner for you if you order before Thursday, April 9.

Complete or individual dinners include ham, corn, green beans, apple raisin sauce, rolls and choice of

You can place your order by calling 617-567-1992.

"To our valued customers and neighbors, Spinelli's is still open for take out and delivery seven days a week," said the Roberto Family. "We have adjusted our schedule to: Monday through Saturday 8 am to 3 p.m. and Sunday 8 a.m. to 3 p.m. Our staff is trained in ServSafe standards and is handling each order with the utmost care Please call ahead for orders that require lengthy preparation to avoid long waits. Also, once on site, please observe social distancing practices. Thank you for your continued support. We'll get through this together. At Spinelli's we're here for you through it all."

Over at A&L Bakery on Sumner Street, founded by

Rita and Amedeo Gnerri in the 1970s, is open and taking orders for Easter Sun-

know that this COVID-19 and quarantine situation has us all being diligent in our activities," said the Gnerri Family in a statement. "We are exercising proper protocol according to the CDC guidelines. At this present time and because of all our great customers and neighbors we have not changed any of our operating hours as of yet. You can still come in and see Rita and purchase some bread and pastries."

The only thing the family asks is to exercise the same social distancing protocols while in the store. "Please keep a six foot distance from the next customer and so on," said the statement. "Easter is coming and we have just introduced pizzagaina and zeppoli. We also have pasticciotto and tiramisu. We greatly appreciate all of your support in these times and look forward to seeing you soon. Be safe

and God Bless everyone." Eastie resident Mary Ann Lysiak said she loves Rita Gnerri and her bakery.

"I have been going there for over 30 years and her bakery is the best in Massachusetts even better than the North End," she said. "God bless you and your family."

Nanly Brooks said she filled up on pizzagaina and other treats recently and notified her many neighbors to get their orders in ahead of Easter.

Rita came from the town of Bonito, near Avellino, to East Boston in 1970, the year she married Amedeo, who had come to the United States two years earlier. Amedeo is originally from the town of San Giorgio del Sannio, near Benevento. After a few years of various jobs and the birth of their two sons, the couple bought a pizzeria in Chelsea, but sold it in 1977 and later opened A&L Bakery.

Both Rita and Amedeo still work in the bakery, helping their son with daily and nightly operations. Rita comes in the afternoon to help out front and to prepare some things for the next day. When their son Tony comes in at night, he finds cookies, pies and pastries prepared by his mother during the day. It is a wide assortment of pastries: Elephant ears, chocolate chip cookies, apple and blueberry turnovers, squares, biscotti and much more.

City of Boston updates parking policies

By John Lynds

The majority of East Boston residents are staying home to do their part to help bend the curve and stop the spread of COVID-19 in the city many are still worried about parking their cars during the street sweeping season that began this

While most of us are stuck inside and only venture out maybe once or twice a week to stock the fridge, pick up medications or take a solidarity walk the last thing we want to think about is moving our car and trying to find an alternative parking spot during street sweeping.

Mayor Martin Walsh announced that the city has updated the city's parking policies to reflect the tough times that all residents are going through amid the worldwide COVID-19 pan-

Walsh said the Boston Transportation Department

will not be ticketing and towing for street cleaning, given challenges to finding alternative places to park in neighborhoods.

Walsh also announced that residents with a valid resident permit sticker will be allowed to park in a metered or two-hour parking space, without having to adhere to the time limit or pay a meter fee, within their specific neighborhood. However, cars without the relevant resident permit parking sticker, standard time limit and meter requirements remain in

BTD will not issue tickets for expired inspection stickers or registrations, given potential challenges for people to renew inspections and registrations at this time.

To help small businesses that have been impacted by COVID-19, BTD has created temporary pick up zones in front of Eastie restaurants that have transitioned to takeout and delivery only. Takeout food pickup zones restrict parking to five minutes to increase convenience for the quick pickup and delivery of takeout food from restaurants, and provide adequate room for social distancing of six feet or more. Restaurants that would like to request a temporary pick up zone can do so on boston.gov. Requests will be evaluated on a case by case basis.

The City of Boston and its municipal partners of Brookline, Cambridge, Everett, and Somerville are also offering all hospital staff a free 30-day pass for our public bike share, Bluebikes. To learn more about how to sign up for the program hospital staff should visit boston.gov.

With the exception of those changes noted above, BTD will continue to enforce parking violations, with a focus on public safety violations, such as blocking a hydrant, sidewalk or handicap ramp.

Closed // CONTINUED FROM PAGE 1

 Participate in only non-contact recreational activities;

• Practice healthy personal hygiene, such as handwashing for at least 20 Stay home if ill, over 70, and/or part of a vulnerable popula-

To centralize COVID-19 updates that impact the state parks system, DCR recently developed a Massachusetts State Parks COVID-19 Updates webpage. Prior to visiting a state parks property, members of the public should review the contents of the

webpage. Furthermore, for information about the Baker-Polito Administration's ongoing efforts to mitigate the spread of COVID-19, please visit the Department of Public Health's (DPH) website.

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ONE DAY AT A TIME: IT'S "GROUNDHOG DAY" FOR EVERYBODY

Here's one way to view the current situation in which

we all find ourselves:

Prior to the pandemic sweeping the nation and the world, our lives were such that each day truly was a new day, filled with new challenges and the possibility of new excitement, albeit to varying degrees.

Today however, with most of us locked down in our homes, our daily routines have taken on a stunning sameness that is bereft of any sense of the usual moments of joy that form the essence of our humanity.

Similar to the classic Bill Murray movie "Groundhog Day" from 1993 (wow, has it really been 27 years?), each day seems to be a repeat of the day before.

The daily news in particular has a feeling of being in 'Groundhog Day" mode. The headlines, politicians, and talking heads basically tell us the same thing, day after day after day, to the point where most of us now are tuning it

And yet, unlike the movie, there is nothing humorous about the real-life Groundhog Day in which we find ourselves.

The COVID-19 pandemic by far is the most tragic, far-reaching, and life-changing event that every American has faced since the end of World War II 75 years ago.

The phrase, "One day at a time," which is meant both as an inspiration and an admonition to those among us who struggle wth substance abuse and other issues, now applies to every person, in every corner of the globe, regardless of fame, wealth, power, or any other status that differentiates us from anyone else.

The news that public figures as disparate as the actor Tom Hanks, Boris Johnson (the Prime Minister of England), and James Dolan (the billionaire owner of the New York Knicks and Comcast) have contracted COVID-19 -on three different continents -- makes it clear that the coronavirus does not discriminate and is world-wide in scope.

In short, there is no escape -- no way out -- for every human being on the planet.

Moreover, with public health authorities informing us that the ongoing lack of testing in the United States continues to leave our nation flying blind in the face of the pandemic, we truly will have reason to fear every interaction with another human being (even if we and they are fully-masked and we space ourselves six feet apart) for the foreseeable future.

Without any understanding of the true extent of the spread of the disease in the United States, no one can predict when we will begin to see the light at the end of the

"One day at a time" will be our mantra for many days

Your opinions, please

The Times welcomes letters to the editor. Our mailing address is 385 Broadway, Revere, MA 02151. Our fax number is 781-485-1403.

Letters may also be e-mailed to editor@eastietimes.com.

Letters must be signed.

We reserve the right to edit for length and content.

SEND US YOUR NEWS

The Times encourages residents to submit engagement, wedding and birth announcements, news releases, business and education briefs, sports stories and photos for publication. Items should be forwarded to our offices at 385 Broadway, Revere, MA 02151. Items can also be faxed to 781-485-1403. We also encourage readers to e-mail news releases and photos to deb@reverejournal.com

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Forum



CELEBRATE EASTER - APRIL 12TH

EBNHC //CONTINUED FROM PAGE 1

providers for telemedicine visits and relaxing certain regulations. Two days later, the Centers for Medicare & Medicaid Services (CMS) broadened access to Medicare telehealth services so that beneficiaries can receive a wider range of services from their providers without having to travel to a health care facility.

Now that these barriers have been reduced, the use of telemedicine is skyrocketing at EBNHC and medical facilities across the country. Over the last two weeks, EBNHC provided more than 6,000 telemedicine visits, with 640

occurring on the busiest day. Video conferencing launches this week, which will significantly enhance the telemedicine experience for patients as well as providers.

Do you need to schedule a telemedicine appointment with your primary care provider? Did you miss an appointment that needs to be rescheduled? If so, call 617-569-5800 to schedule a telemedicine appointment. This is especially important if you have a chronic or a behavioral health condition. You should be treated if needed, especially during this public health crisis.

Any EBNHC patient who has fever and flu-like symptoms or has had a possible COVID-19 exposure should not come to the health center. Instead, call the health center at 617-569-5800 for phone screening. If appropriate, you will be given instructions on how to get tested.

Recently, Mayor Walsh announced the launch of two online dashboards that allow Boston residents to see the number of COVID-19 cases in Boston and throughout the state. The dashboards are part of a suite of digital tools available to residents that

includes a texting service in six languages, online city services, and frequently updated resources and factsheets. Visit www.boston. gov/coronavirus.

For as long as it takes, EBNHC will continue working with local and national public health officials to ensure the safety of our staff, patients, and members of the communities we serve. EBNHC has partnered with Independent Newspaper Group to bring you this content, which also appears at ebnhc.org/ COVID19 and on our social media channels.

Take out //continued from page 1

The licensed restaurants must sell the beer and/or wine in the original sealed container (no draft beer or plastic lids for wine) and must be sold in the same transaction as a purchase of

"Restaurants can now sell take-out beer and wine for the duration of the COVID-19 emergency," said State Rep. Adrian Madaro. "This is an important provision that will better support the restaurants that are working so hard to support us all."

Restaurateur and owner of the Cunard Tavern

near Eastie's waterfront, Phil Frattaroli, said he was glad the state took this important step. Frattaroli and other local restaurant owners had been begging the Governor, the Mayor, State Treasurer Deb Goldberg and the Legislature to consider allowing restaurants to sell their existing beer and wine inventory along with prepared food--something New York State did a few weeks ago amid the pandemic.

Frattaroli added that being able to sell beer and wine allows small restaurants like the Cunard to make up some lost margins after being forced to close dine in services.

"Thank you for your leadership Governor, not just on this expansion and the import it will have in the survival of restaurants in our Commonwealth but for your steady hand during this crisis," said Frattaroli. "Thanks also to the extraordinary efforts of Ways and Means Chairman Aaron Michlewitz and Senator Joe Boncore and their staffs, Rep Adrian Madaro, and everyone in the Legislature who played a role. As I look around the country, I am so grateful for the leadership of Boston Mayor Marty Walsh and Governor Charlie Baker in relaxing some licensing requirements as many restaurants switch to off-premise service. During a time when people are feeling very insecure about the availability of food, keeping professional kitchens safely feeding people makes sense. Allowing some hourly workers to continue working makes sense. We have converted to off premise service only, and taken a number of steps to ensure the safety of what we are serving."

Catholic // CONTINUED FROM PAGE 1

letto. "We conduct multiple "Live Lessons" weekly for every grade level along with other assignments posted in Google Classroom or sent daily to parents via email. This includes our three and four year olds, knowing how important social interaction is at this age. We are using ZOOM, Facebook Live, and Google Hangouts for our "Live Lessons" and upper grades have been

and continue to use Google

Classroom as well."

Casaletto said EBCCS also uses multiple online resources such as ABCmouse, Khan Academy, GrammarFlip as well as posting videos to YOU-TUBE to keep the school community connected.

"Teachers email families every morning for an update on that day's expected activities," said Casaletto. "Our teachers are working pretty much all hours to support the needs of our families via one-on-one ZOOM meetings, email exchanges, phone calls, and various other means of communication. We also provided Chromebooks to families in need of them." A month into closing due

to the COVID-19 outbreak, Casaletto said he couldn't be more proud of the students, staff and families.

"Parents, students, and teachers have been amazing so far," said Casaletto. "The entire school community has worked hard to make the best of a difficult situation.I feel blessed to be a part of such an amazing school community."

regular COVID-19 updates from the CDC and DPH and is available on the EB-CCS website via a link to both agencies.

The school also posts

TO PLACE YOUR AD CALL 781-485-0588

CBRE

Sammy Carlo's Delicatessen & Catering reopens for take out and delivery

By John Lynds

After deciding to close for two weeks when it became apparent East Boston was not going to be spared by the COVID-19 pandemic, Sammy Carlo's Delicatessen & Catering has reopened for takeout and delivery with a limited menu.

Owner, Stevie Scire said he and his family took the time off to strategize a plan that could make takeout and delivery work at his popular restaurant.

"We closed to satisfing the "stay at home "request and flatten the curve," said Scire. "We are very eager to get back in operation with a detailed pick-up and delivery system. We were hopeful for some swift actions to help to shed some light on this health and econom-

In order to meet the demand of take out and deliveryx service as more and more people venture out of their homes less and less

ic battle we are all facing."



Sammy Carlo's Delicatessen & Catering has reopened for takeout and delivery with a limited menu.

Scire and his family came up with a solid plan.

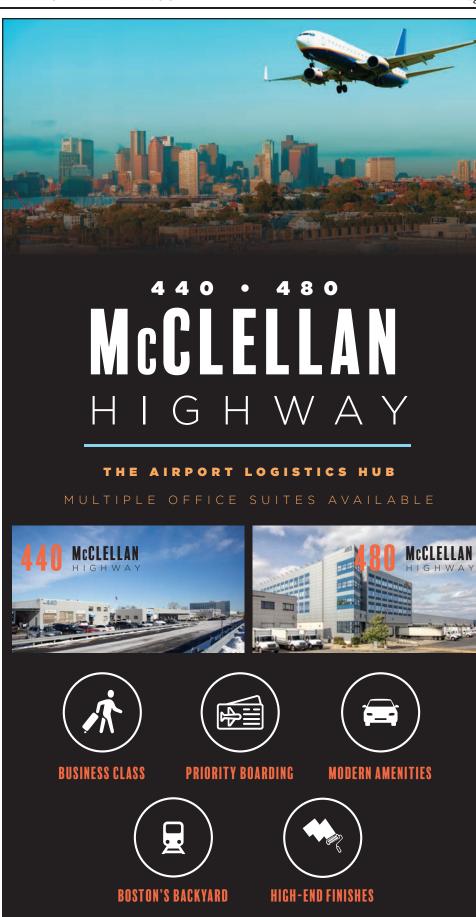
Carlo's will be open daily from 9 a.m. to 3 p.m. with breakfast sandwiches and subs like Italian, Turkey, Roast Beef, chicken parm, grilled chicken, chicken cutlets, meatballs, eggplant,

steak and subs. Carlo's is also offering family-style dinners that serve 10 to 12 people that include, Chicken Broccoli & Ziti, Ziti & Meatballs, Eggplant Parmigiana, Chicken Parmigiana and Steak & Veggie Stir-fry over rice.

The only thing Scire asks is that customers call ahead and pay over the phone before picking up their orders. Once the order is ready the staff at Carlo's will pass the food through the front or side windows.

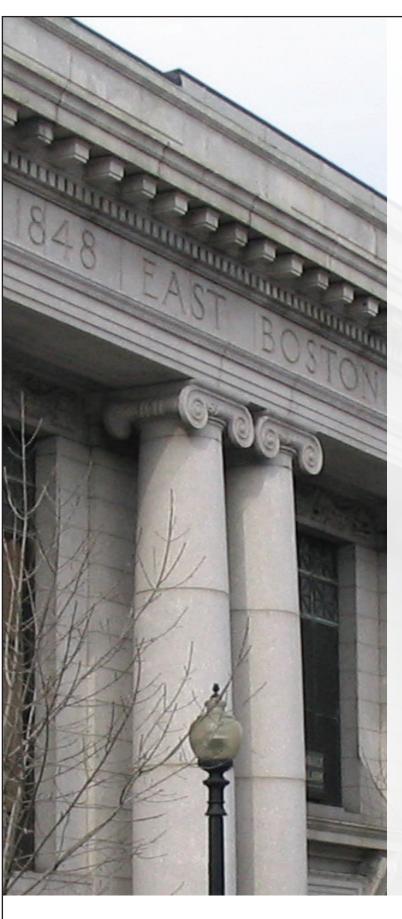
"Unfortunately we have limited staff to keep distance and to use preparation precautions so the front door will be locked at all times," said Scire. "We hope to see you all very soon and we thank you for all your support. We certainly miss our friends and neighbors and I believe we all miss each other. But this too shall pass and we will all be stronger."

Scire said Carlo's will accept credit.debit cards, Venmo and Paypal.









East Boston Savings Bank is here for you.

As a 172-year old Boston Bank, East Boston Savings Bank has a rich history of servicing the City of Boston and its surrounding communities. The foundation that we honor are integrity, strength and hard work for all our customers. It is our tradition to be responsive to the needs of people like you and businesses like yours during good times and challenging times.

We have seen and been through past events that have affected the country and the world. As we navigate through this pandemic together, please know that we are here for you. I assure you that East Boston Savings Bank remains your strong neighborhood bank, supporting you, your family, your business and your community. It's because of your trust in us - and our faith in you – we will make it through these events together.

Trust that we are in this for the long-haul, right by your side. Our branch office doors will remain open as long as we can assure the safety of you and our employees. Online Banking, Mobile Banking, ATMs and our Automated 24-Hour Telephone Banking System (866-774-7705) are always an alternative banking option for you – visit ebsb.com for more information. As always, your deposits are 100% guaranteed by the Federal Deposit Insurance Corporation and the Depositors Insurance Fund.

I understand there are a bunch of unknowns with this pandemic but know this; East Boston Savings Bank has endured many devastating events in the past and has come through each of these stronger and more committed to our customers than ever.

Thank you for trusting in East Boston Savings Bank. Stay safe and we look forward to continuing working hard for you.

Sincerely,

Ruch / granne

Richard J. Gavegnano President, CEO and Chairman East Boston Savings Bank





Tips on how to stay healthy while staying home

You're staying home to do your part to help slow the spread of COVID-19. It's all in an effort to keep you, your family and others heathy. But your routine has been interrupted and you're facing stress and uncertainty. Even though you are avoiding germs, our new way of life can make it difficult to keep you and your family healthy.

Brigham and Women's Faulkner Hospital's Outpatient and Community Liaison Dietitian Allie Lang, RDN, LDN, explains, "Stress eating becomes a daily activity and your exercise routine is completely interrupted. Gyms and yoga studios are closed, and meal times are all over the place. Working from home can lead to skipping meals with no set lunch time. With all of the social distancing, stressful news stories and hand washing, it's easy to forego exercise and healthy

Luckily, Lang has some tips to help you stay healthy while staying home.

Plan basic, healthy

Having a plan for your meals can give you a sense of control when everything else seems crazy. Make sure you stick to your normal meal schedule and eat three meals a day. For each meal try to include a fruit or a vegetable, a whole grain or starch and a lean protein. It can be easy to go all day without drinking water when your schedule changes so drastically. Keep a water bottle or glass of water nearby and sip regularly.

Grocery shopping

Pick one day a week to brave the supermarket. Go prepared with a list based breakfasts, lunches and dinners you'll make throughout the week. Don't forget the veggies! Frozen vegetables can be just as healthy as fresh vegetables and last much longer in the freezer. Canned beans and vegetables are also nutritious and last long on your shelves. Just make sure to rinse these to reduce the sodium. Stock up on fruits like apples, oranges and bananas for snacks. You may not be able to buy your normal preferred brand at the grocery store, but the shelves are stocked enough to get your staples.

Find ways to stay active

At home you can end up sitting most of the day and getting much less steps in than usual. To counteract this, try taking some trips up and down the stairs or taking a walk outside. Find an exercise video you enjoy on YouTube and commit to daily exercise. There are also exercise videos available on most streaming platforms.

Mental health Your mental

health

at least May 4, 2020. All court clerks', registers', and recorder's offices shall continue to conduct court business --to accept the filing of

during this time is just as

important as your physical

health. This unprecedented

ness that can be extremely distressing. Keep up your social connections with regular phone calls and video chats. Take advantage of more time at home by picking up a new hobby. Try a Zoom meeting with a group of friends. Journaling, meditating and virtual therapy are all ways to process your emotions and manage stress in constructive ways. There are many aspects

situation leaves many of us

with a feeling of helpless-

of this public health crisis you can't control. You are already doing your part by social distancing, staying home and washing your hands. It is important to focus on what you can control, like your health and wellbeing. By following these simple tips, you and your family can get through these times in healthy and beneficial ways.

About Brigham and Women's Faulkner Hospi-

Brigham and Women's Faulkner Hospital is a 171bed non-profit, community teaching hospital located in southwest Boston. Founded in 1900, they offer comprehensive medical, surgical and psychiatric care as well as complete emergency, ambulatory and diagnostic services. For more information, visit www.brighamandwomensfaulkner.org.

SJC issues order restricting court appearances to emergency matters until May 4

In light of the ongoing and urgent public health concerns regarding the COVID-19 (coronavirus) pandemic, the Supreme Judicial Court (SJC) on April 1 issued an order that continues to restrict the number of people coming to Massachusetts state courthouses through May 4.

Effective April 6, 2020, the new order repeals and replaces two earlier court orders; the Order Regarding Empanelment Of Juries, issued by the court on March 13, 2020, and the Order Limiting In-Person Appearances In State Courthouses To Emergency Matters That Cannot Be Resolved Through A Videoconference Or Telephonic Hearing, issued by the court on March

All trials, whether jury or bench, in both criminal and civil cases, scheduled to begin in Massachusetts state courts on or before May 1, 2020, are continued to a date

no earlier than May 4, 2020, unless the trial is a bench trial in a civil matter and may be conducted otherwise than in-person by agreement of the parties and of the court.

As a result of the SJC order, courthouses will continue to be closed to the public except to conduct emergency hearings that cannot be resolved virtually (i.e., by telephone, videoconference, email, or comparable means, or through the electronic filing system) until

pleadings and other documents in emergency matters, to schedule and facilitate hearings in emergency matters, to issue orders in emergency matters, to answer questions from attorneys, litigants, and the general public, and to conduct other necessary business of the respective court. All such business will be conducted virtually, except when the filing of pleadings and other documents in emergency matters cannot be accomplished virtually.

The Trial Court announced the April 2, 2020 launch of a Help Line for non-emergency matters that the public can call to ask general questions about their civil and criminal cases and help callers navigate the court system. The Help Line will be staffed from 8:30

a.m. to 4:30 p.m., Monday through Friday, and can be reached by calling 833-91COURT.

Full lists of emergency matters identified in Standing Orders for each department of the Trial Court, as well as updates regarding the court's response to the COVID-19 pandemic, are available on the court's web-

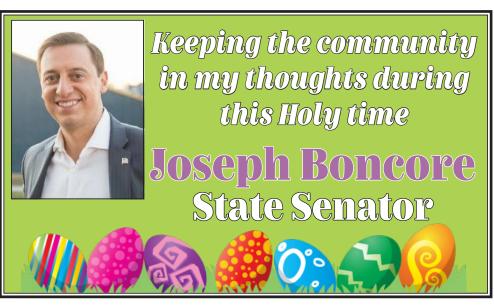


and Passover



Under normal circumstances, now would be a time of unity and gathering with family around the dinner table, and in the pews of your place of worship. In light of the novel coronavirus we urge you to celebrate together while keeping apart.

There has never been a more important time to stay at home. In Solidarity.













East Boston

Ruggiero Family Memorial Home

Wishing You Health and wellbeing this Easter



617-569-0990 • Visit us at our website: www.RuggieroMH.com

Infection //continued from page 1

an infection rate of 8.4 cases per 10,000 residents.

With the deadly virus spreading more quickly in Eastie than in some other neighborhoods may have a lot to do with the fact many neighborhood residents are still working blue collared jobs at local stores, restaurants, grocery stores, as delivery services drivers, cleaning service workers to make ends meat and bring them into close contact with the general public according to experts.

Also, over the weekend, many in the neighborhood still did not heed Mayor Martin Walsh's calls a week ago to stop playing organized sports like soccer and basketball at local city parks. Again on Saturday and Sunday parks like American Legion, LoPresti and the East Boston Memorial Stadium were again filled with teens and adults playing soccer and other games while not practicing social distancing.

The word of these ongoing activities has frustrated Mayor Martin Walsh who decided to impose even stricter restrictions in Eastie and across the city on Sunday to help curb the spread of COVID-10 that has already killed 19 Bostonians as of Tuesday.

The new measures align with guidance from the Centers for Disease Control and Prevention (CDC), and local public health officials, and if followed by all residents, are expected to reduce the impact and spread of COVID-19.

Mayor Walsh said public health modeling indicates that Boston is only 11 days away from peak demand for hospital resources, an estimate that emphasizes the critical need to flatten the curve immediately.

"I cannot stress enough that the actions we take now through the next several weeks will help curb the spread of this virus, and save lives," said Mayor Walsh. "There is nothing that I won't do as Mayor of the City of Boston to protect our residents, and at this very critical time, we must do everything we can as Bostonians to protect one another. This is bigger than any one person - this is about the greater good of our people. Stay safe, stay inside, and let's get through this together.

Walsh said social and physical distancing remain the primary strategy to reduce the spread of COVID-19. The new measures that Mayor Walsh is putting into place strengthen the guidance previously issued around social and physical distancing, which staying include home as much as possible and maintaining a distance of 6 feet or more from others. These new measures went

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into effect Monday and will last through Monday, May 4, 2020.

The measures include: Encouraging everyone to wear a face covering over their mouth and nose when in public:

In addition to social distancing when going out in public for an essential trip, wearing face covers will help to reduce the risk of a person spreading the virus, especially if they do not know they are sick. Face coverings should be worn anytime someone is outside the home, including on walks or other passive recreational activities.

Face coverings should not be placed on children under 2 years of age, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the cover without assistance.

Face coverings can include a cloth, scarf, bandana, etc. that cover a person's mouth and nose. Homemade face coverings should be made of intact, close-weave cloth and allow comfortable breathing. Visit CDC guidelines on face coverings for more information and guidance.

Face coverings should be frequently washed using a washing machine with detergent and hot water and dried on a hot cycle. They can also be hand washed with soap and warm water and left to dry.

It is advised that residents use a face covering, as opposed to a medical grade face masks, in order to preserve protective equipment for health workers and those serving on the front lines in response to COVID-19.

The Boston Public Health Commission is issuing a Public Health Advisory for everyone in Boston except essential workers to stay at home from 9 p.m. to 6 a.m. daily: This advisory will address unnecessary trips to businesses, restaurants, and other locations, and is intended to encourage people to stay inside their homes at night.

Residents are encouraged to utilize delivery services as much as possible after 9 p.m.

As a reminder, residents are encouraged to remain in their homes as much as possible throughout the day and only leave for essential needs, including trips to the grocery store, pharmacy, emergency meal sites and other essential services. Residents are discouraged from visiting essential businesses only to browse and should be mindful of only visiting essential businesses to pick-up essential

Closing City parks with

recreational sports areas: Recreational sports areas in City parks, such as

DRIVING

SCHOOL

courts and fields, will be closed to limit exposure and contact between people. As a reminder, all playgrounds in Boston have been closed since March 20, 2020 and will remain closed. Areas for passive recreation, like walking and jogging, will remain open.

Additional signage will be posted on all recreational sports areas and outside of parks that will be closed.

If needed, Boston Police are empowered to disperse gatherings and they can order people to vacate closed sections of parks.

Recommendations for people who are at higher risk:

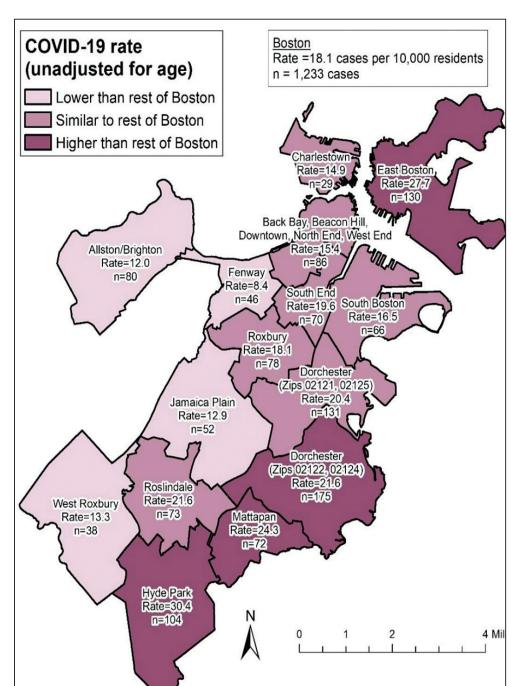
For people over 65 and those with underlying health conditions, the City of Boston encourages taking extra precautions. Trips outside the house should only be made when absolutely necessary, for either food or medications. Those experiencing difficulty with access to food, please call 311.

In addition, taking walks or spending time outside is discouraged for the next few weeks, and exercising inside the home instead is encouraged as an alternative

The underlying health conditions that can put someone more at risk are very common and include asthma, diabetes, heart conditions, kidney or liver disease or conditions that can cause a person to be immunocompromised, including cancer treatment and smoking.

In Boston, over 11 percent of adults have asthma, and the rate is higher in black (15 percent) and Latino (12 percent) residents, as well as in Dorchester and Roxbury (15 percent each). One in four Boston public high school students have asthma, according to the Boston Public Health Commission.

To date, nearly 45 percent of positive tests in Boston are in people under the age of 40 and more cases of severe illness are now being seen in young people. Further, nearly 80 percent of positive tests are in people under the age of 60. The CDC estimates that nationally 25 percent of people infected with COVID-19 are asymptomatic, and may not know they are a carrier of the virus, or that they could be infecting others.



A neighborhood by neighborhood breakdown of the COVID-19 infection rate in the City of Boston released by the BPHC.



We know you are worried, but it is important to bring your baby to the health center for regular vaccines. Vaccines are more important now than ever, and without them, your baby is at risk for serious and sometimes fatal diseases. We are safely seeing babies in a

separate building that is only being used for healthy babies. These visits are limited to one healthy infant and one healthy parent or caregiver. If you are unwell, please do not come to the health center yourself. If you have questions, please call us at 617-569-5800.



WINTHROP MARKETPLACE

To Our Valued Customers

Thank you to all of our amazing employees for coming to work each and every day with a commitment to providing excellent customer service on a continual basis. In these stressful and uncertain times, our employees have continued to be our biggest strength and we can't thank you enough.

Thank you to Woodside Hardware, the Winthrop Police Department, and the Winthrop Board of Health for helping to secure gloves and masks for our employees. In addition, each of these organizations has been instrumental in helping us maintain proper health protocols throughout the whole store.

And special thank you to all of wonderful customers that have continued to support us and show patience and respect. We are in this together and we rely on one another to get through this. When we put it out to social media that we were in need of masks for our

employees, a multitude of customers quickly stepped up and have been continually dropping off masks for us. We are very grateful for these actions and for the Winthrop community as a

whole.

We are all doing our best to make sense of this and to keep each other safe. We will continue to diligently clean and sanitize. We will stock our shelves as quickly as we can and we will expedite the shopping process as much as possible. We would love to have a completely stocked store

for our customers, but with that not being possible, we are doing the best we can. And we thank you for all for working with us. We will get through this one day at a time, and we will do it together. We will be closed this Sunday, April 12th, for Easter. May this Easter bring you

blessings of hope, joy, and peace.
From all of us at the Winthrop Marketplace,
Thank you and Happy Easter!

Special Senior Only Hours

60 years and older 7:30 am — 8:30 am Mon-Sat 8:00 am — 9 am Sunday

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We will now be closing at 7:00 pm everyday.

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State, non-profit to deploy 1,000 case workers to trace contacts of COVID-19 patients

Working with a non-profit partner, Gov. Charlie Baker late last week called for 1,000 case workers to deploy throughout the state to track the people who had been in contact with patients who are positive for the COVID-19 virus.

In his daily update on Thursday, Baker announced the creation of the COVID-19 Community Tracing Collaborative (CTC) to mitigate the spread of COVID-19 in Massachusetts. The state will work in collaboration with Partners In Health. It is the first effort of its kind

nationwide.

The initiative will focus on tracing the contacts of confirmed positive COVID-19 patients, and supporting individuals in quarantine, and builds on the efforts already underway from the Command Center to leverage public health college students to augment the contact tracing being done by local boards of health.

The Collaborative will deploy nearly 1,000 contact tracers throughout the state to connect with COVID-19 patients and their contacts to support Massachusetts'

efforts to track and contain the virus.

Led by the administration's COVID-19 Response Command Center, Partners In Health will coordinate closely with the Massachusetts Department of Public Health and the Executive Office of Health and Human Services. Contact tracing will be combined with the state's efforts to increase testing and will provide support to people in quarantine in order to contain the spread of the novel

"Enhanced contact tracing capability is another

coronavirus.

powerful tool for public health officials and health care providers in the battle against COVID-19," said Governor Charlie Baker. "Massachusetts is the only state in the nation implementing this type of programming, and this collaborative tracing initiative will break new ground as we work together to slow the spread of COVID-19."

Partners In Health will provide staff and contribute technical expertise in community tracing. The Commonwealth Health Insurance Connector Authority (CCA) will stand up a virtual support center and maintain connectivity, while the Massachusetts Department of Health (DPH) will maintain data, guides and processes. Accenture, a leading global professional services company, and Salesforce, a global leader in CRM, are implementing support center capabilities for the CTC's tracing purposes.

"This is a key effort in the Commonwealth's work to slow the spread of the virus by adding capacity to reach individuals who have come in close contact with individuals are confirmed positive for COVID-19," said Health and Human Services Secretary Marylou Sudders. "I encourage residents to cooperate with the operation so that we can further slow the spread of COVID-19 in Massachusetts."

Contact tracing through the CTC will support the Baker-Polito Administration's ongoing efforts to expand bed capacity, increase personal protective equipment (PPE) supplies and provide resources for health care providers and patients.

Gov. Baker says more ICU beds are needed; COVID death rate in Mass. is lower than other states

Gov. Charlie Baker announced good and bad news on Thursday requiring the anticipated surge of COVID-19 cases in the coming 20 days - with the good news being there are ample Acute beds and the state's death rate from COVID-19 is lower than other states, and the bad

news being that even with

an expansion of ICU beds at existing hospitals the state will likely be short up to 500 beds.

State officials, in response, are looking to build Field Hospitals to take the stress off of medical centers – including hiring a contractor that can quickly begin to build out places like the South Boston Convention

Center if need be. The plan to build up to 1,000 beds in this fashion around the state.

Gov. Baker's COVID-19 Response Command Center today (April 2) outlined projections related to the anticipated surge of COVID-19 cases in the Commonwealth, which they believe will come between April 10-20. The projections are the result of the Command Center's work with medical experts to complete modeling of the outbreak in Massachusetts. The Administration also detailed its efforts to respond to this surge, including a significant increase in hospital capacity, staffing, and equipment.

COVID-19 Surge Planning:

•Modeling and Projections: Administration's COVID-19 Response Command Center has been working with its Advisory Board of medical experts and epidemiologists from Harvard University, University of Guelph and Northeastern University to refine models related to the expected surge of COVID-19 cases. These efforts include modeling the surge's timing, number of cases, necessary bed capacity, and work to find facilities that will meet overfill capacity. The model's projections are based on the experience of Wuhan, China, but Massachusetts' trajectory could differ due to lower

population density, lower

smoking rates, and earlier

social distancing measures. The Command Center has also been comparing to experience in other states and around the world.

The model's latest projections estimate that the number of confirmed cases of COVID-19 in Massachusetts could range from 47,000 to 172,000 (or 0.7% to 2.5% of the total population of Massachusetts). The models show hospitalizations would potentially peak between April 10-20. The current fatality rate in Massachusetts is lower than other areas - it is approximately 1.5 percent of those infected. The Command Center is monitoring this

statistic closely. The COVID-19 sponse Command Center is working with hospitals to provide them with flexibility to expand ICU capacity. The Commonwealth is asking academic medical centers and teaching hospitals to work to significantly expand their ICU capacity. But after hospitals execute on their surge plans, the model estimates there could be a remaining gap in ICU capacity of more than 500 eds.

•Response Efforts:

In response, the Administration is aiming to find or build an additional 750 – 1,000 beds in field medical hospitals and other alternate care sites to reduce strain on hospitals as much as possible. Gov. Baker and Lt. Gov. Polito visited the first of these Field Medical Stations at the DCU Center

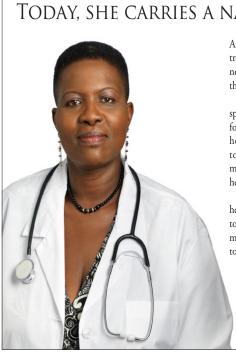
yesterday.

The Administration has identified additional possible sites for Field Medical Stations including the Boston Convention & Exhibition Center, Joint Base Cape Cod, Springfield's Mass Mutual Building and other smaller locations. The Administration has secured a contractor who can build out sites once a healthcare

partner has been finalized.

The Command Center is also securing 1,000 beds in capacity for stepdown care options in nursing facilities for stabilized COVID-19 positive patients who can be transferred out of the hospital to make room for those with higher medical need.

LAST YEAR, IT HURT TOO MUCH TO STAND. TODAY, SHE CARRIES A NATION ON HER SHOULDERS.



At her clinic in Freetown, Sierra Leone, Dr. Olabisi Claudius-Cole treated patients of all ages with any condition, and would often take no payment in return. When arthritic hips and knees kept her from the rigors of daily patient care, a disaster loomed.

Dr. Claudius-Cole's sister led her to an American orthopaedic specialist, who had just heard rocker/activist Bono issue his mandate for caring people everywhere to step up and make a difference. As he listened to Dr. Claudius-Cole, he saw his own chance to do just that. Donating his own surgical services, he helped mobilize an entire medical team to get Dr. Claudius-Cole back on her feet. He even arranged free hip and knee implants.

Today, Dr. Claudius-Cole is fully recovered, and back at her vital healing practice in West Africa. Her story truly brings new meaning to the term "pro-Bono." We share it here because it sends two of the most contagious messages we know. Don't give up, and remember to give back.





HEY BOSTON, STAY SAFE AND HEALTHY

Message from Mayor Martin J. Walsh

CORONAVIRUS SYMPTOMS:

- Fever (100.4F / 38C or higher)
- Cough
- Shortness of breath

Call ahead before going to your doctor's office or the ER. Call 311 for the Mayor's Health Line.

HOW YOU CAN HELP:

- Stay at least six feet away from others
- Do not socialize in person
- Wear a face covering when you are in public
- Wash your hands, use hand sanitizer, cover your cough and sneezes, and avoid others when sick

There is a Public Health Advisory for everyone in Boston except essential workers to stay home from 9 p.m. to 6 a.m. daily. As a reminder, please stay home when you can during the day.

HOW TO STAY INFORMED:

- Sign up for text alerts in six languages: Text BOSCOVID, BOSEspanol, BOSFrancais, BOSKreyol, BOSKriolu or BOSPortugues to 99411 for daily updates
- Visit boston.gov/coronavirus or call 311 for guidance and information from the City of Boston

By doing the right thing, we can slow the spread of coronavirus in Boston and save lives. Thank you for all you have done already: for staying safe, staying inside your home, and staying Boston Strong.

Paid for by the Committee to Elect Martin J. Walsh

EAST BOSTON HIGH SCHOOL FOOD DISTRIBUTION SITE GOING STRONG

Each morning an army of staff and volunteers arrive at East Boston High School to begin the day of handing out breakfast and lunch.

"Eastie food services staff and faculty volunteers make sure families have something to eat on a daily basis," said EBHS Headmaster Phil Brangiforte. " Thank you for all your hard work and special thank you to Ms. Nancy Coletta-Dinneen for making, and donating masks for the staff and volunteers."

To date the EBHS staff and volunteers have handed out thousands of meals as one of Eastie's food distribution sites while school is closed. The school is also taking donations.

"We know how hard it is to donate food and appreciate everything the community is given," said Brangiforte. "Our donation barrel is outside every morning. If it isn't there, you can leave donations against the front door on the left side."



EBHS's Mr. Synan and his family donated more than 8 bags of canned food.



EBHS's Ken Guittarr restocking the shelves.



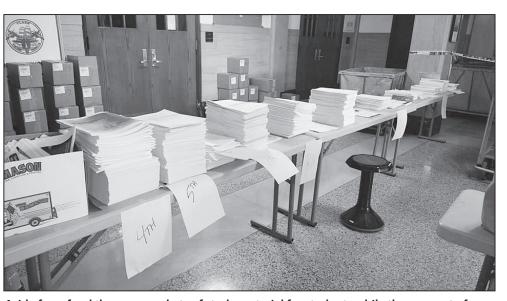
EBHS staff and volunteers bag breakfast and lunches and await the arrival of families that need a meal.



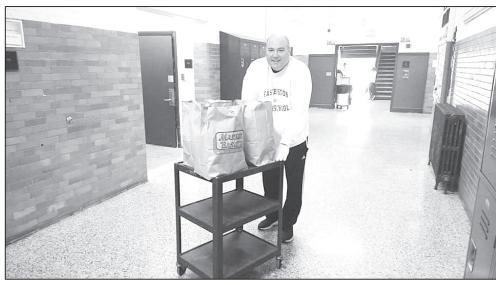
Keeping a safe distance. While the staff and volunteers are busy feeding the neighborhood they are also practicing social distancing while remaining six feet apart.



Staff and volunteers preparing the food for the day.



Aside from food there are packets of study material for students while they are out of



EBHS teacher and coach, John Parziale, comes in with a delivery.





Staff and volunteers preparing the food for the day.



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Elena Ricci

Of East Boston

Elena (Avallone) Ricci of East Boston passed away on April 4 at the age of 96.

The loving daughter of the late Matteo Donato and Christina (Ingrasia) Avallone, she was the beloved wife for over 55 years of Louis Frank Ricci, the devoted mother of Christine McNamee and her husband. Joseph of East Boston, dear sister of the late Tina Cantillo, John Avallone and Virginia Douglas and is also survived by many loving nieces and nephews.

In lieu of flowers memorial donations can be made in Elena's name to St. Jude Children's Research Hospital, 262 Danny Thomas Place, Memphis, TN 38105 T:800-805-5856....In accordance with the CDC, Mass. Department of Public Health, Archdiocese of



Boston guidelines and local restrictions on gatherings and congregations due to COVID-19, all services will be held for the immediate family privately. If you have any questions or would like to express your condolences, please contact the Ruggiero Family Memorial Home, East Boston during normal business hours or leave a message for the family on the tribute wall. A memorial service in celebration of Elena's life will be held at a later date.

Ruth Correale

Proud member of the Cherokee Nation

Ruth (Morton) Correale, 89, of East Boston, formerly of Chandler Oklahoma, passed away peacefully on Monday, March 30, 2020 at home surrounded by her loving family.

Ruth was everyone's favorite mother, grandmother, aunt and friend. She had an infectious smile and will be remembered for her need to care for you, her contagious laugh, her love of cooking and sharing meals and for her love and appreciation of all the small things. She touched the hearts of everyone she knew with her comfort, joy, and love! She will continue to be loved, treasured and missed by all.

A proud member of the Cherokee Nation, she was the daughter of the late Junia Clyde Morton and Lizzie (Duffy) Morton, beloved wife of the late Ralph J. Correale, loving mother of Ruthanne Correale Pavlis and her husband, Ari Pavlis, Robert Correale and his wife, Rose and the late Ralph Jr. and David J. Correale and cherished grand-



mother of Robert C. Correale, Ryan J. Correale and his wife, Nicole, Peter P. Pavlis and Ariana Aspasia Pavlis. She was adored and cherished by 10 siblings and their spouses and 103 nieces and nephews that make up the Morton Clan.

Due to the Covid-19 pandemic, all services are private. In lieu of flowers, donations may be made in Ruth's memory to the Alzheimer's Association by visiting www.alz.org or by mail at 225 N. Michigan Ave., Fl. 17, Chicago, IL

Vazza Funeral Home,

www.vazzafunerals.

OBITUARIES

Retired Lt. Col. George Singer, USAF

Former East Boston High School Basketball Player



Col. George Singer, (USAF Ret.) of Aurora, Co. formerly

East Boston, died on March

He was the beloved husband of 65 years to Carole (Hennessey); loving father of Karla Sheveland of Colorado Springs and Eric Singer of Denver; dear brother to Robert Ferrara of Revere and Julia Ferrara of East Boston; cherished and adored grandfather of Skyeler, Madison, Annie, James, Anthony, Coulter and Landon, all of Colorado and closest cousin to Julia (Pastore) Angelico.

Lt. Colonel Singer graduated from the Air Force Cadet School in Texas (prior to the establishment of the USAF Academy.) He devoted over 30 years of his life to the US Air Force retiring at the rank of Lieutenant Colonel.



led the state in scoring. He also participated in a high school basketball tournament at Boston Garden. Although he remained in Colorado post his military days, George remained an avid fan of Boston sports. Due to the Coronavirus outbreak, private burial

basketball player for East

Boston High School and

took place on April 6. However, at a later date, burial with full military honors including three volleys of rifle shots will take place at Fort Logan National Cemetery in Denver, Colorado.

Amelia Catarouzola

Of East Boston

Amelia "Emily" Catarouzola of East Boston passed away on April 1,

The dear sister of Anna Kaujian and her late husband, Leo, the late Lucy Tordiglione and her husband, Anthony, Florence Quagenti and her husband, Michael, Elena Najaryan and her husband, Peter and the late Alphonse, she is also survived by many loving nieces and nephews.

A memorial mass will follow on a later date. In accordance with the CDC, Mass. Department of Public Health, Archdiocese of Boston guidelines and local restrictions on gatherings

and congregations due to COVID-19, all services will be held for the immediate family privately. If you have any questions or would like to express your condolences, please contact the funeral home during normal business hours or leave a message for the family on the tribute wall. You may also send a spiritual or card of sympathy to the family in care of the Ruggiero Family Memorial Home. Amelia will be laid to rest at Woodlawn Cemetery. For more information or to send an online condolence please visit www. ruggieromh.com.

To place a memoriam in the Times Free Press, please call 781-485-0588

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A public service message from the U.S. General Services Administration

OBITUARIES

All obituaries and death notices

will be at a cost of \$100.00 per paper. That includes photo.

Please send to

obits@reverejournal.com or call 781-485-0588

Samuel Sabino Oliva

Retired Boston City Hall Chief Engineer and proud member of the KofC and VFW



Samuel Sabino "Sammy" Oliva, 98, of East Boston passed away on Fri-

day, April 3. He was 98 years old.

Born in Italy, the beloved son of the late Carmen and Antonetta (Guanci) Oliva and step son of Ines Brancati, he was the loving husband of the late Gilda (Filippone) Oliva, devoted and loving father of the late Theresa A. Oliva, Jeanette Champion and her husband, Lee of Nahant, cherished "Papa" of Gregg Champion and his wife, Margo of Florida, Keith Champion and his wife, Ismeyly of Winthrop and Brad Champion and his wife, Kelly of East Boston and adored "great Papa" of Zoe, Everett, Julian, Adrian and Jack. He is also survived by a loving brother, sisters, nieces and nephews. During a long and hard-working life, Sam served his country in the US Army in the Pacific during World War II; owned and operated a fruit and vegetable business at Quincy Market; then worked his way



up to become an engineer at the Massachusetts State House and Chief Engineer at Boston City Hall. He was also a proud member of the Knights of Columbus and the VFW. He will be truly missed by his family and friends.

Due to the Covid19 Ouarantine, his daughter Jeanette and son in law, Lee will honor Sam with a private military burial at Puritan Lawn in Peabody. There will be a celebration of his life at a later date. Donations may be made in Samuel's name to St. Jude Children's Research Hospital, 501 St. Jude PL, Memphis TN 38105-9959

Vazza Funeral Home, Revere.

www.vazzafunerals.com.

Richard Patuzzi

Former owner of North Shore Jewelers in Peabody



Richard Patuzzi of Peabody, formerly Winthrop, passed

peacefully on April 2 after succumbing to COVID-19.

A US Army veteran, he was the former owner of North Shore Jewelers in Peabody Square, an honorary member of St. Vasilios Men's Club, Past President of Peabody Lions Club and a member of the Aleppo Shriner's in Wilmington.

He was the beloved husband of over 49 years to June M (Landry) Patuzzi, loving son of the late Mary (Albano) and Ludivico Patuzzi, devoted father of Lisa Roy of Rhode Island, cherished step father of Cynthia Congdon of Gloucester and Lori A. Latta of New Hampshire, dear brother of Claire Savola of Georgia and adored grandfather of Eric R. and Jessica M. Munson. He is also survived by many loving nieces and nephews.

In accordance with the CDC, Mass. Department of Public Health, Archdiocese of Boston guidelines and local restrictions on gatherings and congrega-



tions due to COVID-19. all services will be held for the immediate family privately. If you have any questions or would like to express your condolences please contact the funeral home during normal business hours or leave a message for the family on the tribute wall. A memorial service in celebration of Richard's life will be held at a later date. In honor of Richard's life, memorial donations may be made to St Jude Children's Hospital 262 Danny Thomas Pl., Memphis,TN 38105. For more information or to send an online condolence, visit ruggieromh.com. Arrangements under the professional care of Ruggiero Family Memorial Home 971 Saratoga St., East Boston, MA 617-569-0990.

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Church News

Cardinal O'Malley Holy Week Schedule from the Cathedral of the Holy Cross on CatholicTV

The Most Reverend Robert Reed, Auxiliary Bishop of Boston and President of CatholicTV said, "It's unprecedented to be unable to celebrate the holiest week of the year in our parishes, but through the gift of modern technology, CatholicTV allows us to gather virtually at the mother church of the Archdiocese with our shepherd, Cardinal Seán, for these sacred rites."

Catholicty Holy Week

Schedule

Holy Thursday, April 9, 2020

Mass of the Lord's Supper with Cardinal Seán O'Malley

CatholicTV broadcast LIVE at 7:30 p.m.

Good Friday, April 10,

Liturgy of the Lord's Passion with Cardinal Seán O'Malley CatholicTV to broadcast

LIVE at 3 p.m., rebroadcast

Holy Saturday, April 11, 7:30 p.m.

Solemn Vigil of Easter with Cardinal Seán O'Mal-

CatholicTV to broadcast LIVE at 7:30 p.m.

Easter Sunday, April 12,8 a.m.

Mass of Easter Sunday with Cardinal Seán O'Mal-WLVI-TV to broadcast

at 8 - 9 a.m. | CatholicTV to broadcast at 11 a.m., 7p.m. and 11:30 p.m. How to Watch

CatholicTV Network: Cable: Comcast Ch 268, Verizon Ch 296, RCN Ch

Livestream: CatholicT-

VLIVE.com

Daily Masses: Watchthe-Mass.com

Also available on Roku, Apple TV and Amazon FireTV, Samsung Smart TV, iOS and Android apps For more informa-

tion on CatholicTV Holy Week programming visit: CatholicTV.org/HolyWeek For information on the Cathedral of the Holy

Cross Holy Week visit:

HolyCrossBoston.com Note that due to the COVID-19 situation. these are not public. The faithful are encouraged to participate by tuning into

CatholicTV.



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LEGAL NOTICE DEPARTMENT OF ENVIRONMENTAL

PROTECTION WATERWAYS REGULATION **PROGRAM** Notice of License Application pursuant to M.G.L. Chapter 91 Waterways License Application Number W14-4297 Applicant: NSTAR Electric Company Project Location: Lot 2, 338 East Eagle Street and Condor Street, (East) Boston, MA Public Comments Deadline: May 10, 2020 Notification Date: April 10. 2020 Public notice is hereby given of the Waterways

Application by NSTAR Electric Company to install and maintain an electrical substation which will connect with the existing Chelsea Creek Crossing onsite, which is located on filled tidelands of the Chelsea Creek within the Chelsea Creek Designated Port Area at Lot 2, 338 East Eagle Street and Condor Street, (East) Boston, Suffolk County. The proposed project has been determined to be an ancillary facility to a water-dependent

The Department will consider all written comments on this **Waterways Application** received by May 10, 2020 (Public Comments Deadline). Failure of any aggrieved person or group of ten (10) citizens or more to submit written comments to the Waterways Regulation Program by the Public Comments Deadline will result in the waiver of any right to an adjudicatory hearing in accordance with 310 CMR 9.13(4)(c). The group of citizens must include no less than five citizens who are residents of the municipality in which the proposed project is located. A public hearing may be held upon request by the Municipal Official. Please be advised that the MassDEP Boston office is currently closed to the public and the Waterways Program staff are working remotely. Until further notice, it is recommended that documents and correspondence be filed electronically when possible; documents

Street, Boston, MA. For any questions about submittal of hard-copy documents please contact Jerome.Grafe@mass.gov or leave a voicemail at (617) 292-5708. Additional information regarding this application may be obtained by contacting the Waterways Program. Project plans and documents for this application are on file with the Waterways Regulation Program for public viewing electronically by request to Jerome.Grafe@mass. gov. If you do not have access to email, please leave a voicemail at (617) 292-5708 and you will be contacted with information on alternative options. Written comments should be addressed to: Jerome.Grafe@ mass.gov; if you do not have access to email, hard copy documents may be mailed to One Winter Street, Boston, MA 02108. If you have questions about submittal of hard copy

> documents, please leave a voicemail at (617)

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PLASTERING

Project Bread and partners ensure uninterrupted food access As Massachusetts grap-

ples with the shuttering of public buildings, schools, and businesses due to coronavirus, the one in 11 households and 1 in 9 children experiencing food insecurity before this crisis can depend on uninterrupted access to a critical child nutrition resource: school meals. Project Bread, in partnership with the Department of Elementary and Secondary Education, is leveraging decades of experience with federal nutrition programs and school meals in particular, to support community partners and school districts operationalizing grab & go meals at more than 1,295 alternative meal sites throughout the state.

As the Commonwealth adjusts to social distancing and a stay-at-home advisory, Project Bread and critical partners are quickly adapting existing programs and innovating to ensure continuity of school meal service in the context of a global pandemic. There is no onesize-fits-all school meals

model during a public health crisis. In that context, Project Bread provides school districts with essential resources, expertise, grants and technical assistance.

"We know firsthand how important these meals are to so many families trying to stay healthy right now, so we are constantly optimizing evaluating gaps and barriers and adapting as we go," says Erin McAleer, President of Project Bread. Some districts offer "drive-up meals" to families through car windows to reduce exposure, others use bus routes to drop meals close to students' homes. Organizations that provide free, federally-reimbursed meals in summer months are opening sites in many communities.

Project Bread is the central hub, connecting people to available food resources. Requests for assistance are met with compassionate personalized support by Project Bread's Food-Source hotline. Counselors connect people to a wide range of food resources

such as SNAP (formerly food stamps), food pantries, the alternative school meal sites, and more. "We're looking at un-

precedented demand in the coming weeks and months, so scale and efficiency are essential," McAleer explains. Even now, school meals achieve both. Free to-go meals are available at more than 1,200 meal sites to youth 18 and under across Massachusetts. "We're seeing communities, legislators, school districts, families, and government agencies come together in new ways. Collaboration and agility are paramount to effective crisis response and I think everyone involved understands how high the stakes are now."

Project Bread's Food-Source Hotline (1-800-645-8333) operates Monday -Friday from 8 a.m. to 7 p.m. and Saturdays from 10a.m. to 2 p.m. Assistance is offered in 160 languages and a dedicated line is available to those who are hearing impaired. The most up to date meal site information is available through the hotline or at www.projectbread.org/ covid19. Strict safety protocols and best practices for social distancing are being closely adhered to across distribution models and locations for maximum safety. No registration or ID is required to receive a meal. Project Bread is designated essential by the government and will continue for duration of this crisis. the nonprofit's COVID-19 Resources pages in English and Spanish.

Project Bread is the leading statewide anti-hunger organization in Massachusetts. Beginning in 1969 with the first Walk for Hunger, the nonprofit focuses on driving systemic change to ensure people of all ages have reliable access to healthy food. Project Bread works collaboratively across sectors to create innovative solutions to end hunger and improve lives across the Commonwealth. For more information, visit: www. projectbread.org.

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Independent's 2020 Easter Rumos



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Happy Easter! Love Ava



Happy Easter! Love Sophia



Happy Easter Anthony and Julianna!



Happy Easter From Jadiel, Jayliella, Adiella and Michel!



Some Bunny Loves You Nonni! Love Wes



Happy Easter Miranda!!



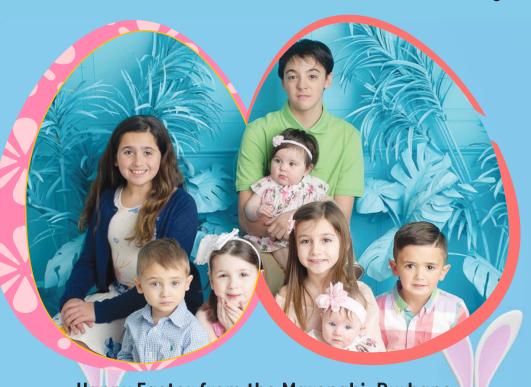
Happy Easter! Love Fiona & Sookie



Happy Easter! Love Charlie girl!







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